



# SOUTH COAST GROUP 7 RUGBY LEAGUE

# 2025

## COMPETITION DRAW & OFFICIALS REPORTS





This map represents the deep and ongoing connection that original custodians of these lands and surrounding, have with the land and water. It reflects cultural knowledge, traditions and stories passed down through thousands of years, showing how bush tucker, animals, and the environment are closely linked to identity, daily life, and community.

The use of native plants and animals, highlight the importance of caring for country and recognising the land and sea as living, spiritual parts of culture.

By mapping the Group 7 area in this way, the artwork also shows how sport, place, and culture come together, honouring the strong ties between original custodian communities, their country, and the spaces where people gather, play, and connect today.

Artwork by Richard George Campbell





**RESERVE GRADE 2024 PREMIERS - GERRINGONG LIONS**



**3rd GRADE REGAN CUP 2024 PREMIERS - NOWRA BOMADERRY JETS**





**UNDER 18'S 2024 PREMIERS - ALBION PARK OAK FLATS EAGLES**



**LLT1 2024 PREMIERS - MILTON ULLADULLA BULLDOGS**



## LLT2 2024 PREMIERS - JAMBEROO SUPEROOS



## GROUP 7 OWT 2024 PREMIERS - MILTON ULLADULLA BULLDOGS





A photograph of four men in a bar or pub setting. They are all smiling and holding cans of 'Better Beer'. The man on the far left is wearing a dark t-shirt with 'Better Beer' and 'Day For It' printed on it. The man next to him is wearing a brown hat and a dark shirt. The man in the center is wearing a white tank top and a brown hat. The man on the far right is wearing a dark tank top with 'Day For It' printed on it and sunglasses. They are all holding cans of 'Better Beer' which have a yellow and blue label. The background shows a bar with various bottles and a sign that says 'BLACK & WHITE'.

**Better Beer.** | **Proudly Australian  
Made & Owned.**

**Proud Sponsors of Group 7 Rugby League**



South Coast Group 7 Rugby League acknowledges the  
Traditional Owners of Country throughout Australia.  
We pay our respect to the Elders past and present and emerging.

## SOUTH COAST GROUP 7 RUGBY LEAGUE

# 2025 OPERATIONS MANAGER'S ADDRESS

To all our Clubs, Directors, Life Members, Stakeholders, and Supporters, it is my great pleasure to welcome you to the 2025 South Coast Group 7 Rugby League season!

After an incredibly successful 2024 season, anticipation for the year ahead is at an all-time high. We are proud to announce that this season, we will be fielding 65 senior teams, including:

- 9 First Grade teams
- 10 Reserve Grade teams
- 9 Under-18s teams
- 7 Regan Cup Third Grade teams
- 10 Ladies League Tag Division 1 teams
- 8 Ladies League Tag Division 2 teams
- 3 Open Women's Tackle - Playing in the Southern Corridor Competition
- 4 Regan Cup Ladies League Tag Teams

As of Round 1 (April 6-7), our Group 7 Senior and Junior Competitions have surpassed 5,000 combined registrations. This achievement places Group 7 Rugby League as the sixth-largest competition in New South Wales. While these figures are impressive, they are not about competition between leagues—they highlight the outstanding work that you, our clubs, are doing to foster an environment where rugby league continues to grow and thrive on the South Coast. Thank you for your dedication and commitment.

Congratulations to our 2024 Premiers across all divisions:

- First Grade: Gerringong Lions
- Reserve Grade: Gerringong Lions
- Under 18s: Albion Park Oak Flats Eagles
- Regan Cup: Nowra Bomaderry Jets
- Open Women's Tackle: Milton Ulladulla Bulldogs
- Ladies League Tag Division 1: Milton Ulladulla Bulldogs
- Ladies League Tag Division 2: Jamberoo Superoos

The intensity, passion, and skill displayed in these grand finals showcased the deep pride and commitment of our players, coaches, and supporters.

A special congratulations to the Michael Cronin Medal Night award winners, particularly Kane Ball (Albion Park Oak Flats Eagles), who was named Michael Cronin Medallist for Player of the Year after an outstanding and consistent season.

This season, we continue to honour important causes through our Specialty Rounds:

- Round 6 - Women in League Round - 17th & 18th May
- Round 12 - NAIDOC Round 5th & 6th July
- Round 18 - Mental Health Awareness Round 30th & 31st August
- Round 8 - May 31 - **Magic Round** (First Grade) at the newly renovated Artie Smith Oval, Bomaderry - a historic first for Group 7!

Each of these rounds carries deep significance, and we look forward to celebrating them respectfully and meaningfully.

Group 7's continued success is made possible by the unwavering support of our fantastic sponsors. We extend our gratitude to Remondis Australia, Better Beer, St George Illawarra, and Kiama Leagues Club. A special thank you to Narellan Pools, former our naming rights sponsor for the past three seasons. Your contributions have allowed us to reinvest in our competition, ensuring ongoing growth and development while giving back to our clubs.

As player and volunteer numbers grow, so too does the Group 7 Referee Association (G7RA). Congratulations to the G7RA Board—Jarrad Borg, Tyron Jordan, Balun Simon, and Ryan Micallef—on leading the association for a third consecutive year. Under your leadership, match official numbers have reached record highs, thanks to your innovative approaches and dedication. We look forward to continuing our strong partnership to maintain the highest standards of professionalism in our competition.

Our partnership with BarTV continues to elevate Group 7's profile as a premier community rugby league competition. Subscription numbers have increased, reflecting the growing interest in our games. A special acknowledgment to Jack Clifton, whose commentary on our Game of the Round has been instrumental in enhancing our coverage. Jack, your development as a lead caller has been exceptional.

Our competition would not function without the dedication of various committees and subcommittees, including: Judiciary, Player Point Index Committee, Off-Field Incident Committee, U18 Transfers Committee, Player Eligibility Committee, Draw Committee &

From 2025, our Match Review will now be taken over by NSWRL which is a positive move forward. This will provide a level of consistency across all districts and Leagues throughout NSW.

A special mention to Bradley Moulds for his consistent and invaluable score updates. Your commitment is a testament to your passion for the game and your desire to see Group 7 improve each year.

Our Senior Board of Directors continues to provide strong leadership, driving Group 7 towards excellence. Thank you to: President: Scott McLaurin, Vice President: Warren Kelly & Directors: Leah Roberts, Nathaniel Morrison, William Drury, Janelle Bostock, Kevin Whitford, Scott Murphy, Sharon Clark, Aaron De Jager

Your guidance ensures that Group 7 remains one of the premier rugby league competitions in New South Wales.

Georgia Lomas - Your tireless work across social media, data management, sponsorships, stakeholder engagement, and event coordination has been invaluable. Your impact on Group 7 is immeasurable.

Leah Roberts - Balancing multiple roles as Junior and Senior Registrar, Board Member, and a full-time professional, your dedication continues to inspire us all.

Kevin Whitford & the Group 7 Junior League Board - Your vision and commitment to youth development ensure rugby league remains the sport of choice for the next generation.

We also acknowledge the NRL Development Team, led by Kyle Williams, whose efforts have set the benchmark for grassroots rugby league development nationwide. Additionally, we commend Nathan Hodson, NSWRL Southern Region Zone Manager & Shannon Couley, League & Club Support for their unwavering commitment to ensure governance is administered by our governing body & also displaying exceptional leadership in guiding our region forward in the name of Rugby League.

It feels like I say this every year, but the most important, thank you to our Clubs, Committee's and Volunteers.

From players and coaches to sports trainers, committees, canteen attendants, ground staff, bar staff, and every other volunteer, your dedication is the heartbeat of our competition. Please believe me when I say that Rugby league is more than just a sport to many people throughout our South Coast region, it is a community connection that brings people together and for 110 years, Group 7 has thrived because of your hard work and passion.

Never underestimate the impact you have on your club and community.

As I enter my fifth year as Football Operations Manager, I stand before you proud to serve as the South Coast Group 7 Rugby League Operations Manager. The future is bright, and I am excited for what lies ahead.

When we work together, there are no limits to what we can achieve.

Thank you, and best wishes for an incredible 2025 season

**Ashton Sims**

**Football Operations Manager**

**Narellan Pools South Coast Group 7 Rugby League**

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# SENIOR LEAGUE OFFICIALS 2025

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# WHAT'S ON

@ KLC

Proud Supporters of Kiama Knights R.L.F.C



MON	<b>BINGO POKER \$17 PIZZA NIGHT*</b>	10:30am -1:30pm 6pm From 5:30pm
TUE	<b>TRIVIA \$17 RUMP STEAK NIGHT*</b>	7pm From 5:30pm
WED	<b>MEMBERS BADGE DRAW \$17 SCHNITZEL NIGHT*</b>	From 5:30pm From 5:30pm
THU	<b>BINGO POKER \$17 FISH &amp; CHIPS NIGHT*</b>	10:30am -1:30pm 6pm From 5:30pm
FRI	<b>VOUCHERS RAFFLE POKER</b>	From 5:30pm 7pm
SAT	<b>LIVE MUSIC</b>	From 8:30pm
SUN	<b>LIVE MUSIC MEAT &amp; MORE RAFFLE \$17 POT PIE NIGHT*</b>	From 2:30pm From 5:30pm From 5:30pm



**HAPPY  
HOUR\***  
Mon - Thu  
5pm-6pm

THU	<b>50CENT WING NIGHT*</b>	From 5:30pm
FRI	<b>\$17 BEER &amp; BURGER COMBO* LIVE MUSIC</b>	From 5:30pm From 7pm



109 TERRALONG STREET, KIAMA NSW  
KIAMALEAGUES.COM

\*MEMBERS PRICING  
NOT AVAILABLE ON PUBLIC HOLIDAYS

# GROUP 7 REFEREES ASSOCIATION

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## SOUTH COAST GROUP 7 REFEREE FEES

Subject to change

**1st Grade interchange officer = \$40**

Grade	Competition		Semi Final		Finals		Grand Final	
	Centre	Touch	Centre	Touch	Centre	Touch	Centre	Touch
1st Grade	\$200	\$100	\$250	\$115	\$280	\$150	\$310	\$170
Reserve	\$140	\$75	\$190	\$100	\$210	\$130	\$230	\$140
Regan Cup	\$125	\$65	\$165	\$90	\$185	\$100	\$200	\$110
Under 18's	\$115	\$60	\$165	\$90	\$185	\$100	\$200	\$110
Women's Tackle	\$100	\$50	\$140	\$75	\$160	\$80	\$180	\$90
LLT	\$70	\$40	\$85	\$55	\$95	\$60	\$100	\$65
Under 16's	\$75	\$45	\$85	\$50	\$90	\$50	\$105	\$55
LLT Under 16's	\$60	\$30	\$70	\$40	\$75	\$40	\$95	\$45
Under 15's	\$60	\$35	\$70	\$45	\$75	\$45	\$95	\$50
Under 13's & 14's	\$50	\$30	\$60	\$35	\$65	\$35	\$80	\$45
Under 10's - 12's	\$35	\$25						
Under 6's - 9's	\$30							





## **NSWRL COMMITTEE 2025**

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## **SOUTH COAST GROUP 7 RUGBY LEAGUE**

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**MILTON ULLADULLA**  
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**MT WARRIGAL**  
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**LLT:** Kain DORAHY



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## **SOUTHERN HIGHLANDS STORM** **SRLFC**

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The logo for Ulladulla Printing & Signage features a stylized graphic of a sailboat with a grey hull and orange and grey sails. To the right of the graphic, the word 'ULLADULLA' is written in a light blue, sans-serif font. Below it, the words 'PRINTING' and '& SIGNAGE' are written in a large, bold, sans-serif font. 'PRINTING' is in dark blue, and '& SIGNAGE' is in red. To the left of the main text, the letters 'UPS' are written in a large, bold, dark blue font.

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## SOUTH COAST GROUP 7 RUGBY LEAGUE

# COMPETITION RULES AND REGULATIONS

## SUBJECT TO CHANGE

Subject to approval from NSWRL

### 1. MEMBERS OBLIGATIONS

- a) All members must hold their Annual General Meeting prior to the League's Annual General Meeting
- b) Prior to the Annual General Meeting of the League all members must:
  - i. Pay the prescribed affiliation fee
  - ii. Submit an audited financial statement
  - iii. Submit a list of their Office Bearers
  - iv. Make application to enter teams in the ensuing seasons competitions

### 2. WITHDRAWING FROM REPRESENTATIVE TEAMS

- a) Any player selected by the League to play in any Group, Division or any other representative team shall make himself or herself available and play as required. The Board of Directors may, by majority vote, exempt a player from this requirement if a player makes application in writing and shows good and sufficient reason for such exemption.
- b) Any player withdrawing without the sanction of the selection committee shall be suspended from playing until the Monday after the conclusion of the representative series. (Under the current representative arrangements, that would be at the conclusion of Group 7's obligations)
- c) The Board of Directors could take further action on any such player by way of fine or suspension.
- d) A player claiming to be medically unfit for the game he or she has been selected for must provide either a doctor's certificate and/or injury assessment from a registered sport treatment facility (chiropractor, physiotherapist etc). Said player will be ineligible to play until the day after the game he or she was selected.

### 3. PLAYING TIMES

First Grade 40 minutes each way. Reserve grade, Third Grade and Under 18 Grade 35 minutes each way. LLT Division 1 & 2 x 25 minutes each way.

Time off for injuries and stoppages in play, as signalled by the referee, to be taken in First Grade only. The remaining grades will apply a stoppage of the time piece in the final 5 minutes of the second half of the game only. If a major injury occurs in a lower grade game prior to the 5 minute stoppage period and there is no likelihood of a restart in play before the expiry of the 5 minute period, the game will then be concluded. In the case of a major injury in a lower grade fixture

that has a major impact on the actual play time, this must be referred to the League for a decision on the possibility of a replay. This decision will be based on the actual time lost and the score line at the time of the scheduled close of play. The League's decision in this case will stand.

If a major injury causes a delay in a lower grade game preceding First Grade, the time for available play will be divided into equal terms for all remaining lower grade games to ensure the First Grade start is not delayed. The time allocated must ensure a minimum of 20 minutes play is available to each half of play that has not commenced. If a serious injury occurs in a lower grade fixture, starting times for subsequent games may be pushed back, however the 1st grade fixture can only be delayed by a maximum of 15 minutes from the scheduled starting time.

If this is not possible a preceding game will be classified as postponed and a replay will be arranged, to be played within 2 weeks of the allocated day of play.

### 4. TEAM LIAISON OFFICER (TLO)

Team Liaison Officers (TLO) are now compulsory at all matches (one per visiting team) as first point of contact for Ground Managers should an incident occur. Vests will be provided by the home club and must be worn by the appointed Team Liaison Officer. Referees have been instructed not to commence the match if this requirement is not adhered to.

N.B. Prior to match commencement and prior to both teams entering the field of play, a representative from both the home and opposition teams must report to the Ground Manager (who will be at the half way line) and provide details of each team's Sports Trainer (First Aid Officer) and Team Liaison Officer (TLO). Once both teams have advised this detail the Ground Manager will then signal to the referee that the match can proceed.

### 5. PLAYERS ADMISSION/PASSES

All First, Reserve, Third Grade and Ladies League Tag players are to pay admission to games. Under 18 players will be issued with passes to be used only at their matches. During the final series all players will be provided with passes by the league.

## 6. RESULTS

All game results must be entered into the appropriate on-line system by each team. It is the responsibility of each team manager to ensure the correct point scorers are clearly identified including times of the point scoring.

The finalisation of the scoring shall not be completed until both teams have entered their scores.

The home club is to advise scores and scorers to the nominated Group representative as soon as possible after games.

## 7. DEFERRED GAMES

Any deferred game must be played during the week of seven (7) to fourteen (14) days after deferment unless the Board considers there is a good reason to play the game on another date. If clubs are unable to mutually agree to a replay date the date will be set by the board and any team unable to fulfil their commitment on that date will be deemed to have forfeited the game.

## 8. FORFEITS

Clubs forfeiting will be fined the amount of \$1000.00 (First Grade), \$750.00 (Reserve Grade), \$500.00 (Under 18's, Third Grade and Ladies League Tag) , unless Forty-eight (48) hours' notice is given, whereby the fines will be halved. Forty percent (40%) of fine amount will be forwarded to the club receiving the forfeit provided an invoice for the amount is sent to the league and only after the fine payment is received by the league from the club who forfeited.

## 9. RECORDING OR FILMING OF FINAL SERIES MATCHES

The use of any device (video or DVD recorder etc.) to record or film final series matches is forbidden without the express permission of the Senior Board. Any person refusing to comply will be escorted from the ground.

## 10. PLAYING ATTIRE (JERSEY NUMBERING)

- a) The numbering on the rear of the jersey must be a minimum height of 250mm.
- b) The colour of the numbering must be of complete / direct contrast to the colour of the body of the jersey to ensure that the numbers are easily visible / distinguishable from a distance.
- c) Each player must wear a different number to that of each of his or her team mates.
- d) A sample of the proposed design of any playing attire must be approved by the Secretary Manager prior to the placement of all orders.
- e) All playing members of each team must wear a uniform playing strip i.e. the jersey, shorts and socks of each player must match exactly that of all their team mates in colour/colours and design.

## 11. REPRESENTATIVE PLAYER ELIGIBILITY

- a) Any registered player of the St George Illawarra RLFC or the Illawarra Steelers RLFC (Grade or Junior Steelers) playing with an Affiliated Club in the South Coast Rugby League for the purpose of final series matches, including semi-finals, final and grand final, a player will be eligible for final series matches in the respective competition he played the majority of his matches throughout the season. (does not include byes) Amended 11/17

- b) Players in the Illawarra Steelers RLFC (NSW Cup) and/or St George Illawarra RLFC are ineligible to play within the South Coast Group 7 Rugby League unless specifically given permission by the Board of Directors.

## 12. THIRD GRADE QUALIFICATION

Any player who played eight or more first grade games in any competition in the previous season is not eligible to play in the Third Grade competition except where a club fields first and/or reserve grade teams. Players over 30 years of age are exempted from this rule. In addition, on an individual case basis, players may apply to the Board for exception to this rule.

## 13. COMPETITION POINTS

Competition points will be awarded on the following basis: Win = 2 competition points / Draw = 1 competition point / Loss = 0 competition points/ Forfeit = 2 competition points

## 14. CLUB CHAMPIONSHIP POINTS

Club Championship Points will be awarded on the following basis - Competition points multiplied as below per grade: "First Grade x 8 / Reserve Grade x 6 / Under 18's x 4 / Third Grade x 2 / LLT Division 1 x 2 / LLT Division 2 x 1

## 15. TWO TEAMS IN ONE GRADE

If a club has two teams in one grade (e.g. Women's League Tag) the players must remain in one team only and can only "fill in" for the other team if a written request is received and approved by the league and as an exception only. Any player from a Junior League Girl's League Tag team to play in the senior Women's League Tag team can only play for one team in that competition per round.

## 16. GROUND MARKINGS

All grounds must be marked as set out in Australian Rugby League Rules of the Game section 1. All lines will be marked in White with the exceptions of the 40 metre lines which will be in Red. The numbers 10/20/30 etc are optional.

## 17. TIMEKEEPERS

The Home Club to be responsible for timekeeping. However the visiting club may appoint an official to assist with timekeeping duties. Their decisions shall be final on all timekeeping matters.

## 18. REPLACEMENT AND INTERCHANGE RULES

- a) First Grade. Four replacements may be used and interchanged at any time during a match. A maximum of 8 interchanges only may be used during a match and all interchanges must be accompanied by an interchange card reflecting the number of the interchange.
- b) If a player is injured by an act of foul play and the referee takes any 1 of the following actions:
  - 1 - Sends the offending player from the field
  - 2 - Sin bins the offending playerIf a player is fouled by an opponent, who is then dismissed from the field or sin-binned the fouled player is caused to leave the field as a direct result of an injury sustained in that incident, this interchange will not be included for the purposes of calculating the number of interchanges (free), provided that it is made without delay and by the time the referee has acted on the incident.
- 3 - On Field Reporting in 1st Grade only - Any incident(s) that are put on Report will follow the below procedure;
  - Referee to call offending player and captain out
  - Explain ruling or adjudication to player and captain
  - Place offending player on report with Crossed-Arm in the air signal (facing camera)
  - Referee also asks offending player to turn jersey number to direction of the camera so this can be recorded.
- c) In matches that extend into extra time, an additional two (2) interchanges will be permitted for each team making a total of ten (10) interchanges in these matches. Any unused interchanges of the eight (8) permissible during ordinary time may also be utilised during extra time.
- d) Reserve and Under 18. Six replacements may be used and the 19 players interchanged at any time.
- e) Third Grade. Seven replacements may be used and the 20 players interchanged at any time.
- f) LLT both Divisions. Nine replacements may be used and the 20 players interchanged at any time

## 19. INTERCHANGE OF REPLACEMENT PLAYERS

For First Grade only an interchange official will be appointed to manage all interchanges. The host Club must make an area close to half way for the interchange official. All other grades the interchange of players must be managed by the team officials who must ensure all replacements are made at appropriate times without interfering with the play or game officials. Interchanges must be made behind the play and the replaced player must have left the field prior to the interchange player entering the field of play. No interchange of players can occur once a scrum has been ruled.

## 20. BLEEDING PLAYERS

Any player who is bleeding must immediately leave the field of play as directed by the referee. The player may return to the field once the bleeding has stopped or the wound has been covered. The player leaving the field of play does not count as an interchange unless the player is replaced with another player for that period.

## 21. SIN BIN

Players sent to the Sin Bin must be escorted by a team official to a place designated by the home club which is in or near the change rooms. A player returning to the field from the Sin Bin must advise the nearest touch judge and proceed onto the field in an on-side position.

## 22. PLAYERS SENT FROM THE FIELD

All players sent from the field of play by the referee for misconduct must leave the playing area and resume their ordinary attire.. Any player sent from the field must be recorded on the match result form.

## 23. JUDICIARY/MATCH REVIEW

The Match review committee shall be appointed by the Board and review any reported incidents and advise Clubs of any penalties to be applied. The club must respond within the advised time period of their decision to accept or appeal the decision. Any decline of the decision or failure to advise an appropriate response within the time frame will require the charged party or parties to appear before the Judiciary and a time and venue as arranged by the Judiciary.

## 24. GROUND ARRANGEMENTS/INTERCHANGE BENCH/DUG-OUTS

Only team trainers and League Safe personnel are permitted near the touchline and they must be attired in the relevant shirts designating their level of competence. Trainers must not obstruct touch judges in the performance of their duties.

- a) A maximum of three (3) trainers only are allowed in the players dug out per match (i.e. 2 x league safe & 1 x F.A.O/ sports trainer or 1 x league safe & 2 x F.A.O/ sports trainer.
- b) Coach and manager only are allowed in the players dug out - no other officials. Should the coach be playing, another official can take his place.
- c) Replacement players only (fully dressed in playing gear) are allowed in the players's dug out.
- d) A Team Liaison Officer (TLO) who has been clearly identified by wearing the appropriate vest
- e) No other people (including children and/or injured players) at any time are allowed in the players dug out and must remain behind the rope / fence. Clubs in breach will be fined. There will be no warnings. All other persons including officials, coaches, managers and replacement players must remain in the designated area of the ground. (e.g. fenced or roped area is where the public is not permitted). The maximum number of personnel permitted in the designated will be 3 Sports Trainers or League Safes, Coach, Manager, TLO and the permitted number of dressed replacement players. There must be at least one (1) Sports Trainer for each team participating in the game.



## 25. GROUND MANAGERS

For match day each club is to appoint a Ground Manager who must be clearly identified by apparel supplied by the League. It is the responsibility of the home club to make every effort to ensure the safety and well-being of all referees prior to, during and after games.

In the instance of Finals or the result of inappropriate behaviour the Board reserves the right to increase the number of Ground Managers at any game or venue.

## 26. COACH/REFEREES CONTACT

If coaches wish to discuss any matter with the referee after a game they should be accompanied by a club official. Such discussion should not take place until at least fifteen (15) minutes after the conclusion of the game.

## 27. GOLDEN POINT EXTRA TIME IN FINAL SERIES & GRAND FINAL ALL GRADES.

### i) LOWER GRADES

In the event of a draw in any play-off, semi-final, final or grand-final an extra ten (10) minutes each way shall be played whereby the first scorer of any point or points (field goal, penalty goal or try) will immediately be declared the winner (GOLDEN POINT). If a try is scored in extra time the conversion kick will not be permitted. Should the scores still be equal at the conclusion of extra time, a further five (5) minutes each way shall be played. Once the teams enter the five (5) minute periods the game will cease immediately after a point or points is or are scored.

If no points are scored after this time the team that finished on top in the regular season shall be declared the winner.

