



HARRIGAN



SOUTH COAST GROUP 7

RUGBY

LEAGUE

2026



COMPETITION DRAW & OFFICIALS REPORTS



This map represents the deep and ongoing connection that original custodians of these lands and surrounding, have with the land and water. It reflects cultural knowledge, traditions and stories passed down through thousands of years, showing how bush tucker, animals, and the environment are closely linked to identity, daily life, and community.

The use of native plants and animals, highlight the importance of caring for country and recognising the land and sea as living, spiritual parts of culture.

By mapping the Group 7 area in this way, the artwork also shows how sport, place, and culture come together, honouring the strong ties between original custodian communities, their country, and the spaces where people gather, play, and connect today.

Artwork by Richard George Campbell



RESERVE GRADE 2025 PREMIERS - SHELLHARBOUR STINGRAYS



UNDER 18'S 2025 PREMIERS - BERRY-SHOALHAVEN HEADS MAGPIES



3rd GRADE REGAN CUP 2025 PREMIERS - ST GEORGES BASIN DRAGONS



LLT1 2025 PREMIERS - MILTON ULLADULLA BULLDOGS



LLT2 2025 PREMIERS - MILTON ULLADULLA BULLDOGS



HARRIGAN 



SUPPORTING THE LOCAL COMMUNITY

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PHONE: (02) 4230 8888



REGAN CUP LLT 2025 PREMIERS - CROOKHAVEN



South Coast Group 7 Rugby League acknowledges the
Traditional Owners of Country throughout Australia.
We pay our respect to the Elders past and present and emerging.

SOUTH COAST GROUP 7 RUGBY LEAGUE

2026 OPERATIONS MANAGER'S ADDRESS

To our Clubs, Directors, Life Members, Partners, Volunteers, and the wider Group 7 community, welcome to the 2026 South Coast Group 7 Rugby League season.

Coming off the back of a landmark 2025, the energy and momentum across our competition has never been stronger. Participation continues to grow and the pride shown across every club reaffirms why Group 7 remains one of the strongest community Rugby League competitions in New South Wales.

In 2026, we will field over 60 senior teams, including:

- 10 x First Grade
- 10 x Reserve Grade
- 9 x Under 18s
- 7 x Regan Cup Third Grade
- 10 x Ladies League Tag - Division 1
- 8 x Ladies League Tag - Division 2
- 7 x Open Women's Tackle 9's (A Group 7 first)
- 4 x Regan Cup Ladies League Tag teams

This growth reflects not only strong participation numbers, but the confidence Clubs have in the direction of the competition and the structures supporting them.

I would like to once again congratulate our 2025 Premiers:

- First Grade - Kiama Knights
- Reserve Grade - Stingrays of Shellharbour
- Under 18s - Berry Shoalhaven Heads Magpies
- Regan Cup - St Georges Basin Dragons
- Ladies League Tag Division 1 - Milton Ulladulla Bulldogs
- Ladies League Tag Division 2 - Milton Ulladulla Bulldogs
- Regan Cup Ladies League Tag - Crookhaven Magpies

Each Grand Final highlighted the competitiveness, resilience and spirit that defines Group 7 Rugby League.

A special acknowledgement must also go to Braxton Wallace (Shellharbour Sharks), the 2025 Michael Cronin Medallist, whose consistency and professionalism set the benchmark throughout the season, congratulation Braxton.

Our Specialty Rounds remain a vital part of the competition calendar in 2026:

- Round 1 - Magic Round (First Grade Only) - Saturday 11 April
- Round 3 - ANZAC Round - 25 & 26 April
- Round 5 - Women in League Round - 9 & 10 May
- Round 12 - NAIDOC Round - 4 & 5 July
- Round 18 - Mental Health Awareness Round - 29 & 30 August

These rounds provide an opportunity to reflect, recognise and lead through action on matters far greater than the scoreboard.

Group 7's continued success would not be possible without the support of our partners. Sincere thanks to Remondis Australia, Better Beer, React Facility Solutions, St George Illawarra, and Kiama Leagues Club for their ongoing commitment to community rugby league.

As our competitions grow, so too does the strength of the Group 7 Referee Association. Congratulations to Jarrad Borg, Tyron Jordan, Balun Simon, and Ryan Micallef for driving record match official participation through progressive leadership, education, and support.

Our partnership with BarTV continues to elevate the profile of Group 7, showcasing our competition to a wider audience than ever before. A special thank you to Jack Clifton, whose continued growth as a lead caller has added genuine quality to our broadcast coverage.

Behind the scenes, our competition is underpinned by the tireless work of our committees and subcommittees: Judiciary, Player Points, Transfers, Finals Eligibility, Off-Field Incidents, Draw Committee and NSWRL Match Review, thank you for your professionalism and diligence. A special mention to Bradley Moulds, whose consistent score updates are a small detail that makes a big difference to the way our competition connects with the wider community.

To our Senior Board of Directors: President Scott McLaurin, Vice President Warren Kelly, and Directors Leah Roberts, Nathaniel Morrison, William Drury, Janelle Bostock, Kevin Whitford, Scott Murphy and Aaron De Jager, thank you for your leadership and steady guidance.

Group 7 Junior President Kevin Whitford and the entire Junior League Board continue to ensure our pathways remain strong, sustainable, and inclusive for future generations. Watching smiling faces play our great sport warms the heart on even the coldest Winter's Day.

We also acknowledge the support of Kyle Williams and his NRL Development Team who simply are the best in the business when talking Rugby League development & also Nathan Hodson & Shannon Couley's from NSWRL, for their ongoing leadership and governance support.

Finally, and most importantly thank you to our Clubs, Committees, and Volunteers.

From players and coaches to trainers, officials, canteen staff, ground staff and administrators you are the backbone of Group 7. Rugby League on the South Coast is far more than a game, it is connection, belonging, and a representation of our fantastic communities that has built a strong legacy because of people like you.

That legacy doesn't belong to a Board.

That legacy doesn't belong to an individual.

It belongs to every person who gives something back to the game.

Thank you for everything you do for your Clubs and for our game.

I wish everyone a safe, successful and rewarding 2026 season.

Ashton Sims

Football Operations Manager

South Coast Group 7 Rugby League

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MAGIC ROUND GROUP 7

HARRIGAN

Ford

**1 DAY
1 VENUE
5 GAMES
10 TEAMS**

Saturday April 17th

**@ KIAMA
SHOWGROUND**

**BAR
CANTEEN
FOODTRUCKS
COFFEE VAN**

FIXTURES

| | | |
|--|-----------|--|
| | VS | |
| | 11.30AM | |
| | VS | |
| | 1.10PM | |
| | VS | |
| | 2.50PM | |
| | VS | |
| | 4.30PM | |
| | VS | |
| | 6.10PM | |

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NSW RUGBY LEAGUE

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SOUTH COAST GROUP 7 REFEREE FEES

Subject to change

1st Grade interchange officer = \$40

| Grade | Competition | | Semi Final | | Finals | | Grand Final | |
|-------------------|-------------|-------|------------|-------|--------|-------|-------------|-------|
| | CENTRE | TOUCH | CENTRE | TOUCH | CENTRE | TOUCH | CENTRE | TOUCH |
| FIRST | \$200 | \$100 | \$250 | \$115 | \$280 | \$150 | \$310 | \$170 |
| RESERVE | \$140 | \$75 | \$190 | \$100 | \$210 | \$130 | \$230 | \$140 |
| 3rd GRADE | \$125 | \$65 | \$165 | \$90 | \$185 | \$100 | \$200 | \$110 |
| UNDER 18's | \$115 | \$60 | \$165 | \$90 | \$185 | \$100 | \$200 | \$110 |
| Women's Tackle | \$100 | \$50 | \$140 | \$75 | \$160 | \$80 | \$180 | \$90 |
| OWT 9S | \$70 | \$40 | \$85 | \$55 | \$95 | \$60 | \$100 | \$65 |
| LLT | \$70 | \$40 | \$85 | \$55 | \$95 | \$60 | \$100 | \$65 |
| UNDER 16's | \$75 | \$45 | \$85 | \$50 | \$90 | \$50 | \$105 | \$55 |
| LLT UNDER 16's | \$60 | \$30 | \$70 | \$40 | \$75 | \$40 | \$95 | \$45 |
| UNDER 15's | \$60 | \$35 | \$70 | \$45 | \$75 | \$45 | \$95 | \$50 |
| UNDER 13's & 14's | \$50 | \$30 | \$60 | \$35 | \$65 | \$35 | \$80 | \$45 |
| UNDER 10's - 12's | \$35 | \$25 | | | | | | |
| Under 6's - 9's | \$30 | | | | | | | |



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MAGPIES

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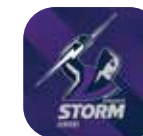
Treasurer: Sharon DOWTON**Mobile:** 0406 977 101**Email:** treasurer.mudoggies@gmail.com**Registrar:** Sue WHITFORD**Mobile:** 0416 243 190**Email:** susanne.whitford@bigpond.com**JUNIOR CLUB OFFICIALS****NOWRA WARRIORS****JRLFC**

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JUNIOR CLUB OFFICIALS



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JUNIOR CLUB OFFICIALS



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JUNIOR CLUB OFFICIALS



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Mobile: TBA

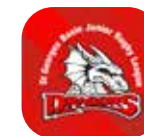
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JUNIOR CLUB OFFICIALS



ST GEORGES BASIN DRAGONS

JRLFC

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COMPETITION RULES AND REGULATIONS

SUBJECT TO CHANGE

Subject to approval from NSWRL

1. MEMBERS OBLIGATIONS

- a) All members must hold their Annual General Meeting prior to the League's Annual General Meeting
- b) Prior to the Annual General Meeting of the League all members must:
 - i. Pay the prescribed affiliation fee
 - ii. Submit an audited financial statement
 - iii. Submit a list of their Office Bearers
 - iv. Make application to enter teams in the ensuing seasons competitions

2. WITHDRAWING FROM REPRESENTATIVE TEAMS

- a) Any player selected by the League to play in any Group, Division or any other representative team shall make himself or herself available and play as required. The Board of Directors may, by majority vote, exempt a player from this requirement if a player makes application in writing and shows good and sufficient reason for such exemption.
- b) Any player withdrawing without the sanction of the selection committee shall be suspended from playing until the Monday after the conclusion of the representative series. (Under the current representative arrangements, that would be at the conclusion of Group 7's obligations)
- c) The Board of Directors could take further action on any such player by way of fine or suspension.
- d) A player claiming to be medically unfit for the game he or she has been selected for must provide either a doctor's certificate and/or injury assessment from a registered sport treatment facility (chiropractor, physiotherapist etc). Said player will be ineligible to play until the day after the game he or she was selected.

3. PLAYING TIMES

First Grade 40 minutes each way. Reserve grade, Third Grade and Under 18 Grade 35 minutes each way. LLT Division 1 & 2 x 25 minutes each way.

Time off for injuries and stoppages in play, as signalled by the referee, to be taken in First Grade only. The remaining grades will apply a stoppage of the time piece in the final 5 minutes of the second half of the game only. If a major injury occurs in a lower grade game prior to the 5 minute stoppage period and there is no likelihood of a restart in play before the expiry of the 5 minute period, the game will then be concluded. In the case of a major injury in a lower grade fixture

that has a major impact on the actual play time, this must be referred to the League for a decision on the possibility of a replay. This decision will be based on the actual time lost and the score line at the time of the scheduled close of play. The League's decision in this case will stand.

If a major injury causes a delay in a lower grade game preceding First Grade, the time for available play will be divided into equal terms for all remaining lower grade games to ensure the First Grade start is not delayed. The time allocated must ensure a minimum of 20 minutes play is available to each half of play that has not commenced. If a serious injury occurs in a lower grade fixture, starting times for subsequent games may be pushed back, however the 1st grade fixture can only be delayed by a maximum of 15 minutes from the scheduled starting time.

If this is not possible a preceding game will be classified as postponed and a replay will be arranged, to be played within 2 weeks of the allocated day of play.

4. TEAM LIAISON OFFICER (TLO)

Team Liaison Officers (TLO) are now compulsory at all matches (one per visiting team) as first point of contact for Ground Managers should an incident occur. Vests will be provided by the home club and must be worn by the appointed Team Liaison Officer. Referees have been instructed not to commence the match if this requirement is not adhered to.

N.B. Prior to match commencement and prior to both teams entering the field of play, a representative from both the home and opposition teams must report to the Ground Manager (who will be at the half way line) and provide details of each team's Sports Trainer (First Aid Officer) and Team Liaison Officer (TLO). Once both teams have advised this detail the Ground Manager will then signal to the referee that the match can proceed.

5. PLAYERS ADMISSION/PASSES

All First, Reserve, Third Grade and Ladies League Tag players are to pay admission to games. Under 18 players will be issued with passes to be used only at their matches. During the final series all players will be provided with passes by the league.

6. RESULTS

All game results must be entered into the appropriate on-line system by each team. It is the responsibility of each team manager to ensure the correct point scorers are clearly identified including times of the point scoring.

The finalisation of the scoring shall not be completed until both teams have entered their scores.

The home club is to advise scores and scorers to the nominated Group representative as soon as possible after games.

7. DEFERRED GAMES

Any deferred game must be played during the week of seven (7) to fourteen (14) days after deferment unless the Board considers there is a good reason to play the game on another date. If clubs are unable to mutually agree to a replay date the date will be set by the board and any team unable to fulfil their commitment on that date will be deemed to have forfeited the game.

8. FORFEITS

Clubs forfeiting will be fined the amount of \$1000.00 (First Grade), \$750.00 (Reserve Grade), \$500.00 (Under 18's, Third Grade and Ladies League Tag), unless Forty-eight (48) hours' notice is given, whereby the fines will be halved. Forty percent (40%) of fine amount will be forwarded to the club receiving the forfeit provided an invoice for the amount is sent to the league and only after the fine payment is received by the league from the club who forfeited.

9. RECORDING OR FILMING OF FINAL SERIES MATCHES

The use of any device (video or DVD recorder etc.) to record or film final series matches is forbidden without the express permission of the Senior Board. Any person refusing to comply will be escorted from the ground.

10. PLAYING ATTIRE (JERSEY NUMBERING)

- The numbering on the rear of the jersey must be a minimum height of 250mm.
- The colour of the numbering must be of complete / direct contrast to the colour of the body of the jersey to ensure that the numbers are easily visible / distinguishable from a distance.
- Each player must wear a different number to that of each of his or her team mates.
- A sample of the proposed design of any playing attire must be approved by the Secretary Manager prior to the placement of all orders.
- All playing members of each team must wear a uniform playing strip i.e. the jersey, shorts and socks of each player must match exactly that of all their team mates in colour/colours and design.

11. REPRESENTATIVE PLAYER ELIGIBILITY

- Any registered player of the St George Illawarra RLFC or the Illawarra Steelers RLFC (Grade or Junior Steelers) playing with an Affiliated Club in the South Coast Rugby League for the purpose of final series matches, including semi-finals, final and grand final, a player will be eligible for final series matches in the respective competition he played the majority of his matches throughout the season. (does not include byes) Amended 11/17

- Players in the Illawarra Steelers RLFC (NSW Cup) and/or St George Illawarra RLFC are ineligible to play within the South Coast Group 7 Rugby League unless specifically given permission by the Board of Directors.

12. THIRD GRADE QUALIFICATION

Any player who played eight or more first grade games in any competition in the previous season is not eligible to play in the Third Grade competition except where a club fields first and/or reserve grade teams. Players over 30 years of age are exempted from this rule. In addition, on an individual case basis, players may apply to the Board for exception to this rule.

13. COMPETITION POINTS

Competition points will be awarded on the following basis: Win = 2 competition points / Draw = 1 competition point / Loss = 0 competition points / Forfeit = 2 competition points

14. CLUB CHAMPIONSHIP POINTS

Club Championship Points will be awarded on the following basis - Competition points multiplied as below per grade: "First Grade x 8 / Reserve Grade x 6 / Under 18's x 4 / Third Grade x 2 / LLT Division 1 x 2 / LLT Division 2 x 1

15. TWO TEAMS IN ONE GRADE

If a club has two teams in one grade (e.g. Women's League Tag) the players must remain in one team only and can only "fill in" for the other team if a written request is received and approved by the league and as an exception only. Any player from a Junior League Girl's League Tag team to play in the senior Women's League Tag team can only play for one team in that competition per round.

16. GROUND MARKINGS

All grounds must be marked as set out in Australian Rugby League Rules of the Game section 1. All lines will be marked in White with the exceptions of the 40 metre lines which will be in Red. The numbers 10/20/30 etc are optional.

17. TIMEKEEPERS

The Home Club to be responsible for timekeeping. However the visiting club may appoint an official to assist with timekeeping duties. Their decisions shall be final on all timekeeping matters.

18. REPLACEMENT AND INTERCHANGE RULES

- First Grade. Four replacements may be used and interchanged at any time during a match. A maximum of 8 interchanges only may be used during a match and all interchanges must be accompanied by an interchange card reflecting the number of the interchange.

- If a player is injured by an act of foul play and the referee takes any 1 of the following actions:

1 - Sends the offending player from the field

2 - Sin bins the offending player

If a player is fouled by an opponent, who is then dismissed from the field or sin-binned the fouled player is caused to leave the field as a direct result of an injury sustained in that incident, this interchange will not be included for the purposes of calculating the number of interchanges (free), provided that it is made without delay and by the time the referee has acted on the incident.

- On Field Reporting in 1st Grade only - Any incident(s) that are put on Report will follow the below procedure;

- Referee to call offending player and captain out
- Explain ruling or adjudication to player and captain
- Place offending player on report with Crossed-Arm in the air signal (facing camera)

Referee also asks offending player to turn jersey number to direction of the camera so this can be recorded.

- In matches that extend into extra time, an additional two (2) interchanges will be permitted for each team making a total of ten (10) interchanges in these matches. Any unused interchanges of the eight (8) permissible during ordinary time may also be utilised during extra time.

- Reserve and Under 18. Six replacements may be used and the 19 players interchanged at any time.

- Third Grade. Seven replacements may be used and the 20 players interchanged at any time.

- LLT both Divisions. Nine replacements may be used and the 20 players interchanged at any time

19. INTERCHANGE OF REPLACEMENT PLAYERS

For First Grade only an interchange official will be appointed to manage all interchanges. The host Club must make an area close to half way for the interchange official. All other grades the interchange of players must be managed by the team officials who must ensure all replacements are made at appropriate times without interfering with the play or game officials. Interchanges must be made behind the play and the replaced player must have left the field prior to the interchange player entering the field of play. No interchange of players can occur once a scrum has been ruled.

20. BLEEDING PLAYERS

Any player who is bleeding must immediately leave the field of play as directed by the referee. The player may return to the field once the bleeding has stopped or the wound has been covered. The player leaving the field of play does not count as an interchange unless the player is replaced with another player for that period.

21. SIN BIN

Players sent to the Sin Bin must be escorted by a team official to a place designated by the home club which is in or near the change rooms. A player returning to the field from the Sin Bin must advise the nearest touch judge and proceed onto the field in an on-side position.

22. PLAYERS SENT FROM THE FIELD

All players sent from the field of play by the referee for misconduct must leave the playing area and resume their ordinary attire. Any player sent from the field must be recorded on the match result form.

23. JUDICIARY/MATCH REVIEW

The Match review committee shall be appointed by the Board and review any reported incidents and advise Clubs of any penalties to be applied.

The club must respond within the advised time period of their decision to accept or appeal the decision.

Any decline of the decision or failure to advise an appropriate response within the time frame will require the charged party or parties to appear before the Judiciary and a time and venue as arranged by the Judiciary.

24. GROUND ARRANGEMENTS/INTERCHANGE BENCH/DUG-OUTS

Only team trainers and League Safe personnel are permitted near the touchline and they must be attired in the relevant shirts designating their level of competence. Trainers must not obstruct touch judges in the performance of their duties.

- A maximum of three (3) trainers only are allowed in the players dug out per match (i.e. 2 x league safe & 1 x F.A.O/ sports trainer or 1 x league safe & 2 x F.A.O/ sports trainer.

- Coach and manager only are allowed in the players dug out - no other officials. Should the coach be playing, another official can take his place.

- Replacement players only (fully dressed in playing gear) are allowed in the players's dug out.

- A Team Liaison Officer (TLO) who has been clearly identified by wearing the appropriate vest

- No other people (including children and/or injured players) at any time are allowed in the players dug out and must remain behind the rope / fence. Clubs in breach will be fined. There will be no warnings.

All other persons including officials, coaches, managers and replacement players must remain in the designated area of the ground. (e.g. fenced or roped area is where the public is not permitted). The maximum number of personnel permitted in the designated will be 3 Sports Trainers or League Safes, Coach, Manager, TLO and the permitted number of dressed replacement players. There must be at least one (1) Sports Trainer for each team participating in the game.

25. GROUND MANAGERS

For match day each club is to appoint a Ground Manager who must be clearly identified by apparel supplied by the League. It is the responsibility of the home club to make every effort to ensure the safety and well-being of all referees prior to, during and after games.

In the instance of Finals or the result of inappropriate behaviour the Board reserves the right to increase the number of Ground Managers at any game or venue.

26. COACH/REFEREES CONTACT

If coaches wish to discuss any matter with the referee after a game they should be accompanied by a club official. Such discussion should not take place until at least fifteen (15) minutes after the conclusion of the game.

27. GOLDEN POINT EXTRA TIME IN FINAL SERIES & GRAND FINAL ALL GRADES.

i) LOWER GRADES

In the event of a draw in any play-off, semi-final, final or grand-final an extra ten (10) minutes each way shall be played whereby the first scorer of any point or points (field goal, penalty goal or try) will immediately be declared the winner (GOLDEN POINT). If a try is scored in extra time the conversion kick will not be permitted. Should the scores still be equal at the conclusion of extra time, a further five (5) minutes each way shall be played. Once the teams enter the five (5) minute periods the game will cease immediately after a point or points is or are scored.

If no points are scored after this time the team that finished on top in the regular season shall be declared the winner.

Prior to the commencement of the first extra time period the teams will decide by toss of a coin which team will kick-off and the direction each team will run the same procedure as at the beginning of any match. The referee to toss the coin and the captain of the team leading on competition points to call. These timings may be amended as the Board sees appropriate.

ii) FIRST GRADE ONLY

In the event of a draw in any play-off, semi-final, final or grand-final an extra ten (10) minutes each way shall be played whereby the first scorer of any point or points (field goal, penalty goal or try) will immediately be declared the winner (GOLDEN POINT). If a try is scored in extra time the conversion kick will not be permitted. Should the scores still be equal at the conclusion of the extra time, a further five (5) minutes each way shall be played and continued to be played until a result is achieved. Once the teams enter the five (5) minute periods the game shall cease immediately a point or points is or are scored.

28. QUALIFICATION OF PLAYERS FOR FINAL SERIES

Players are eligible to play in any grade at any time with the exception of semi-finals, finals, grand finals and play-offs. For these games the player qualification shall be:

- a) A player must have played in five (5) games on separate weekends, in any grade in a season, to be eligible to play in any grade in the finals series. Clubs may appeal to the Senior Board of Management

for consideration should a player have extenuating circumstances

- b) Players qualify for the grade in which they played the majority of games in the season.
- c) If a player plays in two (2) or more grades on the same weekend the lower grade game only will count for qualification purposes. Although all games will be included in the players history.
- d) During the finals series if a Club has immediate subordinate teams playing on the same weekend all players qualified for those grades shall be eligible to play in any grade except any of the thirteen (13) players who start in First or Reserve Grade and are not qualified for the lower grade. (eg) If a Club has First Grade playing Saturday and Second Grade playing Sunday the thirteen players that started the game on Saturday would not be eligible to play Second Grade on Sunday, unless qualified under the most games rule. e) The qualification period shall end at the conclusion of the competition rounds.
- f) If a club has qualified to play in one or more grades in the final series there can be free movement of players as long as those players have qualified for that grade under rule 19.0 a), providing both grades are still alive in the final series on that given weekend
- g) Any player who, after being called on to play in a higher grade, shall fail or refuse to do so, may be disqualified by the Board for the remainder of the season unless the Board is satisfied he has good and sufficient reasons for so acting. A player replacing a player representing the League or other representative match on the day on which a competition match takes place, shall be deemed not to have played in a higher grade, provided that it has been previously specified.
- h) Matches forfeited shall be deemed to be matches played for qualification of players of the non-forfeiting team provided team sheets are received within the prescribed time and players have signed the sheet. (Note. Once a team has forfeited three (3) times they are deemed to have withdrawn from the competition and their scheduled games are not regarded as forfeit.
- i) The qualifications of players of all grade teams for the final series must be submitted to the Qualification Committee for perusal and action not later than four (4) days prior to the fixtures. Decisions on qualifications shall be final.

29. NOMINATION TO ENTER TEAMS

All affiliated clubs are eligible to apply for entry of teams in any competition approved by the Association that is in line with the Admission of Teams to Rugby League Group 7 Competitions Entry Requirements And Understanding. All clubs must nominate their intent to enter teams for approval at the Annual General Meeting of the association. Associate members have the right to enter teams into competitions played the previous season with approval required from the majority of association members for amendments based on the following:

- a) Any club wishing to advance to enter 1st grade from a lower grade must provide a strategic plan detailing the progression from recognised Competition member to Club Membership. While this progression may include a period of 2nd grade only, this cannot continue for a period greater than 3 years.

- b) The Under 18's competition is available to all 1st Grade clubs and any lower grade club that is registered as a junior club within the association boundaries of control. Any other nominations must be approved by a majority vote at a general meeting of the association's members.
- c) The Board of management of the association may introduce other competitions as deemed appropriate to allow growth or short term competitions to groups who do not fulfil other requirements.

30. COACHES AND TRAINERS ACCREDITATION

It is the responsibility of all clubs to ensure their coaches and trainers hold current (and correct) qualifications. Failure to comply with this By-Law will leave the club open to strong action through fine, suspension or disqualification.

A full list of Coaches and Trainers including the qualifications and expiries must be submitted to the Secretary Manager prior to the commencement of the competition.

31. REGISTRATION OF PLAYERS

- a) A Registrar shall be appointed annually by the Board of Directors and that person shall be Chairperson of the Qualifications Committee. The Registrar on behalf of the Qualifications Committee recommends to the Board of Directors (for decision) any action necessary by way of deduction of competition points, fines etc. on any club playing an unqualified or unregistered player.
- b) All players must be fully registered on line prior to training or playing any game.
- c) Clubs are expected to clear players immediately upon request unless specific reasons have been previously outlined to that player. In the event the League receives a request from a new club that a clearance is not being issued and unless a detailed response is returned (providing full details of non release) within 14 days, the League shall have the right to provide said clearance.
- d) Any club playing an unregistered and/or unqualified player in a team, the club shall be fined a sum deemed appropriate by the League and the result of the game that the player participated in will be awarded to the non-offending team.
- e) Prior to the commencement of the semi final series, all registration fees due and payable are to be paid to the NSWRL (or League) otherwise said club will not be eligible for inclusion in the final series.
- f) Every player required by the Group to play in any Group or other Representative team shall make himself available therefore and play as required. Players making themselves unavailable for representative matches (without exemption from the Selection Committee) will not be eligible to participate in competition fixtures during the period of such representative fixtures.
- g) No player registrations will be approved after 5.00pm on the Friday of any competition round. Registrations will recommence of the following Monday.

32. PROTESTS & DISPUTES

- a) Every protest or other application (not being an appeal) by any Club Constituent League or other competent appellant to the Board of Directors shall be accompanied by a deposit of not less than \$100.00.
- b) The payment of the foregoing sums shall be a condition precedent to the right of the appellant to have the matter heard by the Board of Directors or Disputes Committee and no protest or application shall be deemed to have been properly instituted unless the appropriate sum as aforesaid is paid within the time allowed to protest or appeal.
- c) Every protest or other application to the Board of Directors shall within 72 Hours of the match or decision. The subject of the protest or application be lodged with the Secretary Manager.
- d) Every protest or other application to the Board of Directors shall state the grounds of the protest or application and the nature of the evidence to be adduced in support thereof.
- e) The Secretary Manager shall give the parties concerned in every protest or other application to the Board of Directors or Disputes Committee twenty four hours notice of the time and place appointed for the consideration of the matter by that committee.
- f) If any application or protest to the Board of Directors or Disputes Committee is upheld the sums lodged therewith in accordance with the foregoing shall be refunded.
- g) The Board of Directors shall observe the principle of penalising the unsuccessful party in expenses incurred in the matter.

33. APPEALS

Any person, Club or affiliated League aggrieved by a decision of the General Committee, Board of Directors or any sub-committee may appeal to the Appeals Board of the League.

- a) Such appeal shall be lodged with the Secretary Manager by them within seven (7) days of the notification of the decision and shall be accompanied by a fee of \$300.00. This fee (or part thereof) may be retained or refunded at the discretion of the Board of Directors. The appellant must produce fresh evidence, indicating which part of the evidence that was presented to the previous hearing, the appellant wishes to have re-opened. The appeal must indicate the nature of the new evidence which was not available at the previous hearing. The fresh evidence is evidence which the appellant did not know before the conclusion of the hearing before that Committee and of which the appellant could not have become aware if the appellant had before conclusion of the hearing before that Committee made all those investigations and enquiries that could have been made by the appellant.
- b) The Executive of the League at its utmost discretion, may permit an appeal to be lodged against the severity of a sentence.
- c) The League shall give the parties concerned at least twenty-four (24) hours notice of the date, time and venue of the hearing of the appeal.

- d) Any person, Club or Constituent League aggrieved by a decision of the Appeals Board may appeal to the Appeals Board of the Country Rugby League and such appeals shall be subject to the requirements privileges and obligations set forth in Rule 30 of the constitution of that league.

34. 18 MONTH REGISTRATION POLICY

Adherence to the NSWRL policy on eligibility of players based on an 18 month registration will be considered for players within the Under 18's grade. Administering the Policy

For more complex cases surrounding eligibility, it is strongly recommended that the Group 7 committee be utilised to determine the suitability of these cases. In specific cases where the weight and/or height of a player is in question, we will utilise the percentiles (appendix) as a guide only. This consideration should not be used in isolation but as part of a larger collection of supporting evidence such as a player's mental and emotional maturity, advice from the participant's club, playing history and/or previous medical conditions. All elements of the application should be considered when coming to a determination on the suitability of the applicant.

The policy within the Group 7 competition allows a maximum of 2 players only to be approved for any 1 club.

Exemptions to play down an age group may be considered through a formal application process relating to one of the below Policies / Laws:

- Medical Exemption by application to the NSWRL CMO
- NSWRL Weight and Age Guidelines
- Players turning 19 after the 30th June in the current year and 62kg or under may be considered to play U/18's but Group 7 policy states a maximum of 2 players only can be considered by any 1 club

35. LADIES LEAGUE TAG 2 DIVISIONS

These rules apply specifically to having 2 Divisions in Ladies League Tag

- If any Club has 2 or more teams 1 team must be in the Division 1 Competition.
- Clubs with teams in both Division 1 and Division 2 competitions must nominate 6 players for each Division 1 team that cannot participate in a Division 2 game. A list of nominated players must be advised to the Secretary Manager prior to the competition commencing. The Qualification Committee has final approval and may substitute nominated players as deemed appropriate.
- Only approved playing shorts are to be used. The Velcro patch must be 50mm from the top of the shorts.

36. TEAM QUALIFYING POSITIONS FOR FINALS SERIES

At the conclusion of matches in the competition rounds as provided for in the draw, all teams will be ranked in descending order according to the number of competition points accrued during the season. This is subject only to any other provisions of the Group Rules regarding the deduction of competition points. Positions in the final series will be determined on this basis subject to the number of teams to be included in the final series as determined by the Group.

At the conclusion of matches in the Competition rounds provided for in the Draw, if two (2) or more teams are equal in competition points, ranking will be determined according to the following criteria from the total results of all matches played in the Competition rounds:

- Greater positive difference between points scored for and against, then if equal,
- Greater percentage of points scored for and against, being determined by:
Points scored for x 100 Points scored against 1
Then if equal
- most tries scored, then if equal,
- most goals kicked, then if equal,
- most drop goals kicked, then if equal, by the toss of a coin.

37. FINAL SERIES MATCHES

In all cases final series matches will be played at venues determined by the Board of Directors with preference given to 1st Grade clubs participating in the final series.

All finals series matches are under the control of the Group and are considered neutral matches.

All gate takings from finals series games shall be retained by the Group

FOUR TEAM FINAL SERIES FORMAT

- The first four clubs in the competition points shall meet in the finals
- The Club placed third shall play the Club placed fourth in the Minor Semi Final.
- The Club placed first shall play the Club placed second in the Major Semi Final.
- The winner of the Minor Semi Final shall play the loser of the Major Semi Final in the Preliminary Final.
- The winner of the Major Semi Final shall then play the winner of the Preliminary Final in the Grand Final.

37. FIVE TEAM FINAL SERIES FORMAT

- The first five clubs in the competition points shall meet in the finals
- The Club placed fourth in competition points shall play the Club placed fifth in the Elimination Final
- The Club placed second in the competition points shall play the Club placed third in the Qualifying Final.
- The winner of the Elimination Final shall play the loser of the Qualifying Final in the Minor Semi Final.
- The Club placed first on the competition points shall play the winner of the Qualifying Final in the Major Semi Final.
- The winner of the Minor Semi Final shall play the loser of the Major Semi Final in the Preliminary Final.
- The winner of the Major Semi Final shall play the winner of the Preliminary Final in the Grand Final.

38. ADMISSION OF TEAMS TO RUGBY LEAGUE GROUP 7 COMPETITIONS ENTRY REQUIREMENTS AND UNDERSTANDING

- A club which enters a team or teams in any competition conducted by Rugby League Group 7 (a NSWRL Regional Member) in a particular season shall not be entitled as of right to enter any team or teams in any competitions conducted by that NSWRL Regional Member or Region in any subsequent season. A NSWRL Regional Member or Group 7 board shall be entitled to refuse the application of any club to enter team(s) in its competitions on terms determined by the NSWRL Regional Member or Region.
 - >>> At the discretion of the Rugby League Group 7 Board of Management a club may nominate teams with the application to be considered on its merits.
 - >>> A Club entering a team or teams in NSWRL Major Competitions does on the understanding that as a minimum they maintain teams in the Rugby League Group 7 First, Reserve and one other Grade competition.
 - >>> Joint venture partnerships will be assessed and approved or rejected upon their merits by the Rugby League Group 7 Board of Management
- Any club wishing to participate in any competition played under the auspices of (NSWRL Regional Member) must be accepted by the NSWRL Regional Member or Region responsible for the organisation and conduct of that competition. A club wishing to enter any team in any competition conducted by a NSWRL Regional Member or Region shall lodge an application (in the form set out below) with the NSWRL Regional Member or Region by the date prescribed by the NSWRL Regional Member or Region.
 - Any club proceeding in accordance with rule 2 shall prepare for endorsement a systematic three-year business plan covering the current Financial Year and the two subsequent Financial Years, setting out:
 - >>> The legal structure and governance structure of the club including identity of committee members and their designated portfolios.
 - >>> The source(s) of funding and the financial resources of the club >>> The playing resources of the club
 - >>> The coaching, sports training and team management infrastructure of the club including verification of current accreditation and registration on MySideline database.
 - >>> Nominated MySideline proficient club personnel to be granted access to database.
 - >>> The Clubs Links & Pathways Development Program detailing the demonstrated plan for the development of subsidiary clubs, players, coaches, and the like accompanied by associated plans for servicing and financing same. >>> The home ground and facilities infrastructure of the club detailing the Club's plans for financing capital expenditure and activities of the Club over the period covered by the Business Plan.
 - >>> An itemised budget specifying an estimate of income to be received and expenses to be incurred by the Club in implementing the Business Plan.
 - Further to rule 3, a NSWRL Regional Member or Region may approve the application of a club on terms and conditions determined by the NSWRL Regional Member or Region, and the NSWRL Regional Member or Region may at its discretion cancel such conditional

approval if, in the opinion of the board of the NSWRL Regional Member or Region, the Club or any member of the club has failed to comply with any such term or conditions, PROVIDED THAT:

- >>> Before the NSWRL Regional Member or Region makes any such decision to cancel the conditional approval, the NSWRL Regional Member or Region has given the club at least seven (7) days prior notice of its intention to cancel the conditional approval.
 - >>> That written notice to the club states that the club may make written representations to the NSWRL Regional Member or Region as to why the NSWRL Regional Member or Region should not make the decision to cancel the conditional approval and / or any other matter that the club considers relevant in the circumstances.
 - >>> That written notice states that the club and its representatives may attend the meeting of the NSWRL Regional Member or Region at which the decision as to whether to cancel the conditional approval will be deliberated, for the purposes of making oral submissions as to why the NSWRL Regional Member or Region should not make the decision to cancel the conditional approval and / or any other matter that the club considers relevant in the circumstances; and
 - >>> Any written and / or oral submissions provided by the Club have been duly considered by the NSWRL Regional Member or Region.
- Appendix 1.1 Deed of Agreement is executed in the knowledge that the signatories and The Club agree and undertake to be bound by the NSWRL Regional Member Constitution and By-Laws, the Constitution of New South Wales Rugby League Limited, the NSWRL Rules and all other Rules and Regulations of the NSWRL and the decisions of the NSWRL Regional Member Board of Directors and Competition Committee. Furthermore, the signatories and The Club warrant to the NSWRL Regional Member or Region that the club is not insolvent and will be able to make payment of its debts as and when they fall due for payment.

GROUP 7 CONCUSSION RULES

Firstly, please be reminded as with earlier correspondence and in-line with the 2024 Community Rugby League Policy and Guidelines for the Management of Concussion. In the event of a head injury or concussion, a **Free Interchange** will be given for the player leaving the field.

However, that player will not be permitted to return to the field of play for the remainder of the match with no exceptions and regardless of further review by a Sport Trainer. **If the HIA Free Replacement card is used, it must be marked on the Sign on Sheet and Head Injury/ Concussion Protocols will apply.**

Group 7 is implementing an 18th man policy to help clubs deal with failed head injury assessments in First Grade. Similar, to the recent changes implemented by the NRL, Group 7 First Grade teams can name an 18th man in their match day squad who can be activated should a player fail an HIA. The 18th man must have played in a Lower Grade game. Group 7 sides can use their fifth bench member after just one player cops a head knock and is unable to pass the assessment.

This initiative from their group administrators will help relieve the pressure off Teams, Coaches and Trainers when players have been removed from the game for possible concussion.

Any player who is diagnosed with a concussion cannot return within the timeframes outlined below:

- **Adults (19 years and over): Eleven (11) days.**

The earliest a player can be made available for team selection is on the 11th day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

- **Children and Adolescents (18 years and younger): Nineteen (19) days.**

The earliest a player can be made available for team selection is on the 19th day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

All players must complete a 6 stage RTS program prior to returning to contact training or competition games. Children and adolescents must also return to learn/ school symptom free.

While players cannot return within these timeframes, the duration of exclusion from contact training and play is based on an individual's recovery and RTS Strategy as managed by a medical practitioner (doctor).

Failure to comply with the Concussion Protocols may result in loss of competition points or financial penalties.

RETURN TO PLAY PROTOCOLS

First Concussion: Return to Play Protocols

a. Adults (19 years and older):

If a concussion is confirmed by a doctor, the Graduated Return to Sport (GRTS) program should be followed as per Community Head Injury Recognition and Referral Form. The earliest a player can be made available for team selection is on the Eleventh (11th) day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

b. Children and Adolescent's (18 years old and younger):

If a concussion is confirmed by a doctor, the Graduated Return to Sport (GRTS) program should be followed as per Community Head Injury Recognition and Referral Form. The earliest a player can be made available for team selection is on the Nineteenth (19th) day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

c. To proceed to contact training the player must have obtained a medical clearance from a Doctor via the Community Head Injury Recognition and Referral Form. If the medical clearance is not obtained the player cannot proceed to contact training stage or matches until received.

d. If the return to play protocols are complete and verified and the player is symptom free for the 24hrs post contact training, then the player can return and participate in a match (subject to forms being returned and approved by the Local League on a business day before the match).

COMMUNITY RUGBY LEAGUE POLICY AND GUIDELINES FOR THE MANAGEMENT OF CONCUSSION PDF IN FOLLOWING PAGES



Community Rugby League Policy and Guidelines for the Management of Concussion.

| | |
|-----------------------|---|
| TYPE OF POLICY | Participation |
| EFFECTIVE DATE | 1 November 2023 |
| POLICY OWNER | Australian Rugby League Commission |
| POLICY CONTACT | General Manager of Game Development, Education and Training |

A. REASON FOR POLICY

This policy and guidelines have been developed based on the [Consensus Statement](#) produced from the 6th International Conference on Concussion in Sport and considers the Australian Institute of Sport [Concussion and Brain Health and Position Statement 2023](#) to ensure that First Responders, Medical Practitioners, Coaches and Parents have an awareness of how to appropriately manage concussion in Rugby League.

B. POLICY STATEMENT

These guidelines provide First Responders and Medical Practitioners an awareness in recognising the signs and symptoms of concussion, the appropriate management of a suspected concussion and the return to learn (RTL) and return to sport (RTS) strategies once a concussion has been diagnosed.

C. SCOPE

This policy is applicable to District, Division, Group or Leagues that participate in all formats of Rugby League under the Community On-field Policy.

D. DEFINITIONS

| | |
|--|--|
| COMMUNITY LEVEL | All Rugby League competitions not defined as Pathways or Elite Level by the NRL or relevant State Leagues |
| FIRST RESPONDER | Person responsible for administering first aid and/or offer advice to an injured or ill player during a match. |
| SPORTS RELATED CONCUSSION (SRC) | Sport-related concussion is a traumatic brain injury caused by a direct blow to the head, neck or body resulting in an impulsive force being transmitted to the brain that occurs in sports and exercise-related activities. |

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| | |
|----------------------------|---|
| ADULT | Any player who is 19 years of age or older. |
| CHILD OR ADOLESCENT | Any player who is 18 years of age or younger. |

1.0. INTRODUCTION

This policy and guidelines are based on the Consensus Statement produced following the 6th International Conference on Concussion in Sport held in Amsterdam in October 2022. The guidelines in this policy should be followed at all times and any decision regarding return to play after concussive injuries should only be made by a doctor, ideally one with experience in dealing with such injuries.

2.0. BACKGROUND

When considering the management of concussion, the welfare of the player - both in the short and long term - must always remain paramount.

Since 2001, there have been six international conferences addressing the key issues in the understanding and management of concussion. After each meeting, a summary has been published to improve the safety and health of athletes who suffer concussive injuries during participation in sport. The most recently published conference was held in Amsterdam in October 2022. The summary from the Amsterdam meeting provides consensus guidelines for current best practice management of concussion. The NRL's current guidelines for the management of concussion are based on the Amsterdam conference Consensus Statement and considers the Australian Institute of Sport's Concussion and Brain Health Position Statement 2023.

3.0. SUMMARY

The most important element in the management of concussion must always be the welfare of the player. All players with concussion, or suspected of having a concussion, should seek urgent medical assessment.

Sport-related concussion is a traumatic brain injury caused by a direct blow to the head, neck or body resulting in an impulsive force being transmitted to the brain that occurs in sports and exercise-related activities. Symptoms and signs may present immediately, or evolve over minutes or hours, and commonly resolve within days, but may be prolonged (Patricios et. al. 2023).

Complications can occur if a player continues playing before they have fully recovered from a concussion. Therefore, a player who is suspected of having a concussion must be taken out of the game or training session immediately. A player who has suffered a suspected concussion or exhibits

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the symptoms of concussion should not return to play in the same game or training session or any game/training session until medically cleared by a doctor, even if they appear to have recovered.

The management of head injuries may be difficult for non-medical personnel. It may be unclear whether you are dealing with a concussion, or there is a more severe structural head injury, especially in the early phases of an injury. Concussion is considered a medical condition and therefore can only be assessed, diagnosed, and managed by an appropriately qualified doctor.

- In the period following a concussion, a player should not be allowed to return to play or train until they have had a formal medical clearance using the NRL Head Injury/Concussion Medical Clearance form by a doctor. N.B. this is the only form in Rugby League that will be accepted as medical clearance to return to play.
- A RTS (Return to Sport) Strategy (Table 1) should be followed to manage the return to training and/or play following a diagnosed concussion. Children and adolescents generally take longer to recover from a concussion and additional time (there is limited research determining how much additional time is required, however it is recommended a minimum of at least double the time period required for adults) should be allowed in developing a RTS Strategy for a child or adolescent.
- For children and adolescents, an RTL (Return to Learn) Strategy may be required. If symptom exacerbation occurs during cognitive activity or screentime, difficulties with reading or other aspects of learning are reported, clinicians should consider the implementation of an RTL Strategy. RTL and RTS Strategies can be completed in parallel, however student athletes should complete full Return to Learn before unrestricted Return to Sport.
- Unrestricted Return to Sport can only occur once a player has been cleared using the NRL Head Injury/Concussion Medical Clearance Form.
- A child or adolescent is defined as a person aged 18 years and younger, an adult is defined as a person who has attained the age of 19 years and above.
- Player's suspected of having a concussion must not be allowed to drive, operate machinery, drink alcohol, take anti-inflammatory medication (including aspirin and Ibuprofen), or use strong painkillers, such as those containing codeine, or sleeping tablets until they have been medically cleared to do so by a doctor.
- The best available evidence shows that recommending strict rest until the complete resolution of concussion-related symptoms is not beneficial following a Sport Related Concussion (SRC). Relative (not strict) rest, which includes activities of daily living and reduced screen time, is indicated immediately and for up to the first 2 days after injury. Individuals can return to light-intensity physical activity (PA), such as walking that does not more than mildly exacerbate symptoms, during the initial 24-48 hours following a concussion.



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4.0. WHAT IS CONCUSSION?

Sport-related concussion is a traumatic brain injury caused by a direct blow to the head, neck or body resulting in an impulsive force being transmitted to the brain that occurs in sports and exercise-related activities. This initiates a neurotransmitter and metabolic cascade, with possible axonal injury, blood flow change and inflammation affecting the brain (Patricios et. al. 2023).

Symptoms and signs may present immediately, or evolve over minutes or hours, and commonly resolve within days, but may be prolonged. No abnormality is seen on standard structural neuroimaging studies (computed tomography or magnetic resonance imaging T1- and T2-weighted images), but in the research setting, abnormalities may be present on functional, blood flow or metabolic imaging studies. Sport-related concussion results in a range of clinical symptoms and signs that may or may not involve loss of consciousness (Patricios et. al. 2023).

Symptoms include but are not limited to headache, blurred vision, dizziness, nausea, poor balance, fatigue and feeling “not quite right”. A concussed player may also exhibit confusion, memory loss and reduced ability to think clearly and process information. Loss of consciousness is not common and occurs in less than 10% of cases of concussion. **A player does not have to lose consciousness to have concussion.**

It remains unclear whether concussion involves microscopic structural changes or whether it is limited to physiological changes. The changes that occur are currently believed to be temporary and usually recover spontaneously if managed correctly. The recovery period and process vary from person to person and injury to injury.

5.0. WHAT ARE THE POTENTIAL COMPLICATIONS FOLLOWING CONCUSSION?

The complications which can possibly occur following a concussion include:

- Increased risk of other musculoskeletal injury (possibly due to an increase in reaction time) or repeated concussion (with the second injury often much more severe than the first);
- Prolonged symptoms;
- Symptoms of depression, anxiety and other psychological problems;
- Severe brain swelling (especially in young players); and
- Potential long-term cognitive deficits and a deterioration in brain health, however this is not currently definitively proven but currently the topic of continued research.



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Complications are not common, however, the risk of complications from a concussion are increased by allowing the player to return to play or unrestricted training before they have completed the RTS Strategy as outlined below. It is therefore essential to recognise a suspected concussion, remove the player from the game or training, confirm the diagnosis with a doctor, and keep the player out of training and competition until the player has been cleared by a medical professional using the NRL Head Injury/Concussion Medical Clearance Form.

6.0. CHILDREN AND ADOLESCENTS

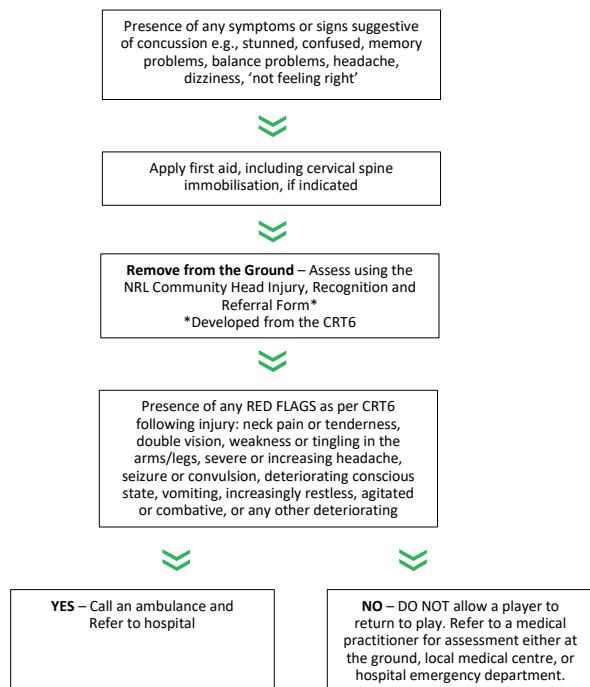
A child or adolescence is defined as a person aged 18 years and younger, an adult is defined as a person who has attained the age of 19 years and above.

The same principles regarding recognition, detection, management and return to sport apply to children and adolescents, however, it is widely accepted that children and adolescents with concussion should be managed **more conservatively**. This includes longer initial rest and slower return to train and play programs, usually twice as long as the recommended for adults.

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7.0. STEPS IN THE MANAGEMENT OF CONCUSSION



NOTE: For any player with a loss of consciousness, basic first aid principles should be applied i.e., **D**anger, **R**esponse, **S**end for help, **A**irway, **B**reathing, **C**PR, and **D**efibrillation (**DRSABCD**). Care must always be taken with the player's neck, as it may have also been injured in the collision. An ambulance should be called, and the player(s) transported to hospital for assessment and management.

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8.0. GAME DAY MANAGEMENT

The most important steps in the early management of a suspected concussion include:

- A. Recognising the injury;
- B. Removing the player from the game or training; and
- C. Referring the player to a medical practitioner (doctor) for assessment.

A. Recognising the injury – (suspecting concussion)

(i) Visible clues - when to suspect concussion:

- Loss of consciousness or non-responsive
- Lying on the ground - not moving, or slow to stand
- Unsteady on feet / balance problems / poor coordination
- Grabbing / clutching at head
- Dazed, blank or vacant look
- Confused / not aware of plays or events

(ii) Loss of consciousness, confusion and disturbance of memory are classical features of concussion, but it is important to remember that they are not present in every case.

(iii) There are several non-specific symptoms that may be present, and which should raise the suspicion of concussion: headache, blurred vision, balance problems, nausea, dizziness, feeling "dazed" or "lightheaded", "don't feel right", drowsiness, fatigue and difficulty concentrating.

(iv) Head Injury Recognition & Referral Form (HIRRF)* is required to record the signs and symptoms of a suspected concussion. Tools such as the pocket Concussion Recognition Tool 6 (CRT6) (link below) can be used to assist in the identification of a suspected concussion.

HIRRF - <https://www.playrugbyleague.com/concussion>

CRT6 - <https://bjsm.bmj.com/content/bjssports/57/11/692.full.pdf>

*The online HIRRF housed in the NRL's MySideline platform MUST be used.

** Note: The [SCAT6](#) and [Child SCAT6](#) are additional tools available for appropriately qualified medical practitioners (doctors) only.

B. Removing the player from the activity including training, warm-up or game.

(i) Initial management of a head injury or suspected concussion must always follow first aid rules, including airway, breathing, CPR and spinal immobilisation. (ii) **Any player who is removed from the Activity with a suspected concussion must be referred to a doctor for assessment with their Head Injury Recognition & Referral Form as soon as possible (preferably the same day).**



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(iii) A player who has suffered a suspected concussion or exhibits the symptoms of concussion should not return to play in the same game or training (or any game or training) until medically cleared to play by a doctor even if they appear to have recovered.

The assessor should not be swayed by the opinion of the player, coaching staff, parents, or anyone else suggesting premature return to play. Concussion is an evolving condition and symptoms, and signs can vary over minutes to hours and days. The incident must be recorded in the online HIRRF through the MySideline platform.

C. Referring the player to a medical practitioner for assessment.

(i) The management of a head injury is difficult for non-medical personnel. Following an injury, it is often unclear if you are dealing with a concussion or with a more severe underlying structural head injury.

(ii) **ALL players with a suspected concussion should seek medical assessment by a medical practitioner (doctor) as soon as possible even if the signs and symptoms resolve. If any Red Flags are present (refer to the HIRRF or CRT6) or if you have any other concerns the individual should be sent urgently to an Emergency Department (ED), preferably by ambulance. An urgent General Practitioner (GP) assessment is acceptable if an ED is not practically possible for concerns other than the CRT6 Red Flags.**

(iii) It is recommended that Clubs and First Responders prepare a pre-game checklist of the appropriate services that may be required to manage a significant head injury or suspected concussion, including:

- local doctors or medical centres;
- local Hospital Emergency Departments; and
- ambulance services (000).

Management of an unconscious player

1. First Aid principles of DRABC should be used. It is extremely important to treat all unconscious players as though they also have a neck injury (Spinal Immobilisation).
2. An unconscious player should only be moved (onto a stretcher) by qualified health professionals, trained in spinal immobilisation techniques in accordance with the [NRL Neck Injury and Cervical Collar Policy](#). If no qualified person is present, **do not move the player** - wait for the ambulance and paramedics.
3. Urgent hospital referral is necessary if there is concern regarding the risk of a serious or structural head or neck injury --- **call 000**.
4. Any player with ANY of the following 10 RED FLAGS as outlined in the Concussion Recognition Tool 6 (CRT6) in the context of a possible head injury should be referred to a hospital urgently, via Ambulance ---**call 000**:
 - Loss of consciousness



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- Seizures / fits or convulsions
- Severe or increasing headache
- Double vision
- Vomiting
- Deterioration of conscious state after being injured, e.g. increased drowsiness
- Report of neck pain / tenderness
- Burning, numbness, tingling or weakness in arms/legs. (potential spinal cord symptoms)
- Visible deformity of the skull
- Increasingly restless, agitated, or combative

5. The NRL online Head Injury Recognition & Referral Form must be used.

If, at any time, there is any doubt, the player should be immediately referred to hospital.

9.0. PLAYER HONESTY

Player honesty is important when questioning about symptoms. Remember that playing or training with symptoms of concussion can increase the risk of injury, result in concussion complications and prolonged symptoms, result in reduced performance, increase the risk of other injuries (musculoskeletal) and could potentially be catastrophic. Each case of concussion is unique, so management should be individualised by the treating doctor.

10.0. RETURN TO SPORT TIMEFRAMES

Any player who is diagnosed with a concussion cannot return within the timeframes outlined below:

- **Adults (19 years and over):** Eleven (11) days. The earliest a player can be made available for team selection is on the 11th day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.
- **Children and Adolescents (18 years and younger):** Nineteen (19) days. The earliest a player can be made available for team selection is on the 19th day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

All players must complete a 6 stage RTS program prior to returning to contact training or competition games. Children and adolescents must also return to learn/school symptom free.

While players cannot return within these timeframes, the duration of exclusion from contact training and play is based on an individual's recovery and RTS Strategy as managed by a medical practitioner (doctor).



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- A player who has sustained a concussion MUST NOT be allowed to return to contact training or competition games before obtaining the appropriate medical clearance using the NRL Head Injury/Concussion Medical Clearance form completed by the treating doctor.
- Return to work, learning and school should take precedence over return to sport.
- In cases of uncertainty about the player's recovery, always adopt a more conservative approach, "if in doubt sit them out".

11.0. RETURN TO SPORT

- Players should not attempt to return to play until they have returned to work or school/learning without resolution of their symptoms.
- Return to training or sport should be gradual.
- Rehabilitation after a concussion should be supervised by a medical practitioner and should follow the stepwise symptom limited progression as outlined in Table 1 below.
- Initially, relative rest for the first 24 to 48 hours – including mental and physical rest (recovery). Children and adolescents should be treated more conservatively, so a minimum initial 48 hour rest is recommended.
- Reduced screen time use in the first 48 hours after injury is warranted.
- A 6 stage Return to Sport (RTS) Strategy should look like the following in Table 1 below. Players may begin Step 1 (symptom limited activity) of the Return to Sport Strategy after an initial rest period of 24 hours for adults and 48 hours for children and adolescents.
- Relative rest which includes activities of daily living and reduced screen time is indicated immediately and for up to the first 2 days after injury.
- Players can return to light intensity physical activity such as walking that does not more than mildly exacerbate symptoms during the initial 24-48 hours following a concussion.

For adults, each stage in the RTS Strategy should be a minimum of 24 hours' duration, meaning a period of 7 to 8 days is the minimum time frame that an adult could potentially be cleared to return to unrestricted training. This does not mean return to play, as an adult cannot RTS until the 11th day after sustaining a concussion.

For children and adolescents, each stage in the RTS Strategy should be a minimum of 48 hours' duration, meaning a period of 14 to 16 days is the minimum time frame that a child or adolescent could potentially be cleared to return to unrestricted training. This does not mean return to play, as a child or adolescent cannot RTS until the 19th day after sustaining a concussion.

Longer return to sport timeframes are recommended in community sport settings. Contact training should only be attempted after the completion of Step 4 of the RTS strategy and only after a final

Community Rugby League Policy and Guidelines for the Management of Concussion.



doctors' assessment and clearance using NRL Community Head Injury/Concussion Medical Clearance Form.