Prior to the commencement of the first extra time period the teams will decide by toss of a coin which team will kick-off and the direction each team will run the same procedure as at the beginning of any match. The referee to toss the coin and the captain of the team leading on competition points to call. These timings may be amended as the Board sees appropriate.

### ii) FIRST GRADE ONLY

In the event of a draw in any play-off, semi-final, final or grand-final an extra ten (10) minutes each way shall be played whereby the first scorer of any point or points (field goal, penalty goal or try) will immediately be declared the winner (GOLDEN POINT). If a try is scored in extra time the conversion kick will not be permitted. Should the scores still be equal at the conclusion of the extra time, a further five (5) minutes each way shall be played and continued to be played until a result is achieved. Once the teams enter the five (5) minute periods the game shall cease immediately a point or points is or are scored.

## 28. QUALIFICATION OF PLAYERS FOR FINAL SERIES

Players are eligible to play in any grade at any time with the exception of semi-finals, finals, grand finals and play-offs. For these games the player qualification shall be:

- a) A player must have played in five (5) games on separate weekends, in any grade in a season, to be eligible to play in any grade in the finals series. Clubs may appeal to the Senior Board of Management

for consideration should a player have extenuating circumstances

- b) Players qualify for the grade in which they played the majority of games in the season.
- c) If a player plays in two (2) or more grades on the same weekend the lower grade game only will count for qualification purposes. Although all games will be included in the players history.
- d) During the finals series if a Club has immediate subordinate teams playing on the same weekend all players qualified for those grades shall be eligible to play in any grade except any of the thirteen (13) players who start in First or Reserve Grade and are not qualified for the lower grade. (eg) If a Club has First Grade playing Saturday and Second Grade playing Sunday the thirteen players that started the game on Saturday would not be eligible to play Second Grade on Sunday, unless qualified under the most games rule. e) The qualification period shall end at the conclusion of the competition rounds.
- f) If a club has qualified to play in one or more grades in the final series there can be free movement of players as long as those players have qualified for that grade under rule 19.0 a), providing both grades are still alive in the final series on that given weekend
- g) Any player who, after being called on to play in a higher grade, shall fail or refuse to do so, may be disqualified by the Board for the remainder of the season unless the Board is satisfied he has good and sufficient reasons for so acting. A player replacing a player representing the League or other representative match on the day on which a competition match takes place, shall be deemed not to have played in a higher grade, provided that it has been previously specified.
- h) Matches forfeited shall be deemed to be matches played for qualification of players of the non-forfeiting team provided team sheets are received within the prescribed time and players have signed the sheet. (Note. Once a team has forfeited three (3) times they are deemed to have withdrawn from the competition and their scheduled games are not regarded as forfeit.
- i) The qualifications of players of all grade teams for the final series must be submitted to the Qualification Committee for perusal and action not later than four (4) days prior to the fixtures. Decisions on qualifications shall be final.

## 29. NOMINATION TO ENTER TEAMS

All affiliated clubs are eligible to apply for entry of teams in any competition approved by the Association that is in line with the Admission of Teams to Rugby League Group 7 Competitions Entry Requirements And Understanding. All clubs must nominate their intent to enter teams for approval at the Annual General Meeting of the association. Associate members have the right to enter teams into competitions played the previous season with approval required from the majority of association members for amendments based on the following:

- a) Any club wishing to advance to enter 1st grade from a lower grade must provide a strategic plan detailing the progression from recognised Competition member to Club Membership. While this progression may include a period of 2nd grade only, this cannot continue for a period greater than 3 years.

- b) The Under 18's competition is available to all 1st Grade clubs and any lower grade club that is registered as a junior club within the association boundaries of control. Any other nominations must be approved by a majority vote at a general meeting of the association's members.
- c) The Board of management of the association may introduce other competitions as deemed appropriate to allow growth or short term competitions to groups who do not fulfil other requirements.

### 30. COACHES AND TRAINERS ACCREDITATION

It is the responsibility of all clubs to ensure their coaches and trainers hold current (and correct) qualifications. Failure to comply with this By-Law will leave the club open to strong action through fine, suspension or disqualification.

A full list of Coaches and Trainers including the qualifications and expiries must be submitted to the Secretary Manager prior to the commencement of the competition.

### 31. REGISTRATION OF PLAYERS

- a) A Registrar shall be appointed annually by the Board of Directors and that person shall be Chairperson of the Qualifications Committee. The Registrar on behalf of the Qualifications Committee recommends to the Board of Directors (for decision) any action necessary by way of deduction of competition points, fines etc. on any club playing an unqualified or unregistered player.
- b) All players must be fully registered on line prior to training or playing any game.
- c) Clubs are expected to clear players immediately upon request unless specific reasons have been previously outlined to that player. In the event the League receives a request from a new club that a clearance is not being issued and unless a detailed response is returned (providing full details of non release) within 14 days, the League shall have the right to provide said clearance.
- d) Any club playing an unregistered and/or unqualified player in a team, the club shall be fined a sum deemed appropriate by the League and the result of the game that the player participated in will be awarded to the non-offending team.
- e) Prior to the commencement of the semi final series, all registration fees due and payable are to be paid to the NSWRL (or League) otherwise said club will not be eligible for inclusion in the final series.
- f) Every player required by the Group to play in any Group or other Representative team shall make himself available therefore and play as required. Players making themselves unavailable for representative matches (without exemption from the Selection Committee) will not be eligible to participate in competition fixtures during the period of such representative fixtures.
- g) No player registrations will be approved after 5.00pm on the Friday of any competition round. Registrations will recommence of the following Monday.

### 32. PROTESTS & DISPUTES

- a) Every protest or other application (not being an appeal) by any Club Constituent League or other competent appellant to the Board of Directors shall be accompanied by a deposit of not less than \$100.00.
- b) The payment of the foregoing sums shall be a condition precedent to the right of the appellant to have the matter heard by the Board of Directors or Disputes Committee and no protest or application shall be deemed to have been properly instituted unless the appropriate sum as aforesaid is paid within the time allowed to protest or appeal.
- c) Every protest or other application to the Board of Directors shall within 72 Hours of the match or decision. The subject of the protest or application be lodged with the Secretary Manager.
- d) Every protest or other application to the Board of Directors shall state the grounds of the protest or application and the nature of the evidence to be adduced in support thereof.
- e) The Secretary Manager shall give the parties concerned in every protest or other application to the Board of Directors or Disputes Committee twenty four hours notice of the time and place appointed for the consideration of the matter by that committee.
- f) If any application or protest to the Board of Directors or Disputes Committee is upheld the sums lodged therewith in accordance with the foregoing shall be refunded.
- g) The Board of Directors shall observe the principle of penalising the unsuccessful party in expenses incurred in the matter.

### 33. APPEALS

Any person, Club or affiliated League aggrieved by a decision of the General Committee, Board of Directors or any sub-committee may appeal to the Appeals Board of the League.

- a) Such appeal shall be lodged with the Secretary Manager by them within seven (7) days of the notification of the decision and shall be accompanied by a fee of \$300.00. This fee (or part thereof) may be retained or refunded at the discretion of the Board of Directors. The appellant must produce fresh evidence, indicating which part of the evidence that was presented to the previous hearing, the appellant wishes to have re-opened. The appeal must indicate the nature of the new evidence which was not available at the previous hearing. The fresh evidence is evidence which the appellant did not know before the conclusion of the hearing before that Committee and of which the appellant could not have become aware if the appellant had before conclusion of the hearing before that Committee made all those investigations and enquiries that could have been made by the appellant.
- b) The Executive of the League at its utmost discretion, may permit an appeal to be lodged against the severity of a sentence.
- c) The League shall give the parties concerned at least twenty-four (24) hours notice of the date, time and venue of the hearing of the appeal.

- d) Any person, Club or Constituent League aggrieved by a decision of the Appeals Board may appeal to the Appeals Board of the Country Rugby League and such appeals shall be subject to the requirements privileges and obligations set forth in Rule 30 of the constitution of that league.

### 34. 18 MONTH REGISTRATION POLICY

Adherence to the NSWRL policy on eligibility of players based on an 18 month registration will be considered for players within the Under 18's grade.

#### Administering the Policy

For more complex cases surrounding eligibility, it is strongly recommended that the Group 7 committee be utilised to determine the suitability of these cases. In specific cases where the weight and/or height of a player is in question, we will utilise the percentiles (appendix) as a guide only. This consideration should not be used in isolation but as part of a larger collection of supporting evidence such as a player's mental and emotional maturity, advice from the participant's club, playing history and/or previous medical conditions. All elements of the application should be considered when coming to a determination on the suitability of the applicant.

The policy within the Group 7 competition allows a maximum of 2 players only to be approved for any 1 club.

Exemptions to play down an age group may be considered through a formal application process relating to one of the below Policies / Laws:

- a) Medical Exemption by application to the NSWRL CMO
- b) NSWRL Weight and Age Guidelines
- c) Players turning 19 after the 30th June in the current year and 62kg or under may be considered to play U/18's but Group 7 policy states a maximum of 2 players only can be considered by any 1 club

### 35. LADIES LEAGUE TAG 2 DIVISIONS

These rules apply specifically to having 2 Divisions in Ladies League Tag

- a) If any Club has 2 or more teams 1 team must be in the Division 1 Competition.
- b) Clubs with teams in both Division 1 and Division 2 competitions must nominate 6 players for each Division 1 team that cannot participate in a Division 2 game. A list of nominated players must be advised to the Secretary Manager prior to the competition commencing. The Qualification Committee has final approval and may substitute nominated players as deemed appropriate.
- c) Only approved playing shorts are to be used. The Velcro patch must be 50mm from the top of the shorts.

### 36. TEAM QUALIFYING POSITIONS FOR FINALS SERIES

At the conclusion of matches in the competition rounds as provided for in the draw, all teams will be ranked in descending order according to the number of competition points accrued during the season. This is subject only to any other provisions of the Group Rules regarding the deduction of competition points. Positions in the final series will be determined on this basis subject to the number of teams to be included in the final series as determined by the Group.

At the conclusion of matches in the Competition rounds provided for in the Draw, if two (2) or more teams are equal in competition points, ranking will be determined according to the following criteria from the total results of all matches played in the Competition rounds:

- i) Greater positive difference between points scored for and against, then if equal,
- ii) Greater percentage of points scored for and against, being determined by:  
Points scored for x 100 Points scored against 1  
Then if equal
- iii) most tries scored, then if equal,
- iv) most goals kicked, then if equal,
- v) most drop goals kicked, then if equal, by the toss of a coin.

### 37. FINAL SERIES MATCHES

In all cases final series matches will be played at venues determined by the Board of Directors with preference given to 1st Grade clubs participating in the final series.

All finals series matches are under the control of the Group and are considered neutral matches.

All gate takings from finals series games shall be retained by the Group

#### FOUR TEAM FINAL SERIES FORMAT

- a) The first four clubs in the competition points shall meet in the finals
- b) The Club placed third shall play the Club placed fourth in the Minor Semi Final.
- c) The Club placed first shall play the Club placed second in the Major Semi Final.
- d) The winner of the Minor Semi Final shall play the loser of the Major Semi Final in the Preliminary Final.
- e) The winner of the Major Semi Final shall then play the winner of the Preliminary Final in the Grand Final.

#### 37. FIVE TEAM FINAL SERIES FORMAT

- a) The first five clubs in the competition points shall meet in the finals
- b) The Club placed fourth in competition points shall play the Club placed fifth in the Elimination Final
- c) The Club placed second in the competition points shall play the Club placed third in the Qualifying Final.
- d) The winner of the Elimination Final shall play the loser of the Qualifying Final in the Minor Semi Final.
- e) The Club placed first on the competition points shall play the winner of the Qualifying Final in the Major Semi Final.
- f) The winner of the Minor Semi Final shall play the loser of the Major Semi Final in the Preliminary Final.
- g) The winner of the Major Semi Final shall play the winner of the Preliminary Final in the Grand Final.

### 38. ADMISSION OF TEAMS TO RUGBY LEAGUE GROUP 7 COMPETITIONS ENTRY REQUIREMENTS AND UNDERSTANDING

1. A club which enters a team or teams in any competition conducted by Rugby League Group 7 (a NSWRL Regional Member) in a particular season shall not be entitled as of right to enter any team or teams in any competitions conducted by that NSWRL Regional Member or Region in any subsequent season. A NSWRL Regional Member or Group 7 board shall be entitled to refuse the application of any club to enter team(s) in its competitions on terms determined by the NSWRL Regional Member or Region.
  - >>> At the discretion of the Rugby League Group 7 Board of Management a club may nominate teams with the application to be considered on its merits.
  - >>> A Club entering a team or teams in NSWRL Major Competitions does on the understanding that as a minimum they maintain teams in the Rugby League Group 7 First, Reserve and one other Grade competition.
  - >>> Joint venture partnerships will be assessed and approved or rejected upon their merits by the Rugby League Group 7 Board of Management
2. Any club wishing to participate in any competition played under the auspices of (NSWRL Regional Member) must be accepted by the NSWRL Regional Member or Region responsible for the organisation and conduct of that competition. A club wishing to enter any team in any competition conducted by a NSWRL Regional Member or Region shall lodge an application (in the form set out below) with the NSWRL Regional Member or Region by the date prescribed by the NSWRL Regional Member or Region.
3. Any club proceeding in accordance with rule 2 shall prepare for endorsement a systematic three-year business plan covering the current Financial Year and the two subsequent Financial Years, setting out:
  - >>> The legal structure and governance structure of the club including identity of committee members and their designated portfolios.
  - >>> The source(s) of funding and the financial resources of the club >>> The playing resources of the club
  - >>> The coaching, sports training and team management infrastructure of the club including verification of current accreditation and registration on MySideline database.
  - >>> Nominated MySideline proficient club personnel to be granted access to database.
  - >>> The Clubs Links & Pathways Development Program detailing the demonstrated plan for the development of subsidiary clubs, players, coaches, and the like accompanied by associated plans for servicing and financing same. >>> The home ground and facilities infrastructure of the club detailing the Club's plans for financing capital expenditure and activities of the Club over the period covered by the Business Plan.
  - >>> An itemised budget specifying an estimate of income to be received and expenses to be incurred by the Club in implementing the Business Plan.
4. Further to rule 3, a NSWRL Regional Member or Region may approve the application of a club on terms and conditions determined by the NSWRL Regional Member or Region, and the NSWRL Regional Member or Region may at its discretion cancel such conditional

approval if, in the opinion of the board of the NSWRL Regional Member or Region, the Club or any member of the club has failed to comply with any such term or conditions, PROVIDED THAT:

- >>> Before the NSWRL Regional Member or Region makes any such decision to cancel the conditional approval, the NSWRL Regional Member or Region has given the club at least seven (7) days prior notice of its intention to cancel the conditional approval.
  - >>> That written notice to the club states that the club may make written representations to the NSWRL Regional Member or Region as to why the NSWRL Regional Member or Region should not make the decision to cancel the conditional approval and / or any other matter that the club considers relevant in the circumstances.
  - >>> That written notice states that the club and its representatives may attend the meeting of the NSWRL Regional Member or Region at which the decision as to whether to cancel the conditional approval will be deliberated, for the purposes of making oral submissions as to why the NSWRL Regional Member or Region should not make the decision to cancel the conditional approval and / or any other matter that the club considers relevant in the circumstances; and
  - >>> Any written and / or oral submissions provided by the Club have been duly considered by the NSWRL Regional Member or Region.
5. Appendix 1.1 Deed of Agreement is executed in the knowledge that the signatories and The Club agree and undertake to be bound by the NSWRL Regional Member Constitution and By-Laws, the Constitution of New South Wales Rugby League Limited, the NSWRL Rules and all other Rules and Regulations of the NSWRL and the decisions of the NSWRL Regional Member Board of Directors and Competition Committee. Furthermore, the signatories and The Club warrant to the NSWRL Regional Member or Region that the club is not insolvent and will be able to make payment of its debts as and when they fall due for payment.

## GROUP 7 CONCUSSION RULES

Firstly, please be reminded as with earlier correspondence and in-line with the 2024 Community Rugby League Policy and Guidelines for the Management of Concussion. In the event of a head injury or concussion, **a Free Interchange** will be given for the player leaving the field.

However, that player will not be permitted to return to the field of play for the remainder of the match with no exceptions and regardless of further review by a Sport Trainer. **If the HIA Free Replacement card is used, it must be marked on the Sign on Sheet and Head Injury/Concussion Protocols will apply.**

Group 7 is implementing an 18th man policy to help clubs deal with failed head injury assessments in First Grade. Similar, to the recent changes implemented by the NRL, Group 7 First Grade teams can name an 18th man in their match day squad who can be activated should a player fail an HIA. The 18th man must have played in a Lower Grade game. Group 7 sides can use their fifth bench member after just one player cops a head knock and is unable to pass the assessment.

This initiative from their group administrators will help relieve the pressure off Teams, Coaches and Trainers when players have been removed from the game for possible concussion.

**Any player who is diagnosed with a concussion cannot return within the timeframes outlined below:**

- **Adults (19 years and over): Eleven (11) days.**

The earliest a player can be made available for team selection is on the 11th day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

- **Children and Adolescents (18 years and younger): Nineteen (19) days.**

The earliest a player can be made available for team selection is on the 19th day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

All players must complete a 6 stage RTS program prior to returning to contact training or competition games. Children and adolescents must also return to learn/school symptom free.

While players cannot return within these timeframes, the duration of exclusion from contact training and play is based on an individual's recovery and RTS Strategy as managed by a medical practitioner (doctor).

Failure to comply with the Concussion Protocols may result in loss of competition points or financial penalties.

## RETURN TO PLAY PROTOCOLS

### First Concussion: Return to Play Protocols

- a. Adults (19 years and older):**

If a concussion is confirmed by a doctor, the Graduated Return to Sport (GRTS) program should be followed as per Community Head Injury Recognition and Referral Form. The earliest a player can be made available for team selection is on the Eleventh (11th) day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

- b. Children and Adolescent's (18 years old and younger):**

If a concussion is confirmed by a doctor, the Graduated Return to Sport (GRTS) program should be followed as per Community Head Injury Recognition and Referral Form. The earliest a player can be made available for team selection is on the Nineteenth (19th) day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

- c.** To proceed to contact training the player must have obtained a medical clearance from a Doctor via the Community Head Injury Recognition and Referral Form. If the medical clearance is not obtained the player cannot proceed to contact training stage or matches until received.

- d.** If the return to play protocols are complete and verified and the player is symptom free for the 24hrs post contact training, then the player can return and participate in a match (subject to forms being returned and approved by the Local League on a business day before the match).

### COMMUNITY RUGBY LEAGUE POLICY AND GUIDELINES FOR THE MANAGEMENT OF CONCUSSION PDF IN FOLLOWING PAGES





# Community Rugby League Policy and Guidelines for the Management of Concussion.

TYPE OF POLICY	Participation
EFFECTIVE DATE	1 November 2023
POLICY OWNER	Australian Rugby League Commission
POLICY CONTACT	General Manager of Game Development, Education and Training

## A. REASON FOR POLICY

This policy and guidelines have been developed based on the [Consensus Statement](#) produced from the 6th International Conference on Concussion in Sport and considers the Australian Institute of Sport [Concussion and Brain Health and Position Statement 2023](#) to ensure that First Responders, Medical Practitioners, Coaches and Parents have an awareness of how to appropriately manage concussion in Rugby League.

## B. POLICY STATEMENT

These guidelines provide First Responders and Medical Practitioners an awareness in recognising the signs and symptoms of concussion, the appropriate management of a suspected concussion and the return to learn (RTL) and return to sport (RTS) strategies once a concussion has been diagnosed.

## C. SCOPE

This policy is applicable to District, Division, Group or Leagues that participate in all formats of Rugby League under the Community On-field Policy.

## D. DEFINITIONS

COMMUNITY LEVEL	All Rugby League competitions not defined as Pathways or Elite Level by the NRL or relevant State Leagues
FIRST RESPONDER	Person responsible for administering first aid and/or offer advice to an injured or ill player during a match.
SPORTS RELATED CONCUSSION (SRC)	Sport-related concussion is a traumatic brain injury caused by a direct blow to the head, neck or body resulting in an impulsive force being transmitted to the brain that occurs in sports and exercise-related activities.

# Community Rugby League Policy and Guidelines for the Management of Concussion.

ADULT	Any player who is 19 years of age or older.
CHILD OR ADOLESCENT	Any player who is 18 years of age or younger.

## 1.0. INTRODUCTION

This policy and guidelines are based on the Consensus Statement produced following the 6th International Conference on Concussion in Sport held in Amsterdam in October 2022. The guidelines in this policy should be followed at all times and any decision regarding return to play after concussive injuries should only be made by a doctor, ideally one with experience in dealing with such injuries.

## 2.0. BACKGROUND

When considering the management of concussion, the welfare of the player - both in the short and long term - must always remain paramount.

Since 2001, there have been six international conferences addressing the key issues in the understanding and management of concussion. After each meeting, a summary has been published to improve the safety and health of athletes who suffer concussive injuries during participation in sport. The most recently published conference was held in Amsterdam in October 2022. The summary from the Amsterdam meeting provides consensus guidelines for current best practice management of concussion. The NRL's current guidelines for the management of concussion are based on the Amsterdam conference Consensus Statement and considers the Australian Institute of Sport's Concussion and Brain Health Position Statement 2023.

## 3.0. SUMMARY

The most important element in the management of concussion must always be the welfare of the player. All players with concussion, or suspected of having a concussion, should seek urgent medical assessment.

Sport-related concussion is a traumatic brain injury caused by a direct blow to the head, neck or body resulting in an impulsive force being transmitted to the brain that occurs in sports and exercise-related activities. Symptoms and signs may present immediately, or evolve over minutes or hours, and commonly resolve within days, but may be prolonged (Patricios et. al. 2023).

Complications can occur if a player continues playing before they have fully recovered from a concussion. Therefore, a player who is suspected of having a concussion must be taken out of the game or training session immediately. A player who has suffered a suspected concussion or exhibits

# Community Rugby League Policy and Guidelines for the Management of Concussion.

the symptoms of concussion should not return to play in the same game or training session or any game/training session until medically cleared by a doctor, even if they appear to have recovered.

The management of head injuries may be difficult for non-medical personnel. It may be unclear whether you are dealing with a concussion, or there is a more severe structural head injury, especially in the early phases of an injury. Concussion is considered a medical condition and therefore can only be assessed, diagnosed, and managed by an appropriately qualified doctor.

- In the period following a concussion, a player should not be allowed to return to play or train until they have had a formal medical clearance using the NRL Head Injury/Concussion Medical Clearance form by a doctor. N.B. this is the only form in Rugby League that will be accepted as medical clearance to return to play.
- A RTS (Return to Sport) Strategy (Table 1) should be followed to manage the return to training and/or play following a diagnosed concussion. Children and adolescents generally take longer to recover from a concussion and additional time (there is limited research determining how much additional time is required, however it is recommended a minimum of at least double the time period required for adults) should be allowed in developing a RTS Strategy for a child or adolescent.
- For children and adolescents, an RTL (Return to Learn) Strategy may be required. If symptom exacerbation occurs during cognitive activity or screentime, difficulties with reading or other aspects of learning are reported, clinicians should consider the implementation of an RTL Strategy. RTL and RTS Strategies can be completed in parallel, however student athletes should complete full Return to Learn before unrestricted Return to Sport.
- Unrestricted Return to Sport can only occur once a player has been cleared using the NRL Head Injury/Concussion Medical Clearance Form.
- A child or adolescent is defined as a person aged 18 years and younger, an adult is defined as a person who has attained the age of 19 years and above.
- Player's suspected of having a concussion must not be allowed to drive, operate machinery, drink alcohol, take anti-inflammatory medication (including aspirin and Ibuprofen), or use strong painkillers, such as those containing codeine, or sleeping tablets until they have been medically cleared to do so by a doctor.
- The best available evidence shows that recommending strict rest until the complete resolution of concussion-related symptoms is not beneficial following a Sport Related Concussion (SRC). Relative (not strict) rest, which includes activities of daily living and reduced screen time, is indicated immediately and for up to the first 2 days after injury. Individuals can return to light-intensity physical activity (PA), such as walking that does not more than mildly exacerbate symptoms, during the initial 24–48 hours following a concussion.

# Community Rugby League Policy and Guidelines for the Management of Concussion.

## 4.0. WHAT IS CONCUSSION?

Sport-related concussion is a traumatic brain injury caused by a direct blow to the head, neck or body resulting in an impulsive force being transmitted to the brain that occurs in sports and exercise-related activities. This initiates a neurotransmitter and metabolic cascade, with possible axonal injury, blood flow change and inflammation affecting the brain (Patricios et. al. 2023).