A typical Return to Sport Strategy is outlined in Table 1 below.

| Table 1 Return to Sport (RTS) Strategy – each step typically takes a minimum of 24 hours for adults and 48 hours for children and adolescents | | | |
|---|---|--|--|
| Step | Exercise Strategy | Activity at each step | Goal |
| 1 | Symptom-limited activity | Daily activities that do not exacerbate symptoms (eg, walking) | Gradual reintroduction or work/school |
| 2 | Aerobic exercise 2A – Light (up to approx. 55% maxHR) then 2B – Moderate (up to approx. 70% maxHR) | Stationary cycling or walking at slow to medium pace. May start light resistance training that does not result in more than mild and brief exacerbation* of concussion symptoms | Increase heart rate |
| 3 | Individual sport-specific exercise Note: If sport-specific training involves any risk of inadvertent head impact, medical clearance should occur prior to Step 3 | Sport-specific training away from the team environment (eg, running, change of direction, and/or individual training drills away from the team environment). No activities at risk of head impact. | Add movement, change of direction |
| Steps 4-6 should begin after the resolution of any symptoms, abnormalities in cognitive function and any other clinical finding related to the current concussion, including with and after physical exertion. | | | |
| 4 | Non-contact training drills | Exercise to high intensity including more challenging training drills (eg, passing drills, multiplayer training) can integrate into a team environment. | Resume usual intensity of exercise, coordination and increased thinking. |
| NRL Head Injury/Concussion Clearance Form MUST be completed prior to progressing to Step 5 | | | |
| 5 | Full contact practice | Participate in normal training activities | Restore confidence and assess functional skills by coaching staff |
| 6 | Return to sport | Normal game play | |
| *Mild and brief exacerbation of symptoms (ie, an increase of no more than 2 points on a 0-10 point scale for less than an hour when compared to baseline value reported prior to physical activity). Athletes may begin Step 1 (ie, symptom-limited activity) within 24 hours of injury, with progression through each subsequent step typically taking a minimum of 24 hours. If more than mild exacerbation of symptoms (ie, more than 2 points on a 0-10 scale) occurs during Steps 1-3, the athlete should stop and attempt to exercise the next day. Athletes experiencing concussion-related symptoms during Steps 4-6 should return to Step 3 to establish full resolution of symptoms with exertion before engaging in at-risk activities. Written determination of readiness to RTS should be provided by an HCP before unrestricted RTS as directed by local laws and/or sporting regulations. HCP, healthcare professional; maxHR, predicted maximal heart rate according to age (ie, 220-age). | | | |

Community Rugby League Policy and Guidelines for the Management of Concussion.



12.0. RETURN TO LEARN

Concussion in children and adolescents can cause problems with memory and processing of information, which interferes with their ability to learn in the classroom. In this instance a RTL Strategy may be required. If symptom exacerbation occurs during cognitive activity or screentime, difficulties with reading or other aspects of learning are reported, clinicians should consider the implementation of the RTL Strategy at the time of diagnosis and during the recovery process. When the RTL Strategy is implemented, it can begin following an initial period of relative rest with an incremental increase in cognitive load as per Table 2. While the RTL and RTS Strategies can occur in parallel, full RTL should be completed prior to unrestricted RTS.

| Step | Mental activity | Activity at each step | Goal |
|------|---|---|--|
| 1 | Daily activities that do not result in more than mild exacerbation* of symptoms related to the current concussion | Typical activities during the day (eg, reading) while minimising screen time. Start with 5–15 min at a time and increase gradually | Gradual return to typical activities |
| 2 | School activities | Homework, reading or other cognitive activities outside of the classroom. | Increase tolerance to cognitive work |
| 3 | Return to school part time | Gradual introduction of schoolwork. May need to start with a partial school day or with greater access to rest breaks during the day. | Increase academic activities |
| 4 | Return to school full time | Gradually progress in school activities until a full day can be tolerated without more than mild* symptom exacerbation. | Return to full academic activities and catch up on missed work |

Following an initial period of relative rest (48 hours following an injury at Step 1), athletes can begin a gradual and incremental increase in their cognitive load. Progression through the strategy for students should be slowed when there is more than a mild and brief symptom exacerbation.

*Mild and brief exacerbation of symptoms is defined as an increase of no more than 2 points on a 0–10 point scale (with 0 representing no symptoms and 10 the worst symptoms imaginable) for less than an hour when compared with the baseline value reported prior to cognitive activity.

Community Rugby League Policy and Guidelines for the Management of Concussion.



13.0. MULTIPLE AND CONCERNING CONCUSSIONS

When a player:

- (i). Has sustained two (2) diagnosed concussions within the one (1) season (including preseason training and games), has persistent concussion symptoms (>28 days) or an unusual presentation; or
- (ii). Over time (not just within the one (1) season):
 - Is developing concussion symptoms with less force; or
 - Is experiencing progressively increasing length of concussion symptoms; or
 - Has an increasing symptom load (a greater number of concussion symptoms); or
 - Has a decreasing time period between concussive / possible concussive events; or
 - Has significant mental health issues (e.g., anxiety, depression) potentially related to head injuries, then,

The NRL requires that the player be formally sent for assessment with a specialist (Neurologist, Neurosurgeon or Sport and Exercise Physician) who has a recognised interest in sport related concussion management as part of a multi-disciplinary team approach. The assessment should also include formal neuropsychological testing if recommended by the Concussion Specialist providing the opinion. This should occur to ensure the player has fully recovered from their concussions, to assess the risks of further concussions and to determine whether the player is currently fit to participate in training and/or matches. A copy of the Concussion specialist's opinion should also be made available to the appropriate governing body on request.

14.0. RETIREMENT

Decisions regarding retirement or discontinuation from contact or collision sports are complex and multifaceted and should involve clinicians with expertise in traumatic brain injury and sport and preferably a multidisciplinary team. The decision-making process should include a comprehensive clinical evaluation that considers important patient-, injury-, sport-specific and other sociocultural factors.

The discussion should provide athletes with the scientific evidence and uncertainties of their condition balanced against the benefits of participation in sport. It should incorporate the athlete's preferences and risk tolerance as well as psychological readiness to make an informed decision. The discussion should be carefully documented and should use language that is appropriate for the health literacy of the individual to reduce the risk that the information is misinterpreted. For children and adolescents, the parent/guardian should be involved in the discussion. HCPs should make the athlete aware of the role(s) they are playing in the athlete's care, stating clearly if they have any potential or actual conflicts of interest. The shared decision-making process should be individualised and incorporate a comprehensive clinical evaluation that may involve a multidisciplinary team and considers patient-, injury-, sport-specific and other sociocultural factors. These principles also apply to all of those involved in the coaching and management of the athlete. In the child or adolescent

Community Rugby League Policy and Guidelines for the Management of Concussion.



athlete, additional concerns are a successful return to school and to maintain healthy levels of physical activity. This often requires a multidisciplinary process that includes the child/adolescent, parent/caregivers, health care professionals, school leadership and teachers in the discussions. Given the positive benefits of exercise on health, care must be taken to avoid restricting all physical activity. All athletes who ultimately retire from contact or collision sports should be encouraged to continue non-contact or low-contact physical activity and have the health benefits of exercise explained.

In any case where a player has been diagnosed as having suffered a significant head injury, traumatic brain injury or concussive injury, the player will remain unavailable for selection in the MySideline platform and must not participate in any match or engage in training in any form until such time as a properly qualified medical opinion is obtained by the appropriate governing body which supports the conclusion that the Player has fully recovered from the effects of the injury.

Note: the NRL's elite levels of the game have their own policies regarding the management of head injuries and concussion. These policies may vary from some of the principles of the Concussion and Brain Health Position Statement 2023 and these Guidelines when there is appropriately qualified, experienced medical staff overseeing the care and wellbeing of professional rugby league players with advanced care pathways.

References:

Patricios J.S., Schneider K.J., Dvorak J. et al. Consensus statement on concussion in sport: the 6th International Conference on Concussion in Sport Amsterdam, October 2022. *Br J Sports Med.* 2023;57:695-711

Australian Institute of Sport. *Concussion and Brain Health Position Statement 2023.* February 2023.

Disclaimer:

The National Rugby League (NRL) reserves the right to update its policies and procedures to align with best practices and evolving regulations. It is the responsibility of all participants, including players, coaches, officials, and stakeholders, to ensure they are familiar with the most current version of the NRL policy. The NRL will make reasonable efforts to communicate any policy changes, but it remains the duty of participants to stay informed about the latest updates.

Last Updated: 1st November 2023



COMPETITION ENTRY GUIDE

| GRADE | CRITERIA GUIDE |
|--------------------------------|---|
| 1ST GRADE RUGBY LEAGUE | Senior Club fielding three (3) men's grades on a consistent basis (1sts, Reserves, 18s Tier 1). |
| RES GRADE RUGBY LEAGUE | Senior Club fielding four (4) grades on a consistent basis and has a first-grade men's team. Clubs aspiring to compete in 1st grade can apply to play reserve grade and not first grade but must submit an approved development plan including but not limited to: <ul style="list-style-type: none"> • Junior participation average male participation 13s to 16s of 40 participants over preceding 5 years • Commitment to junior female participation • Playing resources to field a Regan Cup side as a subordinate team • Evidence of financial resources • If they were successful, they have 2 years before that club has to enter a first, reserve and under 18's team. |
| Regan Cup | <ul style="list-style-type: none"> • Sustainable financials with no debts to NSWRL, Group 7 or third-party supplier • Demonstrated ability and commitment to form a team that is not to the detriment of an established or existing Rugby League team |
| 18S TIER 1 | <ul style="list-style-type: none"> • Fielding a first grade Rugby League team on a consistent basis & or Junior participation with an average male participation 13s to 16s of 40 participants over preceding 5 years |
| 18S YOUTH TIER 2 11-a-side? | <ul style="list-style-type: none"> • Sustainable financials with no debts to NSWRL, Group 7 or third-party supplier • Demonstrated ability and commitment to form a team that is not to the detriment of an established or existing Rugby League team |
| Ladies League Tag | <ul style="list-style-type: none"> • Sustainable financials with no debts to NSWRL, Group 7 or third-party supplier • Demonstrated ability and commitment to form a team that is not to the detriment of an established or existing Rugby League team |
| WOMEN'S TACKLE | <ul style="list-style-type: none"> • Sustainable financials with no debts to NSWRL, Group 7 or third-party supplier • Demonstrated ability and commitment to form a team that is not to the detriment of an established or existing Rugby League team |
| MEN'S OVER 35 LEAGUE TAG | <ul style="list-style-type: none"> • Sustainable financials with no debts to NSWRL, Group 7 or third-party supplier • Demonstrated ability and commitment to form a team that is not to the detriment of an established or existing Rugby League team |



Proud Supporters of Kiama Knights R.L.F.C

| | | |
|-----|---|---|
| MON | BINGO POKER \$17 PIZZA NIGHT* | 10:30am -1:30pm 6pm From 5:30pm |
| TUE | TRIVIA \$17 RUMP STEAK NIGHT* | 7pm From 5:30pm |
| WED | HAPPY HOUR MEMBERS BADGE DRAW \$17 SCHNITZEL NIGHT* | 4:00pm - 6:00pm From 5:30pm From 5:30pm |
| THU | BINGO POKER \$17 FISH & CHIPS NIGHT* | 10:30am -1:30pm 6pm From 5:30pm |
| FRI | VOUCHERS RAFFLE POKER | From 5:30pm 7pm |
| SAT | LIVE MUSIC | From 8:30pm |
| SUN | LIVE MUSIC MEAT & MORE RAFFLE | From 2:30pm From 5:30pm |

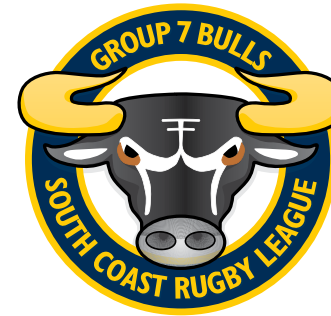


| | | |
|-----|---|----------------------------|
| THU | 50CENT WING NIGHT* | From 5:30pm |
| FRI | \$17 BEER & BURGER COMBO* LIVE MUSIC | From 5:30pm From 7:30pm |



109 TERRALONG STREET, KIAMA NSW
KIAMALEAGUES.COM

*MEMBERS PRICING
NOT AVAILABLE ON PUBLIC HOLIDAYS



SOUTH COAST GROUP 7
**RUGBY
LEAGUE**

Season Draw
ALL GRADES 2026

ROUND 1 - FIRST GRADE MAGIC ROUND

SATURDAY 11th APRIL
KIAMA SHOWGROUND

| | | |
|------------|--|---------|
| 1st Grade: | Kiama Knights v Stingrays of Shellharbour | 6.10pm |
| 1st Grade: | Gerrigong Lions v Warilla-Lake South Gorillas | 4.30pm |
| 1st Grade: | Albion Park-Oak Flats Eagles v Nowra-Bomaderry Jets | 2.50pm |
| 1st Grade: | Milton-Ulladulla Bulldogs v Berry-Shoalhaven Heads Magpies | 1.10pm |
| 1st Grade: | Shellharbour Sharks v Jamberoo Superoos | 11.30am |

ROUND 2

SATURDAY 18th APRIL

FRANCIS RYAN RESERVE

Regan Cup: St Georges Basin Dragons v Crookhaven Magpies 2.30pm

CEC GLENHOLMES OVAL

1st Grade: Warilla-Lake South Gorillas v Shellharbour Sharks 5.30pm
 2nd Grade: Warilla-Lake South Gorillas v Shellharbour Sharks 4.00pm
 Regan Cup: Warilla-Lake South Gorillas v Shellharbour Sharks 2.30pm
 LLT1: Warilla-Lake South Gorillas v Shellharbour Sharks 1.30pm
 LLT2: Warilla-Lake South Gorillas v Shellharbour Sharks 12.30pm

KEVIN WALSH OVAL

1st Grade: Jamberoo Superooks v Kiama Knights 3.30pm
 2nd Grade: Jamberoo Superooks v Kiama Knights 2.00pm
 Regan Cup: Jamberoo Superooks Southern Highlands Storm 12.30pm
 Under 18's: Kiama Knights v Gerringong Lions 11.00am
 LLT1: Jamberoo Superooks v Kiama Knights 10.00am
 LLT2: Jamberoo Superooks v Kiama Knights 9.00am

SUNDAY 19th APRIL

KIAMA SHOWGROUND

Under 18's; Kiama Knights v Gerringong Lions 10.30am

DES KING OVAL

Regan Cup: Mt Warrigal United Kooris v Robertson-Burrawang Spuddies 3.00pm

FLINDERS FIELD

1st Grade: Stingrays of Shellharbour v Albion Park-Oak Flats Eagles 3.00pm
 2nd Grade: Stingrays of Shellharbour v Albion Park-Oak Flats Eagles 1.30pm
 Under 18's: Stingrays of Shellharbour v Albion Park-Oak Flats Eagles 12.00nn
 LLT1: Stingrays of Shellharbour v Albion Park-Oak Flats Eagles 11.00am

BOMADERRY SPORTS COMPLEX

1st Grade: Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs 3.00pm
 2nd Grade: Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs 1.30pm
 Under 18's: Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs 12.00nn
 LLT2: Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs 11.00am

BERRY SHOWGROUND

1st Grade: Berry-Shoalhaven Heads Magpies v Gerringong Lion s 3.00pm
 2nd Grade: Berry-Shoalhaven Heads Magpies v Gerringong Lions 1.30pm
 Under 18's: Berry-Shoalhaven Heads Magpies v Shellharbour Sharks 12.00nn
 LLT1: Berry-Shoalhaven Heads Magpies v Gerringong Lions 11.00am
 LLT2: Berry-Shoalhaven Heads Magpies v Gerringong Lions 10.00am

BYES

LLT1: Milton-Ulladulla Bulldogs
 LLT2: Stingrays of Shellharbour

ROUND 3 - ANZAC ROUND

SATURDAY 25th APRIL

FLINDERS FIELD

Under 18's: Stingrays of Shellharbour v Nowra-Bomaderry Jets 2.00pm

CROOKHAVEN PARK

RCLLT: Culburra Dolphins v Robertson-Burrawang Spuddies 2.00pm
 RCLLT: Sussex Inlet Panthers v St Georges Basin Dragons 1.00pm

BILL ANDRISKE MOLLYMOOK OVAL

1st Grade: Milton-Ulladulla Bulldogs v Albion Park-Oak Flats Eagles 4.00pm
 2nd Grade: Milton-Ulladulla Bulldogs v Albion Park-Oak Flats Eagles 2.30pm
 Under 18's: Milton-Ulladulla Bulldogs v Albion Park-Oak Flats Eagles 1.00pm
 LLT1: Milton-Ulladulla Bulldogs v Albion Park-Oak Flats Eagles 12.00nn

KIAMA SHOWGROUND

1st Grade: Kiama Knights v Gerringong Lions 5.00pm
 2nd Grade: Kiama Knights v Gerringong Lions 3.30pm
 Under 18's: Kiama Knights v Berry-Shoalhaven Heads Magpies 2.00pm
 LLT1: Kiama Knights v Gerringong Lions 1.00pm
 LLT2: Kiama Knights v Gerringong Lions 12.00nn

KEVIN WALSH OVAL

1st Grade: Jamberoo Superooks v Berry-Shoalhaven Heads Magpies 5.00pm
 2nd Grade: Jamberoo Superooks v Berry-Shoalhaven Heads Magpies 3.30pm
 Regan Cup: Jamberoo Superooks v St Georges Basin Dragons 2.00pm
 LLT1: Jamberoo Superooks v Berry-Shoalhaven Heads Magpies 1.00pm
 LLT2: Jamberoo Superooks v Berry-Shoalhaven Heads Magpies 12.00nn

SUNDAY 26th APRIL

LOSEBY PARK

Regan Cup: Southern Highlands Storm v Crookhaven Magpies 3.00pm
 RCLLT: Southern Highlands Storm v Crookhaven Magpies 2.00pm

RON COSTELLO OVAL

1st Grade: Shellharbour Sharks v Stingrays of Shellharbour 3.30pm
 2nd Grade: Shellharbour Sharks v Stingrays of Shellharbour 2.00pm
 Regan Cup: Shellharbour Sharks v Mt Warrigal United Kooris 12.30pm
 Under 18's: Shellharbour Sharks v Gerringong Lions 11.00am
 LLT1: Shellharbour Sharks v Stingrays of Shellharbour 10.00am
 LLT2: Shellharbour Sharks v Stingrays of Shellharbour 9.00am

CEC GLENHOLMES OVAL

1st Grade: Warilla-Lake South Gorillas v Nowra-Bomaderry Jets 3.00pm
 2nd Grade: Warilla-Lake South Gorillas v Nowra-Bomaderry Jets 1.30pm
 Regan Cup: Warilla-Lake South Gorillas v Robertson-Burrawang Spuddies 12.00nn
 LLT2: Warilla-Lake South Gorillas v Nowra-Bomaderry Jets 11.00am

BYES

LLT1: Warilla-Lake South Gorillas
 LLT2: Milton-Ulladulla Bulldogs

ROUND 4

FRIDAY 1ST MAY

DES KING OVAL

Regan Cup: Mt Warrigal United Kooris v Jamberoo Superoos 6.30pm

SATURDAY 2nd MAY

NOWRA SHOWGROUND

Regan Cup: Crookhaven Magpies v Warilla-Lake South Gorillas 3.00pm

RCLLT: Crookhaven Magpies v Culburra Dolphins 2.00pm

ROBERTSON SHOWGROUND

Regan Cup: Robertson-Burrawang Spuddies v Shellharbour Sharks 3.00pm

RCLLT: Robertson-Burrawang Spuddies v Sussex Inlet Panthers 2.00pm

BILL ANDRISKE MOLLYMOOK OVAL

1st Grade: Milton-Ulladulla Bulldogs v Stingrays of Shellharbour 3.00pm

2nd Grade: Milton-Ulladulla Bulldogs v Stingrays of Shellharbour 1.30pm

Under 18's: Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets 12.00nn

LLT1: Milton-Ulladulla Bulldogs v Stingrays of Shellharbour 11.00am

LLT2: Milton-Ulladulla Bulldogs v Stingrays of Shellharbour 10.00am

MICHAEL CRONIN OVAL

1st Grade: Gerringong Lions v Shellharbour Sharks 3.00pm

2nd Grade: Gerringong Lions v Shellharbour Sharks 1.30pm

Under 18's: Gerringong Lions v Berry-Shoalhaven Heads Magpies 12.00nn

LLT1: Gerringong Lions v Shellharbour Sharks 11.00am

LLT2: Gerringong Lions v Shellharbour Sharks 10.00am

SUNDAY 3rd MAY

FRANCIS RYAN RESERVE

Regan Cup: St Georges Basin Dragons v Southern Highlands Storm 3.00pm

RCLLT: St Georges Basin Dragons v Southern Highlands Storm 2.00pm

BOMADERRY SPORTS COMPLEX

1st Grade: Nowra-Bomaderry Jets v Jamberoo Superoos 3.00pm

2nd Grade: Nowra-Bomaderry Jets v Jamberoo Superoos 1.30pm

LLT2: Nowra-Bomaderry Jets v Jamberoo Superoos 12.30pm

KIAMA SHOWGROUND

1st Grade: Kiama Knights v Warilla-Lake South Gorillas 3.00pm

2nd Grade: Kiama Knights v Warilla-Lake South Gorillas 1.30pm

Under 18's: Kiama Knights v Stingrays of Shellharbour 12.00nn

LLT1: Kiama Knights v Warilla-Lake South Gorillas 11.00am

LLT2: Kiama Knights v Warilla-Lake South Gorillas 10.00am

CENTENARY FIELD

1st Grade: Albion Park-Oak Flats Eagles v Berry-Shoalhaven Heads Magpies 3.00pm

2nd Grade: Albion Park-Oak Flats Eagles v Berry-Shoalhaven Heads Magpies 1.30pm

Under 18's: Albion Park-Oak Flats Eagles v Shellharbour Sharks 12.00nn

LLT1: Albion Park-Oak Flats Eagles v Berry-Shoalhaven Heads Magpies 11.00am

BYES

LLT1: Jamberoo Superoos

LLT2: Berry-Shoalhaven Heads Magpies

ROUND 5 - WOMEN IN LEAGUE ROUND

SATURDAY 9th MAY

CROOKHAVEN PARK

RCLLT: Culburra Dolphins v Crookhaven Magpies 2.00pm

COMMUNITY FIELD

Regan Cup: Southern Highlands Storm v Mt Warrigal United Kooris 3.00pm

RCLLT: Southern Highlands Storm v Sussex Inlet Panthers 2.00pm

RON COSTELLO OVAL

1st Grade: Shellharbour Sharks v Nowra-Bomaderry Jets 3.30pm

OWT 9'S: Shellharbour Sharks v Nowra-Bomaderry Jets 2.30pm

2nd Grade: Shellharbour Sharks v Nowra-Bomaderry Jets 1.00pm

Regan Cup: Shellharbour Sharks v Crookhaven Magpies 11.30am

Under 18's: Shellharbour Sharks v Nowra-Bomaderry Jets 10.00am

LLT2: Shellharbour Sharks v Nowra-Bomaderry Jets 9.00am

BERRY SHOWGROUND

1st Grade: Berry-Shoalhaven Heads Magpies v Warilla-Lake South Gorillas 3.00pm

LLT1: Berry-Shoalhaven Heads Magpies v Warilla-Lake South Gorillas 2.00pm

2nd Grade: Berry-Shoalhaven Heads Magpies v Warilla-Lake South Gorillas 12.30pm

Under 18's: Berry-Shoalhaven Heads Magpies v Albion Park-Oak Flats Eagles 11.00am

LLT2: Berry-Shoalhaven Heads Magpies v Warilla-Lake South Gorillas 10.00am

SUNDAY 10th MAY

FRANCIS RYAN RESERVE

Regan Cup: St Georges Basin Dragons v Warilla-Lake South Gorillas 3.00pm

RCLLT: St Georges Basin Dragons v Robertson-Burrawang Spuddies 2.00pm

KEVIN WALSH OVAL

1st Grade: Jamberoo Superoos v Albion Park-Oak Flats Eagles 3.00pm

LLT1: Jamberoo Superoos v Albion Park-Oak Flats Eagles 2.00pm

2nd Grade: Jamberoo Superoos v Albion Park-Oak Flats Eagles 12.30pm

Regan Cup: Jamberoo Superoos v Robertson-Burrawang Spuddies 11.00am

FLINDERS FIELD

1st Grade: Stingrays of Shellharbour v Gerringong Lions 3.00pm

OWT 9's: Stingrays of Shellharbour v Mt Warrigal United Kooris 2.00pm

2nd Grade: Stingrays of Shellharbour v Gerringong Lions 12.30pm

Under 18's: Stingrays of Shellharbour v Gerringong Lions 11.00am

LLT1: Stingrays of Shellharbour v Gerringong Lions 10.00am

LLT2: Stingrays of Shellharbour v Gerringong Lions 9.00am

BILL ANDRISKE MOLLYMOOK OVAL

1st Grade: Milton-Ulladulla Bulldogs v Kiama Knights 3.00pm

OWT 9'S: Milton-Ulladulla Bulldogs v Southern Highlands Storm 2.00pm

2nd Grade: Milton-Ulladulla Bulldogs v Kiama Knights 12.30pm

Under 18's: Milton-Ulladulla Bulldogs v Kiama Knights 11.00am

LLT1: Milton-Ulladulla Bulldogs v Kiama Knights 10.00am

LLT2: Milton-Ulladulla Bulldogs v Kiama Knights 9.00am

BYE

OWT 9's: Stingrays of Shellharbour

LLT1: Shellharbour Sharks

LLT2: Jamberoo Superoos

ROUND 6 - REGAN CUP & RCLLT FREE WEEKEND

FRIDAY 15TH MAY

DES KING OVAL

OWT 9'S: Mt Warrigal United Kooris v Nowra-Bomaderry Jets 6.30pm

SATURDAY 16th MAY

LOSEBY PARK

OWT 9'S: Southern Highlands Storm v Shellharbour Sharks 12.30pm

BERRY SHOWGROUND

1st Grade: Berry-Shoalhaven Heads Magpies v Nowra-Bomaderry Jets 3.00pm

2nd Grade: Berry-Shoalhaven Heads Magpies v Nowra-Bomaderry Jets 1.30pm

Under 18's: Berry-Shoalhaven Heads Magpies v Nowra-Bomaderry Jets 12.00nn

LLT2: Berry-Shoalhaven Heads Magpies v Nowra-Bomaderry Jets 11.00am

MICHAEL CRONIN OVAL

1st Grade: Gerringong Lions v Albion Park-Oak Flats Eagles 3.00pm

2nd Grade: Gerringong Lions v Albion Park-Oak Flats Eagles 1.30pm

Under 18's: Gerringong Lions v Albion Park-Oak Flats Eagles 12.00nn

LLT1: Gerringong Lions v Albion Park-Oak Flats Eagles 11.00am

SUNDAY 17th MAY

KEVIN WALSH OVAL

1st Grade: Jamberoo Superoos v Stingrays of Shellharbour 3.00pm

2nd Grade: Jamberoo Superoos v Stingrays of Shellharbour 1.30pm

LLT1: Jamberoo Superoos v Stingrays of Shellharbour 12.30pm

LLT2: Jamberoo Superoos v Stingrays of Shellharbour 11.30pm

BILL ANDRISKE MOLLYMOOK OVAL

1st Grade: Milton-Ulladulla Bulldogs v Warilla-Lake South Gorillas 3.00pm

2nd Grade: Milton-Ulladulla Bulldogs v Warilla-Lake South Gorillas 1.30pm

OWT 9'S: Milton-Ulladulla Bulldogs v Stingrays of Shellharbour 12.30pm

Under 18's: Milton-Ulladulla Bulldogs v Stingrays of Shellharbour 11.00am

LLT1: Milton-Ulladulla Bulldogs v Warilla-Lake South Gorillas 10.00am

LLT2: Milton-Ulladulla Bulldogs v Warilla-Lake South Gorillas 9.00am

KIAMA SHOWGROUND

1st Grade: Kiama Knights v Shellharbour Sharks 3.00pm

2nd Grade: Kiama Knights v Shellharbour Sharks 1.30pm

Under 18's: Kiama Knights v Shellharbour Sharks 12.00nn

LLT1: Kiama Knights v Shellharbour Sharks 11.00am

LLT2: Kiama Knights v Shellharbour Sharks 10.00am

BYE

LLT1: Berry-Shoalhaven Heads Magpies

LLT2: Gerringong Lions

ROUND 7

FRIDAY 22nd MAY

RON COSTELLO OVAL

Regan Cup: Shellharbour Sharks v Southern Highlands Storm 7.30pm

OWT 9'S: Mt Warrigal United Kooris v Southern Highlands Storm 6.30pm

SATURDAY 23rd MAY

ROBERTSON SHOWGROUND

Regan Cup: Robertson-Burrawang Spuddies v St Georges Basin Dragons 3.00pm

RCLLT: Robertson-Burrawang Spuddies v St Georges Basin Dragons 2.00pm

FINKERNAGLE OVAL

RCLLT: Sussex Inlet Panthers v Crookhaven Magpies 3.00pm

RCLLT: Culburra Dolphins v Southern Highlands Storm 2.00pm

KEVIN WALSH OVAL

1st Grade: Jamberoo Superoos v Gerringong Lions 3.00pm

2nd Grade: Jamberoo Superoos v Gerringong Lions 1.30pm

Regan Cup: Jamberoo Superoos v Crookhaven Magpies 12.00nn

LLT1: Jamberoo Superoos v Gerringong Lions 11.00am

LLT2: Jamberoo Superoos v Gerringong Lions 10.00am

RON COSTELLO OVAL

1st Grade: Shellharbour Sharks v Milton-Ulladulla Bulldogs 3.00pm

2nd Grade: Shellharbour Sharks v Milton-Ulladulla Bulldogs 1.30pm

OWT 9'S: Shellharbour Sharks v Milton-Ulladulla Bulldogs 12.30pm

Under 18's: Shellharbour Sharks v Milton-Ulladulla Bulldogs 11.00am

LLT1: Shellharbour Sharks v Milton-Ulladulla Bulldogs 10.00am

LLT2: Shellharbour Sharks v Milton-Ulladulla Bulldogs 9.00am

SUNDAY 24th MAY

MICHAEL CRONIN OVAL

Under 18's: Gerringong Lions v Berry-Shoalhaven Heads Magpies 10.30am

CEC GLENHOLMES OVAL

1st Grade: Warilla-Lake South Gorillas v Albion Park-Oak Flats Eagles 3.00pm

2nd Grade: Warilla-Lake South Gorillas v Albion Park-Oak Flats Eagles 1.30pm

Regan Cup: Warilla-Lake South Gorillas v Mt Warrigal United Kooris 12.00nn

LLT1: Warilla-Lake South Gorillas v Albion Park-Oak Flats Eagles 11.00am

BOMADERRY SPORTS COMPLEX

1st Grade: Nowra-Bomaderry Jets v Stingrays of Shellharbour 3.00pm

2nd Grade: Nowra-Bomaderry Jets v Stingrays of Shellharbour 1.30pm

OWT 9'S: Nowra-Bomaderry Jets v Stingrays of Shellharbour 12.30pm

Under 18's: Nowra-Bomaderry Jets v Albion Park-Oak Flats Eagles 11.00am

LLT2: Nowra-Bomaderry Jets v Stingrays of Shellharbour 10.00am

KIAMA SHOWGROUND

1st Grade: Kiama Knights v Berry-Shoalhaven Heads Magpies 3.00pm

2nd Grade: Kiama Knights v Berry-Shoalhaven Heads Magpies 1.30pm

Under 18's: Kiama Knights v Stingrays of Shellharbour 12.00nn

LLT1: Kiama Knights v Berry-Shoalhaven Heads Magpies 11.00am

LLT2: Kiama Knights v Berry-Shoalhaven Heads Magpies 10.00am

BYE

LLT1: Stingrays of Shellharbour

LLT2: Warilla-Lake South Gorillas

ROUND 8

SATURDAY 30th MAY

ROBERTSON SHOWGROUND

| | | |
|------------|---|--------|
| Regan Cup: | Robertson-Burrawang Spuddies v St Georges Basin Dragons | 3.00pm |
| RCLLT: | Robertson-Burrawang Spuddies v Southern Highlands Storm | 2.00pm |

CROOKHAVEN PARK

| | | |
|--------|---|--------|
| RCLLT: | Culburra Dolphins v Sussex Inlet Panthers | 2.00pm |
|--------|---|--------|

CENTENARY FIELD

| | | |
|------------|--|---------|
| 1st Grade: | Albion Park-Oak Flats Eagles v Shellharbour Sharks | 3.00pm |
| 2nd Grade: | Albion Park-Oak Flats Eagles v Shellharbour Sharks | 1.30pm |
| Under 18's | Albion Park-Oak Flats Eagles v Shellharbour Sharks | 12.00nn |
| LLT1: | Albion Park-Oak Flats Eagles v Shellharbour Sharks | 11.00am |

MICHAEL CRONIN OVAL

| | | |
|-------------|--|---------|
| 1st Grade: | Gerringong Lions v Milton-Ulladulla Bulldogs | 3.00pm |
| 2nd Grade: | Gerringong Lions v Milton-Ulladulla Bulldogs | 1.30pm |
| Under 18's: | Gerringong Lions v Milton-Ulladulla Bulldogs | 12.00nn |
| LLT1: | Gerringong Lions v Milton-Ulladulla Bulldogs | 11.00am |
| LLT2: | Gerringong Lions v Milton-Ulladulla Bulldogs | 10.00am |

SUNDAY 31st MAY

NOWRA SHOWGROUND

| | | |
|------------|---|--------|
| Regan Cup: | Crookhaven Magpies v Southern Highlands Storm | 3.00pm |
| RCLLT: | Crookhaven Magpies v St Georges Basin Dragons | 2.00pm |

DES KING OVAL

| | | |
|------------|---|--------|
| Regan Cup: | Mt Warrigal United Kooris v Shellharbour Sharks | 3.00pm |
| OWT 9'S: | Mt Warrigal United Kooris v Shellharbour Sharks | 2.00pm |

CEC GLENHOLMES OVAL

| | | |
|------------|---|---------|
| 1st Grade: | Warilla-Lake South Gorillas v Jamberoo Superoos | 3.00pm |
| 2nd Grade: | Warilla-Lake South Gorillas v Jamberoo Superoos | 1.30pm |
| Regan Cup: | Warilla-Lake South Gorillas v Jamberoo Superoos | 12.00nn |
| LLT1: | Warilla-Lake South Gorillas v Jamberoo Superoos | 11.00am |
| LLT2: | Warilla-Lake South Gorillas v Jamberoo Superoos | 10.00am |

FLINDERS FIELD

| | | |
|-------------|--|---------|
| 1st Grade: | Stingrays of Shellharbour v Berry-Shoalhaven Heads Magpies | 3.00pm |
| 2nd Grade: | Stingrays of Shellharbour v Berry-Shoalhaven Heads Magpies | 1.30pm |
| OWT 9'S: | Stingrays of Shellharbour v Southern Highlands Storm | 12.30pm |
| Under 18's: | Stingrays of Shellharbour v Berry-Shoalhaven Heads Magpies | 11.00nn |
| LLT1: | Stingrays of Shellharbour v Berry-Shoalhaven Heads Magpies | 10.00am |
| LLT2: | Stingrays of Shellharbour v Berry-Shoalhaven Heads Magpies | 9.00am |

BOMADERRY SPORTS COMPLEX

| | | |
|-------------|--|---------|
| 1st Grade: | Nowra-Bomaderry Jets v Kiama Knights | 3.00pm |
| 2nd Grade: | Nowra-Bomaderry Jets v Kiama Knights | 1.30pm |
| OWT 9'S: | Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs | 12.30pm |
| Under 18's: | Nowra-Bomaderry Jets v Kiama Knights | 11.00am |
| LLT2: | Nowra-Bomaderry Jets v Kiama Knights | 10.00am |

BYE

| | |
|-------|---------------------|
| LLT1: | Kiama Knights |
| LLT2: | Shellharbour Sharks |

LONG WEEKEND - SPARE ROUND SATURDAY 6th JUNE & SUNDAY 7th JUNE

ROUND 9

SATURDAY 13th JUNE

FRANCIS RYAN RESERVE

| | | |
|------------|--|--------|
| Regan Cup: | St Georges Basin Dragons v Jamberoo Superoos | 3.00pm |
| RCLLT: | St Georges Basin Dragons v Culburra Dolphins | 2.00pm |

ROBERTSON SHOWGROUND

| | | |
|------------|--|--------|
| Regan Cup: | Robertson-Burrawang Spuddies v Warilla-Lake South Gorillas | 3.00pm |
| RCLLT: | Robertson-Burrawang Spuddies v Crookhaven Magpies | 2.00pm |

NOWRA SHOWGROUND

| | | |
|------------|--|--------|
| Regan Cup: | Crookhaven Magpies v Mt Warrigal United Kooris | 3.00pm |
| OWT 9'S: | Kiama Knights v Mt Warrigal United Kooris | 2.00pm |

BERRY SHOWGROUND

| | | |
|-------------|--|---------|
| 1st Grade: | Berry-Shoalhaven Heads Magpies v Shellharbour Sharks | 3.00pm |
| 2nd Grade: | Berry-Shoalhaven Heads Magpies v Shellharbour Sharks | 1.30pm |
| Under 18's: | Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs | 12.00nn |
| LLT1: | Berry-Shoalhaven Heads Magpies v Shellharbour Sharks | 11.00am |
| LLT2: | Berry-Shoalhaven Heads Magpies v Shellharbour Sharks | 10.00am |

MICHAEL CRONIN OVAL

| | | |
|-------------|---|---------|
| 1st Grade: | Gerringong Lions v Nowra-Bomaderry Jets | 3.00pm |
| 2nd Grade: | Gerringong Lions v Nowra-Bomaderry Jets | 1.30pm |
| Under 18's: | Gerringong Lions v Nowra-Bomaderry Jets | 12.00nn |
| LLT2: | Gerringong Lions v Nowra-Bomaderry Jets | 11.00am |

SUNDAY 14th JUNE

LOSEBY PARK

| | | |
|------------|--|--------|
| Regan Cup: | Southern Highlands Storm v Shellharbour Sharks | 3.00pm |
| OWT 9'S: | Southern Highlands Storm v Nowra-Bomaderry Jets | 2.00pm |
| RCLLT: | Southern Highlands Storm v Sussex Inlet Panthers | 1.00pm |

BILL ANDRISKE MOLLYMOOK OVAL

| | | |
|------------|---|---------|
| 1st Grade: | Milton-Ulladulla Bulldogs v Jamberoo Superoos | 3.00pm |
| 2nd Grade: | Milton-Ulladulla Bulldogs v Jamberoo Superoos | 1.30pm |
| OWT 9'S: | Milton-Ulladulla Bulldogs v Mt Warrigal United Kooris | 12.30pm |
| LLT1: | Milton-Ulladulla Bulldogs v Jamberoo Superoos | 11.30am |
| LLT2: | Milton-Ulladulla Bulldogs v Jamberoo Superoos | 10.30am |

CENTENARY FIELD

| | | |
|-------------|--|---------|
| 1st Grade: | Albion Park-Oak Flats Eagles v Kiama Knights | 3.00pm |
| 2nd Grade: | Albion Park-Oak Flats Eagles v Kiama Knights | 1.30pm |
| Under 18's: | Albion Park-Oak Flats Eagles v Kiama Knights | 12.00nn |
| LLT1: | Albion Park-Oak Flats Eagles v Kiama Knights | 11.00am |

FLINDERS FIELD

| | | |
|-------------|---|---------|
| 1st Grade: | Stingrays of Shellharbour v Warilla-Lake South Gorillas | 3.00pm |
| 2nd Grade: | Stingrays of Shellharbour v Warilla-Lake South Gorillas | 1.30pm |
| OWT 9'S: | Stingrays of Shellharbour v Shellharbour Sharks | 12.30pm |
| Under 18's: | Stingrays of Shellharbour v Shellharbour Sharks | 11.00am |
| LLT1: | Stingrays of Shellharbour v Warilla-Lake South Gorillas | 10.00am |
| LLT2: | Stingrays of Shellharbour v Warilla-Lake South Gorillas | 9.00am |

BYE

| | |
|-------|------------------|
| LLT1: | Gerringong Lions |
| LLT2: | Kiama Knights |

ROUND 10

FRIDAY 19TH JUNE

RON COSTELLO OVAL

Under 18's: Shellharbour Sharks v Kiama Knights 6.30pm

SATURDAY 20th JUNE

FINKERNAGLE OVAL

RCLLT: Sussex Inlet Panthers v Culburra Dolphins 2.00pm

NOWRA SHOWGROUND

Regan Cup: Crookhaven Magpies v Robertson-Burrawang Spuddies 3.00pm

RCLLT: Crookhaven Magpies v Robertson-Burrawang Spuddies 2.00pm

BERRY SHOWGROUND

1st Grade: Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs 3.00pm

2nd Grade: Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs 1.30pm

Under 18's: Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs 12.00nn

LLT1: Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs 11.00am

LLT2: Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs 10.00am

KEVIN WALSH OVAL

1st Grade: Jamberoo Superoos v Shellharbour Sharks 3.00pm

2nd Grade: Jamberoo Superoos v Shellharbour Sharks 1.30pm

Regan Cup: Jamberoo Superoos v Shellharbour Sharks 12.00nn

LLT1: Jamberoo Superoos v Shellharbour Sharks 11.00am

LLT2: Jamberoo Superoos v Shellharbour Sharks 10.00am

SUNDAY 21st JUNE

BILL ANDRISKE MOLLYMOOK OVAL

OWT 9'S: Milton-Ulladulla Bulldogs v Shellharbour Sharks 12.30pm

DES KING OVAL

Regan Cup: Mt Warrigal United Kooris v St Georges Basin Dragons 3.00pm

OWT 9's: Mt Warrigal United Kooris v Southern Highlands Storm 2.00pm

RCLLT: St Georges Basin Dragons v Southern Highlands Storm 1.00pm

FLINDERS FIELD

1st Grade: Stingrays of Shellharbour v Kiama Knights 3.00pm

2nd Grade: Stingrays of Shellharbour v Kiama Knights 1.30pm

Under 18's: Stingrays of Shellharbour v Gerringong Lions 12.00nn

LLT1: Stingrays of Shellharbour v Kiama Knights 11.00am

LLT2: Stingrays of Shellharbour v Kiama Knights 10.00am

CEC GLENHOLMES OVAL

1st Grade: Warilla-Lake South Gorillas v Gerringong Lions 3.00pm

2nd Grade: Warilla-Lake South Gorillas v Gerringong Lions 1.30pm

Regan Cup: Warilla-Lake South Gorillas v Southern Highlands Storm 12.00nn

LLT1: Warilla-Lake South Gorillas v Gerringong Lions 11.00am

LLT2: Warilla-Lake South Gorillas v Gerringong Lions 10.00am

BOMADERRY SPORTS COMPLEX

1st Grade: Nowra-Bomaderry Jets v Albion Park-Oak Flats Eagles 3.00pm

2nd Grade: Nowra-Bomaderry Jets v Albion Park-Oak Flats Eagles 1.30pm

Under 18's: Nowra-Bomaderry Jets v Albion Park-Oak Flats Eagles 12.00mm

OWT 9'S: Nowra-Bomaderry Jets v Stingrays of Shellharbour 11.00am

BYE

LLT1: Albion Park-Oak Flats Eagles

LLT2: Nowra-Bomaderry Jets

ROUND 11

FRIDAY 26th JUNE

RON COSTELLO OVAL

OWT 9'S: Shellharbour Sharks v Mt Warrigal United Kooris 6.30pm

SATURDAY 27th JUNE

COMMUNITY FIELD

Regan Cup: Southern Highlands Storm v Jamberoo Superoos 3.00pm

OWT 9'S: Southern Highlands Storm v Stingrays of Shellharbour 2.00pm

RCLLT: Southern Highlands Storm v Culburra Dolphins 1.00pm

ROBERTSON SHOWGROUND

Regan Cup: Robertson-Burrawang Spuddies v Mt Warrigal United Kooris 3.00pm

RCLLT: Robertson-Burrawang Spuddies v Sussex Inlet Panthers 2.00pm

BILL ANDRISKE MOLLYMOOK OVAL

1st Grade: Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets 3.00pm

2nd Grade: Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets 1.30pm

OWT 9'S: Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets 12.30pm

Under 18's: Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets 11.00am

LLT2: Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets 10.00am

MICHAEL CRONIN OVAL

1st Grade: Gerringong Lions v Berry-Shoalhaven Heads Magpies 3.00pm

2nd Grade: Gerringong Lions v Berry-Shoalhaven Heads Magpies 1.30pm

Under 18's: Gerringong Lions v Kiama Knights 12.00nn

LLT1: Gerringong Lions v Berry-Shoalhaven Heads Magpies 11.00am

LLT2: Gerringong Lions v Berry-Shoalhaven Heads Magpies 10.00am

SUNDAY 28th JUNE

NOWRA SHOWGROUND

Regan Cup: Crookhaven Magpies v St Georges Basin Dragons 3.00pm

RCLLT: Crookhaven Magpies v St Georges Basin Dragons 2.00pm

KIAMA SHOWGROUND

1st Grade: Kiama Knights v Jamberoo Superoos 3.00pm

2nd Grade: Kiama Knights v Jamberoo Superoos 1.30pm

LLT1: Kiama Knights v Jamberoo Superoos 12.30pm

LLT2: Kiama Knights v Jamberoo Superoos 11.30am

CENTENARY FIELD

1st Grade: Albion Park-Oak Flats Eagles v Stingrays of Shellharbour 3.00pm

2nd Grade: Albion Park-Oak Flats Eagles v Stingrays of Shellharbour 1.30pm

Under 18's: Albion Park-Oak Flats Eagles v Stingrays of Shellharbour 12.00nn

LLT1: Albion Park-Oak Flats Eagles v Stingrays of Shellharbour 11.00am

RON COSTELLO OVAL

1st Grade: Shellharbour Sharks v Warilla-Lake South Gorillas 3.30pm

2nd Grade: Shellharbour Sharks v Warilla-Lake South Gorillas 2.00pm

Regan Cup: Shellharbour Sharks v Warilla-Lake South Gorillas 12.30pm

Under 18's: Shellharbour Sharks v Berry-Shoalhaven Heads Magpies 11.00am

LLT1: Shellharbour Sharks v Warilla-Lake South Gorillas 10.00am

LLT2: Shellharbour Sharks v Warilla-Lake South Gorillas 9.00am

BYE

LLT1: Milton-Ulladulla Bulldogs

LLT2: Stingrays of Shellharbour

ROUND 12 - NAIDOC ROUND

SATURDAY 4th JULY

FRANCIS RYAN RESERVE

| | | |
|------------|--|--------|
| Regan Cup: | St Georges Basin Dragons v Shellharbour Sharks | 3.00pm |
| RCLLT: | St Georges Basin Dragons v Sussex Inlet Panthers | 2.00pm |

ROBERTSON SHOWGROUND

| | | |
|------------|---|--------|
| Regan Cup: | Robertson-Burrawang Spuddies v Southern Highlands Storm | 3.00pm |
| RCLLT: | Robertson-Burrawang Spuddies v Culburra Dolphins | 2.00pm |

DES KING OVAL

| | | |
|------------|---|--------|
| Regan Cup: | Mt Warrigal United Kooris v Warilla-Lake South Gorillas | 3.00pm |
| OWT 9'S: | Mt Warrigal United Milton-Ulladulla Bulldogs | 2.00pm |

BERRY SHOWGROUND

| | | |
|-------------|---|---------|
| 1st Grade: | Berry-Shoalhaven Heads Magpies v Jamberoo Superroos | 3.00pm |
| 2nd Grade: | Berry-Shoalhaven Heads Magpies v Jamberoo Superroos | 1.30pm |
| Under 18's: | Berry-Shoalhaven Heads Magpies v Kiama Knights | 12.00nn |
| LLT1: | Berry-Shoalhaven Heads Magpies v Jamberoo Superroos | 11.00am |
| LLT2: | Berry-Shoalhaven Heads Magpies v Jamberoo Superroos | 10.00am |

CENTENARY FIELD

| | | |
|-------------|--|---------|
| 1st Grade: | Albion Park-Oak Flats Eagles v Milton-Ulladulla Bulldogs | 3.00pm |
| 2nd Grade: | Albion Park-Oak Flats Eagles v Milton-Ulladulla Bulldogs | 1.30pm |
| Under 18's: | Albion Park-Oak Flats Eagles v Milton-Ulladulla Bulldogs | 12.00nn |
| LLT1: | Albion Park-Oak Flats Eagles v Milton-Ulladulla Bulldogs | 11.00am |

SUNDAY 5th JULY

NOWRA SHOWGROUND

| | | |
|------------|---|--------|
| Regan Cup: | Crookhaven Magpies v Jamberoo Superroos | 3.00pm |
| RCLLT: | Crookhaven Magpies v Southern Highlands Storm | 2.00pm |

FLINDERS FIELD

| | | |
|------------|---|---------|
| 1st Grade: | Stingrays of Shellharbour v Shellharbour Sharks | 3.00pm |
| 2nd Grade: | Stingrays of Shellharbour v Shellharbour Sharks | 1.30pm |
| OWT 9'S: | Stingrays of Shellharbour v Shellharbour Sharks | 12.30pm |
| LLT1: | Stingrays of Shellharbour v Shellharbour Sharks | 11.30am |
| LLT2: | Stingrays of Shellharbour v Shellharbour Sharks | 10.30am |

MICHAEL CRONIN OVAL

| | | |
|-------------|---------------------------------------|---------|
| 1st Grade: | Gerrigong Lions v Kiama Knights | 3.00pm |
| 2nd Grade: | Gerrigong Lions v Kiama Knights | 1.30pm |
| Under 18's: | Gerrigong Lions v Shellharbour Sharks | 12.00nn |
| LLT1: | Gerrigong Lions v Kiama Knights | 11.00am |
| LLT2: | Gerrigong Lions v Kiama Knights | 10.00am |

BOMADERRY SPORTS COMPLEX

| | | |
|-------------|--|---------|
| 1st Grade: | Nowra-Bomaderry Jets v Warilla-Lake South Gorillas | 3.00pm |
| 2nd Grade: | Nowra-Bomaderry Jets v Warilla-Lake South Gorillas | 1.30pm |
| OWT 9'S: | Nowra-Bomaderry Jets v Southern Highlands Storm | 12.30pm |
| Under 18's: | Nowra-Bomaderry Jets v Stingrays of Shellharbour | 11.00am |
| LLT2: | Nowra-Bomaderry Jets v Warilla-Lake South Gorillas | 10.00am |

BYE

| | |
|-------|-----------------------------|
| LLT1: | Warilla-Lake South Gorillas |
| LLT2: | Milton-Ulladulla Bulldogs |

SPARE WEEKEND - WASHOUT ROUND 11th & 12th July

ROUND 13

SATURDAY 18th JULY

RON COSTELLO OVAL

| | | |
|----------|--|--------|
| OWT 9'S: | Shellharbour Sharks v Nowra-Bomaderry Jets | 2.00pm |
|----------|--|--------|

CROOKHAVEN PARK

| | | |
|--------|--|--------|
| RCLLT: | Culburra Dolphins v Crookhaven Magpies | 2.00pm |
| RCLLT: | Sussex Inlet Panthers v Robertson-Burrawang Spuddies | 1.00pm |

KEVIN WALSH OVAL

| | | |
|-------------|--|---------|
| 1st Grade: | Jamberoo Superroos v Nowra-Bomaderry Jets | 3.00pm |
| 2nd Grade: | Jamberoo Superroos v Nowra-Bomaderry Jets | 1.30pm |
| Regan Cup: | Jamberoo Superroos v Mt Warrigal United Kooris | 12.00nn |
| Under 18's: | Nowra-Bomaderry Jets v Kiama Knights | 10.30am |
| LLT2: | Jamberoo Superroos v Nowra-Bomaderry Jets | 9.30am |

BERRY SHOWGROUND

| | | |
|-------------|---|---------|
| 1st Grade: | Berry-Shoalhaven Heads Magpies v Albion Park-Oak Flats Eagles | 3.00pm |
| 2nd Grade: | Berry-Shoalhaven Heads Magpies v Albion Park-Oak Flats Eagles | 1.30pm |
| Under 18's: | Berry-Shoalhaven Heads Magpies v Albion Park-Oak Flats Eagles | 12.00nn |
| LLT1: | Berry-Shoalhaven Heads Magpies v Albion Park-Oak Flats Eagles | 11.00am |

SUNDAY 19th JULY

LOSEBY PARK

| | | |
|------------|--|--------|
| Regan Cup: | Southern Highlands Storm v St Georges Basin Dragons | 3.00pm |
| OWT 9's: | Southern Highlands Storm v Milton-Ulladulla Bulldogs | 2.00pm |
| RCLLT:: | Southern Highlands Storm v St Georges Basin Dragons | 1.00pm |

FLINDERS FIELD

| | | |
|-------------|---|---------|
| 1st Grade: | Stingrays of Shellharbour v Milton-Ulladulla Bulldogs | 3.00pm |
| 2nd Grade: | Stingrays of Shellharbour v Milton-Ulladulla Bulldogs | 1.30pm |
| OWT 9'S: | Stingrays of Shellharbour v Mt Warrigal United Kooris | 12.30pm |
| Under 18's: | Stingrays of Shellharbour v Milton-Ulladulla Bulldogs | 11.00am |
| LLT1: | Stingrays of Shellharbour v Milton-Ulladulla Bulldogs | 10.00am |
| LLT2: | Stingrays of Shellharbour v Milton-Ulladulla Bulldogs | 9.00am |

CEC GLENHOLMES OVAL

| | | |
|------------|--|---------|
| 1st Grade: | Warilla-Lake South Gorillas v Kiama Knights | 3.00pm |
| 2nd Grade: | Warilla-Lake South Gorillas v Kiama Knights | 1.30pm |
| Regan Cup: | Warilla-Lake South Gorillas v Crookhaven Magpies | 12.00nn |
| LLT1: | Warilla-Lake South Gorillas v Kiama Knights | 11.00am |
| LLT2: | Warilla-Lake South Gorillas v Kiama Knights | 10.00am |

RON COSTELLO OVAL

| | | |
|-------------|--|---------|
| 1st Grade: | Shellharbour Sharks v Gerrigong Lions | 3.30pm |
| 2nd Grade: | Shellharbour Sharks v Gerrigong Lions | 2.00pm |
| Regan Cup: | Shellharbour Sharks v Robertson-Burrawang Spuddies | 12.30pm |
| Under 18's: | Shellharbour Sharks v Gerrigong Lions | 11.00nn |
| LLT1: | Shellharbour Sharks v Gerrigong Lions | 10.00am |
| LLT2: | Shellharbour Sharks v Gerrigong Lions | 9.00am |

BYE

| | |
|-------|--------------------------------|
| LLT1: | Jamberoo Superroos |
| LLT2: | Berry-Shoalhaven Heads Magpies |

ROUND 14

SATURDAY 25th JULY

COMMUNITY FIELD

OWT 9'S: Southern Highlands Storm v Milton-Ulladulla Bulldogs 11.00am

NOWRA SHOWGROUND

Regan Cup: Crookhaven Magpies v Shellharbour Sharks 3.00pm

RCLLT: Crookhaven Magpies v Sussex Inlet Panthers 2.00pm

DES KING OVAL

Regan Cup: Mt Warrigal United Kooris v Southern Highlands Storm 2.00pm

OWT 9'S: Mt Warrigal United Kooris v Stingrays of Shellharbour 1.00pm

CROOKHAVEN PARK

RCLLT: Culburra Dolphins v St Georges Basin Dragons 1.00pm

CENTENARY FIELD

1st Grade: Albion Park-Oak Flats Eagles v Jamberoo Superoos 3.00pm

2nd Grade: Albion Park-Oak Flats Eagles v Jamberoo Superoos 1.30pm

LLT1: Albion Park-Oak Flats Eagles v Jamberoo Superoos 12.30pm

Under 18's: Albion Park-Oak Flats Eagles v Berry-Shoalhaven Heads Magpies 11.00am