Symptoms and signs may present immediately, or evolve over minutes or hours, and commonly resolve within days, but may be prolonged. No abnormality is seen on standard structural neuroimaging studies (computed tomography or magnetic resonance imaging T1- and T2-weighted images), but in the research setting, abnormalities may be present on functional, blood flow or metabolic imaging studies. Sport-related concussion results in a range of clinical symptoms and signs that may or may not involve loss of consciousness (Patricios et. al. 2023).

Symptoms include but are not limited to headache, blurred vision, dizziness, nausea, poor balance, fatigue and feeling “not quite right”. A concussed player may also exhibit confusion, memory loss and reduced ability to think clearly and process information. Loss of consciousness is not common and occurs in less than 10% of cases of concussion. **A player does not have to lose consciousness to have concussion.**

It remains unclear whether concussion involves microscopic structural changes or whether it is limited to physiological changes. The changes that occur are currently believed to be temporary and usually recover spontaneously if managed correctly. The recovery period and process vary from person to person and injury to injury.

## 5.0. WHAT ARE THE POTENTIAL COMPLICATIONS FOLLOWING CONCUSSION?

The complications which can possibly occur following a concussion include:

- Increased risk of other musculoskeletal injury (possibly due to an increase in reaction time) or repeated concussion (with the second injury often much more severe than the first);
- Prolonged symptoms;
- Symptoms of depression, anxiety and other psychological problems;
- Severe brain swelling (especially in young players); and
- Potential long-term cognitive deficits and a deterioration in brain health, however this is not currently definitively proven but currently the topic of continued research.

# Community Rugby League Policy and Guidelines for the Management of Concussion.

Complications are not common, however, the risk of complications from a concussion are increased by allowing the player to return to play or unrestricted training before they have completed the RTS Strategy as outlined below. It is therefore essential to recognise a suspected concussion, remove the player from the game or training, confirm the diagnosis with a doctor, and keep the player out of training and competition until the player has been cleared by a medical professional using the NRL Head Injury/Concussion Medical Clearance Form.

## 6.0. CHILDREN AND ADOLESCENTS

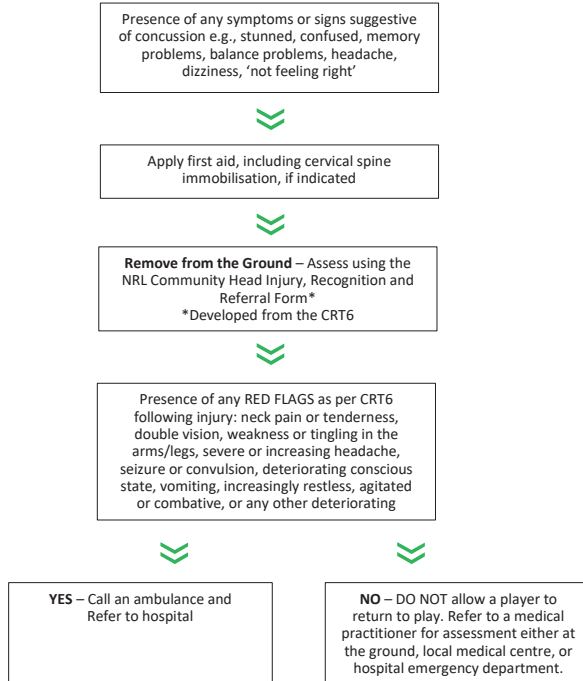
A child or adolescence is defined as a person aged 18 years and younger, an adult is defined as a person who has attained the age of 19 years and above.

The same principles regarding recognition, detection, management and return to sport apply to children and adolescents, however, it is widely accepted that children and adolescents with concussion should be managed **more conservatively**. This includes longer initial rest and slower return to train and play programs, usually twice as long as the recommended for adults.



# Community Rugby League Policy and Guidelines for the Management of Concussion.

## 7.0. STEPS IN THE MANAGEMENT OF CONCUSSION



**NOTE:** For any player with a loss of consciousness, basic first aid principles should be applied i.e., **D**anger, **R**esponse, **S**end for help, **A**irway, **B**reathing, **C**PR, and **D**efibrillation (**DRSABCD**). Care must always be taken with the player's neck, as it may have also been injured in the collision. An ambulance should be called, and the player(s) transported to hospital for assessment and management.

# Community Rugby League Policy and Guidelines for the Management of Concussion.

## 8.0. GAME DAY MANAGEMENT

The most important steps in the early management of a suspected concussion include:

- A. Recognising the injury;
- B. Removing the player from the game or training; and
- C. Referring the player to a medical practitioner (doctor) for assessment.

### A. Recognising the injury – (suspecting concussion)

(i) Visible clues - when to suspect concussion:

- Loss of consciousness or non-responsive
- Lying on the ground - not moving, or slow to stand
- Unsteady on feet / balance problems / poor coordination
- Grabbing / clutching at head
- Dazed, blank or vacant look
- Confused / not aware of plays or events

(ii) Loss of consciousness, confusion and disturbance of memory are classical features of concussion, but it is important to remember that they are not present in every case.

(iii) There are several non-specific symptoms that may be present, and which should raise the suspicion of concussion: headache, blurred vision, balance problems, nausea, dizziness, feeling "dazed" or "lightheaded", "don't feel right", drowsiness, fatigue and difficulty concentrating.

(iv) Head Injury Recognition & Referral Form (HIRRF)\* is required to record the signs and symptoms of a suspected concussion. Tools such as the pocket Concussion Recognition Tool 6 (CRT6) (link below) can be used to assist in the identification of a suspected concussion.

HIRRF - <https://www.playrugbyleague.com/concussion>

CRT6 - <https://bjsm.bmj.com/content/bjsports/57/11/692.full.pdf>

\*The online HIRRF housed in the NRL's MySideline platform MUST be used.

\*\* Note: The [SCAT6](#) and [Child SCAT6](#) are additional tools available for appropriately qualified medical practitioners (doctors) only.

### B. Removing the player from the activity including training, warm-up or game.

(i) Initial management of a head injury or suspected concussion must always follow first aid rules, including airway, breathing, CPR and spinal immobilisation. (ii) **Any player who is removed from the Activity with a suspected concussion must be referred to a doctor for assessment with their Head Injury Recognition & Referral Form as soon as possible (preferably the same day).**

# Community Rugby League Policy and Guidelines for the Management of Concussion.

(iii) A player who has suffered a suspected concussion or exhibits the symptoms of concussion should not return to play in the same game or training (or any game or training) until medically cleared to play by a doctor even if they appear to have recovered.

The assessor should not be swayed by the opinion of the player, coaching staff, parents, or anyone else suggesting premature return to play. Concussion is an evolving condition and symptoms, and signs can vary over minutes to hours and days. The incident must be recorded in the online HIRRF through the MySideline platform.

## C. Referring the player to a medical practitioner for assessment.

(i) The management of a head injury is difficult for non-medical personnel. Following an injury, it is often unclear if you are dealing with a concussion or with a more severe underlying structural head injury.

**(ii) ALL players with a suspected concussion should seek medical assessment by a medical practitioner (doctor) as soon as possible even if the signs and symptoms resolve. If any Red Flags are present (refer to the HIRRF or CRT6) or if you have any other concerns the individual should be sent urgently to an Emergency Department (ED), preferably by ambulance. An urgent General Practitioner (GP) assessment is acceptable if an ED is not practically possible for concerns other than the CRT6 Red Flags.**

(iii) It is recommended that Clubs and First Responders prepare a pre-game checklist of the appropriate services that may be required to manage a significant head injury or suspected concussion, including:

- local doctors or medical centres;
- local Hospital Emergency Departments; and
- ambulance services (000).

## Management of an unconscious player

1. First Aid principles of DRABC should be used. It is extremely important to treat all unconscious players as though they also have a neck injury (Spinal Immobilisation).
2. An unconscious player should only be moved (onto a stretcher) by qualified health professionals, trained in spinal immobilisation techniques in accordance with the [NRL Neck Injury and Cervical Collar Policy](#). If no qualified person is present, **do not move the player** - wait for the ambulance and paramedics.
3. Urgent hospital referral is necessary if there is concern regarding the risk of a serious or structural head or neck injury --- **call 000**.
4. Any player with ANY of the following 10 RED FLAGS as outlined in the Concussion Recognition Tool 6 (CRT6) in the context of a possible head injury should be referred to a hospital urgently, via Ambulance ---**call 000**:
  - Loss of consciousness

# Community Rugby League Policy and Guidelines for the Management of Concussion.

- Seizures / fits or convulsions
  - Severe or increasing headache
  - Double vision
  - Vomiting
  - Deterioration of conscious state after being injured, e.g. increased drowsiness
  - Report of neck pain / tenderness
  - Burning, numbness, tingling or weakness in arms/legs. (potential spinal cord symptoms)
  - Visible deformity of the skull
  - Increasingly restless, agitated, or combative
5. The NRL online Head Injury Recognition & Referral Form must be used.

**If, at any time, there is any doubt, the player should be immediately referred to hospital.**

## 9.0. PLAYER HONESTY

Player honesty is important when questioning about symptoms. Remember that playing or training with symptoms of concussion can increase the risk of injury, result in concussion complications and prolonged symptoms, result in reduced performance, increase the risk of other injuries (musculoskeletal) and could potentially be catastrophic. Each case of concussion is unique, so management should be individualised by the treating doctor.

## 10.0. RETURN TO SPORT TIMEFRAMES

Any player who is diagnosed with a concussion cannot return within the timeframes outlined below:

- **Adults (19 years and over):** Eleven (11) days. The earliest a player can be made available for team selection is on the 11<sup>th</sup> day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.
- **Children and Adolescents (18 years and younger):** Nineteen (19) days. The earliest a player can be made available for team selection is on the 19<sup>th</sup> day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

All players must complete a 6 stage RTS program prior to returning to contact training or competition games. Children and adolescents must also return to learn/school symptom free.

While players cannot return within these timeframes, the duration of exclusion from contact training and play is based on an individual's recovery and RTS Strategy as managed by a medical practitioner (doctor).

# Community Rugby League Policy and Guidelines for the Management of Concussion.

- A player who has sustained a concussion MUST NOT be allowed to return to contact training or competition games before obtaining the appropriate medical clearance using the NRL Head Injury/Concussion Medical Clearance form completed by the treating doctor.
- Return to work, learning and school should take precedence over return to sport.
- In cases of uncertainty about the player's recovery, always adopt a more conservative approach, "if in doubt sit them out".

## 11.0. RETURN TO SPORT

- Players should not attempt to return to play until they have returned to work or school/learning without resolution of their symptoms.
- Return to training or sport should be gradual.
- Rehabilitation after a concussion should be supervised by a medical practitioner and should follow the stepwise symptom limited progression as outlined in Table 1 below.
- Initially, relative rest for the first 24 to 48 hours – including mental and physical rest (recovery). Children and adolescents should be treated more conservatively, so a minimum initial 48 hour rest is recommended.
- Reduced screen time use in the first 48 hours after injury is warranted.
- A 6 stage Return to Sport (RTS) Strategy should look like the following in Table 1 below. Players may begin Step 1 (symptom limited activity) of the Return to Sport Strategy after an initial rest period of 24 hours for adults and 48 hours for children and adolescents.
- Relative rest which includes activities of daily living and reduced screen time is indicated immediately and for up to the first 2 days after injury.
- Players can return to light intensity physical activity such as walking that does not more than mildly exacerbate symptoms during the initial 24-48 hours following a concussion.

For adults, each stage in the RTS Strategy should be a minimum of 24 hours' duration, meaning a period of 7 to 8 days is the minimum time frame that an adult could potentially be cleared to return to unrestricted training. This does not mean return to play, as an adult cannot RTS until the 11<sup>th</sup> day after sustaining a concussion.

For children and adolescents, each stage in the RTS Strategy should be a minimum of 48 hours' duration, meaning a period of 14 to 16 days is the minimum time frame that a child or adolescent could potentially be cleared to return to unrestricted training. This does not mean return to play, as a child or adolescent cannot RTS until the 19<sup>th</sup> day after sustaining a concussion.

Longer return to sport timeframes are recommended in community sport settings. Contact training should only be attempted after the completion of Step 4 of the RTS strategy and only after a final



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doctors' assessment and clearance using NRL Community Head Injury/Concussion Medical Clearance Form.

A typical Return to Sport Strategy is outlined in Table 1 below.

<b>Table 1</b> Return to Sport (RTS) Strategy – each step typically takes a minimum of 24 hours for adults and 48 hours for children and adolescents			
<b>Step</b>	<b>Exercise Strategy</b>	<b>Activity at each step</b>	<b>Goal</b>
<b>1</b>	Symptom-limited activity	Daily activities that do not exacerbate symptoms (eg, walking)	Gradual reintroduction of work/school
<b>2</b>	Aerobic exercise <b>2A – Light</b> (up to approx. 55% maxHR) <b>then</b> <b>2B – Moderate</b> (up to approx. 70% maxHR)	Stationary cycling or walking at slow to medium pace. May start light resistance training that does not result in more than mild and brief exacerbation* of concussion symptoms	Increase heart rate
<b>3</b>	Individual sport-specific exercise Note: If sport-specific training involves any risk of inadvertent head impact, medical clearance should occur prior to Step 3	Sport-specific training away from the team environment (eg, running, change of direction, and/or individual training drills away from the team environment). No activities at risk of head impact.	Add movement, change of direction
Steps 4-6 should begin after the resolution of any symptoms, abnormalities in cognitive function and any other clinical finding related to the current concussion, including with and after physical exertion.			
<b>4</b>	Non-contact training drills	Exercise to high intensity including more challenging training drills (eg, passing drills, multiplayer training) can integrate into a team environment.	Resume usual intensity of exercise, coordination and increased thinking.
<b>NRL Head Injury/Concussion Clearance Form MUST be completed prior to progressing to Step 5</b>			
<b>5</b>	Full contact practice	Participate in normal training activities	Restore confidence and assess functional skills by coaching staff
<b>6</b>	Return to sport	Normal game play	
<p>*Mild and brief exacerbation of symptoms (ie, an increase of no more than 2 points on a 0-10 point scale for less than an hour when compared to baseline value reported prior to physical activity). Athletes may begin Step 1 (ie, symptom-limited activity) within 24 hours of injury, with progression through each subsequent step typically taking a minimum of 24 hours. If more than mild exacerbation of symptoms (ie, more than 2 points on a 0-10 scale) occurs during Steps 1-3, the athlete should stop and attempt to exercise the next day. Athletes experiencing concussion-related symptoms during Steps 4-6 should return to Step 3 to establish full resolution of symptoms with exertion before engaging in at-risk activities. Written determination of readiness to RTS should be provided by an HCP before unrestricted RTS as directed by local laws and/or sporting regulations.</p> <p>HCP, healthcare professional; maxHR, predicted maximal heart rate according to age (ie, 220-age).</p>			

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## 12.0. RETURN TO LEARN

Concussion in children and adolescents can cause problems with memory and processing of information, which interferes with their ability to learn in the classroom. In this instance a RTL Strategy may be required. If symptom exacerbation occurs during cognitive activity or screentime, difficulties with reading or other aspects of learning are reported, clinicians should consider the implementation of the RTL Strategy at the time of diagnosis and during the recovery process. When the RTL Strategy is implemented, it can begin following an initial period of relative rest with an incremental increase in cognitive load as per Table 2. While the RTL and RTS Strategies can occur in parallel, full RTL should be completed prior to unrestricted RTS.

Table 2 Return to Learn (RTL) Strategy			
Step	Mental activity	Activity at each step	Goal
1	Daily activities that do not result in more than mild exacerbation* of symptoms related to the current concussion	Typical activities during the day (eg, reading) while minimising screen time. Start with 5–15 min at a time and increase gradually	Gradual return to typical activities
2	School activities	Homework, reading or other cognitive activities outside of the classroom.	Increase tolerance to cognitive work
3	Return to school part time	Gradual introduction of schoolwork. May need to start with a partial school day or with greater access to rest breaks during the day.	Increase academic activities
4	Return to school full time	Gradually progress in school activities until a full day can be tolerated without more than mild* symptom exacerbation.	Return to full academic activities and catch up on missed work
<p>Following an initial period of relative rest (48 hours following an injury at Step 1), athletes can begin a gradual and incremental increase in their cognitive load. Progression through the strategy for students should be slowed when there is more than a mild and brief symptom exacerbation.</p> <p>*Mild and brief exacerbation of symptoms is defined as an increase of no more than 2 points on a 0–10 point scale (with 0 representing no symptoms and 10 the worst symptoms imaginable) for less than an hour when compared with the baseline value reported prior to cognitive activity.</p>			

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## 13.0. MULTIPLE AND CONCERNING CONCUSSIONS

When a player:

- (i). Has sustained two (2) diagnosed concussions within the one (1) season (including preseason training and games), has persistent concussion symptoms (>28 days) or an unusual presentation; or
- (ii). Over time (not just within the one (1) season):
  - Is developing concussion symptoms with less force; or
  - Is experiencing progressively increasing length of concussion symptoms; or
  - Has an increasing symptom load (a greater number of concussion symptoms); or
  - Has a decreasing time period between concussive / possible concussive events; or
  - Has significant mental health issues (e.g., anxiety, depression) potentially related to head injuries, then,

The NRL requires that the player be formally sent for assessment with a specialist (Neurologist, Neurosurgeon or Sport and Exercise Physician) who has a recognised interest in sport related concussion management as part of a multi-disciplinary team approach. The assessment should also include formal neuropsychological testing if recommended by the Concussion Specialist providing the opinion. This should occur to ensure the player has fully recovered from their concussions, to assess the risks of further concussions and to determine whether the player is currently fit to participate in training and/or matches. A copy of the Concussion specialist's opinion should also be made available to the appropriate governing body on request.

## 14.0. RETIREMENT

Decisions regarding retirement or discontinuation from contact or collision sports are complex and multifaceted and should involve clinicians with expertise in traumatic brain injury and sport and preferably a multidisciplinary team. The decision-making process should include a comprehensive clinical evaluation that considers important patient-, injury-, sport-specific and other sociocultural factors.

The discussion should provide athletes with the scientific evidence and uncertainties of their condition balanced against the benefits of participation in sport. It should incorporate the athlete's preferences and risk tolerance as well as psychological readiness to make an informed decision. The discussion should be carefully documented and should use language that is appropriate for the health literacy of the individual to reduce the risk that the information is misinterpreted. For children and adolescents, the parent/guardian should be involved in the discussion. HCPs should make the athlete aware of the role(s) they are playing in the athlete's care, stating clearly if they have any potential or actual conflicts of interest. The shared decision-making process should be individualised and incorporate a comprehensive clinical evaluation that may involve a multidisciplinary team and considers patient-, injury-, sport-specific and other sociocultural factors. These principles also apply to all of those involved in the coaching and management of the athlete. In the child or adolescent

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athlete, additional concerns are a successful return to school and to maintain healthy levels of physical activity. This often requires a multidisciplinary process that includes the child/adolescent, parent/caregivers, health care professionals, school leadership and teachers in the discussions. Given the positive benefits of exercise on health, care must be taken to avoid restricting all physical activity. All athletes who ultimately retire from contact or collision sports should be encouraged to continue non-contact or low-contact physical activity and have the health benefits of exercise explained.

In any case where a player has been diagnosed as having suffered a significant head injury, traumatic brain injury or concussive injury, the player will remain unavailable for selection in the MySideline platform and must not participate in any match or engage in training in any form until such time as a properly qualified medical opinion is obtained by the appropriate governing body which supports the conclusion that the Player has fully recovered from the effects of the injury.

**Note:** the NRL's elite levels of the game have their own policies regarding the management of head injuries and concussion. These policies may vary from some of the principles of the Concussion and Brain Health Position Statement 2023 and these Guidelines when there is appropriately qualified, experienced medical staff overseeing the care and wellbeing of professional rugby league players with advanced care pathways.

## References:

Patricios J.S., Schneider K.J., Dvorak J. et al. Consensus statement on concussion in sport: the 6th International Conference on Concussion in Sport Amsterdam, October 2022. *Br J Sports Med.* 2023;57:695-711

Australian Institute of Sport. *Concussion and Brain Health Position Statement 2023.* February 2023.

## **\*\*Disclaimer:\*\***

The National Rugby League (NRL) reserves the right to update its policies and procedures to align with best practices and evolving regulations. It is the responsibility of all participants, including players, coaches, officials, and stakeholders, to ensure they are familiar with the most current version of the NRL policy. The NRL will make reasonable efforts to communicate any policy changes, but it remains the duty of participants to stay informed about the latest updates.

Last Updated: 1<sup>st</sup> November 2023

# COMPETITION ENTRY GUIDE

GRADE	CRITERIA GUIDE
1ST GRADE RUGBY LEAGUE	Senior Club fielding three (3) men's grades on a consistent basis (1sts, Reserves, 18s Tier 1).
RES GRADE RUGBY LEAGUE	<p>Senior Club fielding four (4) grades on a consistent basis and has a first-grade men's team.</p> <p>Clubs aspiring to compete in 1st grade can apply to play reserve grade and not first grade but must submit an approved development plan including but not limited to:</p> <ul style="list-style-type: none"> <li>• Junior participation average male participation 13s to 16s of 40 participants over preceding 5 years</li> <li>• Commitment to junior female participation</li> <li>• Playing resources to field a Regan Cup side as a subordinate team</li> <li>• Evidence of financial resources</li> <li>• If they were successful, they have 2 years before that club has to enter a first, reserve and under 18's team.</li> </ul>
Regan Cup	<ul style="list-style-type: none"> <li>• Sustainable financials with no debts to NSWRL, Group 7 or third-party supplier</li> <li>• Demonstrated ability and commitment to form a team that is not to the detriment of an established or existing Rugby League team</li> </ul>
18S TIER 1	<ul style="list-style-type: none"> <li>• Fielding a first grade Rugby League team on a consistent basis &amp; or Junior participation with an average male participation 13s to 16s of 40 participants over preceding 5 years</li> </ul>
18S YOUTH TIER 2 11-a-side?	<ul style="list-style-type: none"> <li>• Sustainable financials with no debts to NSWRL, Group 7 or third-party supplier</li> <li>• Demonstrated ability and commitment to form a team that is not to the detriment of an established or existing Rugby League team</li> </ul>
Ladies League Tag	<ul style="list-style-type: none"> <li>• Sustainable financials with no debts to NSWRL, Group 7 or third-party supplier</li> <li>• Demonstrated ability and commitment to form a team that is not to the detriment of an established or existing Rugby League team</li> </ul>
WOMEN'S TACKLE	<ul style="list-style-type: none"> <li>• Sustainable financials with no debts to NSWRL, Group 7 or third-party supplier</li> <li>• Demonstrated ability and commitment to form a team that is not to the detriment of an established or existing Rugby League team</li> </ul>
MEN'S OVER 35 LEAGUE TAG	<ul style="list-style-type: none"> <li>• Sustainable financials with no debts to NSWRL, Group 7 or third-party supplier</li> <li>• Demonstrated ability and commitment to form a team that is not to the detriment of an established or existing Rugby League team</li> </ul>





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# SEASON DRAW - ALL GRADES 2025

## ROUND 1

### SATURDAY 5th APRIL

#### Michael Cronin Oval

1st Grade:	Gerringong Lions v Berry-Shoalhaven Heads Magpies	3.00pm
2nd Grade:	Gerringong Lions v Berry-Shoalhaven Heads Magpies	1.30pm
Under 18's:	Gerringong Lions v Berry-Shoalhaven Heads Magpies	12.00nn
LLT1:	Gerringong Lions v Berry-Shoalhaven Heads Magpies	11.00am
LLT2:	Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour	10.00am

#### Centenary Field

1st Grade:	Albion Park-Oak Flats Eagles v Stingrays of Shellharbour	5.00pm
2nd Grade:	Albion Park-Oak Flats Eagles v Stingrays of Shellharbour	3.30pm
Under 18's:	Albion Park-Oak Flats Eagles v Stingrays of Shellharbour	2.00pm
LLT1:	Albion Park-Oak Flats Eagles v Stingrays of Shellharbour	1.00pm

### SUNDAY 6th APRIL

#### Kiama Showground

1st Grade:	Kiama Knights v Jamberoo Superoos	3.00pm
2nd Grade:	Kiama Knights v Jamberoo Superoos	1.30pm
LLT1:	Kiama Knights v Jamberoo Superoos	12.30pm
LLT2:	Kiama Knights v Jamberoo Superoos	11.30am

#### Bill Andriske Mollymook Oval

1st Grade:	Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets	3.00pm
2nd Grade:	Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets	1.30pm
Under 18's:	Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets	12.00nn
LLT1:	Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets	11.00am
LLT2:	Milton-Ulladulla Bulldogs v Nowra-Bomaderry Jets	10.00am

#### Ron Costello Oval

2nd Grade:	Shellharbour Sharks v Warilla-Lake South Gorillas	1.30pm
Under 18's:	Shellharbour Sharks v Warilla-Lake South Gorillas	12.00nn
LLT1:	Shellharbour Sharks v Warilla-Lake South Gorillas	11.00am
LLT2:	Shellharbour Sharks v Warilla-Lake South Gorillas	10.00am