MICHAEL CRONIN OVAL

1st Grade: Gerringong Lions v Stingrays of Shellharbour 3.00pm

2nd Grade: Gerringong Lions v Stingrays of Shellharbour 1.30pm

Under 18's: Gerringong Lions v Stingrays of Shellharbour 12.00nn

LLT1: Gerringong Lions v Stingrays of Shellharbour 11.00am

LLT2: Gerringong Lions v Stingrays of Shellharbour 10.00am

SUNDAY 26th JULY

ROBERTSON SHOWGROUND

Regan Cup: Robertson-Burrawang Spuddies v Jamberoo Superoos 3.00pm

RCLLT: Robertson-Burrawang Spuddies v Southern Highlands Storm 2.00pm

BOMADERRY SPORTS COMPLEX

1st Grade: Nowra-Bomaderry Jets v Shellharbour Sharks 3.00pm

2nd Grade: Nowra-Bomaderry Jets v Shellharbour Sharks 1.30pm

OWT 9'S: Nowra-Bomaderry Jets v Shellharbour Sharks 12.30pm

Under 18's: Nowra-Bomaderry Jets v Shellharbour Sharks 11.00am

LLT2: Nowra-Bomaderry Jets v Shellharbour Sharks 10.00am

CEC GLENHOLMES OVAL

1st Grade: Warilla-Lake South Gorillas v Berry-Shoalhaven Heads Magpies 3.00pm

2nd Grade: Warilla-Lake South Gorillas v Berry-Shoalhaven Heads Magpies 1.30pm

Regan Cup: Warilla-Lake South Gorillas v St Georges Basin Dragons 12.00nn

LLT1: Warilla-Lake South Gorillas v Berry-Shoalhaven Heads Magpies 11.00am

LLT2: Warilla-Lake South Gorillas v Berry-Shoalhaven Heads Magpies 10.00am

KIAMA SHOWGROUND

1st Grade: Kiama Knights v Milton-Ulladulla Bulldogs 3.00pm

2nd Grade: Kiama Knights v Milton-Ulladulla Bulldogs 1.30pm

Under 18's: Kiama Knights v Milton-Ulladulla Bulldogs 12.00nn

LLT1: Kiama Knights v Milton-Ulladulla Bulldogs 11.00am

LLT2: Kiama Knights v Milton-Ulladulla Bulldogs 10.00am

BYE

LLT1: Shellharbour Sharks

LLT2: Jamberoo Superoos

ROUND 15

FRIDAY 31st JULY

RON COSTELLO OVAL

Regan Cup: Shellharbour Sharks v Jamberoo Superoos 6.30pm

SATURDAY 1st AUGUST

FINKERNAGLE OVAL

RCLLT: Sussex Inlet Panthers v St Georges Basin Dragons 1.00pm

ROBERTSON SHOWGROUND

Regan Cup: Robertson-Burrawang Spuddies v Crookhaven Magpies 3.00pm

RCLLT: Robertson-Burrawang Spuddies v Culburra Dolphins 2.00pm

COMMUNITY FIELD

Regan Cup: Southern Highlands Storm v Warilla-Lake South Gorillas 3.00pm

RCLLT: Southern Highlands Storm v Crookhaven Magpies 2.00pm

NOWRA SHOWGROUND

1st Grade: Nowra-Bomaderry Jets v Berry-Shoalhaven Heads Magpies 3.00pm

2nd Grade: Nowra-Bomaderry Jets v Berry-Shoalhaven Heads Magpies 1.30pm

OWT 9'S: Nowra-Bomaderry Jets v Mt Warrigal United Kooris 12.30pm

Under 18's: Nowra-Bomaderry Jets v Berry-Shoalhaven Heads Magpies 11.00am

LLT2: Nowra-Bomaderry Jets v Berry-Shoalhaven Heads Magpies 10.00am

CENTENARY FIELD

1st Grade: Albion Park-Oak Flats Eagles v Gerringong Lions 3.00pm

2nd Grade: Albion Park-Oak Flats Eagles v Gerringong Lions 1.30pm

Under 18's: Albion Park-Oak Flats Eagles v Gerringong Lions 12.00nn

LLT1: Albion Park-Oak Flats Eagles v Gerringong Lions 11.00am

SUNDAY 2nd AUGUST

FRANCIS RYAN RESERVE

Regan Cup: St Georges Basin Dragons v Mt Warrigal United Kooris 3.00pm

FLINDERS FIELD

1st Grade: Stingrays of Shellharbour v Jamberoo Superoos 3.00pm

2nd Grade: Stingrays of Shellharbour v Jamberoo Superoos 1.30pm

OWT 9'S: Stingrays of Shellharbour v Milton-Ulladulla Bulldogs 12.30pm

Under 18's: Stingrays of Shellharbour v Milton-Ulladulla Bulldogs 11.00am

LLT1: Stingrays of Shellharbour v Jamberoo Superoos 10.00am

LLT2: Stingrays of Shellharbour v Jamberoo Superoos 9.00am

CEC GLENHOLMES OVAL

1st Grade: Warilla-Lake South Gorillas v Milton-Ulladulla Bulldogs 3.00pm

2nd Grade: Warilla-Lake South Gorillas v Milton-Ulladulla Bulldogs 1.30pm

LLT1: Warilla-Lake South Gorillas v Milton-Ulladulla Bulldogs 12.30pm

LLT2: Warilla-Lake South Gorillas v Milton-Ulladulla Bulldogs 11.30am

RON COSTELLO OVAL

1st Grade: Shellharbour Sharks v Kiama Knights 3.00pm

2nd Grade: Shellharbour Sharks v Kiama Knights 1.30pm

OWT 9'S: Shellharbour Sharks v Southern Highlands Storm 12.30pm

Under 18's: Shellharbour Sharks v Kiama Knights 11.00am

LLT1: Shellharbour Sharks v Kiama Knights 10.00am

LLT2: Shellharbour Sharks v Kiama Knights 9.00am

BYE

LLT1: Berry-Shoalhaven Heads Magpies

LLT2: Gerringong Lions

SPARE WEEKEND - WASHOUT ROUND 8th & 9th AUGUST

ROUND 16

SATURDAY 15th AUGUST

FINKERNAGLE OVAL

RCLLT: Sussex Inlet Panthers v Culburra Dolphins 2.00pm

FRANCIS RYAN RESERVE

Regan Cup: St Georges Basin Dragons v Crookhaven Magpies 3.00pm

RCLLT: St Georges Basin Dragons v Crookhaven Magpies 2.00pm

KEVIN WALSH OVAL

1st Grade: Jamberoo Superoos v Warilla-Lake South Gorillas 3.00pm

2nd Grade: Jamberoo Superoos v Warilla-Lake South Gorillas 1.30pm

Regan Cup: Jamberoo Superoos v Warilla-Lake South Gorillas 12.00nn

LLT1: Jamberoo Superoos v Warilla-Lake South Gorillas 11.00am

LLT2: Jamberoo Superoos v Warilla-Lake South Gorillas 10.00am

BERRY SHOWGROUND

1st Grade: Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour 3.00pm

2nd Grade: Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour 1.30pm

Under 18's: Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour 12.00nn

LLT1: Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour 11.00am

LLT2: Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour 10.00am

SUNDAY 16th AUGUST

LOSEBY PARK

Regan Cup: Southern Highlands Storm v Robertson-Burrawang Spuddies 3.00pm

OWT 9'S: Southern Highlands Storm v Stingrays of Shellharbour 2.00pm

RCLLT: Southern Highlands Storm v Robertson-Burrawang Spuddies 1.00pm

KIAMA SHOWGROUND

1st Grade: Kiama Knights v Nowra-Bomaderry Jets 3.00pm

2nd Grade: Kiama Knights v Nowra-Bomaderry Jets 1.30pm

Under 18's: Kiama Knights v Nowra-Bomaderry Jets 12.00nn

LLT2: Kiama Knights v Nowra-Bomaderry Jets 11.00am

RON COSTELLO OVAL

1st Grade: Shellharbour Sharks v Albion Park-Oak Flats Eagles 3.30pm

2nd Grade: Shellharbour Sharks v Albion Park-Oak Flats Eagles 2.00pm

OWT 9'S: Shellharbour Sharks v Mt Warrigal United Kooris 1.00pm

Regan Cup: Shellharbour Sharks v Mt Warrigal United Kooris 11.30am

Under 18's: Shellharbour Sharks v Albion Park-Oak Flats Eagles 10.00am

LLT1: Shellharbour Sharks v Albion Park-Oak Flats Eagles 9.00am

BILL ANDRISKE MOLLYMOOK OVAL

1st Grade: Milton-Ulladulla Bulldogs v Gerringong Lions 3.00pm

2nd Grade: Milton-Ulladulla Bulldogs v Gerringong Lions 1.30pm

OWT 9'S: Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets 12.30pm

Under 18's: Milton-Ulladulla Bulldogs v Gerringong Lions 11.00am

LLT1: Milton-Ulladulla Bulldogs v Gerringong Lions 10.00am

LLT2: Milton-Ulladulla Bulldogs v Gerringong Lions 9.00am

BYE

LLT1: Kiama Knights

LLT2: Shellharbour Sharks

ROUND 17

SATURDAY 22nd AUGUST

FRANCIS RYAN RESERVE

Regan Cup: St Georges Basin Dragons v Robertson-Burrawang Spuddies 3.00pm

RCLLT: St Georges Basin Dragons v Robertson-Burrawang Spuddies 2.00pm

COMMUNITY FIELD

Regan Cup: Southern Highlands Storm v Shellharbour Sharks 3.00pm

OWT 9'S: Southern Highlands Storm v Mt Warrigal United Kooris 2.00pm

RCLLT: Southern Highlands Storm v Culburra Dolphins 1.00pm

MICHAEL CRONIN OVAL

1st Grade: Gerringong Lions v Jamberoo Superoos 3.00pm

2nd Grade: Gerringong Lions v Jamberoo Superoos 1.30pm

LLT1: Gerringong Lions v Jamberoo Superoos 12.30pm

LLT2: Gerringong Lions v Jamberoo Superoos 11.30am

FLINDERS FIELD

1st Grade: Stingrays of Shellharbour v Nowra-Bomaderry Jets 3.00pm

2nd Grade: Stingrays of Shellharbour v Nowra-Bomaderry Jets 1.30pm

OWT 9'S: Stingrays of Shellharbour v Nowra-Bomaderry Jets 12.30pm

Under 18's: Stingrays of Shellharbour v Kiama Knights 11.00am

LLT2: Stingrays of Shellharbour v Nowra-Bomaderry Jets 10.00am

BERRY SHOWGROUND

1st Grade: Berry-Shoalhaven Heads Magpies v Kiama Knights 3.00pm

2nd Grade: Berry-Shoalhaven Heads Magpies v Kiama Knights 1.30pm

Under 18's: Berry-Shoalhaven Heads Magpies v Gerringong Lions 12.00nn

LLT1: Berry-Shoalhaven Heads Magpies v Kiama Knights 11.00am

LLT2: Berry-Shoalhaven Heads Magpies v Kiama Knights 10.00am

SUNDAY 23rd AUGUST

DES KING OVAL

Regan Cup: Mt Warrigal United Kooris v Warilla-Lake South Gorillas 3.00pm

OWT 9'S: Mt Warrigal United Kooris v Nowra-Bomaderry Jets 2.00pm

NOWRA SHOWGROUND

Regan Cup: Crookhaven Magpies v Jamberoo Superoos 3.00pm

RCLLT: Crookhaven Magpies v Sussex Inlet Panthers 2.00pm

CENTENARY FIELD

1st Grade: Albion Park-Oak Flats Eagles v Warilla-Lake South Gorilla 3.00pm

2nd Grade: Albion Park-Oak Flats Eagles v Warilla-Lake South Gorillas 1.30pm

Under 18's: Albion Park-Oak Flats Eagles v Nowra-Bomaderry Jets 12.00nn

LLT1: Albion Park-Oak Flats Eagles v Warilla-Lake South Gorillas 11.00am

BILL ANDRISKE MOLLYMOOK OVAL

1st Grade: Milton-Ulladulla Bulldogs v Shellharbour Sharks 3.00pm

2nd Grade: Milton-Ulladulla Bulldogs v Shellharbour Sharks 1.30pm

OWT 9'S: Milton-Ulladulla Bulldogs v Shellharbour Sharks 12.30pm

Under 18's: Milton-Ulladulla Bulldogs v Shellharbour Sharks 11.00am

LLT1: Milton-Ulladulla Bulldogs v Shellharbour Sharks 10.00am

LLT2: Milton-Ulladulla Bulldogs v Shellharbour Sharks 9.00am

BYE

LLT1: Stingrays of Shellharbour

LLT2: Warilla-Lake South Gorillas

ROUND 18 - MENTAL HEALTH AWARENESS ROUND

SATURDAY 29th AUGUST

FINKERNAGLE OVAL

| | | |
|--------|---|--------|
| RCLLT: | Sussex Inlet Panthers v Southern Highlands Storm | 3.00pm |
| RCLLT: | Crookhaven Magpies v Robertson-Burrawang Spuddies | 2.00pm |
| RCLLT: | Culburra Dolphins v St Georges Basin Dragons | 1.00pm |

KEVIN WALSH OVAL

| | | |
|------------|---|---------|
| 1st Grade: | Jamberoo Superoos v Milton-Ulladulla Bulldogs | 3.00pm |
| 2nd Grade: | Jamberoo Superoos v Milton-Ulladulla Bulldogs | 1.30pm |
| Regan Cup: | Jamberoo Superoos v Southern Highlands Storm | 12.00nn |
| LLT1: | Jamberoo Superoos v Milton-Ulladulla Bulldogs | 11.00am |
| LLT2: | Jamberoo Superoos v Milton-Ulladulla Bulldogs | 10.00am |

RON COSTELLO OVAL

| | | |
|-------------|--|---------|
| 1st Grade: | Shellharbour Sharks v Berry-Shoalhaven Heads Magpies | 4.30pm |
| 2nd Grade: | Shellharbour Sharks v Berry-Shoalhaven Heads Magpies | 3.00pm |
| OWT 9'S: | Shellharbour Sharks v Stingrays of Shellharbour | 2.00pm |
| Regan Cup: | Shellharbour Sharks v St Georges Basin Dragons | 12.30pm |
| Under 18's: | Shellharbour Sharks v Stingrays of Shellharbour | 11.00am |
| LLT1: | Shellharbour Sharks v Berry-Shoalhaven Heads Magpies | 10.00am |
| LLT2: | Shellharbour Sharks v Berry-Shoalhaven Heads Magpies | 9.00am |

CEC GLENHOLMES OVAL

| | | |
|------------|--|---------|
| 1st Grade: | Warilla-Lake South Gorillas v Stingrays of Shellharbour | 3.00pm |
| 2nd Grade: | Warilla-Lake South Gorillas v Stingrays of Shellharbour | 1.30pm |
| Regan Cup: | Warilla-Lake South Gorillas v Robertson-Burrawang Spuddies | 12.00nn |
| LLT1: | Warilla-Lake South Gorillas v Stingrays of Shellharbour | 11.00am |
| LLT2: | Warilla-Lake South Gorillas v Stingrays of Shellharbour | 10.00am |

SUNDAY 30th AUGUST

BILL ANDRISKE MOLLYMOOK OVAL

| | | |
|-------------|--|--------|
| Under 18's: | Milton-Ulladulla Bulldogs v Berry-Shoalhaven Heads Magpies | 2.00pm |
|-------------|--|--------|

DES KING OVAL

| | | |
|------------|---|--------|
| Regan Cup: | Mt Warrigal United Kooris v Crookhaven Magpies | 3.00pm |
| OWT 9'S: | Mt Warrigal United Kooris v Milton-Ulladulla Bulldogs | 2.00pm |

KIAMA SHOWGROUND

| | | |
|-------------|--|---------|
| 1st Grade: | Kiama Knights v Albion Park-Oak Flats Eagles | 3.00pm |
| 2nd Grade: | Kiama Knights v Albion Park-Oak Flats Eagles | 1.30pm |
| Under 18's: | Kiama Knights v Albion Park-Oak Flats Eagles | 12.00nn |
| LLT1: | Kiama Knights v Albion Park-Oak Flats Eagles | 11.00am |

BOMADERRY SPORTS COMPLEX

| | | |
|-------------|---|---------|
| 1st Grade: | Nowra-Bomaderry Jets v Gerringong Lions | 3.00pm |
| 2nd Grade: | Nowra-Bomaderry Jets v Gerringong Lions | 1.30pm |
| OWT 9'S: | Nowra-Bomaderry Jets v Southern Highlands Storm | 12.30pm |
| Under 18's: | Nowra-Bomaderry Jets v Gerringong Lions | 11.00am |
| LLT2: | Nowra-Bomaderry Jets v Gerringong Lions | 10.00am |

BYE

| | |
|-------|------------------|
| LLT1: | Gerringong Lions |
| LLT2: | Kiama Knight |

FINAL SERIES 2026

**1ST GRADE
2ND GRADE
UNDER 18'S
& OWT 9'S**

**REGAN CUP
LADIES LEAGUE TAG 1
LADIES LEAGUE TAG 2
& RCLLT**

QUALIFYING FINALS
5th & 6th September

SEMI FINALS
5th & 6th September

SEMI FINALS
12th & 13th September

PRELIMINARY FINALS
12th & 13th September

PRELIMINARY FINALS
19th September

GRAND FINALS
20th September

GRAND FINALS
26th September

MAGIC ROUND GROUP 7

**1 DAY
1 VENUE
5 GAMES
10 TEAMS**

Saturday April 11th

@ KIAMA SHOWGROUND

**BAR
CANTEEN
FOODTRUCKS
COFFEE VAN**

**DJ
KIDS ZONE
UNLIMITED ACTION**

FIXTURES

| | | |
|--|-----------|--|
| | VS | |
| | 11.30AM | |
| | VS | |
| | 1.10PM | |
| | VS | |
| | 2.50PM | |
| | VS | |
| | 4.30PM | |
| | VS | |
| | 6.10PM | |

CLIMAX **Better Beer.** **React** **REMONDIS** **NSW**

Michael Cronin Medal Night



Michael Cronin Medallist:
Braxton Wallace - Shellharbour Sharks



Roy Stewart Rookie Of The Year:
Kye Andrews - Kiama Knights



Under 18's Player Of The Year:
Baxter McDonald - Stingrays of Shellharbour



Regan Cup Player Of The Year:
Dylan Balaam -



Ladies League Tag DIV 1 Player Of The Year
Ebony Moore - Milton Ulladulla Bulldogs



First Grade Player of the Match
Tom Angel - Kiama

Player of the Match



Under 18's Player of the Match
Jarrah Thomas - Berry Shoalhaven Heads Magpies



Regan Cup Player of the Match
Sean Deaves - St Georges Basin Dragons



Reserve Grade Player of the Match
Jayden Harris - Stingrays of Shellharbour



RCLLT Player of the Match
Krissy Falzon - Crookhaven Magpies

Player of the Match



Ladies League Tag DIV 1 Player of the Match
Ebony Moore - Milton Ulladulla Bulldogs



Ladies League Tag DIV 2 Player of the Match
Charlie Campbell - Milton Ulladulla Bulldogs

GROUP 7 HISTORY

AND THE PEOPLE WHO HELPED MAKE US THE FORCE WE ARE TODAY

Rugby League was formed on the South Coast on 30th April, 1913 when a meeting was held at the Prince of Wales Hotel, Nowra with representative of Nowra Warriors, Nowra Wallabies, Kangaroo Valley and Captains Point Death Adders were in attendance. The competition was known as the Shoalhaven League with Harold Maroney President, Cecil Rauch Secretary and T. Wilkinson Treasurer. On May 21st May 1913 the first competition games were played with Nowra Warriors defeating Kangaroo Valley 10-0 and Nowra Wallabies defeating Captains Point Death Adders 9-5 at Nowra Showground. Naval College was another competing team. Warriors completed the season undefeated and was declare Premiers.

At the same time attempts were made to form a Northern League competition at Kiama but the New South Wales refused to affiliate them. Several of the northern clubs attempted to join Shoalhaven league and on may 30th 1914 a meeting was held at the Brighton Hotel Kiama formed the South Coast Rugby League. This name was retained until 1955 when it became South Coast Group Seven Rugby League. Clubs in the 1914 competition were Kiama, Bombo, Jamberoo, Gerringong, Berry, Nowra Warriors and Kangaroo Valley. In the final Gerringong defeated Nowra warriors 11-10.

With the exception of breaks due to World wars one and two, rugby league has continued to be the leading spectator sport during winter along the coastal area.

Of the original eight teams that competed in the inaugural competition in 1914, only two original clubs they are Gerringong, Jamberoo with 3 of the original have united with other clubs namely Kiama-Bombo, Nowra Warriors - (Nowra Bomaderry), Berry (Berry -Shoalhaven Heads).

South Coast Group 7 Rugby League (or Group 7 Rugby League for simplicity) is the divisional boundary drawn from the Southern Area. South Coast region (from the town of Warilla south to Ulladulla) of New South Wales, Australia and was governed by the NSWRL-CRL up until 2019

The main semi-professional competition, (named South Coast Group 7 First Grade comprises ten (10) teams from across the region.

Group 7 Rugby League also administers Reserve Grade, Regan Cup and Under-18's competitions, Ladies League Tag 1 and 11 as well as looking over many junior competitions.

SOUTH COAST GROUP SEVEN PAST/PRESENT EXECUTIVE OFFICERS

PRESIDENTS. Harold Maroney 1914, George Gillam 1915-25, Cecil Rauch 1926-30, John Kelly 1931, Laurie Bissaker 1932, Artie Smith 1933-34 and 1947, Nevill Tully 1935, Alex Macdonald 1936 - 40 and 1948, Tim Jones 1941-46, Jack Ward 1949-61, Kevin Walsh 1962-75, Jack O'Connell 1976-77, Stuart Priddle 1978-84, Trevor Farmer 1984-2001, Bill James 2002-05, Roy Mills 2006-2019, Scott McLaurin 2020- 2025.

SECRETARIES. Cecil Rauch 1914, J.E.Hannon 1915-20, Bob Campbell 1920-25, E.(Beefer) Mison 1926-30, Frank Wymer 1931-45, Lew Stubbs 1946, Athol Noble 1947-56, Artie Smith 1957-61, Oswald Henry 1962-63, John O'Dwyer 1964-2003, David Hall 2004-2007, Jim McAuliffe 2007-2016, Peter Mehl 2016-2019, Debbie Rowley 2020-2021- Ashton Sims 2021-2025

TREASURERS. Roy Hyam 1914-15, Cecil Rauch 1916-19, Clinty Cullen 1920, Frank (Dad) West 1921-46, Jim Leary 1947-63, Alan Fisher 1964-82, John O'Dwyer 1983-2003, David Hall 2004-2007, Syd Weller 2007-2018, Carol Weller 2019-2024. Scott Murphy 2025



Immersive Aboriginal tours, workshops and performances based on the NSW South Coast

Gumaraa is an Aboriginal cultural experience and education company that delivers authentic Indigenous programs and experiences for all, based on the traditions of the Dharawal and Yuin Nation.

Our programs and tours serve to immerse and educate the wider community on Indigenous culture, traditions, and history. All Gumaraa school programs are compatible with the education departments guidelines, and curriculum.

Feel the land and its stories and experience the oldest surviving culture in the world with our programs and tours packed with deep knowledge and understanding about the traditional custodians of this land.

Immerse yourself in our programs, from On Country tours to educational sessions.

Learn traditional skills in our workshops, including weaving, dancing, and artmaking, guided by our dedicated staff.

Book us for your next event with services like Welcome to Country, smoking ceremonies, and dance performances, celebrating Indigenous culture.

Explore our unique clothing line, inspired by traditional stories and symbols. Each piece lets you carry a piece of our culture with you.



"Connecting our past, to create our future"

For more information and booking, visit www.gumaraa.com.au or email info@gumaraa.com.au

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SOUTHERN DIVISION

When South Coast received Group status in 1955 and became Group Seven Southern Division consisting of Illawarra, Group Six and Group Seven was formed and played in CRL Championships and against touring international teams. In 1967 the Division was re constituted after Illawarra received Divisional status and comprised Groups Six, Seven and Twelve (Central Coast). Then in 1982 Group Twelve became Central Coast Division and Group Sixteen joined the Division with Six and Seven. From 1991 the Division comprised Groups Six and Seven. Divisions were abandoned by CRL in 2007 when Regions were introduced.

LIFE MEMBERS AND YEAR APPOINTED • Vern Roach* 1965, • Kevin Walsh* 1966 • Hilton Middleton* 1974 • John O'Dwyer 1983 • George Sloggett* 1977 • Merv Travers* 1980 • John Armstrong 1985 • Dennis Regan 1985 • Trevor Farmer 1992* • Theo Marsh 2001 • Bill James* 2005 • Michael Tierney 2006

PAST EXECUTIVE OFFICERS Executive when Illawarra gained divisional status in 1966 were President Jack Oliver, Secretary Frank Smith, Treasurer Jock Trad.

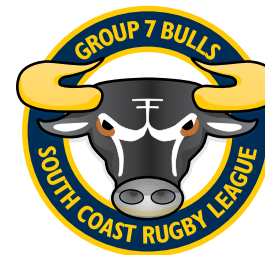
Delegates at the formation annual meeting at Lacks Hotel Campelltown 16.2.1967. Group Seven. K.Walsh, J.O'Connell, J.O'Dwyer. Group Six. H.Middleton, G.Sloggett, M.Travers. Group Twelve. C.Robson, T.Hardman, B.Matthews.

PRESIDENTS. Kevin Walsh 1967-74, Hilton Middleton 1975-1990 and 1994, Kerry Horan 1990-93, Theo Marsh 1995, 2000-2004, Trevor Farmer 1996-99, Bill James 2005, Rob Flaxman 2006, Terry Broadhead 2007.

VICE PRESIDENTS. Hilton Middleton 1967-74, 90-93, Bob Allen 1975-81, Jim Bartlett 1982-90, Trevor Farmer 1994-95, 2000-01, Theo Marsh 1996-99, Bill James 2002-04, Rob Flazman 2005, Roy Mills 2006-07.

SECRETARY. John O'Dwyer 1967-2003, David Hall 2004-2006, John Dayball 2007.

TREASURERS. Merv Travers 1967-78, Henry Holstein 1979-80, John O'Dwyer 1981-2003,



SOUTH COAST GROUP 7 RUGBY LEAGUE

LIFE MEMBERS

SENIOR LEAGUE

Cecil Rauch* 1931
Fred (Dad) West* 1946
Frank Wymer* 1946
Tim Jones* 1947
Artie Smith* 1950
Athol Noble* AM. BEM. 1957
Jim Leary* 1958
Gus Miller* 1960
Jack Ward* 1962
Kevin Walsh* 1966
Jack Regan* 1972
Jack O'Connell* 1972
Alan Fisher* 1980
John O'Dwyer OAM 1983
Stuart Priddle* 1985
Harold Alcock* 1990
Les Harris* 1990
Trevor Farmer* 1992
Bill James OAM* 1995
Ray Strong* 1998
Michael Cronin OAM 2009
Syd Weller OAM* 2011
Roy Mills 2016
John Costello* 2018
John Anderson* 2019
Warren Kelly 2024
Trevor Dallas 2025

JUNIOR LEAGUE

Leo Doyle* 1959
Jim Phillips* 1960
Kevin Walsh* 1962
Artie Smith* 1963
Jim Leary* 1963
Jack Aldous* 1970
John O'Dwyer OAM 1973
Stan Barrington* 1976
Brian Filmer* 1981
Noel Burns* 1989
Kevin Jolliffe* 1990
Robert Miller 2000
Ian Killmore 2000
Debra Crouch 2000
Les Harris* 2001
Michael Tierney 2003
Neil Redfern 2004
Kevin Whitford 2005
Wayne (PeeWee) Bennett 2007
John Anderson* 2012
Trevor Dallas 2012
Joanne Bell 2019
William Drury 2019
Dave Wheatley 2020

SENIOR CLUB LIFE MEMBERS

LIFE MEMBERS - ALBION PARK-OAK FLATS EAGLES

Bob Stanford, Daryl Dare, Rhonda Downes, Roger Kelly, Michael Martin, Tony Murphy, Eddie Weston, Hayden Ramsay, Lyn Stanford, Daniela Puckeridge, Ralph Clarke, Mark Noakes, David Goodman, Carol Goodman, Paul Waite, Gary King, John Ramsey
 Jerry Brennan*, Harold Cuthbert*, Matt Carroll*, James Dennis*, Trevor Farmer*, Ebb King*, Cec Stephens*, Jack Stephens*, Merv Downes*, Max Keech*, Pat Marley*, Sam Downes*

LIFE MEMBERS - ALBION PARK OUTLAWS

Fred Bassett, Vicki Byron

LIFE MEMBERS - BERRY SHOALHAVEN HEADS MAGPIES

James Auld, Narelle Barry, Robert Bowley, Bruce Brandon, Robert Cruickshanks, Janet Priddle, Ray Strong, Wayne Strong, Lyndon Walker, Terri Walsh, John Wiggins
 Edna Blissett*, Jim Blissett*, John Brown*, Myra Brandon*, Rex Bramley*, Jim Harris*, Tom Lidbetter*, Betty Miles*, Ray Rutledge*, Helen Ryan*, Vera Walsh*, Bede Walsh*, Don Wiggins*

LIFE MEMBERS - CULBURRA DOLPHINS

Greg Ward 1995, Mark Johnson 1995, John Seymour (Macca) 1995, Andrew Lennon (Jabba) 2008, Chris Quinlan (Bat) 2008, Andrew Heffernan (Heffo) 2010, Wayne Bourke (Bourkey) 2014, Peter Feast (Feasty) 2018

LIFE MEMBERS - GERRINGONG LIONS

Peter Quinn 1966, John Cronin 1982, Michael Cronin 1988, Gary Rogers 1991, Cliff Roberts 1999, Scott Stewart 2003, Bob Stewart 2006, Rod Roberts 2006, Peter Ford 2006, Ron Quinn 2006, Rod Wishart 2006, Jeffrey Blackwood 2010, John Ford 2011, Trevor McCarroll 2012, Allan Miller 2015, Wayne (Pee Wee) Bennett 2015, Darl Hobbs 2019, Ron Brett 2019, Craig Davis 2021, Matthew Murray 2021, Geoff Ford 2021, Rob Collyer 2022, Tracey Ford 2022
 Matt Rainsford* 1965, Phil McCarroll* 1984, Grace Alcock* 1986, Gerald O'Sullivan* 1969, Keith Johnson* 1973, Robert Hedley Miller* 1989, Harry Bruton* 1995, Jack Cronin* 1975, Harold Alcock* 1980, JB (Bede) Devery* 2000, Pat Kane* 2015, John Brittan Taylor* 2017, Vincent Fields* 2017,

LIFE MEMBERS - JAMBEROO SUPEROOS

Andrew Adams, Barbara Adams, Leanne Adams, Max Brennan, Jeff Champlin, Brendan Dallas, Connie Dallas, Jono Dallas, Trevor Dallas, David Hall, Sid Reeves, Doug Smith, Noel Walsh, Greg Walsh, Geoff Ward, Alan Ward, John Waugh, John Good,
 Colin Gardner*, Keith Harris*, Ray Harris*, Tim Jones*, Doug King*, Charlie McGlinchey*, Peter McGlinchey*, Bruce Noble*, Kell Noble*, Kevin Walsh*, Jack Ward*

LIFE MEMBERS - KIAMA KNIGHTS

Dean Travis, Mick Commins, Alan Piper, Ron Smith, Jason Deen, Janeen Coleman, Phil Coleman, Robert Muller, Carolyn Lee, Steven Cupitt, Denise Smith, Greg Norris, Michael Deen
 Bob Campbell*, Ray Stead*, Pearl Stead*, Jack O'Connell*, Herb Ditton*, Josie Hill*, Bob McDonald*, Michael Ashmore*, Norma Stead*

LIFE MEMBERS - MILTON-ULLADULLA BULLDOGS

John Johnston, Bill Whitby, John Turnbull, Rhonda Evans, Phil Barry, Kerry Horan, Alan McLaren, Peter Thompson, Paul Love, Ron Dixon, Alf King, Tony Hardman, Adam Costa, Peter Leffley, Mark Stewart, Sandra Bishop, Glen Laws, Jason Millard, David Hatch, Steine Lofts
 Bill Andriske*, Merv Bolin*, Stanley Carsens*, Joan Dixon*, Doug Love*, Roy Montgomery*, Eric Payten*, Sid Turnbull*

LIFE MEMBERS - MT WARRIGAL KOORIS

Richard Campbell, Rodger Henry
 Jeffrey Tungai*

LIFE MEMBERS - BOMADERRY

Peter Atfeild, Bill Jorgenson, Dennis Laverty, Geoff Duncan, John Bracher, Scott Thompson, Ian Wallis, Kevin Moulds, Ted Leonard,
 Graeme Sawkins*, George Cochrane*, Jack Atfeild*, Mike Wenzyk*

LIFE MEMBERS - NOWRA

Shayne Ashton, John Beckett, Lew Henry, Trevor Maloney, Greg Sturgiss, Mark Thornett,
 Chips Gray*, Alan Abernathy*, Walter Elliott*, Joe Ashton*, Jack Aldous*, Fred Ison*, Bob Chase*, Noel Nelson*, Merv Bice* Aub Goodsell*, Rudd Hollands*, Jim Milne*, John Roulstone*, Basil Bryce*, Ray Watsford*, Brian Ferguson*, Les Harris*, Syd Weller OAM*

LIFE MEMBERS - NOWRA-BOMADERRY JETS

Carol Weller, Amanda Moulds, Belinda Holt, Mark Berry, Vanessa Longbottom, Nathan Falzon, Ben Lahene, Travis Jessep, Matthew Rouen, Keldon McLaughlan, Zac Kershaw, Jason Sharp, Kurt Quinlan, Ben Wellington
 Syd Weller OAM*

LIFE MEMBERS - ROBERTSON SPUDIERS

Alan Baker, Steve Johnson, John Morrow, Bruce Menzies, Russell Noble, Doug Tilley, Nat Waters, Andrew Whatman, John Whatman, Peter Whatman, Gladys Newstead, Ken Sharpe
 William Missingham*, Jim Missingham*, Gordon Missingham*, Ernie Pull*, George Bisby*, Lionel Broadhead*, Tom Newstead*, Noel Bowden*, Robert Watling*, Roger Maloney*, John Flemons*, Grace Noble*, Bruce Noble Snr*

LIFE MEMBERS - SHELLHARBOUR SHARKS

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 Ernie Dawes*, Anthony McDonnell*, Jack McGraw*, Claude Purdie*, Norm Ward*, Marie McKenzie*, Tom Costello* Ray Clay*, John Costello*, Doug Steele*, John Davison*, Noel Hockey*

LIFE MEMBERS - SUSSEX INLET PANTHERS

James (Jim) Sigsworth, Paul Hammond, Steven Bettington, Bruce McPherson, Todd Barkley, Peter Dudgeon, Michelle Dudgeon, Danny Jack, Frank Mamo, Steve Miriklis

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Matt Poort, Stephan Woods

LIFE MEMBERS - WARILLA-LAKE SOUTH GORILLAS

Boyd Campbell, Sharon Clark, Bruce Clark, Betty Glasson, Brian Godden, Greg Hooper, Peter Hooper, Ray Tarlington, Allan Vietch, Robert Westaway, Done Kane, Robert Westaway, Alex Volkanovski
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ALL THE PREMIERS

| YEAR | FIRSTS | RESERVES | REGAN CUP | UNDER 18 |
|------|----------------|-----------------------|-----------------|-----------------------|
| 1913 | Nowra Warriors | | | |
| 1914 | Gerringong | | | |
| 1915 | Jamberoo | | | |
| 1916 | No Comp | | | |
| 1917 | No Comp | | | |
| 1918 | Gerringong | | | |
| 1919 | Nowra Warriors | Kiama Waratahs | | |
| 1920 | Gerringong | Bomaderry | | |
| 1921 | Gerringong | Kiama | | |
| 1922 | Gerringong | Kangaroo Valley | Berry (C Grade) | |
| 1923 | Berry | Kiama Starlights | | |
| 1924 | Gerringong | Bombo | | |
| 1925 | Kiama | Jamberoo | | |
| 1926 | Berry | No Comp | | |
| 1927 | Jamberoo | Nowra Warriors | | |
| 1928 | Berry | No Comp | | |
| 1929 | Bombo | Kiama | | |
| 1930 | Kiama-Bombo | Nowra Warriors | | |
| 1931 | Jamberoo | Kiama-Bombo | | |
| 1932 | Jamberoo | Kiama-Bombo | | |
| 1933 | Kiama-Bombo | Nowra Warriors | | |
| 1934 | Nowra Warriors | Nowra Warriors | | |
| 1935 | Berry | Pyree | | |
| 1936 | Berry | Kiama-Bombo | | |
| 1937 | Berry | Nowra Warriors | | |
| 1938 | Nowra Warriors | Jamberoo, Albion Park | | Gerringong |
| 1939 | Shellharbour | No Comp | | Pyree |
| 1940 | Gerringong | No Comp | | Gerringong |
| 1941 | Berry | No Comp | | No Comp |
| 1942 | No Comp | No Comp | | No Comp |
| 1943 | No Comp | No Comp | | No Comp |
| 1944 | Albion Park | No Comp | | Shellharbour (U19) |
| 1945 | Kiama | Pyree | | Kiama (U19) |
| 1946 | Kiama | Jamberoo | | Kiama (U19) |
| 1947 | Kiama | Jamberoo | | Berry (U19) |
| 1948 | Kiama | Milton-Ulladulla | | Kiama (U17) |
| 1949 | Albion Park | Roseby Park | | Berry |
| 1950 | Kiama | Kiama | | Kiama (U19) |
| 1951 | Jamberoo | Kiama | | Gerringong |
| 1952 | Berry | Nowra Warriors | | Kiama |
| 1953 | Berry | Kangaroo Valley | | Kiama |
| 1954 | Berry | Nowra Warriors | | A.Park O.Flats |
| 1955 | Nowra Warriors | No Comp | | Nowra Warriors |
| 1956 | Gerringong | No Comp | | Kiama |
| 1957 | Nowra Warriors | Albatross | | Shellharbour |
| 1958 | Jamberoo | Albatross | | Kiama |
| 1959 | Nowra Warriors | Shellharbour | | Shellharbour |
| 1960 | Gerringong | Jervis Bay | | Shellharbour |
| 1961 | Jamberoo | Albatross | | Shellharbour |
| 1962 | Shellharbour | Shellharbour | | Nowra Warriors |
| 1963 | Albion Park | Shellharbour | | Shellharbour |
| 1964 | Albion Park | Shellharbour | | Shellharbour (U17) |
| 1965 | Gerringong | Shellharbour | | Albion Park (U17) |
| 1966 | Berry | Albion Park-Oak Flats | | Albion Park-Oak Flats |
| 1967 | Berry | Nowra Warriors | | Nowra Warriors |
| 1968 | Gerringong | Bomaderry | | Warilla-Lake South |

PREMIERS LADIES LEAGUE TAG

| YEAR | FIRSTS | RESERVES | REGAN CUP | UNDER 18 |
|------|-----------------------|---------------------------|---------------------------|------------------------|
| 1969 | Kiama | Jamberoo | Milton-Ulladulla | No Comp |
| 1970 | Gerrington | Albatross | Wandandian | Warilla-Lake South |
| 1971 | Shellharbour W. | Shellharbour W. | Shellharbour W. | Nowra Warriors |
| 1972 | Gerrington | Albatross | Jamberoo | Berry |
| 1973 | Shellharbour W. | Shellharbour W. | Gerrington | Berry |
| 1974 | Jamberoo | Nowra Warriors | Albion Park-Oak Flats | Warilla-Lake South |
| 1975 | Albion Park-Oak Flats | Shellharbour W. | Warilla-Lake South | Bomaderry |
| 1976 | Bomaderry | Albion Park-Oak Flats | Warilla-Lake South | Bomaderry |
| 1977 | Nowra Warriors | Bomaderry | Shellharbour W. | Bomaderry |
| 1978 | Warilla-Lake South | Nowra Warriors | Albatross | Albion Park-Oak Flats |
| 1979 | Batemans Bay | Nowra Warriors | Nowra Warriors | Nowra Warriors |
| 1980 | Warilla-Lake South | Milton-Ulladulla | Wreck Bay Utd. | Nowra Warriors |
| 1981 | Nowra Warriors | Nowra Warriors | Albion Park-Oak Flats | Bomaderry |
| 1982 | Warilla-Lake South | Kiama | Milton-Ulladulla | Kiama |
| 1983 | Kiama | Shellharbour W. | Warilla-Lake South | Berry Shoalhaven Heads |
| 1984 | Warilla-Lake South | Batemans Bay | Crookhaven | Albion Park-Oak Flats |
| 1985 | Kiama | Nowra Warriors | A.Park O.Flats | Nowra Warriors |
| 1986 | Batemans Bay | Batemans Bay | Albatross | Warilla-Lake South |
| 1987 | Milton-Ulladulla | Warilla-Lake South | Shol. All Blacks | Nowra Warriors |
| 1988 | Batemans Bay | Warilla-Lake South | Crookhaven | Warilla-Lake South |
| 1989 | Milton-Ulladulla | Milton Ulladulla | Crookhaven | Warilla-Lake South |
| 1990 | Gerrington | Shellharbour | Crookhaven | Albion Park-Oak Flats |
| 1991 | Warilla-Lake South | Warilla-Lake South | Albion Park-Oak Flats | Warilla-Lake South |
| 1992 | Batemans Bay | Warilla-Lake South | Jamberoo | Kiama |
| 1993 | Nowra Warriors | Batemans Bay | Jamberoo | Nowra Warriors |
| 1994 | Gerrington | Warilla-Lake South | Jamberoo | Gerrington |
| 1995 | Warilla-Lake South | Gerrington | Wreck Bay Utd. | Nowra Warriors |
| 1996 | Nowra Warriors | Bomaderry | Jamberoo | Bay/Basin |
| 1997 | Warilla-Lake South | Albion Park-Oak Flats | Jamberoo | Bay/Basin |
| 1998 | Albion Park-Oak Flats | Albion Park-Oak Flats | Crookhaven | Warilla-Lake South |
| 1999 | Albion Park-Oak Flats | Albion Park-Oak Flats | Sussex Inlet | Albion Park-Oak Flats |
| 2000 | Albion Park-Oak Flats | Shellharbour City | Sussex Inlet | Gerrington |
| 2001 | Shellharbour City | Shellharbour City | Jamberoo | Warilla-Lake South |
| 2002 | Batemans Bay | Gerrington | Albion Park Outlaws | Kiama |
| 2003 | A.Park-Oak Flats | Shellharbour City | Albion Park Outlaws | Shellharbour |
| 2004 | Milton-Ulladulla | Shellharbour City | Greenwell Point | Kiama Knights |
| 2005 | Milton-Ulladulla | Shellharbour City | Albion Park Outlaws | Milton-Ulladulla |
| 2006 | Albion Park-Oak Flats | Shellharbour City | Albion Park Outlaws | Milton-Ulladulla |
| 2007 | Albion Park-Oak Flats | Warilla-Lake South | Mt Warrigal Kooris | Shellharbour |
| 2008 | Milton-Ulladulla | Albion Park-Oak Flats | Greenwell Point | Milton-Ulladulla |
| 2009 | Albion Park-Oak Flats | Berry/Shoal Heads | Greenwell Point | Culburra |
| 2010 | Gerrington | Warilla-Lake South | - | Gerrington |
| 2011 | Warilla-Lake South | Gerrington | - | Milton-Ulladulla |
| 2012 | Albion Park-Oak Flats | Kiama | - | Albion Park-Oak Flats |
| 2013 | Gerrington | Warilla-Lake South | - | Kiama |
| 2014 | Nowra-Bomaderry | Kiama | Stingrays | Milton-Ulladulla |
| 2015 | Gerrington | Shellharbour City | Shellharbour City | Kiama |
| 2016 | Gerrington | Shellharbour City | Culburra | Jamberoo |
| 2017 | Jamberoo | Kiama | Mt Warrigal Kooris | Kiama |
| 2018 | Shellharbour | Kiama | Mt Warrigal Kooris | Albion Park-Oak Flats |
| 2019 | Kiama | Albion Park-Oak Flats | Mt Warrigal Kooris | Warilla-Lake South |
| 2020 | Gerrington | Nowra-Bomaderry | Robertson | Shellharbour |
| 2022 | Warilla-Lake South | Jamberoo | Sussex | Gerrington (Blue) |
| 2023 | Gerrington | Gerrington | Stingrays of Shellharbour | Warilla-Lake South |
| 2024 | Gerrington | Gerrington | Nowra Bomaderry Jets | Albion Park Oak Flats |
| 2025 | Kiama Knights | Stingrays of Shellharbour | St Georges Basin Dragons | Berry Shoalhaven Heads |

PREMIERS LADIES LEAGUE TAG

| YEAR | LADIES LEAGUE TAG I | LADIES LEAGUE TAG 2 | OPEN WOMENS TACKLE | REGAN CUP LLT |
|------|---------------------------|-----------------------|--------------------|---------------|
| 2010 | Warilla-Lake South | | | |
| 2011 | Kiama | | | |
| 2012 | Nowra-Bomaderry | | | |
| 2013 | Kiama | | | |
| 2014 | Milton Ulladulla | | | |
| 2015 | Kiama | | | |
| 2016 | Jamberoo | | | |
| 2017 | Kiama | | | |
| 2018 | Kiama | Albion Park-Oak Flats | | |
| 2019 | Jamberoo | Shellharbour Sharks | | |
| 2020 | Jamberoo | Albion Park-Oak Flats | | |
| 2022 | Stingrays of Shellharbour | Shellharbour Sharks | | |
| 2023 | Jamberoo | Warilla Lake South | Milton Ulladulla | |
| 2024 | Milton Ulladulla | Jamberoo | Milton Ulladulla | |
| 2025 | Milton Ulladulla | Milton Ulladulla | - | Crookhaven |

2025 PREMIERS & INDIVIDUAL HONOURS

2025 GRAND FINAL TROPHIES:

ARTIE SMITH TROPHY 1ST GRADE PREMIERS:

Kiama

WALTER ELLIOTT MEMORIAL CUP-RESERVE GRADE PREMIERS:

Stingrays

REGAN CUP/ 3RD GRADE PREMIERS:

St Georges Basin

TREVOR FARMER U/18 PREMIERS:

Berry

CONNIE DALLAS LADIES LEAGUE TAG 1ST DIV PREMIERS:

Milton-Ulladulla

SYD WELLER LADIES LEAGUE TAG 2ND DIV PREMIERS:

Milton-Ulladulla

2025 SEASON - PLAYER OF THE GRAND FINAL MATCH

JACK & MEGGSIE BLANCH 1ST GRADE:

Braxton Wallace (Shellharbour)

RESERVE GRADE:

Jayden Harris (Stingrays)

RAY STEAD UNDER 18'S:

Baxter McDonald (Stingrays)

THIRD GRADE:

Sean Deaves (St Georges Basin)

LADIES LEAGUE TAG 1ST DIV:

Ebony Moore (Milton-Ulladulla)

LADIES LEAGUE TAG 2ND DIV:

Charlie Campbell (Milton-Ulladulla)

REGAN CUP LADIES LEAGUE TAG:

Krissy Falzon (Crookhaven)

2025 REFEREE OF THE YEAR

Bailey Warren

CLUB CHAMPIONSHIP

2025 SCGRL CLUB CHAMPIONSHIP TROPHY

Shellharbour Sharks

Shellharbour - 1968, 1970, 1971, 1973, 1974, 1976, 1977, 1988, 1996, 1999, 2001, 2002, 2003, 2004, 2008, 2010, 2012, 2014, 2015, 2024

Nowra - 1969, 1979, 1981, 1994, 1995,

Milton-Ulladulla - 1989

Warilla - 1972, 78, 80, 82, 83, 86, 87, 88, 91, 92, 09, 13,

Albion Park-Oak Flats - 1975, 84, 85, 97, 98, 06, 07

Milton Ulladulla - 1989,

Gerrington - 1990, 2016, 2020, 2022

Batemans Bay - 1993,

Berry Shoalhaven Heads - 2011

Kiama - 2017, 2018, 2025

Season Cancelled (Covid) - 2020

Stingrays - 2023

LEO O'DWYER CUP (commenced in 1947)

Berry - 1947, 52, 53, 67, 73, 90

Kiama - 1948, 49, 50, 85

Gerrington - 1951, 56, 65, 71, 72, 87, 91, 10, 12, 13, 16, 18, 2024

Jamberoo - 1954, 58, 61, 17, 22

Bomaderry - 1955, 78

Nowra Warriors - 1957, 59, 60, 74, 81, 96

Shellharbour - 1962, 64, 66, 70, 76, 84, 2000, 01, 14, 15, 17, 18, 19

Albion Park Oak Flats - 1963, 68, 69, 75, 2000, 09, 10, 11,

Milton Ulladulla - 1977, 88, 89

Warilla Lake South - 1979, 80, 82, 92, 94, 95, 97, 98, 13

Nowra Saints - 1986, 93, 99, 02

Kiama - 2017

Nowra-Bomaderry - 2017

No Award - 2020

Season Cancelled (Covid) - 2021

Stingrays of Shellharbour - 2022, 2023

TROPHIES AND AWARDS

Michael Cronin Medal

| | |
|------|--|
| 1987 | Ralph Clarke (Albion Park - Oak Flats) |
| 1988 | Brett Herron (Berry-S.Heads) |
| 1989 | Ron Quinn (Gerringong) |
| 1990 | Greg Hooper (Warilla) |
| 1991 | Peter Gentle (Kiama) |
| 1992 | Mark Payer (Warilla) |
| 1993 | Michael Mantelli (Batemans Bay) |
| 1994 | Andrew Jackson (Gerringong) |
| 1995 | Cole Skelly (A.Park-O.Flats) |
| 1996 | Greg Hooper (Warilla) |
| 1997 | Neil Farmilo (Warilla) |
| 1998 | Andrew Jackson (Kiama) |
| 1999 | Michael Gillespie (Albion Park - Oak Flats) |
| 2000 | Greg Sherwin (Milton-Ulladulla) |
| 2001 | Michael Blattner (Shellharbour) |
| 2002 | Daniel Gunning (Kiama) |
| 2003 | Andrew Jackson (Gerringong) |
| 2004 | Adam Stone (Milton-Ulladulla) |
| 2005 | Adam Stone (Milton-Ulladulla) |
| 2006 | Daniel Gunning (Kiama) |
| 2007 | Paul Skewes (Berry-S.Heads) |
| 2008 | Damien Paulissen (Warilla - Lake South) |
| 2009 | Thomas Cook (Milton Ulladulla) |
| 2010 | Alex Volkanovski (Warilla Lake South) |
| 2011 | Adam Stone (Milton Ulladulla) |
| 2012 | Sam Stewart (Nowra Bomaderry) |
| 2013 | Brad Davidson (Gerringong) |
| 2014 | Harold Snell (Shellharbour) |
| 2015 | Adam Stone (Milton Ulladulla) |
| 2016 | Dylan McGregor (Shellharbour) |
| 2017 | Matt Carroll (Shellharbour) |
| 2018 | Cameron Vazzoler (Kiama) |
| 2019 | Daniel Burke (Warilla Lake South) |
| 2020 | Luke Asquith (Jamberoo) & Kieran Poole (Kiama) |
| 2021 | Season Cancelled (Covid) |
| 2022 | Mark Asquith (Jamberoo) |
| 2023 | James Ralphs (Shellharbour) |
| 2024 | Kane Ball (Albion Park Oak Flats) |

Athol Noble Medal - Regan Cup player of the Year

| | |
|------|--------------------------------------|
| 1994 | Alan Ward (Jamberoo) |
| 1995 | Alan Ward (Jamberoo) |
| 1996 | Alan Ward (Jamberoo) |
| 1997 | Troy Maugher (Jamberoo) |
| 1998 | Sam Euta (Mt. Warrigal Kooris) |
| 1999 | Tod Roberts (Wreck Bay) |
| 2000 | Paul Moylan (Mt. Warrigal Kooris) |
| 2001 | Clayton Hobbs (Jamberoo) |
| 2002 | Sandy Eprea (Sussex Inlet) |
| 2003 | Sione Tausala (Albion Park Outlaws) |
| 2004 | Jeff Wellington (Jamberoo) |
| 2005 | Ross Deeks (St Georges Basin) |
| 2006 | Mark McTiernan (Albion Park Outlaws) |

| | |
|------|--|
| 2007 | John Carey (Greenwell Point) |
| 2008 | Alan Ward (Jamberoo) |
| 2009 | John Carey (Greenwell Point) |
| 2010 | NC |
| 2011 | NC |
| 2012 | NC |
| 2013 | NC |
| 2014 | Josh Check (Stingrays of Shellharbour) |
| 2015 | Jason Lennard (Shellharbour) |
| 2016 | Chris Daniel (Albion Park Outlaws) |
| 2017 | Mark Tierman (Albion Park Outlaws) |
| 2018 | Dale Hammond (Sussex Inlet) |
| 2019 | Dylan Riggs (Mount Warrigal) |
| 2020 | No Award |
| 2021 | Season Cancelled (Covid) |
| 2022 | Will Ray (Sussex Inlet) |
| 2023 | Keith Gatt (Stingrays of Shellharbour) |
| 2024 | Jayden Valenzisi (Robertson) |

Cleary Bros. Player of the Year

| | |
|---------|--|
| 1969 | John Marley (A.Park O. Flats) |
| 1970-75 | Michael Cronin (Gerringong) |
| 1976 | Garry Hinkley (Bomaderry) |
| 1977 | Peter Jirgens (Nowra Warriors) |
| 1978 | Ron Warren (Warilla) |
| 1979 | David Curry (Batemans Bay) |
| 1980 | Brian Love (Warilla) |
| 1981 | David Beckett (Nowra Warriors) |
| 1982 | Merv Veitch (Warilla) |
| 1983 | Peter French (Kiama) |
| 1984 | Tommy Fowler (Warilla) |
| 1985 | Graham Murtagh (Kiama) |
| 1986 | Tommy Fowler (Warilla) |
| 1987 | Ken McIndoe (Milton-Ulladulla) |
| 1988 | Russell Ford (Gerringong) |
| 1989 | Ron Quinn (Gerringong) |
| 1990 | Peter Ford (Gerringong) |
| 1991 | Mark Henson (Milton-Ulladulla) |
| 1992 | Neil Farmilo (Warilla) |
| 1993 | Michael Mantelli (Batemans Bay) |
| 1994 | Brad Miller (Warilla) |
| 1995 | Ty Hardy (Batemans Bay) |
| 1996 | Jason Berg (Berry-S Heads) |
| 1997 | Neil Farmilo (Warilla) |
| 1998 | Brad Arthur (Batemans Bay) |
| 1999 | Trent Burns (Shellharbour) |
| 2000 | Jade Lucas (A.Park-Oak Flats) |
| 2001 | Cole Skelly (Shellharbour City) |
| 2002 | Adam O'Brien (Batemans Bay) |
| 2003 | Geoff Johnson (Berry-S Heads) |
| 2004 | Mark Duncan (Kiama Knights) |
| 2005 | Simon Pimanous (Albion Park - Oak Flats) |
| 2006 | Daniel Gunning (Kiama) |
| 2007 | Simon Pimanous (Albion Park - Oak Flats) |
| 2008 | Damien Paulissen (Warilla - Lake South) |
| 2009 | Derek Gray (Albion Park Oak Flats) |

St George Illawarra Under 21 Player of the Year

Most Promising Player Under 21 Years

| | |
|------|--|
| 1990 | Cole Skelly (Shellharbour) |
| 1991 | Ian Jones (Albion Park - Oak Flats) |
| 1992 | Clint Poole (Warilla) |
| 1993 | Lorne Heron (Batemans Bay) |
| 1994 | Dean Moon (Nowra Warriors) |
| 1995 | Travis Munro (Warilla) |
| 1996 | John Walker (Berry S. Heads) |
| 1997 | Peter Quine (Gerringong) |
| 1998 | Trent Burns (Bomaderry) |
| 1999 | Adam Fettell (Albion Park - Oak Flats) |
| 2000 | Chris Haines (Shellharbour) |
| 2001 | Scott Morris (Kiama) |
| 2002 | Ryan Schuster (Shellharbour City) |
| 2003 | Tim Poppett (Gerringong) |
| 2004 | Nathan Carpenter (Berry) |
| 2005 | Adam Stone (Milton-Ulladulla) |
| 2006 | John Elliott (Kiama) |
| 2007 | Thomas Cook (Milton Ulladulla) |
| 2008 | Jason White (Gerringong) |
| 2009 | David Catterall (Gerringong) (Award Discontinued) |

Roy Stewart Rookie of the Year

| | |
|------|--|
| 1969 | Ron Mathie (Milton-Ulladulla) |
| 1970 | Neville Hockey (Shellharbour Workers) |
| 1971 | Vince Warby (Jamberoo) |
| 1972 | Ron Spinks (Shellharbour Workers) |
| 1973 | Butch Young (Shellharbour Workers) |
| 1974 | Peter Rodden (Berry) |
| 1975 | Peter Duffy (Warilla) |
| 1976 | Tony Stephenson (Bomaderry) |
| 1977 | Shayne Ashton (Nowra Warriors) |
| 1978 | Paul Veitch (Warilla) |
| 1979 | Peter Thompson (Milton-Ulladulla) |
| 1980 | Peter Ford (Gerringong) |
| 1981 | Glen Jarrett (Nowra Warriors) Ian Prosser (Gerringong) (joint) |
| 1982 | Wayne Harvey (Shellharbour) |
| 1983 | Graham Murtagh (Kiama) |
| 1984 | Wayne Marsh (Warilla) |
| 1985 | Mark Westaway (Warilla) |
| 1986 | Rod Wishart (Gerringong) |
| 1987 | Scott Tierney (Gerringong) |
| 1988 | Jason Croker (Batemans Bay) |
| 1989 | Robert Beattie (Batemans Bay) |
| 1990 | Jonathan Britten (Gerringong) |
| 1991 | Andrew Jackson (Gerringong) |
| 1992 | Graig Davis (Gerringong) |
| 1993 | Craig Nicholls (Albion Park - Oak Flats) |
| 1994 | Brendan Magnus, (Batemans Bay) |
| 1995 | Michael Walker (Berry) |
| 1996 | Damian Brunton (Nowra Warriors) |
| 1997 | Jacob Michels (Bay/Basin) |
| 1998 | Sam Askew (Bay/Basin) |
| 1999 | James Longbottom (Nowra Warriors) |
| 2000 | David Price (Nowra Warriors) |
| 2001 | Sean Jenkins (Albion Park - Oak Flats) |
| 2002 | Marc Smith (Shellharbour City) |

| | |
|------|-------------------------------------|
| 2003 | Bradley Davidson (Gerringong) |
| 2004 | Adam Stone (Milton-Ulladulla) |
| 2005 | Mark Walsh (Warilla) |
| 2006 | Sam Burns (Berry-Shoalhaven Heads) |
| 2007 | Pat Cronin (Gerringong) |
| 2008 | Mitchell Rein (Kiama) |
| 2009 | Tyson Brown (Warilla Lake South) |
| 2010 | Rixon Russell (Gerringong) |
| 2011 | Adam Quinlan (Jamberoo) |
| 2012 | Joe Rogers (Berry Shoalhaven Heads) |
| 2013 | Corey Mulhall (Gerringong) |
| 2014 | Ryan James (Nowra Bomaderry) |
| 2015 | Kurt Field (Shellharbour) |
| 2016 | Blair Grant (Warilla Lake South) |
| 2017 | Cameron Vazzolar (Kiama) |
| 2018 | Blake Dowel (Warilla Lake South) |
| 2019 | Alexander Weir (Gerringong) |
| 2020 | No Award |
| 2021 | Season Cancelled (Covid) |
| 2022 | Jayden Foye (Jamberoo) |
| 2023 | Jarrah Trewick (Milton-Ulladulla) |
| 2024 | Cooper Harrison (Gerringong) |
| 2025 | Kye Andrew (Kiama) |