#### BYES

1st Grade:	<i>Shellharbour Sharks</i>
Under 18's:	<i>Southern Highlands Storm</i>

## ROUND 2

### SATURDAY 12th APRIL

#### Berry Showground

1st Grade:	Berry-Shoalhaven Heads Magpies v Shellharbour Sharks	3.00pm
2nd Grade:	Berry-Shoalhaven Heads Magpies v Shellharbour Sharks	1.30pm
Under 18's:	Berry-Shoalhaven Heads Magpies v Shellharbour Sharks	12.00nn
LLT1:	Berry-Shoalhaven Heads Magpies v Shellharbour Sharks	11.00am
LLT2:	Berry-Shoalhaven Heads Magpies v Shellharbour Sharks	10.00am

#### Kevin Walsh Oval

1st Grade:	Jamberoo Superoos v Gerringong Lions	3.00pm
2nd Grade:	Jamberoo Superoos v Gerringong Lions	1.30pm
LLT1:	Jamberoo Superoos v Gerringong Lions	12.30pm
LLT2:	Jamberoo Superoos v Warilla-Lake South Gorillas	11.30am

#### Cec Glenholmes Oval

2nd Grade:	Warilla-Lake South Gorillas v Albion Park-Oak Flats Eagles	4.30pm
Under 18's:	Warilla-Lake South Gorillas v Albion Park-Oak Flats Eagles	3.00pm
LLT1:	Warilla-Lake South Gorillas v Albion Park-Oak Flats Eagles	2.00pm

### SUNDAY 13th APRIL

#### Bomaderry Sports Complex

1st Grade:	Nowra-Bomaderry Jets v Kiama Knights	3.00pm
2nd Grade:	Nowra-Bomaderry Jets v Kiama Knights	1.30pm
Under 18's:	Nowra-Bomaderry Jets v Southern Highlands Storm	12.00nn
LLT1:	Nowra-Bomaderry Jets v Kiama Knights	11.00am
LLT2:	Nowra-Bomaderry Jets v Kiama Knights	10.00am

#### Flinders Field

1st Grade:	Stingrays of Shellharbour v Milton-Ulladulla Bulldogs	3.00pm
2nd Grade:	Stingrays of Shellharbour v Milton-Ulladulla Bulldogs	1.30pm
Under 18's:	Stingrays of Shellharbour v Milton-Ulladulla Bulldogs	12.00nn
LLT1:	Stingrays of Shellharbour v Milton-Ulladulla Bulldogs	11.00am
LLT2:	Stingrays of Shellharbour v Milton-Ulladulla Bulldogs	10.00am

#### *BYES*

<i>1st Grade:</i>	<i>Albion Park-Oak Flats Eagles</i>
<i>Under 18's:</i>	<i>Gerringong Lions</i>

### SPARE ROUND - EASTER WEEKEND 19th & 20th APRIL (NO GAMES)

## ROUND 3

### SATURDAY 26th APRIL

#### Michael Cronin Oval

2nd Grade:	Gerringong Lions v Warilla-Lake South Gorillas	2.00pm
Under 18's:	Gerringong Lions v Warilla-Lake South Gorillas	12.30pm
LLT1:	Gerringong Lions v Warilla-Lake South Gorillas	11.30am

#### Kevin Walsh Oval

1st Grade:	Jamberoo Superoos v Nowra-Bomaderry Jets	3.00pm
2nd Grade:	Jamberoo Superoos v Nowra-Bomaderry Jets	1.30pm
LLT1:	Jamberoo Superoos v Nowra-Bomaderry Jets	12.30pm
LLT2:	Jamberoo Superoos v Nowra-Bomaderry Jets	11.30am

#### Bill Andriske Mollymook Oval

1st Grade:	Milton-Ulladulla Bulldogs v Albion Park-Oak Flats Eagles	3.00pm
2nd Grade:	Milton-Ulladulla Bulldogs v Albion Park-Oak Flats Eagles	1.30pm
Under 18's:	Milton-Ulladulla Bulldogs v Albion Park-Oak Flats Eagles	12.00nn
LLT1:	Milton-Ulladulla Bulldogs v Albion Park-Oak Flats Eagles	11.00am
LLT2:	Milton-Ulladulla Bulldogs v Berry-Shoalhaven Heads Magpies	10.00am

### SUNDAY 27th APRIL

#### Francis Ryan Reserve

Regan Cup:	St Georges Basin Dragons v Mt Warrigal United Kooris	3.30pm
RCLLT:	St Georges Basin Dragons v Southern Highlands Storm	2.30pm
Regan Cup:	Southern Highlands Storm v Shellharbour Sharks	1.00pm
Under 18's:	Southern Highlands Storm v Shellharbour Sharks	11.30am
Regan Cup:	Robertson-Burrawang Spuddies v Crookhaven Magpies	10.00am
RCLLT:	Robertson-Burrawang Spuddies v Crookhaven Magpies	9.00am

#### Kiama Showground

1st Grade:	Kiama Knights v Shellharbour Sharks	3.00pm
2nd Grade:	Kiama Knights v Shellharbour Sharks	1.30pm
LLT1:	Kiama Knights v Shellharbour Sharks	12.30pm
LLT2:	Kiama Knights v Shellharbour Sharks	11.30am

#### Flinders Field

1st Grade:	Stingrays of Shellharbour v Berry-Shoalhaven Heads Magpies	3.00pm
2nd Grade:	Stingrays of Shellharbour v Berry-Shoalhaven Heads Magpies	1.30pm
Under 18's:	Stingrays of Shellharbour v Berry-Shoalhaven Heads Magpies	12.00nn
LLT1:	Stingrays of Shellharbour v Berry-Shoalhaven Heads Magpies	11.00am
LLT2:	Stingrays of Shellharbour v Warilla-Lake South Gorillas	10.00am

#### BYES

1st Grade:	<i>Gerringong Lions</i>
Regan Cup:	<i>Jamberoo Superoos</i>
Under 18's:	<i>Nowra-Bomaderry Jets</i>

## ROUND 4

### SATURDAY 3rd MAY

#### Gordon Ravell Oval

Regan Cup:	Crookhaven Magpies v Jamberoo Superoos	2.00pm
RCLLT:	Crookhaven Magpies v Southern Highlands Storm	1.00pm

#### Des King Oval

Regan Cup:	Mt Warrigal United Kooris v Southern Highlands Storm	3.00pm
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#### Michael Cronin Oval

1st Grade:	Gerringong Lions v Milton-Ulladulla Bulldogs	3.00pm
2nd Grade:	Gerringong Lions v Milton-Ulladulla Bulldogs	1.30pm
Under 18's:	Gerringong Lions v Milton-Ulladulla Bulldogs	12.00nn
LLT1:	Gerringong Lions v Milton-Ulladulla Bulldogs	11.00am

#### Berry Showground

1st Grade:	Berry-Shoalhaven Heads Magpies v Kiama Knights	3.00pm
2nd Grade:	Berry-Shoalhaven Heads Magpies v Kiama Knights	1.30pm
Under 18's:	Berry-Shoalhaven Heads Magpies v Southern Highlands Storm	12.00nn
LLT1:	Berry-Shoalhaven Heads Magpies v Kiama Knights	11.00am
LLT2:	Berry-Shoalhaven Heads Magpies v Kiama Knights	10.00am

### SUNDAY 4th MAY

#### Ron Costello Oval

1st Grade:	Shellharbour Sharks v Albion Park-Oak Flats Eagles	3.30pm
2nd Grade:	Shellharbour Sharks v Albion Park-Oak Flats Eagles	2.00pm
Regan Cup:	Shellharbour Sharks v Robertson-Burrawang Spuddies	12.30pm
Under 18's:	Shellharbour Sharks v Albion Park-Oak Flats Eagles	11.00am
LLT1:	Shellharbour Sharks v Albion Park-Oak Flats Eagles	10.00am
LLT2:	Shellharbour Sharks v Milton-Ulladulla Bulldogs	9.00am

#### Bomaderry Sports Complex

1st Grade:	Nowra-Bomaderry Jets v Stingrays of Shellharbour	3.00pm
2nd Grade:	Nowra-Bomaderry Jets v Stingrays of Shellharbour	1.30pm
Under 18's:	Nowra-Bomaderry Jets v Stingrays of Shellharbour	12.00nn
LLT1:	Nowra-Bomaderry Jets v Stingrays of Shellharbour	11.00am
LLT2:	Nowra-Bomaderry Jets v Stingrays of Shellharbour	10.00am

#### Cec Glenholmes Oval

2nd Grade:	Warilla-Lake South Gorillas v Jamberoo Superoos	1.30pm
LLT1:	Warilla-Lake South Gorillas v Jamberoo Superoos	12.30pm
LLT2:	Warilla-Lake South Gorillas v Jamberoo Superoos	11.30am

#### BYES

1st Grade:	<i>Jamberoo Superoos</i>
Regan Cup:	<i>St Georges Basin Dragons</i>
Under 18's:	<i>Warilla-Lake South Gorillas</i>



## ROUND 5

### FRIDAY 9th MAY

#### Des King Oval

Regan Cup:	Mt Warrigal United Kooris v Shellharbour Sharks	6.30pm
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### SATURDAY 10th MAY

#### Robertson Showground

Regan Cup:	Robertson-Burrawang Spuddies v Southern Highlands Storm	2.00pm
RCLLT:	Robertson-Burrawang Spuddies v Southern Highlands Storm	1.00pm

#### Berry Showground

1st Grade:	Berry-Shoalhaven Heads Magpies v Jamberoo Superoos	3.00pm
2nd Grade:	Berry-Shoalhaven Heads Magpies v Jamberoo Superoos	1.30pm
LLT1:	Berry-Shoalhaven Heads Magpies v Jamberoo Superoos	12.30pm
LLT2:	Berry-Shoalhaven Heads Magpies v Jamberoo Superoos	11.30am

#### Centenary Oval

1st Grade:	Albion Park-Oak Flats Eagles v Gerringong Lions	3.00pm
2nd Grade:	Albion Park-Oak Flats Eagles v Gerringong Lions	1.30pm
Under 18's:	Albion Park-Oak Flats Eagles v Gerringong Lions	12.00nn
LLT1:	Albion Park-Oak Flats Eagles v Gerringong Lions	11.00am

### SUNDAY 11th MAY

#### Francis Ryan Reserve

Regan Cup:	St Georges Basin Dragons v Jamberoo Superoos	2.00pm
RCLLT:	St Georges Basin Dragons v Crookhaven Magpies	1.00pm

#### Cec Glenholmes Oval

2nd Grade:	Warilla-Lake South Gorillas v Nowra-Bomaderry Jets	1.30pm
Under 18's:	Warilla-Lake South Gorillas v Nowra-Bomaderry Jets	12.00nn
LLT1:	Warilla-Lake South Gorillas v Nowra-Bomaderry Jets	11.00am
LLT2:	Warilla-Lake South Gorillas v Nowra-Bomaderry Jets	10.00am

#### Bill Andriske Mollymook Oval

1st Grade:	Milton-Ulladulla Bulldogs v Kiama Knights	3.00pm
2nd Grade:	Milton-Ulladulla Bulldogs v Kiama Knights	1.30pm
Under 18's:	Milton-Ulladulla Bulldogs v Southern Highlands Storm	12.00nn
LLT1:	Milton-Ulladulla Bulldogs v Kiama Knights	11.00am
LLT2:	Milton-Ulladulla Bulldogs v Kiama Knights	10.00am

#### Flinders Field

1st Grade:	Stingrays of Shellharbour v Shellharbour Sharks	3.00pm
2nd Grade:	Stingrays of Shellharbour v Shellharbour Sharks	1.30pm
Under 18's:	Stingrays of Shellharbour v Shellharbour Sharks	12.00nn
LLT1:	Stingrays of Shellharbour v Shellharbour Sharks	11.00am
LLT2:	Stingrays of Shellharbour v Shellharbour Sharks	10.00am

#### BYES

1st Grade:	<i>Nowra-Bomaderry Jets</i>
Regan Cup:	<i>Crookhaven Magpies</i>
Under 18's:	<i>Berry-Shoalhaven Heads Magpies</i>

## ROUND 6 WOMEN IN LEAGUE ROUND - REGAN CUP SPARE WEEKEND

### SATURDAY 17th MAY

#### Community Field

Under 18's:	Southern Highlands Storm v Gerringong Lions	1.00pm
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#### Kevin Walsh Oval

1st Grade:	Jamberoo Superoos v Stingrays of Shellharbour	3.00pm
LLT1:	Jamberoo Superoos v Stingrays of Shellharbour	2.00pm
2nd Grade:	Jamberoo Superoos v Stingrays of Shellharbour	12.30pm
LLT2:	Jamberoo Superoos v Kiama Knights	11.30am

### SUNDAY 18th MAY

#### Ron Costello Oval

1st Grade:	Shellharbour Sharks v Milton-Ulladulla Bulldogs	3.00pm
LLT1:	Shellharbour Sharks v Milton-Ulladulla Bulldogs	2.00pm
2nd Grade:	Shellharbour Sharks v Milton-Ulladulla Bulldogs	12.30pm
Under 18's:	Shellharbour Sharks v Milton-Ulladulla Bulldogs	11.00am
LLT2:	Shellharbour Sharks v Stingrays of Shellharbour	10.00am

#### Cec Glenholmes Oval

2nd Grade:	Warilla-Lake South Gorillas v Berry-Shoalhaven Heads Magpies	1.30pm
LLT1:	Warilla-Lake South Gorillas v Berry-Shoalhaven Heads Magpies	12.30pm
Under 18's:	Warilla-Lake South Gorillas v Berry-Shoalhaven Heads Magpies	11.00am
LLT2:	Warilla-Lake South Gorillas v Berry-Shoalhaven Heads Magpies	10.00am

#### Bomaderry Sports Complex

1st Grade:	Nowra-Bomaderry Jets v Albion Park-Oak Flats Eagles	3.00pm
LLT1:	Nowra-Bomaderry Jets v Albion Park-Oak Flats Eagles	2.00pm
2nd Grade:	Nowra-Bomaderry Jets v Albion Park-Oak Flats Eagles	12.30pm
Under 18's:	Nowra-Bomaderry Jets v Albion Park-Oak Flats Eagles	11.00am
LLT2:	Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs	10.00am

#### Kiama Showground

1st Grade:	Kiama Knights v Gerringong Lions	3.00pm
LLT1:	Kiama Knights v Gerringong Lions	2.00pm
2nd Grade:	Kiama Knights v Gerringong Lions	12.30pm

#### BYES

1st Grade:	<i>Berry-Shoalhaven Heads Magpies</i>
Under 18's:	<i>Stingrays of Shellharbour</i>

## ROUND 7

### FRIDAY 23rd MAY

#### Ron Costello Oval

LLT2:	Shellharbour Sharks v Berry-Shoalhaven Heads Magpies	6.30pm
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### SATURDAY 24th MAY

#### Michael Cronin Oval

1st Grade:	Gerringong Lions v Shellharbour Sharks	3.00pm
2nd Grade:	Gerringong Lions v Shellharbour Sharks	1.30pm
Under 18's:	Gerringong Lions v Shellharbour Sharks	12.00nn
LLT1:	Gerringong Lions v Shellharbour Sharks	11.00am

#### Bill Andriske Mollymook Oval

1st Grade:	Milton-Ulladulla Bulldogs v Jamberoo Superoos	3.00pm
2nd Grade:	Milton-Ulladulla Bulldogs v Jamberoo Superoos	1.30pm
LLT1:	Milton-Ulladulla Bulldogs v Jamberoo Superoos	12.30pm
LLT2:	Milton-Ulladulla Bulldogs v Jamberoo Superoos	11.30am

### SUNDAY 25th MAY

#### Gordon Ravell Oval

Regan Cup:	Crookhaven Magpies v Southern Highlands Storm	3.00pm
RCLLT:	Crookhaven Magpies v Robertson Spuddies	2.00pm
Regan Cup:	St Georges Basin Dragons v Shellharbour Sharks	12.30pm
Regan Cup:	Mt Warrigal United Kooris v Jamberoo Superoos	11.00am

#### Centenary Field

1st Grade:	Albion Park-Oak Flats Eagles v Kiama Knights	3.00pm
2nd Grade:	Albion Park-Oak Flats Eagles v Kiama Knights	1.30pm
Under 18's:	Albion Park-Oak Flats Eagles v Southern Highlands Storm	12.00nn
LLT1:	Albion Park-Oak Flats Eagles v Kiama Knights	11.00am

#### Flinders Field

2nd Grade:	Stingrays of Shellharbour v Warilla-Lake South Gorillas	1.30pm
Under 18's:	Stingrays of Shellharbour v Warilla-Lake South Gorillas	12.00nn
LLT1:	Stingrays of Shellharbour v Warilla-Lake South Gorillas	11.00am
LLT2:	Stingrays of Shellharbour v Warilla-Lake South Gorillas	10.00am

#### Bomaderry Sports Complex

1st Grade:	Nowra-Bomaderry Jets v Berry-Shoalhaven Heads Magpies	3.00pm
2nd Grade:	Nowra-Bomaderry Jets v Berry-Shoalhaven Heads Magpies	1.30pm
Under 18's:	Nowra-Bomaderry Jets v Berry-Shoalhaven Heads Magpies	12.00nn
LLT1:	Nowra-Bomaderry Jets v Berry-Shoalhaven Heads Magpies	11.00am
LLT2:	Nowra-Bomaderry Jets v Kiama Knights	10.00am

#### BYES

1st Grade:	<i>Stingrays of Shellharbour</i>
Regan Cup:	<i>Robertson-Burrawang Spuddies</i>
Under 18's:	<i>Milton-Ulladulla Bulldogs</i>

## ROUND 8 FIRST GRADE MAGIC ROUND

### SATURDAY 31st MAY

#### Artie Smith Oval

1st Grade:	Stingrays of Shellharbour v Gerringong Lions	5.15pm
1st Grade:	Nowra-Bomaderry Jets v Shellharbour Sharks	3.30pm
1st Grade:	Jamberoo Superoos v Albion Park-Oak Flats Eagles	1.45pm
1st Grade:	Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs	12.00nn

### SUNDAY 1st June

#### Des King Oval

Regan Cup:	Mt Warrigal United Kooris v Crookhaven Magpies	2.00pm
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#### Francis Ryan Reserve

Regan Cup:	St Georges Basin Dragons v Robertson-Burrawang Spuddies	2.00pm
RCLLT:	St Georges Basin Dragons v Robertson-Burrawang Spuddies	1.00pm

#### Berry Showground

2nd Grade:	Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs	1.30pm
Under 18's:	Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs	12.00nn
LLT1:	Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs	11.00am
LLT2:	Berry-Shoalhaven Heads Magpies v Milton-Ulladulla Bulldogs	10.00am

#### Kevin Walsh Oval

2nd Grade:	Jamberoo Superoos v Albion Park-Oak Flats Eagles	1.30pm
LLT1:	Jamberoo Superoos v Albion Park-Oak Flats Eagles	12.30pm
Regan Cup:	Jamberoo Superoos v Southern Highlands Storm	11.00am
LLT2:	Jamberoo Superoos v Stingrays of Shellharbour	10.00am

#### Bomaderry Sports Complex

2nd Grade:	Nowra-Bomaderry Jets v Shellharbour Sharks	1.30pm
Under 18's:	Nowra-Bomaderry Jets v Shellharbour Sharks	12.00nn
LLT1:	Nowra-Bomaderry Jets v Shellharbour Sharks	11.00am
LLT2:	Nowra-Bomaderry Jets v Shellharbour Sharks	10.00am

#### Flinders Field

2nd Grade:	Stingrays of Shellharbour v Gerringong Lions	1.30pm
Under 18's:	Stingrays of Shellharbour v Gerringong Lions	12.00nn
LLT1:	Stingrays of Shellharbour v Gerringong Lions	11.00am

#### Cec Glenholmes Oval

2nd Grade:	Warilla-Lake South Gorillas v Kiama Knights	1.30pm
Under 18's:	Warilla-Lake South Gorillas v Southern Highlands Storm	12.00nn
LLT1:	Warilla-Lake South Gorillas v Kiama Knights	11.00am
LLT2:	Warilla-Lake South Gorillas v Kiama Knights	10.00am

#### BYE'S

1st Grade:	<i>Kiama Knights</i>
Regan Cup:	<i>Shellharbour Sharks</i>
Under 18's:	<i>Albion Park-Oak Flats Eagles</i>

### SPARE ROUND - Long Weekend - SATURDAY 7TH JUNE & SUNDAY 8th JUNE

## ROUND 9

### SATURDAY 14th JUNE

#### Robertson Showground

Regan Cup:	Robertson-Burrawang Spuddies v Mt Warrigal United Kooris	3.00pm
RCLLT:	Robertson-Burrawang Spuddies v Southern Highlands Storm	2.00pm
Regan Cup:	Crookhaven Magpies v St Georges Basin Dragons	12.30pm
RCLLT:	Crookhaven Magpies v St Georges Basin Dragons	11.30pm
Under 18's:	Southern Highlands Storm v Stingrays of Shellharbour	10.00am

#### Bill Andriske Mollymook Oval

2nd Grade:	Milton-Ulladulla Bulldogs v Warilla-Lake South Gorillas	1.30pm
Under 18's:	Milton-Ulladulla Bulldogs v Warilla-Lake South Gorillas	12.00nn
LLT1:	Milton-Ulladulla Bulldogs v Warilla-Lake South Gorillas	11.00am
LLT2:	Milton-Ulladulla Bulldogs v Warilla-Lake South Gorillas	10.00am

#### Michael Cronin Oval

1st Grade:	Gerrigong Lions v Nowra-Bomaderry Jets	3.00pm
2nd Grade:	Gerrigong Lions v Nowra-Bomaderry Jets	1.30pm
Under 18's:	Gerrigong Lions v Nowra-Bomaderry Jets	12.00nn
LLT1:	Gerrigong Lions v Nowra-Bomaderry Jets	11.00am

### SUNDAY 15th JUNE

#### Centenary Oval

1st Grade:	Albion Park-Oak Flats Eagles v Berry-Shoalhaven Heads Magpies	3.00pm
2nd Grade:	Albion Park-Oak Flats Eagles v Berry-Shoalhaven Heads Magpies	1.30pm
Under 18's:	Albion Park-Oak Flats Eagles v Berry-Shoalhaven Heads Magpies	12.00nn
LLT1:	Albion Park-Oak Flats Eagles v Berry-Shoalhaven Heads Magpies	11.00am
LLT2:	Nowra-Bomaderry Jets v Berry-Shoalhaven Heads Magpies	10.00am

#### Kiama Showground

1st Grade:	Kiama Knights v Stingrays of Shellharbour	3.00pm
2nd Grade:	Kiama Knights v Stingrays of Shellharbour	1.30pm
LLT1:	Kiama Knights v Stingrays of Shellharbour	12.30pm
LLT2:	Kiama Knights v Stingrays of Shellharbour	11.30pm

#### Ron Costello Oval

1st Grade:	Shellharbour Sharks v Jamberoo Superoos	3.00pm
2nd Grade:	Shellharbour Sharks v Jamberoo Superoos	1.30pm
Regan Cup:	Shellharbour Sharks v Jamberoo Superoos	12.00nn
LLT1:	Shellharbour Sharks v Jamberoo Superoos	11.00am
LLT2:	Shellharbour Sharks v Jamberoo Superoos	10.00am

#### BYES

1st Grade:	<i>Milton-Ulladulla Bulldogs</i>
Regan Cup:	<i>Southern Highlands Storm</i>
Under 18's:	<i>Shellharbour Sharks</i>

## ROUND 10 REGAN CUP SPLIT ROUND

### SATURDAY 21st JUNE

#### Berry Showground

1st Grade:	Berry-Shoalhaven Heads Magpies v Gerringong Lions	3.00pm
2nd Grade:	Berry-Shoalhaven Heads Magpies v Gerringong Lions	1.30pm
Under 18's:	Berry-Shoalhaven Heads Magpies v Gerringong Lions	12.00nn
LLT1:	Berry-Shoalhaven Heads Magpies v Gerringong Lions	11.00am

#### Kevin Walsh Oval

1st Grade:	Jamberoo Superoos v Kiama Knights	3.00pm
2nd Grade:	Jamberoo Superoos v Kiama Knights	1.30pm
Regan Cup:	Jamberoo Superoos v Robertson-Burrawang Spuddies	12.00nn
LLT1:	Jamberoo Superoos v Kiama Knights	11.00am
LLT2:	Jamberoo Superoos v Kiama Knights	10.00am