Kevin Walsh Memorial Leading Points Scorer

| | |
|------|--|
| 1979 | Lyndon Porrier (Batemans Bay) |
| 1980 | Neil Street (Warilla) |
| 1981 | John Lonesborough (Nowra Warriors) |
| 1982 | David Moffatt (Warilla) |
| 1983 | Ian Hartley (Nowra Saints) |
| 1984 | Tony Fidler (Kiama) |
| 1985 | Chris Vasey (Batemans Bay) |
| 1986 | Lyndon Porrier (Batemans Bay) |
| 1987 | Rod Roach (Warilla) |
| 1988 | Brett Davis (Milton-Ulladulla) |
| 1989 | Michael Elliott (Batemans Bay) |
| 1990 | Greg Laverty (Bomaderry) |
| 1991 | Sean Taylor (Milton-Ulladulla) |
| 1992 | Sean Taylor (Batemans Bay) |
| 1993 | Steve Elliott (Batemans Bay) |
| 1994 | 1995 Jeff Wellington (Nowra Warriors) |
| 1996 | Scott Button (Nowra Warriors) |
| 1997 | Steve Larder (Bomaderry) |
| 1998 | Brad Arthur (Batemans Bay) |
| 1999 | Cole Skelly (Shellharbour) |
| 2000 | David Jensen (Albion Park - Oak Flats) |
| 2001 | Cole Skelly (Shellharbour) |
| 2002 | Liam Watson (Warilla Lake South) |
| 2003 | Greg Sherwin (Milton-Ulladulla) |
| 2004 | Justin Holbrook (Milton-Ulladulla) |
| 2005 | Sean Jenkins (Albion Park-Oak Flats) |
| 2006 | Leigh Ardler (Nowra Warriors) |
| 2007 | Sean Jenkins (Albion Park-Oak Flats) |
| 2008 | Leigh Ardler (Shoalhaven Jets) |
| 2009 | Matt Carroll (Albion Park Oak Flats) |
| 2010 | Joel Roberts (Gerringong) |
| 2011 | Adam Quinlan (Jamberoo) |
| 2012 | Joel Roberts (Gerringong) |
| 2013 | Joel Roberts (Gerringong) |
| 2014 | Mark Brandon (Nowra Bomaderry) |

| | |
|------|--|
| 2015 | Joel Roberts (Gerringong) |
| 2016 | Matt Carroll (Shellharbour), Joel Roberts (Gerringong) tied |
| 2017 | Matt Carroll (Shellharbour) |
| 2018 | Matt Carroll (Shellharbour) |
| 2019 | Cam Vazzoler (Kiama) |
| 2020 | No Award |
| 2021 | Season Cancelled |
| 2022 | Jake Taylor - Gerringong Lions |
| 2023 | Clyde Parsons (Nowra-Bomaderry) |
| 2024 | Isaac Morris (Shellharbour) |

Tim Jones Memorial Leading Try Scorer

| | |
|-------|---|
| 1979 | Tony Vella (Batemans Bay) |
| 1980 | Tommy Dennis (Warilla) |
| 1981 | Tommy Dennis (Warilla) |
| 1982 | Ian Hartley (Nowra Saints) |
| Peter | Oates (Milton-Ulladulla) joint |
| 1983 | Ian Hartley (Nowra Saints) |
| | Peter Gentle (Kiama) |
| | Lew Northey (Warilla Lake South) |
| 1984 | Richard Harvey (Warilla) |
| 1985 | Tony Chapman (Batemans Bay) |
| 1986 | Ian Howcroft (Kiama) |
| 1987 | Craig Ralphs (Warilla) |
| 1988 | Brett Davis (Milton-Ulladulla) |
| 1989 | Robert Baillie (Kiama) |
| 1990 | Greg Laverty (Bomaderry) |
| 1991 | Richie Connell (Shellharbour) |
| 1992 | Sean Taylor (Batemans Bay) |
| Greg | Laverty (Bomaderry) joint |
| 1993 | Lorne Heron (Batemans Bay) |
| 1994 | Jeff Wellington (Nowra Warriors) |
| 1995 | Jeff Wellington (Nowra Warriors) |
| 1996 | Aaron Grant (Shellharbour) |
| 1997 | Neil Farmilo (Warilla) |
| 1998 | Richard Luland (Bomaderry) |
| 1999 | Trent Burns (Shellharbour) |
| 2000 | Simon Pimanovs (Albion Park - Oak Flats) |
| 2001 | Clinton Bennetts (Milton-Ulladulla) |
| 2002 | Brett Cox (Batemans Bay) |
| 2003 | Greg Sherwin (Milton-Ulladulla) |
| | Clinton Bennetts (Milton-Ulladulla) |
| 2004 | Justin Holbrook (Milton-Ulladulla) |
| | Warren Potts (Batemans Bay) |
| 2005 | Simon Pimanovs (Albion Park - Oak Flats) |
| 2006 | Simon Pimanovs (Albion Park - Oak Flats) |
| 2007 | Simon Pimanovs (Albion Park - Oak Flats) |
| | Sean Jenkins (Albion Park - Oak Flats) |
| 2008 | Leigh Ardler (Shoalhaven Jets), Jeremy Alger (Kiama) |
| | Matt Gallagher (Berry - Shoalhaven Heads) |
| 2009 | Thomas Cook (Milton Ulladulla) |
| 2010 | Rixon Russell (Gerringong) |
| 2011 | Adam Quinlan (Jamberoo) |
| 2012 | Rixon Russell (Gerringong) |
| 2013 | Rixon Russell (Gerringong) |
| 2014 | Mark Brandon (Nowra Bomaderry) |
| 2015 | Aaron Henry (Warilla Lake South) |

| | |
|------|--|
| 2016 | Dylan Morris (Kiama) |
| 2017 | Ben Barnard (Jamberoo), Toby Gumley-Quine (Gerringong), Tyson Simpson (Nowra Bomaderry) tied |
| | Jason Gray (Shellharbour) |
| 2018 | Jason Gray (Shellharbour) |
| 2019 | Matt Winchester (Gerringong) |
| 2020 | No Award |
| 2021 | Season Cancelled (Covid) |
| 2022 | Justin Jones - Warilla |
| 2023 | Justin Jones - (Warilla Lake South) & Beau Luland - (Nowra Bomaderry) |
| 2024 | Braxton Wallace (Shellharbour) |

St. George/Illawarra Dragons

Most Promising Player Under 21 Years

| | |
|------|--|
| 1990 | Cole Skelly (Shellharbour) |
| 1991 | Ian Jones (Albion Park - Oak Flats) |
| 1992 | Clint Poole (Warilla) |
| 1993 | Lorne Heron (Batemans Bay) |
| 1994 | Dean Moon (Nowra Warriors) |
| 1995 | Travis Munro (Warilla) |
| 1996 | John Walker (Berry Shoalhaven Heads) |
| 1997 | Peter Quine (Gerringong) |
| 1998 | Trent Burns (Bomaderry) |
| 1999 | Adam Fettell (Albion Park - Oak Flats) |
| 2000 | Chris Haines (Shellharbour) |
| 2001 | Scott Morris (Kiama) |
| 2002 | Ryan Schuster (Shellharbour City) |
| 2003 | Tim Poppett (Gerringong) |
| 2004 | Nathan Carpenter (Berry) |
| 2005 | Adam Stone (Milton-Ulladulla) |
| 2006 | John Elliott (Kiama) |
| 2007 | Thomas Cook (Milton Ulladulla) |
| 2008 | Jason White (Gerringong) |
| | (Award discontinued) |

Enn Muller Trophy - Under 18

Player of the Year

| | |
|------|--------------------------------------|
| 1984 | Mark Westaway (Warilla) |
| 1985 | Darrin Lonesborough (Nowra Warriors) |
| 1986 | Darren Davison (Warilla) |
| 1987 | Jason Hughes (Warilla) |
| 1988 | Gary Pabis (Warilla) |
| 1989 | Cole Skelly Albion Park - Oak Flats) |
| 1990 | Ian Jones (Albion Park - Oak Flats) |
| 1991 | Darren O'Sullivan (Warilla) |
| 1992 | Dean Antony (Kiama) |
| 1993 | Matt Robards (Nowra Warriors) |
| 1994 | Mathew Hingle (Gerringong) |
| 1995 | Darren McPherson (Nowra Warriors) |
| 1996 | Phillip Charles (Bay/Basin) |
| 1997 | Simon Pimanovs (A.Park O.Flats) |
| 1998 | Nathan Strong (Gerringong) |
| 1999 | Luke Symonds (Gerringong) |
| 2000 | Chris Henry (Warilla/Lake South) |
| 2001 | Jake McDonald (St. Georges Basin) |
| 2002 | Aaron Brierley (Batemans Bay) |
| 2003 | Paul Ross (Kiama) |
| 2004 | Gary Warburton (Milton-Ulladulla) |

Renamed - Bill James Under 18 Player of the Year

| | |
|------|--|
| 2005 | Gary Warburton (Milton-Ulladulla) |
| 2006 | Nathan Benny (Berry-S Heads) |
| 2007 | Shane Allen (St. Georges Basin) |
| 2008 | Rixon Russell (Gerringong) |
| 2009 | James Gilmore (Kiama) |
| 2010 | Adam Thomson (Gerringong) |
| 2011 | Joe Rodgers (Berry Shoalhaven Heads), Nick Goodman (Milton Ulladulla) |
| | Drew Hutchison (Albion Park Oak Flats) |
| 2012 | Kirren Roughley (Milton Ulladulla) |
| 2013 | Jack Parrish (Berry) |
| 2014 | Wade Aitken (Shellharbour) |
| 2015 | Dylan Morris (Kiama) |
| 2016 | Jayden Millard (Milton Ulladulla) |
| 2017 | Jake Brisbane (Albion Park Oak Flats) |
| 2018 | Sam Hooper (Warilla Lake South) |
| 2019 | No Award |
| 2020 | Season Cancelled (Covid) |
| 2021 | Lincoln Miners (Stingrays of Shellharbour) |
| 2022 | Dreau Clark (Warilla Lake South) |
| 2023 | Levi Valensini (Albion Park Oak Flats) |
| 2024 | Jarrah Thomas (Berry-Shoalhaven Heads) |

Doreen and Len Holz Memorial Under 18 leading Try

Scorer

| | |
|------|---|
| 1987 | Jason Hughes (Warilla) |
| 1988 | Robert Beattie (Batemans Bay) |
| 1989 | Adrian Weller (Nowra Warriors) |
| 1990 | Greg Wellington (St. Georges Basin) |
| 1991 | Lorne Heron (Batemans Bay) |
| 1992 | Peter Netherclift (Kiama) |
| 1993 | Kip McFarland (Batemans Bay) |
| 1994 | Jason Boersma (Warilla) |
| 1995 | Owen Langton (Gerringong) |
| 1996 | Phillip Charles (Bay/Basin) |
| 1997 | Simon Pimanovs (A.Park-O.Flats) |
| 1998 | Daniel Petty (Batemans Bay) |
| 1999 | Wade Walsh (A.Park O.Flats) |
| 2000 | Matthew Larkin (Batemans Bay) |
| 2001 | Marc Smith (Shellharbour City) |
| 2002 | John Dale (Milton-Ulladulla) |
| 2003 | Paul Ross (Kiama) |
| 2004 | Kevin Ottaway (Shellharbour City) |
| 2005 | Peter Howcroft (Milton-Ulladulla) |
| 2006 | Tristan Nisbet (Milton-Ulladulla) |
| | Naden Bonbaci (Gerringong) |
| 2007 | Tristan Nisbet (Milton-Ulladulla) |
| 2008 | David Catterall (Gerringong) |
| 2009 | Trent Ryan (Milton-Ulladulla) |
| 2010 | Adam Quinlan (Culburra Greenwell Point) |
| 2011 | Blake Somerville (Milton Ulladulla) |
| 2012 | Blake Jones (Albion Park Oak Flats), Blake Mackey (Milton Ulladulla) |
| | Mitch McGlynn (Berry) |
| 2013 | Alec Brookes (Gerringong) |
| 2014 | Dylan Morris (Kiama) |
| 2015 | Matthew Cornell (Kiama) |
| 2016 | Jake Brisbane (Albion Park Oak Flats) |
| 2017 | Jake Brisbane (Albion Park Oak Flats) |

| | |
|------|---|
| 2018 | Billy Hayburn (Berry Shoalhaven Heads) |
| 2019 | Callum Gromek (Warilla Lake South) |
| 2020 | No Award |
| 2021 | Season Cancelled (Covid) |
| 2022 | Ashton Ward - Gerringong |
| 2023 | Charles Heidke (Berry Shoalhaven Heads) |
| 2024 | Malokai Tomo (Warilla Lake South) |

Stan Barrington Memorial Under 18 Leading Points

Scorer

| | |
|------|--|
| 1999 | Luke Symonds (Gerringong) |
| 2000 | Chris Henry (Warilla/Lake South) |
| 2001 | Aaron Brierley (Batemans Bay) |
| 2002 | Mathew Coelho (Shellharbour City) |
| 2003 | Paul Ross (Kiama) |
| 2004 | Kevin Ottaway (Shellharbour City) |
| 2005 | Daniel Cowley (Kiama) |
| 2006 | Peter Cronin (Gerringong) |
| 2007 | Tristan Nisbet (Milton Ulladulla) |
| 2008 | Jai Dormer (Shellharbour City) |
| 2009 | Trent Ryan (Milton Ulladulla) |
| 2010 | Matthew Hayman (Milton Ulladulla) |
| 2011 | Josh Coulter (Berry Shoalhaven Heads) |
| 2012 | Blake Jones (Albion Park Oak Flats) |
| 2013 | Jack Parrish (Berry) |
| 2014 | Brock Caton (Stingrays) |
| 2015 | Dean Watling (Culburra) |
| 2016 | Tom Murray (Kiama) |
| 2017 | Jaiden Fenwick (Albion Park Oak Flats) |
| 2018 | Kealen Blattner (Berry Shoalhaven Heads) |
| 2019 | Billy Hayburn (Berry Shoalhaven Heads) |
| 2020 | No Award |
| 2021 | Season Cancelled (Covid) |
| 2022 | Taj Ford - Gerringong |
| 2023 | Cooper Harrison (Gerringong) |
| 2024 | Jack Talbott (Warilla Lake South) |

Kevin Walsh Scholarship Award

| | |
|------|--|
| 1976 | Greg Poole (Kiama) |
| 1977 | Glen Southwell (Warilla Lake South) |
| 1978 | Cliff Harris (Nowra Warriors) |
| 1979 | Mark Fisher (Nowra Warriors) |
| 1980 | Tom Dennis (Warilla Lake South) |
| 1981 | Brett Stephens (Berry-S.Heads) |
| 1982 | Joe Murphy (Kiama) |
| 1983 | No Award |
| 1984 | Paul Veitch (Warilla) |
| | Greg Carberry (Albion Park - Oak Flats) |
| 1985 | Dean Smith (Kiama) |
| | Richard Finter (Warilla) |
| 1986 | Pat Hayburn (Berry) |
| | Grant Evans (Milton-Ulladulla) |
| 1987 | Sean Skelton (Nowra Warriors) |
| | Shane McDermott (Berry ShoalhavenHeads) |
| 1988 | John Watkins (Kiama) |
| | Scott England (Kiama) |
| 1989 | Stephen Quinn (Gerringong) |
| | Peter Hooper (Warilla) |
| | Steven Goodman (Albion Park - Oak Flats) |
| 1990 | Michael Jolliffe (Albion Park - Oak Flats) |

Matt Duggan (Kiama)
 Ian Dadd (Nowra Warriors)
 1991 Matthew Hingle (Gerringong)
 Daniel Castelli (Warilla)
 1992 Ben Freeman (Gerringong)
 Dean Moon (Nowra Warriors)
 1993 Ben Morgan (Sussex Inlet)
 Phillip Duncan (Berry)
 1994 Matthew Ring (Gerringong)
 Nathan Byrne (Berry Shoalhaven Heads)
 1995 Ben Saunders (Milton Ulladulla)
 Scott Monaghan (Berry Shoalhaven Heads)
 1996 Anthony Charles (Bay & Basin)
 Luke O'Donnell (Albion Park - Oak Flats)
 1997 James Longbottom (Nowra Warriors)
 Ben Byrne (Berry S.Heads)
 1998 Ben Wellington (Nowra Warriors)
 Tim O'Sullivan (Berry-S.Heads)
 1999 David Price (Nowra Warriors)
 Samuel Burke (Kiama)
 2000 Lewis Tait (Milton-Ulladulla)
 Glenn Marando (Bomaderry)
 2001 Josh Elliott (Kiama)
 Brad Davidson (Gerringong)
 Glenn McCallum (Nowra Warriors)
 2002 Brent Hurley (Nowra Warriors)
 Bryce Cummings (Milton-Ulladulla)
 Christopher Pitt (Albion Park - Oak Flats)
 2003 Brendan Dallas (A. Park-Oak Flats)
 Jarred McNamara (Nowra Warriors)
 2004 Graham Davidson (Nowra Warriors)
 Lewis McCall (Nowra Warriors)
 2005 Michael Maslanka (Jamberoo)
 Mitchell Rein (Kiama)
 2006 Michell Lennon (Culburra)
 Jacob Boon (Albion Park - Oak Flats)
 2007 Orry Weir (Shellharbour City)
 AJ Hatch (Milton Ulladulla)
 2008 Darcy Heffernan (Culburra),
 Harrison Miller (Milton - Ulladulla)
 2009 Thomas Berry (Nowra Warriors),
 Mitchell Liddicoat (Berry Shoalhaven Heads)
 2010 Kade Kentwell (Albion Park Oak Flats)
 Alex Rossetto (Milton Ulladulla)
 2011 Bradley Hammond, Khy Whitford
 (Milton Ulladulla)
 2012 Travis Burns (Bomaderry)
 2013 Harley Grundy, James Hayman
 (Milton Ulladulla)
 2014 Colton Anderson, Hamish Shorland
 (Milton Ulladulla)
 2015 Cole Thomson (Albion Park - Oak Flats)
 2016 Liam Conlon, Tarje Whitford
 (Milton Ulladulla)
 2017 Lleyton Roach (Milton Ulladulla)
 2018 Caleb Potts (Kiama)
 2019 Caelum Elliott (Milton Ulladulla)
 2020 No Award
 2021 Talea Miller (Bomaderry)
 2022 Chloe Wallace (Kiama)

2023 Oliver Miles (Kiama)
 Maisie Butson (Milton-Ulladulla)
 2024 Maddison Reid (Milton Ulladulla)
 & Taj Barrett (Berry Shoalhaven Heads)

**Sharon Clark Ladies League Tag
Division 1 Player of the Year**

2011 Kristi Pan (Kiama)
 2012 Kara Lee Nolan (Albion Park Oak Flats)
 2013 Aimee Barnard (Jamberoo)
 2014 Ebony Murray (Milton Ulladulla)
 2015 Cheyanne Hatch (Milton Ulladulla)
 2016 Cheyanne Hatch (Milton Ulladulla)
 2017 Carly Ryan (Jamberoo)
 2018 Cheyne Hatch (Milton Ulladulla)
 2019 Kristie Falzon (Nowra Bomaderry)
 2020 No Award
 2021 Season Cancelled (Covid)
 2022 Talia Atfield (Berry Shoalhaven Heads)
 2023 Ebony Murray (Milton Ulladulla)
 2024 Alana Starr (Kiama)
 2025 Ebony Moore (Milton-Ulladulla)

Connie Dallas Ladies League Tag

Division 1 Premiers

2018 Kiama Knights
 2019 Jamberoo Superoos
 2020 Jamberoo Superoos
 2021 Season Cancelled (Covid)
 2022 Stingrays Of Shellharbour
 2023 Jamberoo Superoos
 2024 Milton Ulladulla
 2025 Milton-Ulladulla

Syd Weller Ladies League Tag

Division 2 Premiers

2018 Albion Park Oak Flats Eagles
 2019 Shellharbour Sharks
 2020 Albion Park Oak Flats Eagles
 2021 Season Cancelled (Covid)
 2022 Shellharbour Sharks
 2023 Warilla Lake South
 2024 Jamberoo
 2025 Milton-Ulladulla

Open Womens Tackle Player of the Year
 2023 Hannah England (Milton Ulladulla)
 2024 Alivia Brown (Milton Ulladulla)
 & Jayla Commins (Shellharbour Sharks)

Harold Alcock Memorial

Outstanding Contribution to the Game

2005 Michael Tierney (Kiama)
 2006 Mark Roberts (Warilla Lake South)
 2007 Geoff Ward (Jamberoo)
 2008 Ben Byrne (Referees Association)
 2009 Connie Dallas (Jamberoo)
 2010 Pat Kane (Gerringong)
 2011 Wayne Strong (Berry Shoalhaven Heads)
 2012 Ray Tarlinton (Warilla Lake South)
 2013 Daryl Hobbs (Gerringong)
 2014 Peter Hooper (Warilla Lake South)
 2015 Narelle Barry (Berry Shoalhaven Heads)
 2016 Atfield Family (Nowra Bomaderry)
 2017 Ralph Clarke (Albion Park - Oak Flats)
 2018 Alan (Squeaker) Carroll (Shellharbour)
 2019 Daniella Puckeridge (Albion Park - Oak Flats)
 2020 No Award

2021 Season Cancelled (Covid)
 2022 Joe Rogers (Berry Shoalhaven Heads)
 2023 Mark Berry (Nowra-Bomaderry)
 2024 Cheyanne Hatch (Milton Ulladulla)

Representative Player of the Year

2011 Patrick Cronin (Gerringong)
 2012 Rixon Russell (Gerringong),
 Dean Gray (Albion Park - Oak Flats)
 2013 Grant Roberts (Batemans Bay)
 2014 Aaron Henry (Warilla Lake South)
 2015 Mark Walsh (Warilla Lake South)
 Joel Roberts (Gerringong)
 2016 NA
 2017 Brock Skelly (Shellharbour)
 2018 Corey Grigg (Jamberoo)
 2019 Luke Sutton (Kiama)
 2020 No Award
 2021 Season Cancelled (Covid)
 2022 Jake Brisbane (Warilla Lake South)
 2023 Tom Warner (Stingrays Of Shellharbour)
 2024 NA

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SOUTH COAST GROUP 7 JUNIOR RUGBY LEAGUE

PREMIERS AND GRAND FINAL SCORES

| | |
|-------------|---|
| 1956 | 16.1 Milton Ulladulla, 12.1 Milton Ulladulla |
| 1957 | 16.1 Milton Ulladulla, 14.1 Kiama, 12.1 Kiama |
| 1958 | 16.1 Milton Ulladulla, 14.1 Nowra Warriors, 13.1 Nowra Warriors, |
| 1959 | 16.1 Nowra Warriors, 14.1 Milton Ulladulla |
| 1960 | 16.1 Kiama, 14.1 Nowra Warriors, |
| 1961 | 16.1 Shellharbour, 14.1 Shellharbour |
| 1962 | 16.1 Shellharbour, 14.1 Shellharbour |
| 1963 | Shellharbour, 14.1 Shellharbour |
| 1964 | 15.1 Shellharbour, 14.1 Albion Park Oak Flats, 13.1 Albion Park Oak Flats, 12.1 Kiama |
| 1965 | 15.1 Nowra Warriors, 14.1 Milton Ulladulla, 13.1 Kiama, 12.1 Bomaderry, 10.1 Nowra Warriors |
| 1966 | 16.1 Albion Park Oak Flats, 15.1 Bomaderry, 14.1 Bomaderry, 13.1 Kiama, 11.1 Warilla, 10.1 Nowra Warriors, 9.1 Nowra warriors, 8.1 Kiama |
| 1967 | 16.1 Bomaderry, 15.1 Bomaderry, 14.1 Nowra Warriors, 13.1 Kiama, 12.1 Warilla, 11.1 Nowra Warriors, 10.1 Nowra Warriors, 9.1 Nowra Warriors, 8.1 Warilla |
| 1968 | 16.1 Bomaderry, 15.1 Nowra Warriors, 14.1 Bomaderry, 13.1 Warilla, 12.1 Warilla, 12.2 Warilla, 11.1 Warilla, 10.1 Warilla, 9.1 Bomaderry, 8.1 Nowra Warriors |
| 1969 | 16.1 Nowra Warriors, 15.1 Bomaderry, 14.1 Berry, 14.2 Bomaderry, 13.1 Shellharbour, 13.2 Kangaroo Valley, 12.1 Warilla, 12.2 Nowra Warriors, 11.1 Warilla, 11.2 Milton Ulladulla, 10.1 Bomaderry, 10.2 Albion Park Oak Flats, 9.1 Nowra Warriors, 9.2 Kiama, 8.1 Nowra Warriors, 8.2 Milton Ulladulla |
| 1970 | 16.1 Bomaderry, 15.1 Nowra Warriors, 15.2 Bomaderry, 14.1 Warilla, 14.2 Albion Park Oak Flats, 13.1 Warilla, 13.2 Kiama, 12.1 Warilla, 12.2 Albion Park Oak Flats, 11.1 Warilla, 11.2 Warilla, 10.1 Warilla, 10.2 Warilla, 9.1 Warilla, 9.2 Bomaderry 8.1 Nowra Warriors, 8.2 Berry, 7.1 Albion Park Oak Flats, |
| 1971 | 16.1 Warilla, 15.1 Warilla, 14.1 Warilla, 14.2 Bomaderry, 13.1 Bomaderry, 12.1 Bomaderry, 12.2 Albion Park Oak Flats, 11.1 Bomaderry, 11.2 Milton Ulladulla, 10.1 Nowra Warriors, 10.2 Kiama, 9.1 Warilla, 9.2 Jamberoo, 8.1 Albion Park Oak Flats, 8.2 Berry, 7.1 Warilla |
| 1972 | 16.1 Nowra Warriors, 15.1 Warilla, 15.2 Berry, 14.1 Bomaderry, 13.1 Warilla, 13.2 Kiama, 12.1 Nowra Warriors, 12.2 Warilla, 11.1 Warilla, 11.2 Shellharbour, 10.1 Nowra Warriors, 10.2 Berry, 9.1 Albion Park Oak Flats, 9.2 Kiama, 8.1 Warilla, 8.2 Warilla, 7.1 Warilla |
| 1973 | 16.1 Shellharbour, 15.1 Shellharbour, 14.1 Shellharbour, 14.2 Nowra Warriors, 13.1 Bomaderry, 13.2 Shellharbour, 12.1 Warilla, 12.2 Gerringong, 11.1 Nowra Warriors, 10.1 Warilla, 10.2. Shellharbour, 9.1 Warilla, 9.2 Shellharbour, 8.1 Warilla, 8.2 Warilla, 7.1 Warilla |
| 1974 | 16.1 Bomaderry, 15.1 Bomaderry, 14.1 Bomaderry, 13.1 Warilla, 13.2 Shellharbour, 12.1 Warilla 12.2 Milton Ulladulla, 11.1 Albion Park Oak Flats, 11.2 Milton Ulladulla, 10.1 Warilla, 9.1 Warilla, 8.1 Kiama, 7.1 Kiama |
| 1975 | 16.1 Shellharbour, 15.1 Bomaderry, 14.1 Warilla, 13.1 Albion Park Oak Flats, 12.1 Albion Park Oak Flats, 12.2 Milton Ulladulla, 11.1 Warilla, 11.2 Warilla, 10.1 Warilla, 9.1 Warilla, 8.1 Nowra Warriors, 7.1 Nowra Warriors |
| 1976 | 16.1 Bomaderry, 15.1 Bomaderry, 14.1 Milton Ulladulla, 13.1 Warilla, 12.1 Warilla, 12.2 Gerringong, 11.1 Warilla, 10.1 Warilla, 9.1 Nowra Warriors, 8.1 Kiama, 7.1 Warilla, |
| 1977 | 16.1 Bomaderry, 15.1 Warilla, 14.1 Albion Park Oak Flats, 13.1 Albion Park Oak Flats, 12.1 Bomaderry, 12.2 Gerringong, 11.1 Warilla, 10.1 Albion Park Oak Flats, 10.2 Bomaderry, 9.1 Kiama, 8.1 Warilla, 7.1 Shellharbour |

| | |
|-------------|---|
| 1978 | 16.1 Warilla, 15.1 Nowra Warriors, 14.1 Kiama, 13.1 Bomaderry, 12.1 Kiama, 11.1 Nowra Warriors, 10.1 Warilla, 9.1 Warilla, 8.1 Warilla, 7.1 Warilla |
| 1979 | 16.1 Albion Park Oak Flats, 15.1 Kiama, 14.1 Bomaderry, 13.1 Warilla, 12.1 Albion Park Oak Flats 11.1 Warilla, 10.1 Warilla, 9.1 Warilla, 8.1 Warilla, 7.1 Warilla |
| 1980 | 16.1 Kiama, 15.1 Bomaderry, 14.1 Warilla, 13.1 Nowra Warriors, 12.1 Warilla, 11.1 Warilla, 10.1 Warilla, 9.1 Warilla, 8.1 Kiama, 7.1 Albion Park Oak Flats |
| 1981 | 16.1 Bomaderry, 15.1 Warilla, 14.1 Warilla, 13.1 Nowra Warriors, 12.1 Warilla, 12.2 Gerringong, 11.1 Nowra Warriors, 11.2 Kiama, 10.1 Warilla, 10.2 Gerringong, 9.1 Warilla, 9.2 Nowra Warriors, 8.1 Albion Park Oak Flats, 7.1 Warilla |
| 1982 | 15.1 Nowra Warriors, 14.1 Gerringong, 13.1 Warilla, 13.2 Kiama, 12.1 Nowra Warriors, 11.1 Warilla, 11.2 Nowra Warriors, 10.1 Warilla, 10.2 Shellharbour, 9.1 Warilla, 8.1 Warilla, 7.1 Warilla, 7.2 Kiama |
| 1983 | 16.1 Nowra Warriors, 15.1 Nowra Warriors, 14.1 Kiama, 13.1 Shellharbour, 12.1 Warilla, 12.2 Bomaderry, 11.1 Kiama, 10.1 Albion Park Oak Flats, 10.2 Bomaderry, 9.1 Kiama, 8.1 Shellharbour, 7.1 Albion Park Oak Flats, 7.2 Gerringong |
| 1984 | 15.1 Kiama, 14.1 Shellharbour, 13.1 Warilla, 13.2 Berry, 12.1 Kiama, 12.2 Bomaderry, 11.1 Warilla, 10.1 Shellharbour, 9.1 Shellharbour, 8.1 Albion Park Oak Flats/Warilla (Joint) 7.1 Albion Park Oak Flats |
| 1985 | 16.1 Warilla, 16.2 Helensburgh, 15.2 Thirroul, 14.1 Dapto, 14.2 Kiama, 14.3 Helensburgh, 13.1 Albion Park Oak Flats, 12.1 Albion Park Oak Flats, 11.1 Shellharbour, 10.1 Nowra Warriors 9.1 9.1 Warilla, 8.1 Albion Park Oak Flats No Premiers in 7, 8 and 9 Years after introduction of Mini League |
| 1986 | 16.1 Albion Park Oak Flats 30 Berkeley 0 (Illawarra Comp), 15.2 Warilla 18 Albion Park Oak Flats 10, 13.1 Albion Park Oak Flats 26 Warilla 4, 12.1 Warilla 14 Kiama 8, 11.1 Nowra Warriors 24 Shellharbour 5, 10.1 Albion Park Oak Flats 14 Warilla 12, |
| 1987 | 16.1 Albion Park Oak Flats 16 Warilla 10, 15.1 Albion Park Oak Flats 14 Warilla 6, 14.1 Albion Park Oak Flats 32 St Georges Basin 18, 13.1 St Josephs Albion Park 12 Warilla 10, 12.1 Shellharbour 14 Nowra Warriors 0, 11.1 Warilla 12 Nowra Warriors 7, 10.1 Nowra Warriors 10 Albion Park Oak Flats 5 |
| 1988 | 16.1 Albion Park Oak Flats 18 St Georges Basin 10, 15.1 St Georges Basin 26 Warilla 16, 14.1 St Georges Basin 22 Warilla 8, 13.1 Nowra Warriors 34 Shellharbour 12, 12.1 Warilla 19 Nowra Kangaroos 5, 11.1 Nowra Wallabies 12 Albion Par Oak Flats 10, 10.1 St Pauls Albion Park 7 Shellharbour 5 |
| 1989 | 16.1 Warilla 26 Berry Shoalhaven Heads 14, 15.1 Warilla 23 Kiama 20, 14.1 Nowra Warriors 40 Kiama 6, 13.1 Warilla 20 Nowra Wallabies 10, 12.1 Albion Park Oak Flats 40 Berry Shoalhaven Heads 0, 11.1 Albion Park Oak Flats 14 Shellharbour 7, 10.1 Albion Park Oak Flats 29 Nowra Kangaroos 17 |
| 1990 | 15.1 Nowra Warriors 36 Wests Illawarra 16, 14.1 Warilla 30 Nowra Warriors 10, 13.1 Berry Shoalhaven Heads 20 Albion Park Oak Flats 12, 12.1 St Georges Basin 14 Shellharbour 7, 11.1 Albion Park Oak Flats 36 Kiama 12, 10.1 Albion Park Oak Flats 24 Milton Ulladulla 11 |
| 1991 | 16.1 Nowra Warriors 38 St Georges Basin 16, 15.1 Nowra Warriors 30 Gerringong 10, 14.1 Nowra Warriors 16 Albion Park Oak Flats 10, 13.1 Albion Park Oak Flats 22 Shellharbour 14, 13.2 Kiama 32 Warilla 0, 12.1 Shellharbour 38 Nowra Kangaroos 0, 12.2 Kiama 17 Milton Ulladulla 0, 11.1 Albion Park Oak Flats 24 Warilla 19, 11.2 Nowra Warriors 34 St Georges Basin 7, 10.1 Albion Park Oak Flats 27 Nowra Kangaroos 5, 10.2 St Georges Basin 19 Nowra Warriors 15 |
| 1992 | 15.1 Thirroul 24 Berry Shoalhaven Heads 22, 14.1 Nowra Warriors 14 Albion Park Oak Flats 12, 14.2 Milton Ulladulla 40 Warilla 10, 13.1 Nowra Warriors 22 Albion Park Oak Flats 10, 13.2 Kiama 34 Warilla 0, 12.1 Warilla 7 Albion Park Oak Flats 5, 12.2 Berry Shoalhaven Heads 7 Kiama 0, 11.1 Albion Park Oak Flat 16 Nowra Warriors 7, 11.2 Nowra Warriors 36 Berry Shoalhaven Heads 5, 10.1 Albion Park Oak Flats 33 Warilla 0, 10.1 Gerringong 8 Milton Ulladulla 5. |

1993 16.1 Albion Park Oak Flats 16 Berry Shoalhaven Heads 8, 16.2 Milton Ulladulla 15 Warilla 8, 14.1 Albion Park Oak Flats 24 Nowra Warriors 4, 14.2 Berry Shoalhaven Heads 42 Milton Ulladulla 20, 13.1 Warilla 22 Albion Park Oak Flats 4, 13.2 Kiama 20 Albion Park Oak Flats 8, 12.1 Albion Park Oak Flats 19 Warilla 10, 12.2 Nowra Warriors 15 Gerringong 12, 11.1 Albion Park Oak Flats 36 Warilla 7, 11.2 Berry Shoalhaven Heads 29 Culburra 27, 10.1 Albion Park Oak Flats 10 Kiama 7, 10.2 Nowra Warriors 34 Warilla 16

1994 16.1 Shellharbour 22 Bomaderry 18, 15.1 Shellharbour 16 Nowra Warriors 6, 14.1 Albion Park Oak Flats 20 Shellharbour 10, 14.2 Kiama 34 St Georges Basin 24, 13.1 Albion Park Oak Flats 34 Nowra Warriors 24, 13.2 Shellharbour 12 Gerringong 1, 12.1 Shellharbour 14 Nowra Warriors 10, 12.2 Gerringong 33 Milton Ulladulla 5, 11.1 Albion Park Oak Flats 20 Nowra Warriors 19, 11.2 Warilla 44 Berry Shoalhaven Heads 5, 10.1 Shellharbour 15 Albion Park Oak Flats 0, 10.2 St Georges Basin 27 Culburra 15, 10.3 Sussex Inlet 15 Gerringong 5

1995 16.1 Dapto 18 Thirroul 8, 16.2 Shellharbour 10 Nowra Warriors 8, 15.1 Wests 26 Albion Park Oak Flats 16, 15.2 Kiama 32 St Georges Basin 27, 14.1 Albion Park Oak Flats 30 St Georges Basin 24, 14.2 Shellharbour 24 Berry Shoalhaven Heads 16, 13.1 Berry Shoalhaven Heads 28 Albion Park Oak Flats 22, 13.2 Warilla 29 Sussex Inlet 8, 12.1 Albion Park Oak Flats 12 Shellharbour 7, 12.2 Warilla 21 Milton Ulladulla 14, 11.1 Shellharbour 37 Kiama 7, 11.2 Milton Ulladulla 17 Kiama 12, 10.1 Shellharbour 19 Kiama 18, 10.2 Albion Park Oak Flats 46 Culburra 5

1996 16.1 Albion Park Oak Flats 40 Warilla 6, 15.1 St Georges Basin 19 Warilla 8, 14.1 Nowra Warriors 30 Albion Park Oak Flats 18, 13.1 Nowra Warriors 36 Albion Park Oak Flat 24, 13.2 Berry Shoalhaven Heads 24 Sussex Inlet 10, 12.1 Shellharbour 26 Kiama 7, 12.2 Gerringong 28 Albion Park Oak Flat 24, 11.1 Shellharbour 21 Warilla 7, 11.2 St Georges Basin 34 Nowra Warriors 5, 10.1 Warilla 24 Albion Park Oak Flats 10, 10.2 Gerringong 36 Sussex Inlet 21

1997 16.1 Warilla 22 St Georges Basin 14, 15.1 Nowra Warriors 14 Warilla 8, 14.1 St Georges Basin 24 Nowra Warriors 20, 13.1 Kiama 22 Shellharbour 14, 13.2 Culburra 16 Albion Park Oak Flats 14, 12.1 Shellharbour 14 Warilla 5, 12.2 Albion Park Oak Flats 14 St Pauls Albion Park 7, 12.3 Gerringong 60 Culburra 0, 11.1 Warilla 24 Albion Park Oak Flats 0, 11.2 Warilla 34 Nowra Warriors 18, 10.1 Albion Park Oak Flats 28 St Pauls Albion Park 5, 10.2 Shellharbour 18 Sussex Inlet 15,

1998 13 to 16 Year played in Merged Competition with Illawarra
12.1 Warilla 26 St Georges Basin 12, 12.2 Gerringong 26 Warilla 0, 11.1 Nowra Warriors 35 Albion Park Oak Flats 22, 11.2 Warilla 35 Sussex Inlet 22, 10.1 Nowra Warriors 28 Albion Park Oak Flats 4

1999 12.1 Shellharbour 25 Albion Park Oak Flats 0, 11.1 Kiama 14 Sussex Inlet 12, 11.2 Jamberoo 22 Berry Shoalhaven Heads 19, 10.1 St Georges Basin 28 Warilla 10, 10.2 Milton Ulladulla 29 Jamberoo 11

2000 12.1 Sussex Inlet 26 Albion Park Oak Flats 0, 12.2 Kiama 7 Gerringong 5, 11.1 St Georges Basin 20 Sussex Inlet 14, 11.2 Gerringong 26 Milton Ulladulla 0, 10.1 Warilla 50 Milton Ulladulla 0, 10.2 Kiama 17 Bomaderry 10

2001 12.1 St Georges Basin 31 Sussex Inlet 5, 12.2 Shellharbour 12 Bomaderry 9, 11.1 Shellharbour 12 Warilla 0, 11.2 Berry Shoalhaven Heads 20 Sussex Inlet 8, 10.1 Albion Park Oak Flats 10 Culburra 5, 10.2 Nowra Warriors 31 Kiama 12

2002 12.1 Shellharbour 20 Milton Ulladulla 5, 12.2 Gerringong 24 Albion Park Oak Flats 8, 11.1 Albion Park Oak Flats 24 Gerringong 15, 11.2 Bomaderry 18 Kiama 8, 10.1 Culburra 39 Shellharbour 19, 10.2 Crookhaven 15 Albion Park Oak Flats 13

2003 12.1 Gerringong 15 Albion Park Oak Flats 8, 12.2 St Georges Basin 12 Jamberoo 0, 11.1 Culburra 15 Shellharbour 5, 11.2 Kangaroo Valley 19 St Georges Basin 9, 10.1 Albion Park Oak Flats 19 Kiama 8, 10.2 St Georges Basin 18 Bomaderry 12

2004 12.1 Shellharbour 17 Milton Ulladulla 13, 12.2 Bomaderry 12 Berry Shoalhaven Heads 10, 11.1 Milton Ulladulla 23 Shellharbour 0, 11.2 Culburra 23 Gerringong 0, 10.1 Albion Park Oak Flats 18 St Georges Basin 0, 10.2 Gerringong 20 Jamberoo 12.

2005 12.1 Gerringong 15 Albion Park Oak Flats 8, 12.2 St Georges Basin 12 Jamberoo 0, 11.1 Culburra 15 Shellharbour 5, 11.2 Kangaroo Valley 19 St Georges Basin 9, 10.1 Albion Park Oak Flats 19 Kiama 6, 10.2 St Georges Basin 18 Bomaderry 12

2006 12.1 Albion Park Oak Flats 10 Kiama 6, 12.2 Jamberoo 4 Warilla 0, 11.1 Kiama 28 Albion Park Oak Flats 12, 11.2 St Georges Basin 22 Milton Ulladulla 12, 10.1 Stingrays of Shellharbour 12 Batemans Bay 4, 10.2 Warilla 24 Gerringong 22.

2007 12.1 Kiama 20 Albion Park Oak Flats 0, 12.2 Batemans Bay 26 Albion Park Oak Flats 6, 11.1 Stingrays of Shellharbour 18 Batemans Bay 6, 11.2 Nowra Warriors 26 Bomaderry 18, 10.1 Albion Park Oak Flats 18 Batemans Bay 16, 10.2 Berry Shoalhaven Heads 26 St Georges Basin 12

2008 12.1 Albion Park Oak Flats 22 Stingrays of Shellharbour 0, 12.2 Berry Shoalhaven Heads 22 Shellharbour 0, 11.1 Albion Park Oak Flats 24 Kiama 6, 10.1 Albion Park Oak Flats 12 Kiama 10, 10.2 Berry Shoalhaven Heads 26 Kiama 24

2009 12.1 Albion Park Oak Flats 26 Milton Ulladulla 6, 12.2 Culburra 18 Albion Park Oak Flats 12, 11.1 Gerringong 18 Kiama 0, 11.2 Kiama 24 Stingrays of Shellharbour 12, 10.1 Stingrays of Shellharbour 20 Jamberoo 0, 10.2 Berry Shoalhaven Heads 36 Sussex Inlet 12

2010 12.1 Albion Park Oak Flats 18 Gerringong 10, 12.2 St Georges Basin 28 Warilla 6, 11.1 Stingrays of Shellharbour 24 Kiama 12, 11.2 Nowra Warriors 28 Stingrays of Shellharbour 6, 10.1 Albion Park Oak Flats 52 Stingrays of Shellharbour 0, 10.2 Batemans Bay 18 Gerringong 16

2011 12.1 Stingrays of Shellharbour 10 Gerringong 0, 12.2 Warilla 26 Sussex Inlet 4, 11.1 Albion Park Oak Flats 22 Milton Ulladulla 10, 11.2 Milton Ulladulla 32 Kiama 12, 10.1 Kiama 18 Warilla 12, 10.2 Milton Ulladulla 34 Batemans Bay 18

2012 12.1 Albion Park Oak Flats 10 Milton Ulladulla 0, 12.2 St Georges Basin 36 Bomaderry 6, 11.1 Kiama 24 Warilla 6, 11.2 Gerringong 24 Bomaderry 12, 10.1 Albion Park Oak Flats 36 Stingrays of Shellharbour 6, 10.2 Berry Shoalhaven Heads 50 Stingrays of Shellharbour 0

2013 12.1 Warilla 36 Gerringong 6, 12.2 Bomaderry 16 Culburra 6, 11.1 Albion Park Oak Flats 32 Kiama 22, 11.2 Jamberoo 36 Bomaderry 12, 10.1 Stingrays of Shellharbour 38 Milton Ulladulla 18, 10.2 Berry Shoalhaven Heads 24 Bomaderry 6

2014 12.1 Stingrays of Shellharbour 12 Kiama 0, 12.2 Warilla 20 Stingrays of Shellharbour 6, 11.1 Stingrays of Shellharbour 28 Kiama 0, 11.2 St Georges Basin 38 Stingrays of Shellharbour 0, 10.1 Gerringong 18 Milton Ulladulla 10, 10.2 Culburra 36 Stingrays of Shellharbour 10

2015 12.1 Stingrays of Shellharbour 10 Kiama 6, 12.2 Albion Park Oak Flats 14 Bomaderry 12, 11.1 Gerringong 42 Stingrays of Shellharbour 6, 11.2 Albion Park Oak Flats 42 Sussex Inlet 12, 10.1 Gerringong 18 Albion Park Oak Flats 6, 10.2 Milton Ulladulla 42 Berry Shoalhaven Heads 16, Girls Tag 14.1 Stingrays of Shellharbour Green 18 Stingrays of Shellharbour Gold 6, 12.1 Albion Park Oak Flats 14 Stingrays of Shellharbour 10

2016 12.1 Gerringong 22 Stingrays of Shellharbour 10, 12.2 Bomaderry 22 Warilla 16, 11.1 Albion Park Oak Flats 36 Gerringong 24, 11.2 St Georges Basin 30 Nowra Warriors 24, 10.1 Albion Park Oak Flats 18 Kiama 0, 10.2 Milton Ulladulla 30 St Georges Basin 11 Girls Tag 16.1 Kiama 14 Albion Park Oak Flats 8, 14.1 Stingrays of Shellharbour 36 Albion Park Oak Flats 4, 12.1 Stingrays of Shellharbour 42 Albion Park Oak Flats 10.

2017 12.1 Gerringong 38 Albion Park Oak Flats 0, 11.1 Albion Oak Flats 22 Kiama 0, 11.2 Nowra Warriors 36 St Georges Basin 6, 10.1 Albion Park Oak Flats 40 Stingrays of Shellharbour 0, 10.2 Culburra 18 Albion Park Oak Flats 14, Girls Tag 16.1 Stingrays of Shellharbour 26 Milton Ulladulla 10, 14.1 Stingrays of Shellharbour Green 30 Stingrays of Shellharbour Gold 0, 12.1 Stingrays of Shellharbour 20 Albion Park Oak Flats 8

2018 12.1 Warilla 6 Albion Park Oak Flats 4, 12.2 Nowra Warriors 20 St Georges Basin 12, 11.1 Kiama 18 Albion Park Oak Flats 6, 11.2 Albion Park Oak Flats 6 Culburra 0, 10.1 Albion Park Oak Flats 18 Stingrays of Shellharbour 10, 10.2 Gerringong 38 Albion Park Oak Flats 10, Girls Tag 16.1 Stingrays of Shellharbour 34 Milton Ulladulla 0, 14.1 Stingrays of Shellharbour Green 22 Stingrays of Shellharbour Gold 10, 12.1 Kiama 14 Stingrays of Shellharbour 12, 10.1 Stingrays of Shellharbour 14 Milton Ulladulla 12.

- 2019** 12.1 Albion Park Oak Flats 24 Stingrays of Shellharbour 8, 12.2 Nowra Warriors 26 Gerringong 16, 11.1 Stingrays of Shellharbour 12 Albion Park Oak Flats 6, 11.2 Gerringong 42 St Georges Basin 30, 10.1 Gerringong 30 Stingrays of Shellharbour 18, 10.2 Berry Shoalhaven Heads 32 Kiama 6 Girls Tag. 16.1 Stingrays of Shellharbour Gold 28 Stingrays of Shellharbour Green 20, 14.1 Stingrays of Shellharbour 30 Sussex Inlet 12, 12.1 Kiama 20 Milton Ulladulla 0, 12.2 Stingrays of Shellharbour 20 Albion Park Oak Flats 12, 10.1 Kiama 12 Stingrays of Shellharbour 10
- 2020** (No Final Series Leading Team Premiers). 10.1. Berry Shoalhaven Heads, 11.1 Stingrays of Shellharbour, 12.1 Stingrays of Shellharbour,, Girls Tag 10 Albion Park Oak Flats, 12 Stingrays of Shellharbour, 14 Kiama, 16 Stingrays of Shellharbour, Girls Tackle 14 Stingrays of Shellharbour, 16 Stingrays of Shellharbour.
- 2021** (No Final Series- Covid)
- 2022** 16BT Stingrays of Shellharbour 30 -Milton Ulladulla 10, 15BT Kiama Red 16-Stingrays of Shellharbour 6, 14BT Albion Park Maroon 18- Stingrays of Shellharbour Green 10, 13BT Stingrays Green- 16 -Kiama 12, 12-1BT Gerringong 26- Stingrays of Shellharbour 4, 12-2BT Warilla 20-Gerringong 8, 10 -1BT Kiama Red 24 -Stingrays of Shellharbour 4, 10.2, 10-2BT Gerringong 28 -Kiama Black 16 12.1 Gerringong 20 APOF 4, 12.2 Nowra 26 Shellharbour 10, 11.1 Gerringong 24 Shellharbour 18, 11.2 St Georges Basin 26 Southern Highlands 18, 10.1 Shellharbour & Kiama 12 (Joint Premiers), 10.2 Milton-Ulladulla 20 Bomaderry 12
- 2023** Premier winners BT Under 16-2's: Berry Shoalhaven Heads Magpies BT Under 16-1's: Milton Ulladulla Bulldogs BT Under 14-2's: Stingrays of Shellharbour BT Under 14-1's: Stingrays of Shellharbour, BT Under 13's: Gerringong Lions , BT Under 12-2's: Shellharbour Sharks BT Under 12-1's: Albion Park Oak Flats Eagles BT Under 11's: Shellharbour Sharks Under 12-2's: Bomaderry Swamprats Under 12-1's: Shellharbour Sharks Under 11-2's: Bomaderry Swamprats Under 11-1's: Shellharbour Sharks
- 2024** **Group 7 Junior Rugby League:** BT Under 16-1: Kiama Knights 10 def Stingrays 0, BT Under 16-2: Stingrays 22 def Gerringong Lions 10, BT Under 14-1: APOF Eagles 16 def Gerringong Lions 0, BT Under 14-2: Shellharbour Sharks White 8 def Sussex Inlet Panthers 4, BT Under 12-1: Kiama Knights 24 def Shellharbour Sharks 0, BT Under 12-2: Kiama Knights 20 def Shellharbour Sharks 16, Under 12-1: Shellharbour Sharks 6 def Kiama Knights 4, & Under 12-2: APOF Eagles 12 def Shellharbour Sharks Gold 10 (No competitive competition in Under 11s)
- Merged Competition:** Under 16-1: Kiama Knights 26 def Western Suburb Devils 6, Under 16-2: Thirroul Butchers 24 def Warilla Gorillas 6, Under 16 GT: Kiama Knights 14 def Corrimal Cougars 10, Under 15-1: Western Suburb Devils 4 def Woonona Bushrangers 2, Under 15-2: St Georges Basin 24 def Milton Ulladulla Bulldogs 10, Under 14-1: Corrimal Cougars 16 def Berry Shoalhaven Magpies 14, Under 14-2: Milton Ulladulla Bulldogs 16 def Southern Highlands Storm 0, Under 14-1 GT: West Devils 16 def Gerringong Lions 10, Under 14-2 GT: St Georges Basin 18 def Milton Ulladulla Bulldogs 16, Under 13-1: Western Suburb Devils 26 def Corrimal Cougars 12 & Under 13-2: Southern Highlands Storm 14 def Warilla Gorillas 10
- 2025** **Merged Competition:** Under 16-2: Kiama Knights 21 def Shellharbour Sharks 20, Under 16-1: Dapto Canaries 26 def Western Suburbs Devils 20, Under 15-2: Southern Highland Storms 22 def Warilla Gorillas 10, Under 15-1: Berry-Shoalhaven Heads Magpies 10 def Shellharbour Sharks 6, Under 14-2: Kiama Knights 14 def Culburra Dolphins 10, Under 14-1: Corrimal Cougars 12 def Western Suburbs Devils 10, Under 13-2: Helensburgh Tigers 36 def Thirroul Butchers 10, Under 13-1: Thirroul Butchers 32 def Warilla Gorillas 10, Under 14-1 Girls Tackle: Western Suburbs Devils 44 def Stingrays of Shellharbour 8, Under 16-2 Girls Tackle: Milton-Ulladulla Bulldogs 12 def Kiama Knights 10, Under 16-1 Girls Tackle: Western Suburbs Devils 10 def Collegians 4, Blues Tag Under 16-2: Shellharbour Sharks 20 def Southern Highland Storm 12, Blues Tag Under 16-1: Kiama Knights RED 22 def Gerringong Lions 16, Blues Tag Under 14-2: Gerringong Lions 24 def Shellharbour Sharks 4, Blues Tag Under 14-1: Kiama Knights Red 18 def Berry-Shoalhaven Heads Magpies 6, Under 14-2 Girls Tackle: Collegians 34 def Berkeley Eagles/Port Kembla 0

HOME GAMES

ROUND 3
SAT 14TH MARCH
5.30PM

ROUND 6
FRI 10TH APRIL
6.00PM

ROUND 10
SAT 9TH MAY
3.00PM

ROUND 22
FRI 31ST JULY
6.00PM

DOUBLE HEADER
NRL ROUND 27 | NRLW ROUND 10
SUN 6TH SEPT
NRLW 11.50AM | NRL 2.00PM

WIN STADIUM | ticketmaster | PREMIERSHIP

PROUD SPONSORS OF SOUTH COAST GROUP SEVEN



2026 SENIOR COMPETITION GROUND MANAGERS GUIDE



MATCH DURATIONS/MAX MIN PLAYERS

| Competition | Match Duration | Max Players | Min Players |
|-----------------------------|----------------|-------------|-------------|
| First Grade | 2 X 35 mins | Max 13 | Min 9 |
| Second Grade | 2 X 35 mins | Max 13 | Min 9 |
| Third Grade | 2 X 35 mins | Max 13 | Min 9 |
| Fourth Grade | 2 X 35 mins | Max 13 | Min 9 |
| Manly Cup | 2 X 35 mins | Max 13 | Min 9 |
| Manly Cup Ladies League Tag | 2 x 25 mins | Max 11 | Min 8 |

CONCUSSION PROTOCOLS

Players must be reminded as with earlier correspondence and in-line with the 2025 Community Concussion Policy and Guidelines for the Management of Concussion. In the event of a head injury concussion, a **Free Interchange** will be given for the player leaving the field.

However, that player will not be permitted to return to the field of play for the remainder of the match with no exceptions and regardless of further review by a Sport Trainer. **If the HIA Free Placement card is used, it must be marked on the Sign on Sheet and Head Injury/Concussion Protocols will apply.**

Group 7 is implementing an 18th man policy to help clubs deal with failed head injury assessments in First Grade. Similar to the recent changes implemented by the NRL, Group 7 First Grade teams can name an 18th man in their match day squad who can be activated should a player fail an HIA. The 18th man must have played in a Lower Grade game. Group 7 sides can use their fifth bench member after one player cops a head knock and is unable to pass the assessment.

This initiative from their group administrators will help relieve the pressure off Teams, Coaches and Managers when players have been removed from the game for possible concussion.

A player who is diagnosed with a concussion cannot return within the timeframes outlined below:

Adults (19 years and over): Eleven (11) days. The earliest a player can be made available for team selection is on the 11th day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

Children and Adolescents (18 years and younger): Nineteen (19) days. The earliest a player can be made available for team selection is on the 19th day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

Players must complete a 6 stage RTS program prior to returning to contact training or competition matches. Children and adolescents must also return to learn/school symptom free.

While players cannot return within these timeframes, the duration of exclusion from contact training and play is based on an individual's recovery and RTS Strategy as managed by a medical practitioner (doctor).

Failure to comply with the Concussion Protocols may result in loss of competition points or financial penalties.

GROUND MANAGERS

For each match day each club is to appoint a Ground Manager who must be clearly identified by apparel supplied by the League. It is the responsibility of the home club to make every effort to ensure the safety of all referees prior to, during & post game.

GROUND ARRANGEMENTS

The maximum number of personnel permitted in the designated Team Official area will be 3 Sports Trainers or League Safes, Coach Manager, Team Liaison Officer (TLO) and the permitted number of dressed replacement players.

CODE OF CONDUCT REPORTING

All incidents must be formally reported to Group 7 by 4:00 PM on the Tuesday following the match. Use the QR Code below to submit the NSWRL Code of Conduct Report.

SPORTS TRAINERS: NRL ON-FIELD POLICY

GROUND MANAGER MUST:

- Sports Trainers must be able to present Accreditation if requested by GROUND MANAGER.
- Check Sports Trainers accreditation using MySideline.
- Ensure Sports Trainer has signed the Sign on Sheet.

'THE MINIMUM REQUIREMENTS CANNOT BE MET THEN THE GAME CANNOT START'

| Competition | 1st Responder | 2nd Responder | 3rd Responder |
|----------------------------------|---------------------------------|---------------------------------|---|
| Senior Rugby League Competitions | 1 First Responder For Each Team | 1 First Responder For Each Team | NRL Level 1 Sports Trainer, or NRL Level 2 Sports Trainer |

COMPETITION POINTS

Competition points will be awarded on the following basis:

First Grade – Four replacements may be used and interchanged at any time during a match. A maximum of 8 interchanges only may be used during a match and all interchanges must be accompanied by an interchange card reflecting the number of the interchange.

If a player is injured by an act of foul play and the referee takes any 1 of the following actions:

- 1 – Sends the offending player from the field
- 2 – Sin bins the offending player

If a player is fouled by an opponent, who is then dismissed from the field or sinbinned the fouled player is caused to leave the field as a direct result of an injury sustained in that incident, this interchange will not be included for the purposes of calculating the number of interchanges (free), provided that it is made without delay and by the time the referee has acted on the incident.

Second & Under 18 – Six replacements may be used and the 19 players interchanged at any time.

Third Grade – Seven replacements may be used and the 20 players interchanged at any time.

Open Women 9s – Seven replacements may be used and the 16 players interchanged at any time.

T Divisions 1, Div 2 & Regan Cup CLT – Nine replacements may be used and the 20 players interchanged at any time.

SIGN ON SHEETS

At the end of the game the **GROUND MANAGER** should ensure:

- Sign on Sheets have been completed correctly
- All Team Staff / Match Officials have signed the sheets
- Scores match on both home and away sheets

Any player removed from the field with a **SUSPECTED HEAD INJURY** is noted on the sign on sheet as **HIA**.

SIN BIN

Players sent to the Sin Bin must be escorted by a team official to a place designated by the home club or in the change rooms. A player returning to the field from the Sin Bin must advise the nearest touch judge and proceed onto the field in an on-side position.

GROUP 7 SENIOR RUGBY LEAGUE RULES & REGULATIONS



NSWRL POLICIES & PROCEDURES MANUAL



NSWRL ONLINE CODE OF CONDUCT REPORT



NRL CONCUSSION POLICY



BOOTH PARTNERS

Accountants Auditors Advisers

Taxation Consultants | Business Advice
Financial Management Services

We proudly support
South Coast Group Seven Rugby League

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JUNIOR CLUBS



SENIOR CLUBS