### SUNDAY 22nd JUNE

#### Bomaderry Sports Complex

1st Grade:	Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs	3.00pm
2nd Grade:	Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs	1.30pm
Under 18's:	Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs	12.00nn
LLT1:	Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs	11.00am
LLT2:	Nowra-Bomaderry Jets v Milton-Ulladulla Bulldogs	10.00am

#### Flinders Field

1st Grade:	Stingrays of Shellharbour v Albion Park-Oak Flats Eagles	3.00pm
2nd Grade:	Stingrays of Shellharbour v Albion Park-Oak Flats Eagles	1.30pm
Under 18's:	Stingrays of Shellharbour v Albion Park-Oak Flats Eagles	12.00nn
LLT1:	Stingrays of Shellharbour v Albion Park-Oak Flats Eagles	11.00am
LLT2:	Stingrays of Shellharbour v Berry-Shoalhaven Heads Magpies	10.00am

#### Cec Glenholmes Oval

2nd Grade:	Warilla-Lake South Gorillas v Shellharbour Sharks	1.30pm
Under 18's:	Warilla-Lake South Gorillas v Shellharbour Sharks	12.00nn
LLT1:	Warilla-Lake South Gorillas v Shellharbour Sharks	11.00am
LLT2:	Warilla-Lake South Gorillas v Shellharbour Sharks	10.00am

#### BYES

1st Grade:	<i>Shellharbour Sharks</i>
Regan Cup:	<i>Mt Warrigal United Kooris</i>
Under 18's:	<i>Southern Highlands Storm</i>



## ROUND 11 REGAN CUP SPLIT ROUND

### SATURDAY 28th JUNE

#### Michael Cronin Oval

1st Grade:	Gerringong Lions v Jamberoo Superoos	3.00pm
2nd Grade:	Gerringong Lions v Jamberoo Superoos	1.30pm
LLT1:	Gerringong Lions v Jamberoo Superoos	12.30pm

#### Kiama Showground

1st Grade:	Kiama Knights v Nowra-Bomaderry Jets	3.00pm
2nd Grade:	Kiama Knights v Nowra-Bomaderry Jets	1.30pm
LLT1:	Kiama Knights v Nowra-Bomaderry Jets	12.30pm
LLT2:	Kiama Knights v Berry-Shoalhaven Heads Magpies	11.30am

#### Ron Costello Oval

1st Grade:	Shellharbour Sharks v Berry-Shoalhaven Heads Magpies	3.30pm
2nd Grade:	Shellharbour Sharks v Berry-Shoalhaven Heads Magpies	2.00pm
Regan Cup:	Shellharbour Sharks v Crookhaven Magpies	12.30pm
Under 18's:	Shellharbour Sharks v Berry-Shoalhaven Heads Magpies	11.00am
LLT1:	Shellharbour Sharks v Berry-Shoalhaven Heads Magpies	10.00am
LLT2:	Shellharbour Sharks v Nowra-Bomaderry Jets	9.00am

### SUNDAY 29th JUNE

#### Community Field

Regan Cup:	Southern Highlands Storm v St Georges Basin Dragons	3.00pm
RCLLT:	Southern Highlands Storm v St Georges Basin Dragons	2.00pm
Under 18's:	Southern Highlands Storm v Nowra-Bomaderry Jets	12.30pm

#### Centenary Field

2nd Grade:	Albion Park-Oak Flats Eagles v Warilla-Lake South Gorillas	1.30pm
Under 18's:	Albion Park-Oak Flats Eagles v Warilla-Lake South Gorillas	12.00nn
LLT1:	Albion Park-Oak Flats Eagles v Warilla-Lake South Gorillas	11.00am
LLT2:	Warilla-Lake South Gorillas v Jamberoo Superoos	10.00am

#### Bill Andriske Mollymook Oval

1st Grade:	Milton-Ulladulla Bulldogs v Stingrays of Shellharbour	3.00pm
2nd Grade:	Milton-Ulladulla Bulldogs v Stingrays of Shellharbour	1.30pm
Under 18's:	Milton-Ulladulla Bulldogs v Stingrays of Shellharbour	12.00nn
LLT1:	Milton-Ulladulla Bulldogs v Stingrays of Shellharbour	11.00am
LLT2:	Milton-Ulladulla Bulldogs v Stingrays of Shellharbour	10.00am

#### BYES:

1st Grade: *Albion Park-Oak Flats Eagles*

Under 18's: *Gerringong Lions*

## ROUND 12 NAIDOC ROUND

### SATURDAY 5th JULY

#### Des King Oval

Regan Cup:	Mt Warrigal United Kooris v St Georges Basin Dragons	3.00pm
Regan Cup:	Crookhaven Magpies v Robertson-Burrawang Spuddies	1.30pm
RCLLT:	Crookhaven Magpies v Robertson-Burrawang Spuddies	12.30pm

#### Centenary Field

1st Grade:	Albion Park-Oak Flats Eagles v Milton-Ulladulla Bulldogs	3.00pm
2nd Grade:	Albion Park-Oak Flats Eagles v Milton-Ulladulla Bulldogs	1.30pm
Under 18's:	Albion Park-Oak Flats Eagles v Milton-Ulladulla Bulldogs	12.00nn
LLT1:	Albion Park-Oak Flats Eagles v Milton-Ulladulla Bulldogs	11.00am

#### Berry Showground

1st Grade:	Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour	3.00pm
2nd Grade:	Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour	1.30pm
Under 18's:	Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour	12.00nn
LLT1:	Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour	11.00am
LLT2:	Berry-Shoalhaven Heads Magpies v Stingrays of Shellharbour	10.00am

### SUNDAY 6th JULY

#### Ron Costello Oval

1st Grade:	Shellharbour Sharks v Kiama Knights	3.30pm
2nd Grade:	Shellharbour Sharks v Kiama Knights	2.00pm
Regan Cup:	Shellharbour Sharks v Southern Highlands Storm	12.30pm
Under 18's:	Shellharbour Sharks v Southern Highlands Storm	11.00am
LLT1:	Shellharbour Sharks v Kiama Knights	10.00am
LLT2:	Shellharbour Sharks v Kiama Knights	9.00am

#### Bomaderry Sports Complex

1st Grade:	Nowra-Bomaderry Jets v Jamberoo Superoos	3.00pm
2nd Grade:	Nowra-Bomaderry Jets v Jamberoo Superoos	1.30pm
LLT1:	Nowra-Bomaderry Jets v Jamberoo Superoos	12.30pm
LLT2:	Nowra-Bomaderry Jets v Jamberoo Superoos	11.30am

#### Cec Glenholmes Oval

2nd Grade	Warilla-Lake South Gorillas v Gerringong Lions	1.30pm
Under 18's:	Warilla-Lake South Gorillas v Gerringong Lions	12.00nn
LLT1:	Warilla-Lake South Gorillas v Gerringong Lions	11.00am
LLT2:	Warilla-Lake South Gorillas v Milton-Ulladulla Bulldogs	10.00am

#### BYES:

1st Grade:	<i>Gerringong Lions</i>
Regan Cup:	<i>Jamberoo Superoos</i>
Under 18's:	<i>Nowra-Bomaderry Jets</i>

### SPARE ROUND - WASHOUT ROUND 12th & 13th JULY

# ROUND 13

## SATURDAY 19th JULY

### Robertson Showground

Regan Cup:	Robertson-Burrawang Spuddies v Shellharbour Sharks	2.00pm
RCLLT:	Robertson-Burrawang Spuddies v St Georges Basin Dragons	1.00pm

### Loseby Park

Regan Cup:	Southern Highlands Storm v Mt Warrigal United Kooris	2.00pm
Under 18's:	Southern Highlands Storm v Berry-Shoalhaven Heads Magpies	12.30pm

### Bill Andriske Mollymook Oval

1st Grade:	Milton-Ulladulla Bulldogs v Gerringong Lions	3.00pm
2nd Grade:	Milton-Ulladulla Bulldogs v Gerringong Lions	1.30pm
Under 18's:	Milton-Ulladulla Bulldogs v Gerringong Lions	12.00nn
LLT1:	Milton-Ulladulla Bulldogs v Gerringong Lions	11.00am
LLT2:	Milton-Ulladulla Bulldogs v Berry-Shoalhaven Heads Magpies	10.00am

### Kevin Walsh Oval

2nd Grade:	Jamberoo Superoos v Warilla-Lake South Gorillas	2.00pm
Regan Cup:	Jamberoo Superoos v Crookhaven Magpies	12.30pm
LLT1:	Jamberoo Superoos v Warilla-Lake South Gorillas	11.30am
LLT2:	Jamberoo Superoos v Shellharbour Sharks	10.30am

## SUNDAY 20th JULY

### Centenary Field

1st Grade:	Albion Park-Oak Flats Eagles v Shellharbour Sharks	3.00pm
2nd Grade:	Albion Park-Oak Flats Eagles v Shellharbour Sharks	1.30pm
Under 18's:	Albion Park-Oak Flats Eagles v Shellharbour Sharks	12.00nn
LLT1:	Albion Park-Oak Flats Eagles v Shellharbour Sharks	11.00am

### Kiama Showground

1st Grade:	Kiama Knights v Berry-Shoalhaven Heads Magpies	3.00pm
2nd Grade:	Kiama Knights v Berry-Shoalhaven Heads Magpies	1.30pm
LLT1:	Kiama Knights v Berry-Shoalhaven Heads Magpies	12.30pm
LLT2:	Kiama Knights v Warilla-Lake South Gorillas	11.30am

### Flinders Field

1st Grade:	Stingrays of Shellharbour v Nowra-Bomaderry Jets	3.00pm
2nd Grade:	Stingrays of Shellharbour v Nowra-Bomaderry Jets	1.30pm
Under 18's:	Stingrays of Shellharbour v Nowra-Bomaderry Jets	12.00nn
LLT1:	Stingrays of Shellharbour v Nowra-Bomaderry Jets	11.00am
LLT2:	Stingrays of Shellharbour v Nowra-Bomaderry Jets	10.00am

### BYES

1st Grade:	Jamberoo Superoos
Regan Cup:	St Georges Basin Dragons
Under 18's:	Warilla-Lake South Gorillas

# ROUND 14

## SATURDAY 26th JULY

### Community Field

Regan Cup:	Southern Highlands Storm v Robertson-Burrawang Spuddies	3.00pm
RCLLT:	Southern Highlands Storm v Robertson-Burrawang Spuddies	2.00pm
Under 18's:	Southern Highlands Storm v Milton-Ulladulla Bulldogs	12.30pm

### Kevin Walsh Oval

1st Grade:	Jamberoo Superoos v Berry-Shoalhaven Heads Magpies	3.00pm
2nd Grade:	Jamberoo Superoos v Berry-Shoalhaven Heads Magpies	1.30pm
Regan Cup:	Jamberoo Superoos v St Georges Basin Dragons	12.00nn
LLT1:	Jamberoo Superoos v Berry-Shoalhaven Heads Magpies	11.00am
LLT2:	Jamberoo Superoos v Berry-Shoalhaven Heads Magpies	10.00am

### Michael Cronin Oval

1st Grade:	Gerrington Lions v Albion Park-Oak Flats Eagles	3.00pm
2nd Grade:	Gerrington Lions v Albion Park-Oak Flats Eagles	1.30pm
Under 18's:	Gerrington Lions v Albion Park-Oak Flats Eagles	12.00nn
LLT1:	Gerrington Lions v Albion Park-Oak Flats Eagles	11.00am

## SUNDAY 27th JULY

### Kiama Showground

1st Grade:	Kiama Knights v Milton-Ulladulla Bulldogs	3.00pm
2nd Grade:	Kiama Knights v Milton-Ulladulla Bulldogs	1.30pm
LLT1:	Kiama Knights v Milton-Ulladulla Bulldogs	12.30pm
LLT2:	Kiama Knights v Milton-Ulladulla Bulldogs	11.30am

### Ron Costello Oval

1st Grade:	Shellharbour Sharks v Stingrays of Shellharbour	3.30pm
2nd Grade:	Shellharbour Sharks v Stingrays of Shellharbour	2.00pm
Regan Cup:	Shellharbour Sharks v Mt Warrigal United Kooris	12.30pm
Under 18's:	Shellharbour Sharks v Stingrays of Shellharbour	11.00am
LLT1:	Shellharbour Sharks v Stingrays of Shellharbour	10.00am
LLT2:	Shellharbour Sharks v Stingrays of Shellharbour	9.00am

### Bomaderry Sports Complex

2nd Grade:	Nowra-Bomaderry Jets v Warilla-Lake South Gorillas	1.30pm
Under 18's:	Nowra-Bomaderry Jets v Warilla-Lake South Gorillas	12.00nn
LLT1:	Nowra-Bomaderry Jets v Warilla-Lake South Gorillas	11.00am
LLT2:	Nowra-Bomaderry Jets v Warilla-Lake South Gorillas	10.00am

### BYES

1st Grade:	<i>Nowra-Bomaderry Jets</i>
Regan Cup:	<i>Crookhaven Magpies</i>
Under 18's:	<i>Berry-Shoalhaven Heads Magpies</i>

# ROUND 15

## SATURDAY 2nd AUGUST

### Robertson Showground

Regan Cup:	Robertson-Burrawang Spuddies v Jamberoo Superoos	2.00pm
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### Gordon Ravell Oval

Regan Cup:	Crookhaven Magpies v Shellharbour Sharks	2.00pm
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### Francis Ryan Reserve

Regan Cup:	St Georges Basin Dragons v Southern Highlands Storm	2.00pm
RCLLT:	St Georges Basin Dragons v Southern Highlands Storm	1.00pm

### Berry Showground

2nd Grade:	Berry-Shoalhaven Heads Magpies v Warilla-Lake South Gorillas	1.30pm
Under 18's:	Berry-Shoalhaven Heads Magpies v Warilla-Lake South Gorillas	12.00nn
LLT1:	Berry-Shoalhaven Heads Magpies v Warilla-Lake South Gorillas	11.00am
LLT2:	Berry-Shoalhaven Heads Magpies v Warilla-Lake South Gorillas	10.00am

### Michael Cronin Oval

1st Grade:	Gerringong Lions v Kiama Knights	3.00pm
2nd Grade:	Gerringong Lions v Kiama Knights	1.30pm
Under 18's:	Gerringong Lions v Southern Highlands Storm	12.00nn
LLT1:	Gerringong Lions v Kiama Knights	11.00am

## SUNDAY 3rd AUGUST

### Flinders Field

1st Grade:	Stingrays of Shellharbour v Jamberoo Superoos	3.00pm
2nd Grade:	Stingrays of Shellharbour v Jamberoo Superoos	1.30pm
LLT1:	Stingrays of Shellharbour v Jamberoo Superoos	12.30pm
LLT2:	Stingrays of Shellharbour v Jamberoo Superoos	11.30am

### Centenary Field

1st Grade:	Albion Park-Oak Flats Eagles v Nowra-Bomaderry Jets	3.00pm
2nd Grade:	Albion Park-Oak Flats Eagles v Nowra-Bomaderry Jets	1.30pm
Under 18's:	Albion Park-Oak Flats Eagles v Nowra-Bomaderry Jets	12.00nn
LLT1:	Albion Park-Oak Flats Eagles v Nowra-Bomaderry Jets	11.00am
LLT2:	Kiama Knights v Nowra-Bomaderry Jets	10.00am

### Bill Andriske Mollymook Oval

1st Grade:	Milton-Ulladulla Bulldogs v Shellharbour Sharks	3.00pm
2nd Grade:	Milton-Ulladulla Bulldogs v Shellharbour Sharks	1.30pm
Under 18's:	Milton-Ulladulla Bulldogs v Shellharbour Sharks	12.00nn
LLT1:	Milton-Ulladulla Bulldogs v Shellharbour Sharks	11.00am
LLT2:	Milton-Ulladulla Bulldogs v Shellharbour Sharks	10.00am

### BYE'S

1st Grade:	<i>Berry-Shoalhaven Heads Magpies</i>
Regan Cup:	<i>Mt Warrigal United Kooris</i>
Under 18's:	<i>Stingrays of Shellharbour</i>

## SPARE ROUND - WASHOUT ROUND 9th & 10th AUGUST

## ROUND 16

### SATURDAY 16th AUGUST

#### Berry Showground

1st Grade:	Berry-Shoalhaven Heads Magpies v Nowra-Bomaderry Jets	3.00pm
2nd Grade:	Berry-Shoalhaven Heads Magpies v Nowra-Bomaderry Jets	1.30pm
Under 18's:	Berry-Shoalhaven Heads Magpies v Nowra-Bomaderry Jets	12.00nn
LLT1:	Berry-Shoalhaven Heads Magpies v Nowra-Bomaderry Jets	11.00am
LLT2:	Berry-Shoalhaven Heads Magpies v Nowra-Bomaderry Jets	10.00am

#### Kevin Walsh Oval

1st Grade:	Jamberoo Superoos v Milton-Ulladulla Bulldogs	3.00pm
2nd Grade:	Jamberoo Superoos v Milton-Ulladulla Bulldogs	1.30pm
Regan Cup:	Jamberoo Superoos v Mt Warrigal United Kooris	12.00nn
LLT1:	Jamberoo Superoos v Milton-Ulladulla Bulldogs	11.00am
LLT2:	Jamberoo Superoos v Milton-Ulladulla Bulldogs	10.00am

#### Kiama Showground

1st Grade:	Kiama Knights v Albion Park-Oak Flats Eagles	3.00pm
2nd Grade:	Kiama Knights v Albion Park-Oak Flats Eagles	1.30pm
LLT1:	Kiama Knights v Albion Park-Oak Flats Eagles	12.30pm
LLT2:	Kiama Knights v Shellharbour Sharks	11.30am

### SUNDAY 17th AUGUST

#### Loseby Park

Regan Cup:	Southern Highlands Storm v Crookhaven Magpies	3.00pm
RCLLT:	Southern Highlands Storm v Crookhaven Magpies	2.00pm
Under 18's:	Southern Highlands Storm v Albion Park-Oak Flats Eagles	12.30pm

#### Cec Glenholmes Oval

2nd Grade:	Warilla-Lake South Gorillas v Stingrays of Shellharbour	1.30pm
Under 18's:	Warilla-Lake South Gorillas v Stingrays of Shellharbour	12.00nn
LLT1:	Warilla-Lake South Gorillas v Stingrays of Shellharbour	11.00am
LLT2:	Warilla-Lake South Gorillas v Stingrays of Shellharbour	10.00am

#### Ron Costello Oval

1st Grade:	Shellharbour Sharks v Gerringong Lions	3.00pm
2nd Grade:	Shellharbour Sharks v Gerringong Lions	1.30pm
Regan Cup:	Shellharbour Sharks v St Georges Basin Dragons	12.00nn
Under 18's:	Shellharbour Sharks v Gerringong Lions	10.30am
LLT1:	Shellharbour Sharks v Gerringong Lions	9.30am

#### BYES

1st Grade:	<i>Stingrays of Shellharbour</i>
Regan Cup:	<i>Robertson-Burrawang Spuddies</i>
Under 18's:	<i>Milton-Ulladulla Bulldogs</i>



# ROUND 17

## FRIDAY 22nd AUGUST

### Flinders Field

LLT2:	Shellharbour Sharks v Berry-Shoalhaven Heads Magpies	6.00pm
LLT2:	Stingrays of Shellharbour v Nowra-Bomaderry Jets	7.00pm

## SATURDAY 23rd AUGUST

### Community Field

Regan Cup:	Southern Highlands Storm v Jamberoo Superoos	3.30pm
Under 18's:	Southern Highlands Storm v Warilla-Lake South Gorillas	2.00pm
RCLLT:	Southern Highlands Storm v Crookhaven Magpies	1.00pm
Regan Cup:	Robertson-Burrawang Spuddies v St Georges Basin Dragons	11.30am
RCLLT:	Robertson-Burrawang Spuddies v St Georges Basin Dragons	10.00am

### Michael Cronin Oval

1st Grade:	Gerringong Lions v Stingrays of Shellharbour	3.00pm
2nd Grade:	Gerringong Lions v Stingrays of Shellharbour	1.30pm
Under 18's:	Gerringong Lions v Stingrays of Shellharbour	12.00nn
LLT1:	Gerringong Lions v Stingrays of Shellharbour	11.00am

### Ron Costello Oval

1st Grade:	Shellharbour Sharks v Nowra-Bomaderry Jets	3.00pm
2nd Grade:	Shellharbour Sharks v Nowra-Bomaderry Jets	1.30pm
Under 18's:	Shellharbour Sharks v Nowra-Bomaderry Jets	12.00nn
LLT1:	Shellharbour Sharks v Nowra-Bomaderry Jets	11.00am

### Bill Andriske Mollymook Oval

1st Grade:	Milton-Ulladulla Bulldogs v Berry-Shoalhaven Heads Magpies	3.00pm
2nd Grade:	Milton-Ulladulla Bulldogs v Berry-Shoalhaven Heads Magpies	1.30pm
Under 18's:	Milton-Ulladulla Bulldogs v Berry-Shoalhaven Heads Magpies	12.00nn
LLT1:	Milton-Ulladulla Bulldogs v Berry-Shoalhaven Heads Magpies	11.00am
LLT2:	Milton-Ulladulla Bulldogs v Jamberoo Superoos	10.00am

## SUNDAY 24th AUGUST

### Gordon Ravell Oval

Regan Cup:	Crookhaven Magpies v Mt Warrigal United Kooris	2.00pm
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### Centenary Field

1st Grade:	Albion Park-Oak Flats Eagles v Jamberoo Superoos	3.00pm
2nd Grade:	Albion Park-Oak Flats Eagles v Jamberoo Superoos	1.30pm
LLT1:	Albion Park-Oak Flats Eagles v Jamberoo Superoos	12.30pm

### Kiama Showground

2nd Grade:	Kiama Knights v Warilla-Lake South Gorillas	1.30pm
LLT1:	Kiama Knights v Warilla-Lake South Gorillas	12.30pm
LLT2:	Kiama Knights v Warilla-Lake South Gorillas	11.30am

### BYES

1st Grade:	<i>Kiama Knights</i>
Regan Cup:	<i>Shellharbour Sharks</i>
Under 18's:	<i>Albion Park-Oak Flats Eagles</i>

## ROUND 18 MENTAL HEALTH AWARENESS ROUND

### SATURDAY 30th AUGUST

#### Francis Ryan Reserve

Regan Cup:	St Georges Basin Dragons v Crookhaven Magpies	2.00pm
RCLT:	St Georges Basin Dragons v Crookhaven Magpies	1.00pm

#### Des King Oval

Regan Cup:	Mt Warrigal United Kooris v Robertson-Burrawang Spuddies	2.00pm
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#### Flinders Field

1st Grade:	Stingrays of Shellharbour v Kiama Knights	3.00pm
2nd Grade:	Stingrays of Shellharbour v Kiama Knights	1.30pm
Under 18's:	Stingrays of Shellharbour v Southern Highlands Storm	12.00nn
LLT1:	Stingrays of Shellharbour v Kiama Knights	11.00am
LLT2:	Stingrays of Shellharbour v Kiama Knights	10.00am

#### Berry Showground

1st Grade:	Berry-Shoalhaven Heads Magpies v Albion Park-Oak Flats Eagles	3.00pm
2nd Grade:	Berry-Shoalhaven Heads Magpies v Albion Park-Oak Flats Eagles	1.30pm
Under 18's:	Berry-Shoalhaven Heads Magpies v Albion Park-Oak Flats Eagles	12.00nn
LLT1:	Berry-Shoalhaven Heads Magpies v Albion Park-Oak Flats Eagles	11.00am
LLT2:	Berry-Shoalhaven Heads Magpies v Nowra-Bomaderry Jets	10.00am

#### Kevin Walsh Oval

1st Grade:	Jamberoo Superoos v Shellharbour Sharks	3.00pm
2nd Grade:	Jamberoo Superoos v Shellharbour Sharks	1.30pm
Regan Cup:	Jamberoo Superoos v Shellharbour Sharks	12.00nn
LLT1:	Jamberoo Superoos v Shellharbour Sharks	11.00am
LLT2:	Jamberoo Superoos v Shellharbour Sharks	10.00am

### SUNDAY 31st AUGUST

#### Bomaderry Sports Complex

1st Grade:	Nowra-Bomaderry Jets v Gerringong Lions	3.00pm
2nd Grade:	Nowra-Bomaderry Jets v Gerringong Lions	1.30pm
Under 18's:	Nowra-Bomaderry Jets v Gerringong Lions	12.00pm
LLT1:	Nowra-Bomaderry Jets v Gerringong Lions	11.00am

#### Cec Glenholmes Oval

2nd Grade:	Warilla-Lake South Gorillas v Milton-Ulladulla Bulldogs	1.30pm
Under 18's:	Warilla-Lake South Gorillas v Milton-Ulladulla Bulldogs	12.00nn
LLT1:	Warilla-Lake South Gorillas v Milton-Ulladulla Bulldogs	11.00am
LLT2:	Warilla-Lake South Gorillas v Milton-Ulladulla Bulldogs	10.00am

#### BYES

1st Grade:	<i>Milton-Ulladulla Bulldogs</i>
Regan Cup:	<i>Southern Highlands Storm</i>
Under 18's:	<i>Shellharbour Sharks</i>

# FINAL SERIES 2025

## 1ST GRADE 2ND GRADE UNDER 18'S

### QUALIFYING FINALS

6th & 7th September

### SEMI FINALS

13th & 14th September

### PRELIMINARY FINALS

20th September

### GRAND FINALS

28th September

## REGAN CUP REGAN CUP LLT LLT1 LLT2

### SEMI FINALS

6th & 7th September

### PRELIMINARY FINALS

13th & 14th September

### GRAND FINALS

21st September



2025 Group 7 Season Launch  
All 9 First Grade Teams pictured with Artie Smith  
First Grade Premiership Trophy.  
Photo Credit: Gameface Photography

# Michael Cronin Medal Night



Michael Cronin Medallist:  
Kane Ball - Albion Park Oak Flats Eagles



Roy Stewart Rookie Of The Year:  
Cooper Harrison - Gerriongong Lions



Under 18's Player Of The Year:  
Levi Valensini - Albion Park Oak Flats Eagles



Athol Nobel 3rd Grade Player Of The Year:  
Jayden Valenzini - Robertson's Spuddies



Group 7 Open Women's Tackle Player Of The Year:  
Alivia Brown - Milton Ulladulla Bulldogs



Group 7 Open Women's Tackle Player Of The Year:  
Jayla Commins - Shellharbour Sharks

Ladies League Tag Division 1 Player Of The Year: Alana Starr - Kiama Knights





# Gumaraa Aboriginal Experience

"Connecting our past, to create our future"

## Immersive Aboriginal tours, workshops and performances based on the NSW South Coast

Gumaraa is an Aboriginal cultural experience and education company that delivers authentic Indigenous programs and experiences for all, based on the traditions of the Dharawal and Yuin Nation.

Our programs and tours serve to immerse and educate the wider community on Indigenous culture, traditions, and history. All Gumaraa school programs are compatible with the education departments guidelines, and curriculum.

Feel the land and its stories and experience the oldest surviving culture in the world with our programs and tours packed with deep knowledge and understanding about the traditional custodians of this land.

Immerse yourself in our programs, from On Country tours to educational sessions.

Learn traditional skills in our workshops, including weaving, dancing, and artmaking, guided by our dedicated staff.

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Explore our unique clothing line, inspired by traditional stories and symbols. Each piece lets you carry a piece of our culture with you.



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For more information and booking, visit [www.gumaraa.com.au](http://www.gumaraa.com.au) or email [info@gumaraa.com.au](mailto:info@gumaraa.com.au)



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## GROUP 7 HISTORY

### AND THE PEOPLE WHO HELPED MAKE US THE FORCE WE ARE TODAY

Rugby League was formed on the South Coast on 30th April, 1913 when a meeting was held at the Prince of Wales Hotel, Nowra with representative of Nowra Warriors, Nowra Wallabies, Kangaroo Valley and Captains Point Death Adders were in attendance. The competition was known as the Shoalhaven League with Harold Maroney President, Cecil Rauch Secretary and T. Wilkinson Treasurer. On May 21st May 1913 the first competition games were played with Nowra Warriors defeating Kangaroo Valley 10-0 and Nowra Wallabies defeating Captains Point Death Adders 9-5 at Nowra Showground. Naval College was another competing team. Warriors completed the season undefeated and was declare Premiers.

At the same time attempts were made to form a Northern League competition at Kiama but the New South Wales refused to affiliate them. Several of the northern clubs attempted to join Shoalhaven league and on may 30th 1914 a meeting was held at the Brighton Hotel Kiama formed the South Coast Rugby League. This name was retained until 1955 when it became South Coast Group Seven Rugby League. Clubs in the 1914 competition were Kiama, Bombo, Jamberoo, Gerringong, Berry, Nowra Warriors and Kangaroo Valley. In the final Gerringong defeated Nowra warriors 11-10.

With the exception of breaks due to World wars one and two, rugby league has continued to be the leading spectator sport during winter along the coastal area.

Of the original eight teams that competed in the inaugural competition in 1914, only two original clubs they are Gerringong, Jamberoo with 3 of the original have united with other clubs namely Kiama-Bombo, Nowra Warriors - (Nowra Bomaderry), Berry ( Berry -Shoalhaven Heads).

**South Coast Group 7 Rugby League (or Group 7 Rugby League** for simplicity) is the divisional boundary drawn from the Southern Area. South Coast region (from the town of Warilla south to Ulladulla) of New South Wales, Australia and was governed by the NSWRL-CRL up until 2019

The main semi-professional competition, (named South Coast Group 7 First Grade comprises ten (10) teams from across the region.

Group 7 Rugby League also administers Reserve Grade, Regan Cup and Under-18's competitions, Ladies League Tag 1 and 11 as well as looking over many junior competitions.

#### SOUTH COAST GROUP SEVEN PAST/PRESENT EXECUTIVE OFFICERS

**PRESIDENTS.** Harold Maroney 1914, George Gillam 1915-25, Cecil Rauch 1926-30, John Kelly 1931, Laurie Bissaker 1932, Artie Smith 1933-34 and 1947, Nevill Tully 1935, Alex Macdonald 1936 - 40 and 1948, Tim Jones 1941-46, Jack Ward 1949-61, Kevin Walsh 1962-75, Jack O'Connell 1976-77, Stuart Priddle 1978-84, Trevor Farmer 1984-2001, Bill James 2002-05, Roy Mills 2006-2019, Scott McLaurin 2020- 2025.

**SECRETARIES.** Cecil Rauch 1914, J.E.Hannon 1915-20, Bob Campbell 1920-25, E.(Beefer) Mison 1926-30, Frank Wymer 1931-45, Lew Stubbs 1946, Athol Noble 1947-56, Artie Smith 1957-61, Oswald Henry 1962-63, John O'Dwyer 1964-2003, David Hall 2004-2007, Jim McAuliffe 2007-2016, Peter Mehl 2016-2019, Debbie Rowley 2020-2021- Ashton Sims 2021-2025

**TREASURERS.** Roy Hyam 1914-15, Cecil Rauch 1916-19, Clinty Cullen 1920, Frank (Dad) West 1921-46, Jim Leary 1947-63, Alan Fisher 1964-82, John O'Dwyer 1983-2003, David Hall 2004-2007, Syd Weller 2007-2018, Carol Weller 2019-2024. Scott Murphy 2025



## SOUTHERN DIVISION

When South Coast received Group status in 1955 and became Group Seven Southern Division consisting of Illawarra, Group Six and Group Seven was formed and played in CRL Championships and against touring international teams. In 1967 the Division was re constituted after Illawarra received Divisional status and comprised Groups Six, Seven and Twelve (Central Coast). Then in 1982 Group Twelve became Central Coast Division and Group Sixteen joined the Division with Six and Seven. From 1991 the Division comprised Groups Six and Seven. Divisions were abandoned by CRL in 2007 when Regions were introduced.

**LIFE MEMBERS AND YEAR APPOINTED** • Vern Roach\* 1965, • Kevin Walsh\* 1966 • Hilton Middleton\* 1974 • John O'Dwyer 1983 • George Sloggett\* 1977 • Merv Travers\* 1980 • John Armstrong 1985 • Dennis Regan 1985 • Trevor Farmer 1992\* • Theo Marsh 2001 • Bill James\* 2005 • Michael Tierney 2006

**PAST EXECUTIVE OFFICERS** Executive when Illawarra gained divisional status in 1966 were President Jack Oliver, Secretary Frank Smith, Treasurer Jock Trad.

Delegates at the formation annual meeting at Lacks Hotel Campelltown 16.2.1967. Group Seven. K.Walsh, J.O'Connell, J.O'Dwyer. Group Six. H.Middleton, G.Sloggett, M.Travers. Group Twelve. C.Robson, T.Hardman, B.Matthews.

**PRESIDENTS.** Kevin Walsh 1967-74, Hilton Middleton 1975-1990 and 1994, Kerry Horan 1990-93, Theo Marsh 1995, 2000-2004, Trevor Farmer 1996-99, Bill James 2005, Rob Flaxman 2006, Terry Broadhead 2007.

**VICE PRESIDENTS.** Hilton Middleton 1967-74, 90-93, Bob Allen 1975-81, Jim Bartlett 1982-90, Trevor Farmer 1994-95, 2000-01, Theo Marsh 1996-99, Bill James 2002-04, Rob Flaxman 2005, Roy Mills 2006-07.

**SECRETARY.** John O'Dwyer 1967-2003, David Hall 2004-2006, John Dayball 2007.

**TREASURERS.** Merv Travers 1967-78, Henry Holstein 1979-80, John O'Dwyer 1981-2003,



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## SOUTH COAST GROUP 7 RUGBY LEAGUE

### LIFE MEMBERS

#### SENIOR LEAGUE

Cecil Rauch\* 1931  
 Fred (Dad) West\* 1946  
 Frank Wymer\* 1946  
 Tim Jones\* 1947  
 Artie Smith\* 1950  
 Athol Noble\* AM. BEM. 1957  
 Jim Leary\* 1958  
 Gus Miller 1960  
 Jack Ward\* 1962  
 Kevin Walsh\* 1966  
 Jack Regan\* 1972  
 Jack O'Connell\* 1972  
 Alan Fisher\* 1980  
 John O'Dwyer OAM 1983  
 Stuart Priddle\* 1985  
 Harold Alcock\* 1990  
 Les Harris\* 1990  
 Trevor Farmer\* 1992  
 Bill James OAM\* 1995  
 Ray Strong 1998  
 Michael Cronin OAM 2009  
 Syd Weller OAM\* 2011  
 Roy Mills 2016  
 John Costello\* 2018  
 John Anderson\* 2019  
 Warren Kelly 2024

#### JUNIOR LEAGUE

Leo Doyle\* 1959  
 Jim Phillips\* 1960  
 Kevin Walsh\* 1962  
 Artie Smith\* 1963  
 Jim Leary\* 1963  
 Jack Aldous\* 1970  
 John O'Dwyer OAM 1973  
 Stan Barrington\* 1976  
 Brian Filmer\* 1981  
 Noel Burns\* 1989  
 Kevin Jolliffe\* 1990  
 Robert Miller 2000  
 Ian Killmore 2000  
 Debra Crouch 2000  
 Les Harris\* 2001  
 Michael Tierney 2003  
 Neil Redfern 2004  
 Kevin Whitford 2005  
 Wayne (PeeWee) Bennett 2007  
 John Anderson\* 2012  
 Trevor Dallas 2012  
 Joanne Bell 2019  
 William Drury 2019  
 Dave Wheatley 2020

\*deceased

## **SENIOR CLUB LIFE MEMBERS**

### **LIFE MEMBERS - ALBION PARK-OAK FLATS EAGLES**

Bob Stanford, Daryl Dare, Rhonda Downes, Roger Kelly, Michael Martin, Tony Murphy, Eddie Weston,  
Hayden Ramsay, Lyn Stanford, Daniela Puckeridge, Ralph Clarke, Mark Noakes,  
David Goodman, Carol Goodman, Paul Waite, Gary King, John Ramsey  
Jerry Brennan\*, Harold Cuthbert\*, Matt Carroll\*, James Dennis\*, Trevor Farmer\*, Ebb King\*,  
Cec Stephens\*, Jack Stephens\*, Merv Downes\*, Max Keech\*, Pat Marley\*, Sam Downes\*

### **LIFE MEMBERS - ALBION PARK OUTLAWS**

Fred Bassett, Vicki Byron

### **LIFE MEMBERS - BERRY SHOALHAVEN HEADS MAGPIES**

James Auld, Narelle Barry, Robert Bowley, Bruce Brandon, Robert Cruickshanks, Janet Priddle,  
Ray Strong, Wayne Strong, Lyndon Walker, Terri Walsh, John Wiggins  
Edna Blissett\*, Jim Blissett\*, John Brown\*, Myra Brandon\*, Rex Bramley\*, Jim Harris\*,  
Tom Lidbetter\*, Betty Miles\*, Ray Rutledge\*, Helen Ryan\*,  
Vera Walsh\*, Bede Walsh\*, Don Wiggins\*

### **LIFE MEMBERS - CULBURRA DOLPHINS**

Greg Ward 1995, Mark Johnson 1995, John Seymour (Macca) 1995,  
Andrew Lennon (Jabba) 2008, Chris Quinlan (Bat) 2008,  
Andrew Heffernan (Heffo) 2010, Wayne Bourke (Bourkey) 2014, Peter Feast (Feasty) 2018

### **LIFE MEMBERS - GERRINGONG LIONS**

Peter Quinn 1966, John Cronin 1982, Michael Cronin 1988, Gary Rogers 1991, Cliff Roberts 1999,  
Scott Stewart 2003, Bob Stewart 2006, Rod Roberts 2006, Peter Ford 2006, Ron Quinn 2006,  
Rod Wishart 2006, Jeffrey Blackwood 2010, John Ford 2011, Trevor McCarroll 2012, Allan Miller 2015,  
Wayne (Pee Wee) Bennett 2015, Darl Hobbs 2019, Ron Brett 2019, Craig Davis 2021,  
Matthew Murray 2021, Geoff Ford 2021, Rob Collyer 2022, Tracey Ford 2022  
Matt Rainsford\* 1965, Phil McCarroll\* 1984, Grace Alcock\* 1986, Gerald O'Sullivan\* 1969,  
Keith Johnson\* 1973, Robert Hedley Miller\* 1989, Harry Bruton\* 1995, Jack Cronin\* 1975,  
Harold Alcock\* 1980, JB (Bede) Devery\* 2000, Pat Kane\* 2015,  
John Brittan Taylor\* 2017, Vincent Fields\* 2017,

### **LIFE MEMBERS - JAMBEROO SUPEROOS**

Andrew Adams, Barbara Adams, Leanne Adams, Max Brennan, Jeff Champlin, Brendan Dallas,  
Connie Dallas, Jono Dallas, Trevor Dallas, David Hall, Sid Reeves, Doug Smith, Noel Walsh, Greg Walsh,  
Geoff Ward, Alan Ward, John Waugh, John Good,  
Colin Gardner\*, Keith Harris\*, Ray Harris\*, Tim Jones\*, Doug King\*, Charlie McGlinchey\*,  
Peter McGlinchey\*, Bruce Noble\*, Kell Noble\*, Kevin Walsh\*, Jack Ward\*

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Phil Coleman, Robert Muller, Carolyn Lee, Steven Cupitt, Denise Smith, Greg Norris, Michael Deen  
Bob Campbell\*, Ray Stead\*, Pearl Stead\*, Jack O'Connell\*, Herb Ditton\*, Josie Hill\*,  
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Sandra Bishop, Glen Laws, Jason Millard, David Hatch, Steine Lofts  
Bill Andriske\*, Merv Bolin\*, Stanley Carsens\*, Joan Dixon\*, Doug Love\*,  
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Scott Thompson, Ian Wallis, Kevin Moulds, Ted Leonard,  
Graeme Sawkins\*, George Cochrane\*, Jack Atfeild\*, Mike Wenzky\*

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Chips Gray\*, Alan Abernathy\*, Walter Elliott\*, Joe Ashton\*, Jack Aldous\*,  
Fred Ison\*, Bob Chase\*, Noel Nelson\*, Merv Bice\* Aub Goodsell\*, Rudd Hollands\*,  
Jim Milne\*, John Roulstone\*, Basil Bryce\*, Ray Watsford\*, Brian Ferguson\*, Les Harris\*, Syd Weller OAM\*

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Carol Weller, Amanda Moulds, Belinda Holt, Mark Berry, Vanessa Longbottom, Nathan Falzon, Ben Lahene,  
Travis Jessep, Matthew Rouen, Keldon McLaughlan, Zac Kershaw, Jason Sharp, Kurt Quinlan, Ben Wellington  
Syd Weller OAM\*

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Nat Waters, Andrew Whatman, John Whatman, Peter Whatman, Gladys Newstead, Ken Sharpe  
William Missingham\*, Jim Missingham\*, Gordon Missingham\*, Ernie Pull\*, George Bisby\*, Lionel Broadhead\*,  
Tom Newstead\*, Noel Bowden\*, Robert Watling\*, Roger Maloney\*, John Flemons\*, Grace Noble\*, Bruce Noble Snr\*

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Warren Paillas, Barry Stanton, Larry Peardon, Peter Blaine, Margaret Galligan, Herb Staples, Robert Willets,  
Mick Weir, Allan Cody, Rodney Pepper, Adam Taylor, Jamie Manukonga, Ian McLean, Allan Carroll,  
Aaron Carney, Matt Carol, Mitchell Silk  
Ernie Dawes\*, Anthony McDonnell\*, Jack McGraw\*, Claude Purdie\*, Norm Ward\*, Marie McKenzie\*,  
Tom Costello\* Ray Clay\*, John Costello\*, Doug Steele\*, John Davison\*, Noel Hockey\*

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Peter Dudgeon, Michelle Dudgeon, Danny Jack, Frank Mamo, Steve Miriklis

### **LIFE MEMBERS - STINGRAYS OF SHELLHARBOUR**

Matt Poort, Stephan Woods

### **LIFE MEMBERS - WARILLA-LAKE SOUTH GORILLAS**

Boyd Campbell, Sharon Clark, Bruce Clark, Betty Glasson, Brian Godden, Greg Hooper, Peter Hooper,  
Ray Tarlington, Allan Vietch, Robert Westaway, Done Kane, Robert Westaway, Alex Volkanovski  
Bill Turnbull\*, Athol Williams\*, Richard Hooper\*, Ken Tough\*



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## ALL THE PREMIERS

YEAR	FIRSTS	RESERVES	REGAN CUP	UNDER 18
1913	Nowra Warriors			
1914	Gerringong			
1915	Jamberoo			
1916	No Comp			
1917	No Comp			
1918	Gerringong			
1919	Nowra Warriors	Kiama Waratahs		
1920	Gerringong	Bomaderry		
1921	Gerringong	Kiama		
1922	Gerringong	Kangaroo Valley	Berry (C Grade)	
1923	Berry	Kiama Starlights		
1924	Gerringong	Bombo		
1925	Kiama	Jamberoo		
1926	Berry	No Comp		
1927	Jamberoo	Nowra Warriors		
1928	Berry	No Comp		
1929	Bombo	Kiama		
1930	Kiama-Bombo	Nowra Warriors		
1931	Jamberoo	Kiama-Bombo		
1932	Jamberoo	Kiama-Bombo		
1933	Kiama-Bombo	Nowra Warriors		
1934	Nowra Warriors	Nowra Warriors		
1935	Berry	Pyree		
1936	Berry	Kiama-Bombo		
1937	Berry	Nowra Warriors		
1938	Nowra Warriors	Jamberoo, Albion Park		Gerringong
1939	Shellharbour	No Comp		Pyree
1940	Gerringong	No Comp		Gerringong
1941	Berry	No Comp		No Comp
1942	No Comp	No Comp		No Comp
1943	No Comp	No Comp		No Comp
1944	Albion Park	No Comp		Shellharbour (U19)
1945	Kiama	Pyree		Kiama (U19)
1946	Kiama	Jamberoo		Kiama (U19)
1947	Kiama	Jamberoo		Berry (U19)
1948	Kiama	Milton-Ulladulla		Kiama (U17)
1949	Albion Park	Roseby Park		Berry
1950	Kiama	Kiama		Kiama (U19)
1951	Jamberoo	Kiama		Gerringong
1952	Berry	Nowra Warriors		Kiama
1953	Berry	Kangaroo Valley		Kiama
1954	Berry	Nowra Warriors		A.Park O.Flats
1955	Nowra Warriors	No Comp		Nowra Warriors
1956	Gerringong	No Comp		Kiama
1957	Nowra Warriors	Albatross		Shellharbour
1958	Jamberoo	Albatross		Kiama
1959	Nowra Warriors	Shellharbour		Shellharbour
1960	Gerringong	Jervis Bay		Shellharbour
1961	Jamberoo	Albatross		Shellharbour
1962	Shellharbour	Shellharbour		Nowra Warriors
1963	Albion Park	Shellharbour		Shellharbour
1964	Albion Park	Shellharbour		Shellharbour (U17)
1965	Gerringong	Shellharbour		Albion Park (U17)

YEAR	FIRSTS	RESERVES	REGAN CUP	UNDER 18
1966	Berry	A.Park O. Flats		A.Park O.Flats
1967	Berry	Nowra Warriors		Nowra Warriors
1968	Gerrington	Bomaderry		Warilla-Lake South
1969	Kiama	Jamberoo	Milton-Ulladulla	No Comp
1970	Gerrington	Albatross	Wandandian	Warilla-Lake South
1971	Shellharbour W.	Shellharbour W.	Shellharbour W.	Nowra Warriors
1972	Gerrington	Albatross	Jamberoo	Berry
1973	Shellharbour W.	Shellharbour W.	Gerrington	Berry
1974	Jamberoo	Nowra Warriors	A.Park O.Flats	Warilla-Lake South
1975	A.Park O.Flats	Shellharbour W.	Warilla-Lake South	Bomaderry
1976	Bomaderry	A.Park O.Flats	Warilla-Lake South	Bomaderry
1977	Nowra Warriors	Bomaderry	Shellharbour W.	Bomaderry
1978	Warilla-Lake South	Nowra Warriors	Albatross	A.Park O.Flats
1979	Batemans Bay	Nowra Warriors	Nowra Warriors	Nowra Warriors
1980	Warilla-Lake South	Milton-Ulladulla	Wreck Bay Utd.	Nowra Warriors
1981	Nowra Warriors	Nowra Warriors	A.Park O.Flats	Bomaderry
1982	Warilla-Lake South	Kiama	Milton-Ulladulla	Kiama
1983	Kiama	Shellharbour W.	Warilla-Lake South	Berry S/Heads
1984	Warilla-Lake South	Batemans Bay	Crookhaven	A.Park O.Flats
1985	Kiama	Nowra Warriors	A.Park O.Flats	Nowra Warriors
1986	Batemans Bay	Batemans Bay	Albatross	Warilla-Lake South
1987	Milton-Ulladulla	Warilla-Lake South	Shol. All Blacks	Nowra Warriors
1988	Batemans Bay	Warilla-Lake South	Crookhaven	Warilla-Lake South
1989	Milton-Ulladulla	Milton-Ulladulla	Crookhaven	Warilla-Lake South
1990	Gerrington	Shellharbour	Crookhaven	A.Park O.Flats
1991	Warilla-Lake South	Warilla-Lake South	A.Park O.Flats	Warilla-Lake South
1992	Batemans Bay	Warilla-Lake South	Jamberoo	Kiama
1993	Nowra Warriors	Batemans Bay	Jamberoo	Nowra Warriors
1994	Gerrington	Warilla-Lake South	Jamberoo	Gerrington
1995	Warilla-Lake South	Gerrington	Wreck Bay Utd.	Nowra Warriors
1996	Nowra Warriors	Bomaderry	Jamberoo	Bay/Basin
1997	Warilla-Lake South	A.Park O.Flats	Jamberoo	Bay/Basin
1998	A.Park O.Flats	A.Park O.Flats	Crookhaven	Warilla-Lake South
1999	A.Park O.Flats	A.Park O.Flats	Sussex Inlet	A.Park O.Flats
2000	A.Park O.Flats	Shellharbour City	Sussex Inlet	Gerrington
2001	Shellharbour City	Shellharbour City	Jamberoo	Warilla-Lake South
2002	Batemans Bay	Gerrington	A.Park Outlaws	Kiama
2003	A.Park-Oak Flats	Shellharbour City	A.Park Outlaws	Shellharbour
2004	Milton-Ulladulla	Shellharbour City	Greenwell Point	Kiama Knights
2005	Milton-Ulladulla	Shellharbour City	Albion Park Outlaws	Milton-Ulladulla
2006	A.Park-Oak Flats	Shellharbour City	Albion Park Outlaws	Milton-Ulladulla
2007	A.Park-Oak Flats	Warilla-Lake South	Mt Warrigal Kooris	Shellharbour
2008	Milton-Ulladulla	Albion Park-Oak Flats	Greenwell Point	Milton-Ulladulla
2009	A.Park-Oak Flats	Berry/Shoal Heads	Greenwell Point	Culburra
2010	Gerrington	Warilla-Lake South	-	Gerrington
2011	Warilla-Lake South	Gerrington	-	Milton-Ulladulla
2012	A.Park-Oak Flats	Kiama	-	A.Park-Oak Flats
2013	Gerrington	Warilla-Lake South	-	Kiama
2014	Nowra-Bomaderry	Kiama	Stingrays	Milton-Ulladulla
2015	Gerrington	Shellharbour City	Shellharbour City	Kiama
2016	Gerrington	Shellharbour City	Culburra	Jamberoo
2017	Jamberoo	Kiama	Mt Warrigal Kooris	Kiama
2018	Shellharbour	Kiama	Mt Warrigal Kooris	A.Park-Oak Flats
2019	Kiama	A.Park-Oak Flats	Mt Warrigal Kooris	Warilla-Lake South
2020	Gerrington	Nowra-Bomaderry	Robertson	Shellharbour
2022	Warilla-Lake South	Jamberoo	Sussex	Gerrington (Blue)
2023	Gerrington	Gerrington	Stingrays of Shellharbour	Warilla-Lake South
2024	Gerrington	Gerrington	Nowra Bomaderry Jets	Albion Park Oak Flats



## PREMIERS LADIES LEAGUE TAG

YEAR	LADIES LEAGUE TAG 1	LADIES LEAGUE TAG 2	OPEN WOMENS TACKLE
2010	Warilla-Lake South		
2011	Kiama		
2012	Nowra-Bomaderry		
2013	Kiama		
2014	Milton Ulladulla		
2015	Kiama		
2016	Jamberoo		
2017	Kiama		
2018	Kiama	Albion Park-Oak Flats	
2019	Jamberoo	Shellharbour Sharks	
2020	Jamberoo	Albion Park-Oak Flats	
2022	Stingrays of Shellharbour	Shellharbour Sharks	
2023	Jamberoo	Warilla Lake South	Milton Ulladulla
2024	Milton Ulladulla	Jamberoo	Milton Ulladulla

2024 PREMIERS  
& INDIVIDUAL HONOURS**2024 GRAND FINAL TROPHIES:****ARTIE SMITH TROPHY 1ST GRADE PREMIERS:**

Gerrigong

**WALTER ELLIOTT MEMORIAL CUP-RESERVE GRADE PREMIERS:**

Gerrigong

**REGAN CUP/ 3RD GRADE PREMIERS:**

Nowra Bomaderry Jets

**TREVOR FARMER U/18 PREMIERS:**

Albion Park Oak Flats

**CONNIE DALLAS LADIES LEAGUE TAG 1ST DIV PREMIERS:**

Milton-Ulladulla

**SYD WELLER LADIES LEAGUE TAG 2ND DIV PREMIERS:**

Jamberoo

**2024 SEASON - PLAYER OF THE GRAND FINAL MATCH****JACK & MEGGSIE BLANCH 1ST GRADE:**

Nathan Ford (Gerrigong)

**RESERVE GRADE:**

Isaac Russell (Gerrigong)

**RAY STEAD UNDER 18'S:**

Brodie Breakspear (Albion Park Oak Flats)

**THIRD GRADE:**

Steven Brandon (Nowra Bomaderry)

**LADIES LEAGUE TAG 1ST DIV:**

Ebony Murray (Milton-Ulladulla)

**LADIES LEAGUE TAG 2ND DIV:**

Cassidy Morris (Jamberoo)

**OPEN WOMENS TACKLE:**

Olivia Ozolins (Milton Ulladulla)

**2024 REFEREE OF THE YEAR**

Bailey Warren

## CLUB CHAMPIONSHIP

**2024 SCGRL CLUB CHAMPIONSHIP TROPHY**

Shellharbour Sharks

Shellharbour - 1968, 1970, 1971, 1973, 1974, 1976, 1977,  
1988, 1996, 1999, 2001, 2002, 2003, 2004, 2008, 2010, 2012,  
2014, 2015, 2024

Nowra - 1969, 1979, 1981, 1994, 1995,  
Milton-Ulladulla - 1989

Warilla - 1972, 78, 80, 82, 83, 86, 87, 88, 91, 92, '09, '13,  
Albion Park-Oak Flats - 1975, 84, 85, 97, 98, '06, '07  
Milton Ulladulla - 1989,

Gerrigong - 1990, 2016, 2020, 2022

Batemans Bay - 1993,

Berry Shoalhaven Heads - 2011

Kiama - 2017, 2018

Season Cancelled (Covid) - 2020

Stingrays - 2023

**LEO O'DWYER CUP (commenced in 1947)**

Berry - 1947, 52, 53, 67, 73, 90

Kiama - 1948, 49, 50, 85

Gerrigong - 1951, 56, 65, 71, 72, 87, 91, '10, '12, '13, '16, '18, 2024  
Jamberoo - 1954, 58, 61, '17, '22

Bomaderry - 1955, 78

Nowra Warriors - 1957, 59, 60, 74, 81, 96

Shellharbour - 1962, 64, 66, 70, 76, 84, '2000, '01, '14, '15, '17, '18, '19

Albion Park Oak Flats - 1963, 68, 69, 75, 2000, '09, '10, '11,

Milton Ulladulla - 1977, 88, 89

Warilla Lake South - 1979, 80, 82, 92, 94, 95, 97, 98, '13

Nowra Saints - 1986, 93, 99, '02

Kiama - 2017

Nowra-Bomaderry - 2017

No Award - 2020

Season Cancelled (Covid) - 2021

Stingrays of Shellharbour - 2022, 2023

## TROPHIES AND AWARDS

**Michael Cronin Medal**

1987	Ralph Clarke (Albion Park - Oak Flats)
1988	Brett Herron (Berry-S.Heads)
1989	Ron Quinn (Gerringong)
1990	Greg Hooper (Warilla)
1991	Peter Gentle (Kiama)
1992	Mark Payer (Warilla)
1993	Michael Mantelli (Batemans Bay)
1994	Andrew Jackson (Gerringong)
1995	Cole Skelly (A.Park-O.Flats)
1996	Greg Hooper (Warilla)
1997	Neil Farmilo (Warilla)
1998	Andrew Jackson (Kiama)
1999	Michael Gillespie (Albion Park - Oak Flats)
2000	Greg Sherwin (Milton-Ulladulla)
2001	Michael Blattner (Shellharbour)
2002	Daniel Gunning (Kiama)
2003	Andrew Jackson (Gerringong)
2004	Adam Stone (Milton-Ulladulla)
2005	Adam Stone (Milton-Ulladulla)
2006	Daniel Gunning (Kiama)
2007	Paul Skewes (Berry-S.Heads)
2008	Damien Paulissen (Warilla - Lake South)
2009	Thomas Cook (Milton Ulladulla)
2010	Alex Volkanovski (Warilla Lake South)
2011	Adam Stone (Milton Ulladulla)
2012	Sam Stewart (Nowra Bomaderry)
2013	Brad Davidson (Gerringong)
2014	Harold Snell (Shellharbour)
2015	Adam Stone (Milton Ulladulla)
2016	Dylan McGregor (Shellharbour)
2017	Matt Carroll (Shellharbour)
2018	Cameron Vazzoler (Kiama)
2019	Daniel Burke (Warilla Lake South)
2020	Luke Asquith (Jamberoo) & Kieran Poole (Kiama)
2021	Season Cancelled (Covid)
2022	Mark Asquith (Jamberoo)
2023	James Ralphs (Shellharbour)
2024	Kane Ball (Albion Park Oak Flats)

**Athol Noble Medal - Regan Cup player of the Year**

1994	Alan Ward (Jamberoo)
1995	Alan Ward (Jamberoo)
1996	Alan Ward (Jamberoo)
1997	Troy Maugher (Jamberoo)
1998	Sam Euta (Mt. Warrigal Kooris)
1999	Tod Roberts (Wreck Bay)
2000	Paul Moylan (Mt. Warrigal Kooris)
2001	Clayton Hobbs (Jamberoo)
2002	Sandy Epre (Sussex Inlet)
2003	Sione Tausala (Albion Park Outlaws)
2004	Jeff Wellington (Jamberoo)
2005	Ross Deeks (St Georges Basin)
2006	Mark McTiernan (Albion Park Outlaws)

2007	John Carey (Greenwell Point)
2008	Alan Ward (Jamberoo)
2009	John Carey (Greenwell Point)
2010	NC
2011	NC
2012	NC
2013	NC
2014	Josh Check (Stingrays of Shellharbour)
2015	Jason Lennard (Shellharbour)
2016	Chris Daniel (Albion Park Outlaws)
2017	Mark Tierman (Albion Park Outlaws)
2018	Dale Hammond (Sussex Inlet)
2019	Dylan Riggs (Mount Warrigal)
2020	No Award
2021	Season Cancelled (Covid)
2022	Will Ray (Sussex Inlet)
2023	Keith Gatt (Stingrays of Shellharbour)
2024	Jayden Valenzisi (Robertson)

**Cleary Bros. Player of the Year**

1969	John Marley (A.Park O. Flats)
1970-75	Michael Cronin (Gerringong)
1976	Garry Hinkley (Bomaderry)
1977	Peter Jirgens (Nowra Warriors)
1978	Ron Warren (Warilla)
1979	David Curry (Batemans Bay)
1980	Brian Love (Warilla)
1981	David Beckett (Nowra Warriors)
1982	Merv Veitch (Warilla)
1983	Peter French (Kiama)
1984	Tommy Fowler (Warilla)
1985	Graham Murtagh (Kiama)
1986	Tommy Fowler (Warilla)
1987	Ken McIndoe (Milton-Ulladulla)
1988	Russell Ford (Gerringong)
1989	Ron Quinn (Gerringong)
1990	Peter Ford (Gerringong)
1991	Mark Henson (Milton-Ulladulla)
1992	Neil Farmilo (Warilla)
1993	Michael Mantelli (Batemans Bay)
1994	Brad Miller (Warilla)
1995	Ty Hardy (Batemans Bay)
1996	Jason Berg (Berry-S Heads)
1997	Neil Farmilo (Warilla)
1998	Brad Arthur (Batemans Bay)
1999	Trent Burns (Shellharbour)
2000	Jade Lucas (A.Park-Oak Flats)
2001	Cole Skelly (Shellharbour City)
2002	Adam O'Brien (Batemans Bay)
2003	Geoff Johnson (Berry-S Heads)
2004	Mark Duncan (Kiama Knights)
2005	Simon Pimanous (Albion Park - Oak Flats)
2006	Daniel Gunning (Kiama)
2007	Simon Pimanous (Albion Park - Oak Flats)
2008	Damien Paulissen (Warilla - Lake South)
2009	Derek Gray (Albion Park Oak Flats)

## St George Illawarra Under 21 Player of the Year Most Promising Player Under 21 Years

1990	Cole Skelly (Shellharbour)
1991	Ian Jones (Albion Park - Oak Flats)
1992	Clint Poole (Warilla)
1993	Lorne Heron (Batemans Bay)
1994	Dean Moon (Nowra Warriors)
1995	Travis Munro (Warilla)
1996	John Walker (Berry S. Heads)
1997	Peter Quine (Gerrington)
1998	Trent Burns (Bomaderry)
1999	Adam Fettell (Albion Park - Oak Flats)
2000	Chris Haines (Shellharbour)
2001	Scott Morris (Kiama)
2002	Ryan Schuster (Shellharbour City)
2003	Tim Poppett (Gerrington)
2004	Nathan Carpenter (Berry)
2005	Adam Stone (Milton-Ulladulla)
2006	John Elliott (Kiama)
2007	Thomas Cook (Milton Ulladulla)
2008	Jason White (Gerrington)
2009	David Catterall (Gerrington)
	(Award Discontinued)

## Roy Stewart Rookie of the Year

1969	Ron Mathie (Milton-Ulladulla)
1970	Neville Hockey (Shellharbour Workers)
1971	Vince Warby (Jamberoo)
1972	Ron Spinks (Shellharbour Workers)
1973	Butch Young (Shellharbour Workers)
1974	Peter Rodden (Berry)
1975	Peter Duffy (Warilla)
1976	Tony Stephenson (Bomaderry)
1977	Shayne Ashton (Nowra Warriors)
1978	Paul Veitch (Warilla)
1979	Peter Thompson (Milton-Ulladulla)
1980	Peter Ford (Gerrington)
1981	Glen Jarrett (Nowra Warriors) Ian Prosser (Gerrington) (joint)
1982	Wayne Harvey (Shellharbour)
1983	Graham Murtagh (Kiama)
1984	Wayne Marsh (Warilla)
1985	Mark Westaway (Warilla)
1986	Rod Wishart (Gerrington)
1987	Scott Tierney (Gerrington)
1988	Jason Croker (Batemans Bay)
1989	Robert Beattie (Batemans Bay)
1990	Jonathan Britten (Gerrington)
1991	Andrew Jackson (Gerrington)
1992	Graig Davis (Gerrington)
1993	Craig Nicholls (Albion Park - Oak Flats)
1994	Brendan Magnus, (Batemans Bay)
1995	Michael Walker (Berry)
1996	Damian Bruntun (Nowra Warriors)
1997	Jacob Michels (Bay/Basin)
1998	Sam Askew (Bay/Basin)
1999	James Longbottom (Nowra Warriors)
2000	David Price (Nowra Warriors)
2001	Sean Jenkins (Albion Park - Oak Flats)
2002	Marc Smith (Shellharbour City)

2003	Bradley Davidson (Gerrington)
2004	Adam Stone (Milton-Ulladulla)
2005	Mark Walsh (Warilla)
2006	Sam Burns (Berry-Shoalhaven Heads)
2007	Pat Cronin (Gerrington)
2008	Mitchell Rein (Kiama)
2009	Tyson Brown (Warilla Lake South)
2010	Rixon Russell (Gerrington)
2011	Adam Quinlan (Jamberoo)
2012	Joe Rogers (Berry Shoalhaven Heads)
2013	Corey Mulhall (Gerrington)
2014	Ryan James (Nowra Bomaderry)
2015	Kurt Field (Shellharbour)
2016	Blair Grant (Warilla Lake South)
2017	Cameron Vazzolar (Kiama)
2018	Blake Dowel (Warilla Lake South)
2019	Alexander Weir (Gerrington)
2020	No Award
2021	Season Cancelled (Covid)
2022	Jayden Foye (Jamberoo)
2023	Jarrah Treweek (Milton-Ulladulla)
2024	Cooper Harrison (Gerrington)

## Kevin Walsh Memorial Leading Points Scorer

1979	Lyndon Porrier (Batemans Bay)
1980	Neil Street (Warilla)
1981	John Lonesborough (Nowra Warriors)
1982	David Moffatt (Warilla)
1983	Ian Hartley (Nowra Saints)
1984	Tony Fitler (Kiama)
1985	Chris Vasey (Batemans Bay)
1986	Lyndon Porrior (Batemans Bay)
1987	Rod Roach (Warilla)
1988	Brett Davis (Milton-Ulladulla)
1989	Michael Elliott (Batemans Bay)
1990	Greg Laverty (Bomaderry)
1991	Sean Taylor (Milton-Ulladulla)
1992	Sean Taylor (Batemans Bay)
1993	Steve Elliott (Batemans Bay)
1994	1995 Jeff Wellington (Nowra Warriors)
1996	Scott Button (Nowra Warriors)
1997	Steve Larder (Bomaderry)
1998	Brad Arthur (Batemans Bay)
1999	Cole Skelly (Shellharbour)
2000	David Jensen (Albion Park - Oak Flats)
2001	Cole Skelly (Shellharbour)
2002	Liam Watson (Warilla Lake South)
2003	Greg Sherwin (Milton-Ulladulla)
2004	Justin Holbrook (Milton-Ulladulla)
2005	Sean Jenkins (Batemans Bay)
2006	Leigh Ardler (Nowra Warriors)
2007	Sean Jenkins (Albion Park-Oak Flats)
2008	Leigh Ardler (Shoalhaven Jets)
2009	Matt Carroll (Albion Park Oak Flats)
2010	Joel Roberts (Gerrington)
2011	Adam Quinlan (Jamberoo)
2012	Joel Roberts (Gerrington)
2013	Joel Roberts (Gerrington)
2014	Mark Brandon (Nowra Bomaderry)
2015	Joel Roberts (Gerrington)

2016	Matt Carroll (Shellharbour), Joel Roberts (Gerrington) tied
2017	Matt Carroll (Shellharbour)
2018	Matt Carroll (Shellharbour)
2019	Cam Vazzoler (Kiama)
2020	No Award
2021	Season Cancelled
2022	Jake Taylor - Gerrington Lions
2023	Clyde Parsons (Nowra-Bomaderry)
2024	Isaac Morris (Shellharbour)

#### **Tim Jones Memorial Leading Try Scorer**

1979	Tony Vella (Batemans Bay)
1980	Tommy Dennis (Warilla)
1981	Tommy Dennis (Warilla)
1982	Ian Hartley (Nowra Saints)
Peter	Oates (Milton-Ulladulla) joint
1983	Ian Hartley (Nowra Saints) Peter Gentle (Kiama) Lew Northey (Warilla Lake South)
1984	Richard Harvey (Warilla)
1985	Tony Chapman (Batemans Bay)
1986	Ian Howcroft (Kiama)
1987	Craig Ralphs (Warilla)
1988	Brett Davis (Milton-Ulladulla)
1989	Robert Baillie (Kiama)
1990	Greg Laverty (Bomaderry)
1991	Richie Connell (Shellharbour)
1992	Sean Taylor (Batemans Bay)
Greg	Laverty (Bomaderry) joint
1993	Lorne Heron (Batemans Bay)
1994	Jeff Wellington (Nowra Warriors)
1995	Jeff Wellington (Nowra Warriors)
1996	Aaron Grant (Shellharbour)
1997	Neil Farmilo (Warilla)
1998	Richard Luland (Bomaderry)
1999	Trent Burns (Shellharbour)
2000	Simon Pimanovs (Albion Park - Oak Flats)
2001	Clinton Bennetts (Milton-Ulladulla)
2002	Brett Cox (Batemans Bay)
2003	Greg Sherwin (Milton-Ulladulla) Clinton Bennetts (Milton-Ulladulla)
2004	Justin Holbrook (Milton-Ulladulla) Warren Potts (Batemans Bay)
2005	Simon Pimanovs (Albion Park - Oak Flats)
2006	Simon Pimanovs (Albion Park - Oak Flats)
2007	Simon Pimanovs (Albion Park - Oak Flats) Sean Jenkins (Albion Park - Oak Flats)
2008	Leigh Ardler (Shoalhaven Jets), Jeremy Alger (Kiama) Matt Gallagher (Berry - Shoalhaven Heads)
2009	Thomas Cook (Milton Ulladulla)
2010	Rixon Russell (Gerrington)
2011	Adam Quinlan (Jamberoo)
2012	Rixon Russell (Gerrington)
2013	Rixon Russell (Gerrington)
2014	Mark Brandon (Nowra Bomaderry)
2015	Aaron Henry (Warilla Lake South)
2016	Dylan Morris (Kiama)

2017	Ben Barnard (Jamberoo), Toby Gumley-Quine (Gerrington), Tyson Simpson (Nowra Bomaderry) tied
2018	Jason Gray (Shellharbour)
2019	Matt Winchester (Gerrington)
2020	No Award
2021	Season Cancelled (Covid)
2022	Justin Jones - Warilla
2023	Justin Jones - (Warilla Lake South) & Beau Luland - (Nowra Bomaderry)
2024	Braxton Wallace (Shellharbour)

#### **St. George/Illawarra Dragons**

##### **Most Promising Player Under 21 Years**

1990	Cole Skelly (Shellharbour)
1991	Ian Jones (Albion Park - Oak Flats)
1992	Clint Poole (Warilla)
1993	Lorne Heron (Batemans Bay)
1994	Dean Moon (Nowra Warriors)
1995	Travis Munro (Warilla)
1996	John Walker (Berry Shoalhaven Heads)
1997	Peter Quine (Gerrington)
1998	Trent Burns (Bomaderry)
1999	Adam Fettell (Albion Park - Oak Flats)
2000	Chris Haines (Shellharbour)
2001	Scott Morris (Kiama)
2002	Ryan Schuster (Shellharbour City)
2003	Tim Poppett (Gerrington)
2004	Nathan Carpenter (Berry)
2005	Adam Stone (Milton-Ulladulla)
2006	John Elliott (Kiama)
2007	Thomas Cook (Milton Ulladulla)
2008	Jason White (Gerrington)
(Award discontinued)	

#### **Enn Muller Trophy - Under 18**

##### **Player of the Year**

1984	Mark Westaway (Warilla)
1985	Darrin Lonesborough (Nowra Warriors)
1986	Darren Davison (Warilla)
1987	Jason Hughes (Warilla)
1988	Gary Pabis (Warilla)
1989	Cole Skelly Albion Park - Oak Flats)
1990	Ian Jones (Albion Park - Oak Flats)
1991	Darren O'Sullivan (Warilla)
1992	Dean Antony (Kiama)
1993	Matt Robards (Nowra Warriors)
1994	Mathew Hingle (Gerrington)
1995	Darren McPherson (Nowra Warriors)
1996	Phillip Charles (Bay/Basin)
1997	Simon Pimanovs (A.Park O.Flats)
1998	Nathan Strong (Gerrington)
1999	Luke Symonds (Gerrington)
2000	Chris Henry (Warilla/Lake South)
2001	Jake McDonald (St. Georges Basin)
2002	Aaron Brierley (Batemans Bay)
2003	Paul Ross (Kiama)
2004	Gary Warburton (Milton-Ulladulla)

**Renamed - Bill James Under 18 Player of the Year**

2005	Gary Warburton (Milton-Ulladulla)
2006	Nathan Benny (Berry-S Heads)
2007	Shane Allen (St. Georges Basin)
2008	Rixon Russell (Gerrington)
2009	James Gilmore (Kiama)
2010	Adam Thomson (Gerrington)
2011	Joe Rodgers (Berry Shoalhaven Heads), Nick Goodman (Milton Ulladulla)
2012	Drew Hutchison (Albion Park Oak Flats)
2013	Kirren Roughley (Milton Ulladulla)
2014	Jack Parrish (Berry)
2015	Wade Aitken (Shellharbour)
2016	Dylan Morris (Kiama)
2017	Jayden Millard (Milton Ulladulla)
2018	Jake Brisbane (Albion Park Oak Flats)
2019	Sam Hooper (Warilla Lake South)
2020	No Award
2021	Season Cancelled (Covid)
2022	Lincoln Miners (Stingrays of Shellharbour)
2023	Dreau Clark (Warilla Lake South)
2024	Levi Valensini (Albion Park Oak Flats)

**Doreen and Len Holz Memorial Under 18 leading Try Scorer**

1987	Jason Hughes (Warilla)
1988	Robert Beattie (Batemans Bay)
1989	Adrian Weller (Nowra Warriors)
1990	Greg Wellington (St. Georges Basin)
1991	Lorne Heron (Batemans Bay)
1992	Peter Netherclift (Kiama)
1993	Kip McFarland (Batemans Bay)
1994	Jason Boersma (Warilla)
1995	Owen Langton (Gerrington)
1996	Phillip Charles (Bay/Basin)
1997	Simon Pimanovs (A.Park-O.Flats)
1998	Daniel Petty (Batemans Bay)
1999	Wade Walsh (A.Park O.Flats)
2000	Matthew Larkin (Batemans Bay)
2001	Marc Smith (Shellharbour City)
2002	John Dale (Milton-Ulladulla)
2003	Paul Ross (Kiama)
2004	Kevin Ottaway (Shellharbour City)
2005	Peter Howcroft (Milton-Ulladulla)
2006	Tristan Nisbet (Milton-Ulladulla)
	Naden Bonbaci (Gerrington)
2007	Tristan Nisbet (Milton-Ulladulla)
2008	David Catterall (Gerrington)
2009	Trent Ryan (Milton Ulladulla)
2010	Adam Quinlan (Culburra Greenwell Point)
2011	Blake Sommerville (Milton Ulladulla)
2012	Blake Jones (Albion Park Oak Flats), Blake Mackey (Milton Ulladulla)
2013	Mitch McGlynn (Berry)
2014	Alec Brookes (Gerrington)
2015	Dylan Morris (Kiama)
2016	Matthew Cornell (Kiama)
2017	Jake Brisbane (Albion Park Oak Flats)
2017	Jake Brisbane (Albion Park Oak Flats)
2018	Billy Hayburn (Berry Shoalhaven Heads)

2019	Callum Gromek (Warilla Lake South)
2020	No Award
2021	Season Cancelled (Covid)
2022	Ashton Ward - Gerrington
2023	Charles Heidke (Berry Shoalhaven Heads)
2024	Malokai Tomo (Warilla Lake South)

**Stan Barrington Memorial Under 18 Leading Points Scorer**

1999	Luke Symonds (Gerrington)
2000	Chris Henry (Warilla/Lake South)
2001	Aaron Brierley (Batemans Bay)
2002	Mathew Coelho (Shellharbour City)
2003	Paul Ross (Kiama)
2004	Kevin Ottaway (Shellharbour City)
2005	Daniel Cwley (Kiama)
2006	Peter Cronin (Gerrington)
2007	Tristan Nisbet (Milton Ulladulla)
2008	Jai Dormer (Shellharbour City)
2009	Trent Ryan (Milton Ulladulla)
2010	Matthew Hayman (Milton Ulladulla)
2011	Josh Coulter (Berry Shoalhaven Heads)
2012	Blake Jones (Albion Park Oak Flats)
2013	Jack Parrish (Berry)
2014	Brock Caton (Stingrays)
2015	Dean Watling (Culburra)
2016	Tom Murray (Kiama)
2017	Jaiden Fenwick (Albion Park Oak Flats)
2018	Kealen Blattner (Berry Shoalhaven Heads)
2019	Billy Hayburn (Berry Shoalhaven Heads)
2020	No Award
2021	Season Cancelled (Covid)
2022	Taj Ford - Gerrington
2023	Cooper Harrison (Gerrington)
2024	Jack Talbott (Warilla Lake South)

**Kevin Walsh Scholarship Award**

1976	Greg Poole (Kiama)
1977	Glen Southwell (Warilla Lake South)
1978	Cliff Harris (Nowra Warriors)
1979	Mark Fisher (Nowra Warriors)
1980	Tom Dennis (Warilla Lake South)
1981	Brett Stephens (Berry-S.Heads)
1982	Joe Murphy (Kiama)
1983	No Award
1984	Paul Veitch (Warilla)
	Greg Carberry (Albion Park - Oak Flats)
1985	Dean Smith (Kiama)
	Richard Finter (Warilla)
1986	Pat Hayburn (Berry)
	Grant Evans (Milton-Ulladulla)
1987	Sean Skelton (Nowra Warriors)
	Shane McDermott (Berry ShoalhavenHeads)
1988	John Watkins (Kiama)
	Scott England (Kiama)
1989	Stephen Quinn (Gerrington)
	Peter Hooper (Warilla)
	Steven Goodman (Albion Park - Oak Flats)
1990	Michael Jolliffe (Albion Park - Oak Flats)
	Matt Duggan (Kiama)
	Ian Dadd (Nowra Warriors)

1991	Matthew Hingle (Gerrington)
	Daniel Castelli (Warilla)
1992	Ben Freeman (Gerrington)
	Dean Moon (Nowra Warriors)
1993	Ben Morgan (Sussex Inlet)
	Phillip Duncan (Berry)
1994	Matthew Ring (Gerrington)
	Nathan Byrne (Berry Shoalhaven Heads)
1995	Ben Saunders (Milton Ulladulla)
	Scott Monaghan (Berry Shoalhaven Heads)
1996	Anthony Charles (Bay & Basin)
	Luke O'Donnell (Albion Park - Oak Flats)
1997	James Longbottom (Nowra Warriors)
	Ben Byrne (Berry S.Heads)
1998	Ben Wellington (Nowra Warriors)
	Tim O'Sullivan (Berry-S.Heads)
1999	David Price (Nowra Warriors)
	Samuel Burke (Kiama)
2000	Lewis Tait (Milton-Ulladulla)
	Glenn Marando (Bomaderry)
2001	Josh Elliott (Kiama)
	Brad Davidson (Gerrington)
	Glenn McCallum (Nowra Warriors)
2002	Brent Hurley (Nowra Warriors)
	Bryce Cummings (Milton-Ulladulla)
	Christopher Pitt (Albion Park - Oak Flats)
2003	Brendan Dallas (A. Park-Oak Flats)
	Jarred McNamara (Nowra Warriors)
2004	Graham Davidson (Nowra Warriors)
	Lewis McCall (Nowra Warriors)
2005	Michael Maslanka (Jamberoo)
	Mitchell Rein (Kiama)
2006	Michell Lennon (Culburra)
	Jacob Boon (Albion Park - Oak Flats)
2007	Orry Weir (Shellharbour City)
	AJ Hatch (Milton Ulladulla)
2008	Darcy Heffernan (Culburra),
	Harrison Miller (Milton - Ulladulla)
2009	Thomas Berry (Nowra Warriors),
	Mitchell Liddicoat (Berry Shoalhaven Heads)
2010	Kade Kentwell (Albion Park Oak Flats)
	Alex Rossetto (Milton Ulladulla)
2011	Bradley Hammond, Khy Whitford (Milton Ulladulla)
2012	Travis Burns (Bomaderry)
2013	Harley Grundy, James Hayman (Milton Ulladulla)
2014	Colton Anderson, Hamish Shorland (Milton Ulladulla)
2015	Cole Thomson (Albion Park - Oak Flats)
2016	Liam Conlon, Tarje Whitford (Milton Ulladulla)
2017	Lleyton Roach (Milton Ulladulla)
2018	Caleb Potts (Kiama)
2019	Caelum Elliott (Milton Ulladulla)
2020	No Award
2021	Talea Miller (Bomaderry)
2022	Chloe Wallace (Kiama)
2023	Oliver Miles (Kiama)
	Maisie Butson (Milton-Ulladulla)
2024	Maddison Reid (Milton Ulladulla) & Taj Barrett (Berry Shoalhaven Heads)

## Sharon Clark Ladies League Tag

### Division 1 Player of the Year

2011	Kristi Pan (Kiama)
2012	Kara Lee Nolan (Albion Park Oak Flats)
2013	Aimee Barnard (Jamberoo)
2014	Ebony Murray (Milton Ulladulla)
2015	Cheyenne Hatch (Milton Ulladulla)
2016	Cheyenne Hatch (Milton Ulladulla)
2017	Carly Ryan (Jamberoo)
2018	Cheyne Hatch (Milton Ulladulla)
2019	Kristie Falzon (Nowra Bomaderry)
2020	No Award
2021	Season Cancelled (Covid)
2022	Talia Atfield (Berry Shoalhaven Heads)
2023	Ebony Murray (Milton Ulladulla)
2024	Alana Starr (Kiama)

## Connie Dallas Ladies League Tag

### Division 1 Premiers

2018	Kiama Knights
2019	Jamberoo Superoos
2020	Jamberoo Superoos
2021	Season Cancelled (Covid)
2022	Stingrays Of Shellharbour
2023	Jamberoo Superoos
2024	Milton Ulladulla

## Syd Weller Ladies League Tag

### Division 2 Premiers

2018	Albion Park Oak Flats Eagles
2019	Shellharbour Sharks
2020	Albion Park Oak Flats Eagles
2021	Season Cancelled (Covid)
2022	Shellharbour Sharks
2023	Warilla Lake South
2024	Jamberoo

## Open Womens Tackle Player of the Year

2023	Hannah England (Milton Ulladulla)
2024	Alivia Brown (Milton Ulladulla) & Jayla Commins (Shellharbour Sharks)

## Harold Alcock Memorial

### Outstanding Contribution to the Game

2005	Michael Tierney (Kiama)
2006	Mark Roberts (Warilla Lake South)
2007	Geoff Ward (Jamberoo)
2008	Ben Byrne (Referees Association)
2009	Connie Dallas (Jamberoo)
2010	Pat Kane (Gerrington)
2011	Wayne Strong (Berry Shoalhaven Heads)
2012	Ray Tarlinton (Warilla Lake South)
2013	Daryl Hobbs (Gerrington)
2014	Peter Hooper (Warilla Lake South)
2015	Narelle Barry (Berry Shoalhaven Heads)
2016	Atfield Family (Nowra Bomaderry)
2017	Ralph Clarke (Albion Park - Oak Flats)
2018	Alan (Squeaker) Carroll (Shellharbour)
2019	Daniella Puckeridge (Albion Park - Oak Flats)
2020	No Award
2021	Season Cancelled (Covid)
2022	Joe Rogers (Berry Shoalhaven Heads)
2023	Mark Berry (Nowra-Bomaderry)
2024	Cheyenne Hatch (Milton Ulladulla)

### Representative Player of the Year


2011	Patrick Cronin (Gerrington)
2012	Rixon Russell (Gerrington), Dean Gray (Albion Park - Oak Flats)
2013	Grant Roberts (Batemans Bay)
2014	Aaron Henry (Warilla Lake South)
2015	Mark Walsh (Warilla Lake South)
	Joel Roberts (Gerrington)
2016	NA
2017	Brock Skelly (Shellharbour)
2018	Corey Grigg (Jamberoo)
2019	Luke Sutton (Kiama)
2020	No Award
2021	Season Cancelled (Covid)
2022	Jake Brisbane (Warilla Lake South)
2023	Tom Warner (Stingrays Of Shellharbour)
2024	NA

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## Family of League

NSW South Coast Branch

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together for the  
game, and for  
each other

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we can  
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Craig Wise 0410 673 003 | Phil Barry 0428 336 589





## SOUTH COAST GROUP 7 JUNIOR RUGBY LEAGUE

# PREMIERS AND GRAND FINAL SCORES

<b>1956</b>	16.1 Milton Ulladulla, 12.1 Milton Ulladulla
<b>1957</b>	16.1 Milton Ulladulla, 14.1 Kiama, 12.1 Kiama
<b>1958</b>	16.1 Milton Ulladulla, 14.1 Nowra Warriors, 13.1 Nowra Warriors,
<b>1959</b>	16.1 Nowra Warriors, 14.1 Milton Ulladulla
<b>1960</b>	16.1 Kiama, 14.1 Nowra Warriors,
<b>1961</b>	16.1 Shellharbour, 14.1 Shellharbour
<b>1962</b>	16.1 Shellharbour, 14.1 Shellharbour
<b>1963</b>	Shellharbour, 14.1 Shellharbour
<b>1964</b>	15.1 Shellharbour, 14.1 Albion Park Oak Flats, 13.1 Albion Park Oak Flats, 12.1 Kiama
<b>1965</b>	15.1 Nowra Warriors, 14.1 Milton Ulladulla, 13.1 Kiama, 12.1 Bomaderry, 10.1 Nowra Warriors
<b>1966</b>	16.1 Albion Park Oak Flats, 15.1 Bomaderry, 14.1 Bomaderry, 13.1 Kiama, 11.1 Warilla, 10.1 Nowra Warriors, 9.1 Nowra warriors, 8.1 Kiama
<b>1967</b>	16.1 Bomaderry, 15.1 Bomaderry, 14.1 Nowra Warriors, 13.1 Kiama, 12.1 Warilla, 11.1 Nowra Warriors, 10.1 Nowra Warriors, 9.1 Nowra Warriors, 8.1 Warilla
<b>1968</b>	16.1 Bomaderry, 15.1 Nowra Warriors, 14.1 Bomaderry, 13.1 Warilla, 12.1 Warilla, 12.2 Warilla, 11.1 Warilla, 10.1 Warilla, 9.1 Bomaderry, 8.1 Nowra Warriors
<b>1969</b>	16.1 Nowra Warriors, 15.1 Bomaderry, 14.1 Berry, 14.2 Bomaderry, 13.1 Shellharbour, 13.2 Kangaroo Valley, 12.1 Warilla, 12.2 Nowra Warriors, 11.1 Warilla, 11.2 Milton Ulladulla, 10.1 Bomaderry, 10.2 Albion Park Oak Flats, 9.1 Nowra Warriors, 9.2 Kiama, 8.1 Nowra Warriors, 8.2 Milton Ulladulla
<b>1970</b>	16.1 Bomaderry, 15.1 Nowra Warriors, 15.2 Bomaderry, 14.1 Warilla, 14.2 Albion Park Oak Flats, 13.1 Warilla, 13.2 Kiama, 12.1 Warilla, 12.2 Albion Park Oak Flats, 11.1 Warilla, 11.2 Warilla, 10.1 Warilla, 10.2 Warilla, 9.1 Warilla, 9.2 Bomaderry 8.1 Nowra Warriors, 8.2 Berry, 7.1 Albion Park Oak Flats,
<b>1971</b>	16.1 Warilla, 15.1 Warilla, 14.1 Warilla, 14.2 Bomaderry, 13.1 Bomaderry, 12.1 Bomaderry, 12.2 Albion Park Oak Flats, 11.1 Bomaderry, 11.2 Milton Ulladulla, 10.1 Nowra Warriors, 10.2 Kiama, 9.1 Warilla, 9.2 Jamberoo, 8.1 Albion Park Oak Flats, 8.2 Berry, 7.1 Warilla
<b>1972</b>	16.1 Nowra Warriors, 15.1 Warilla, 15.2 Berry, 14.1 Bomaderry, 13.1 Warilla, 13.2 Kiama, 12.1 Nowra Warriors, 12.2 Warilla, 11.1 Warilla, 11.2 Shellharbour, 10.1 Nowra Warriors, 10.2 Berry, 9.1 Albion Park Oak Flats, 9.2 Kiama, 8.1 Warilla, 8.2 Warilla, 7.1 Warilla
<b>1973</b>	16.1 Shellharbour, 15.1 Shellharbour, 14.1 Shellharbour, 14.2 Nowra Warriors, 13.1 Bomaderry, 13.2 Shellharbour, 12.1 Warilla, 12.2 Gerrigong, 11.1 Nowra Warriors, 10.1 Warilla, 10.2. Shellharbour, 9.1 Warilla, 9.2 Shellharbour, 8.1 Warilla, 8.2 Warilla, 7.1 Warilla
<b>1974</b>	16.1 Bomaderry, 15.1 Bomaderry, 14.1 Bomaderry, 13.1 Warilla, 13.2 Shellharbour, 12.1 Warilla 12.2 Milton Ulladulla, 11.1 Albion Park Oak Flats, 11.2 Milton Ulladulla, 10.1 Warilla, 9.1 Warilla, 8.1 Kiama, 7.1 Kiama
<b>1975</b>	16.1 Shellharbour, 15.1 Bomaderry, 14.1 Warilla, 13.1 Albion Park Oak Flats, 12.1 Albion Park Oak Flats, 12.2 Milton Ulladulla, 11.1 Warilla, 11.2 Warilla, 10.1 Warilla, 9.1 Warilla, 8.1 Nowra Warriors, 7.1 Nowra Warriors
<b>1976</b>	16.1 Bomaderry, 15.1 Bomaderry, 14.1 Milton Ulladulla, 13.1 Warilla, 12.1 Warilla, 12.2 Gerrigong, 11.1 Warilla, 10.1 Warilla, 9.1 Nowra Warriors, 8.1 Kiama, 7.1 Warilla,
<b>1977</b>	16.1 Bomaderry, 15.1 Warilla, 14.1 Albion Park Oak Flats, 13.1 Albion Park Oak Flats, 12.1 Bomaderry, 12.2 Gerrigong, 11.1 Warilla, 10.1 Albion Park Oak Flats, 10.2 Bomaderry, 9.1 Kiama, 8.1 Warilla, 7.1 Shellharbour

- 1978** 16.1 Warilla, 15.1 Nowra Warriors, 14.1 Kiama, 13.1 Bomaderry, 12.1 Kiama, 11.1 Nowra Warriors, 10.1 Warilla, 9.1 Warilla, 8.1 Warilla, 7.1 Warilla
- 1979** 16.1 Albion Park Oak Flats, 15.1 Kiama, 14.1 Bomaderry, 13.1 Warilla, 12.1 Albion Park Oak Flats 11.1 Warilla, 10.1 Warilla, 9.1 Warilla, 8.1 Warilla, 7.1 Warilla
- 1980** 16.1 Kiama, 15.1 Bomaderry, 14.1 Warilla, 13.1 Nowra Warriors, 12.1 Warilla, 11.1 Warilla, 10.1 Warilla, 9.1 Warilla, 8.1 Kiama, 7.1 Albion Park Oak Flats
- 1981** 16.1 Bomaderry, 15.1 Warilla, 14.1 Warilla, 13.1 Nowra Warriors, 12.1 Warilla, 12.2 Gerringong, 11.1 Nowra Warriors, 11.2 Kiama, 10.1 Warilla, 10.2 Gerringong, 9.1 Warilla, 9.2 Nowra Warriors, 8.1 Albion Park Oak Flats, 7.1 Warilla
- 1982** 15.1 Nowra Warriors, 14.1 Gerringong, 13.1 Warilla, 13.2 Kiama, 12.1 Nowra Warriors, 11.1 Warilla, 11.2 Nowra Warriors, 10.1 Warilla, 10.2 Shellharbour, 9.1 Warilla, 8.1 Warilla, 7.1 Warilla, 7.2 Kiama
- 1983** 16.1 Nowra Warriors, 15.1 Nowra Warriors, 14.1 Kiama, 13.1 Shellharbour, 12.1 Warilla, 12.2 Bomaderry, 11.1 Kiama, 10.1 Albion Park Oak Flats, 10.2 Bomaderry, 9.1 Kiama, 8.1 Shellharbour, 7.1 Albion Park Oak Flats, 7.2 Gerringong
- 1984** 15.1 Kiama, 14.1 Shellharbour, 13.1 Warilla, 13.2 Berry, 12.1 Kiama, 12.2 Bomaderry, 11.1 Warilla, 10.1 Shellharbour, 9.1 Shellharbour, 8.1 Albion Park Oak Flats/Warilla (Joint) 7.1 Albion Park Oak Flats
- 1985** 16.1 Warilla, 16.2 Helensburgh, 15.2 Thirroul, 14.1 Dapto, 14.2 Kiama, 14.3 Helensburgh, 13.1 Albion Park Oak Flats, 12.1 Albion Park Oak Flats, 11.1 Shellharbour, 10.1 Nowra Warriors 9.1 9.1 Warilla, 8.1 Albion Park Oak Flats  
No Premiers in 7, 8 and 9 Years after introduction of Mini League
- 1986** 16.1 Albion Park Oak Flats 30 Berkeley 0 (Illawarra Comp), 15.2 Warilla 18 Albion Park Oak Flats 10, 13.1 Albion Park Oak Flats 26 Warilla 4, 12.1 Warilla 14 Kiama 8, 11.1 Nowra Warriors 24 Shellharbour 5, 10.1 Albion Park Oak Flats 14 Warilla 12,
- 1987** 16.1 Albion Park Oak Flats 16 Warilla 10, 15.1 Albion Park Oak Flats 14 Warilla 6, 14.1 Albion Park Oak Flats 32 St Georges Basin 18, 13.1 St Josephs Albion Park 12 Warilla 10, 12.1 Shellharbour 14 Nowra Warriors 0, 11.1 Warilla 12 Nowra Warriors 7, 10.1 Nowra Warriors 10 Albion Park Oak Flats 5
- 1988** 16.1 Albion Park Oak Flats 18 St Georges Basin 10, 15.1 St Georges Basin 26 Warilla 16, 14.1 St Georges Basin 22 Warilla 8, 13.1 Nowra Warriors 34 Shellharbour 12, 12.1 Warilla 19 Nowra Kangaroos 5, 11.1 Nowra Wallabies 12 Albion Par Oak Flats 10, 10.1 St Pauls Albion Park 7 Shellharbour 5
- 1989** 16.1 Warilla 26 Berry Shoalhaven Heads 14, 15.1 Warilla 23 Kiama 20, 14.1 Nowra Warriors 40 Kiama 6, 13.1 Warilla 20 Nowra Wallabies 10, 12.1 Albion Park Oak Flats 40 Berry Shoalhaven Heads 0, 11.1 Albion Park Oak Flats 14 Shellharbour 7, 10.1 Albion Park Oak Flats 29 Nowra Kangaroos 17
- 1990** 15.1 Nowra Warriors 36 Wests Illawarra 16, 14.1 Warilla 30 Nowra Warriors 10, 13.1 Berry Shoalhaven Heads 20 Albion Park Oak Flats 12, 12.1 St Georges Basin 14 Shellharbour 7, 11.1 Albion Park Oak Flats 36 Kiama 12, 10.1 Albion Park Oak Flats 24 Milton Ulladulla 11
- 1991** 16.1 Nowra Warriors 38 St Georges Basin 16, 15.1 Nowra Warriors 30 Gerringong 10, 14.1 Nowra Warriors 16 Albion Park Oak Flats 10, 13.1 Albion Park Oak Flats 22 Shellharbour 14, 13.2 Kiama 32 Warilla 0, 12.1 Shellharbour 38 Nowra Kangaroos 0, 12.2 Kiama 17 Milton Ulladulla 0, 11.1 Albion Park Oak Flats 24 Warilla 19, 11.2 Nowra Warriors 34 St Georges Basin 7, 10.1 Albion Park Oak Flats 27 Nowra Kangaroos 5, 10.2 St Georges Basin 19 Nowra Warriors 15
- 1992** 15.1 Thirroul 24 Berry Shoalhaven Heads 22, 14.1 Nowra Warriors 14 Albion Park Oak Flats 12, 14.2 Milton Ulladulla 40 Warilla 10, 13.1 Nowra Warriors 22 Albion Park Oak Flats 10, 13.2 Kiama 34 Warilla 0, 12.1 Warilla 7 Albion Park Oak Flats 5, 12.2 Berry Shoalhaven Heads 7 Kiama 0, 11.1 Albion Park Oak Flat 16 Nowra Warriors 7, 11.2 Nowra Warriors 36 Berry Shoalhaven Heads 5, 10.1 Albion Park Oak Flats 33 Warilla 0, 10.1 Gerringong 8 Milton Ulladulla 5.

- 1993** 16.1 Albion Park Oak Flats 16 Berry Shoalhaven Heads 8, 16.2 Milton Ulladulla 15 Warilla 8, 14.1 Albion Park Oak Flats 24 Nowra Warriors 4, 14.2 Berry Shoalhaven Heads 42 Milton Ulladulla 20, 13.1 Warilla 22 Albion Park Oak Flats 4, 13.2 Kiama 20 Albion Park Oak Flats 8, 12.1 Albion Park Oak Flats 19 Warilla 10, 12.2 Nowra Warriors 15 Gerringong 12, 11.1 Albion Park Oak Flats 36 Warilla 7, 11.2 Berry Shoalhaven Heads 29 Culburra 27, 10.1 Albion Park Oak Flats 10 Kiama 7, 10.2 Nowra Warriors 34 Warilla 16
- 1994** 16.1 Shellharbour 22 Bomaderry 18, 15.1 Shellharbour 16 Nowra Warriors 6, 14.1 Albion Park Oak Flats 20 Shellharbour 10, 14.2 Kiama 34 St Georges Basin 24, 13.1 Albion Park Oak Flats 34 Nowra Warriors 24, 13.2 Shellharbour 12 Gerringong 1, 12.1 Shellharbour 14 Nowra Warriors 10, 12.2 Gerringong 33 Milton Ulladulla 5, 11.1 Albion Park Oak Flats 20 Nowra Warriors 19, 11.2 Warilla 44 Berry Shoalhaven Heads 5, 10.1 Shellharbour 15 Albion Park Oak Flats 0, 10.2 St Georges Basin 27 Culburra 15, 10.3 Sussex Inlet 15 Gerringong 5
- 1995** 16.1 Dapto 18 Thirroul 8, 16.2 Shellharbour 10 Nowra Warriors 8, 15.1 Wests 26 Albion Park Oak Flats 16, 15.2 Kiama 32 St Georges Basin 27, 14.1 Albion Park Oak Flats 30 St Georges Basin 24, 14.2 Shellharbour 24 Berry Shoalhaven Heads 16, 13.1 Berry Shoalhaven Heads 28 Albion Park Oak Flats 22, 13.2 Warilla 29 Sussex Inlet 8, 12.1 Albion Park Oak Flats 12 Shellharbour 7, 12.2 Warilla 21 Milton Ulladulla 14, 11.1 Shellharbour 37 Kiama 7, 11.2 Milton Ulladulla 17 Kiama 12, 10.1 Shellharbour 19 Kiama 18, 10.2 Albion Park Oak Flats 46 Culburra 5
- 1996** 16.1 Albion Park Oak Flats 40 Warilla 6, 15.1 St Georges Basin 19 Warilla 8, 14.1 Nowra Warriors 30 Albion Park Oak Flats 18, 13.1 Nowra Warriors 36 Albion Park Oak Flat 24, 13.2 Berry Shoalhaven Heads 24 Sussex Inlet 10, 12.1 Shellharbour 26 Kiama 7, 12.2 Gerringong 28 Albion Park Oak Flat 24, 11.1 Shellharbour 21 Warilla 7, 11.2 St Georges Basin 34 Nowra Warriors 5, 10.1 Warilla 24 Albion Park Oak Flats 10, 10.2 Gerringong 36 Sussex Inlet 21
- 1997** 16.1 Warilla 22 St Georges Basin 14, 15.1 Nowra Warriors 14 Warilla 8, 14.1 St Georges Basin 24 Nowra Warriors 20, 13.1 Kiama 22 Shellharbour 14, 13.2 Culburra 16 Albion Park Oak Flats 14, 12.1 Shellharbour 14 Warilla 5, 12.2 Albion Park Oak Flats 14 St Pauls Albion Park 7, 12.3 Gerringong 60 Culburra 0, 11.1 Warilla 24 Albion Park Oak Flats 0, 11.2 Warilla 34 Nowra Warriors 18, 10.1 Albion Park Oak Flats 28 St Pauls Albion Park 5, 10.2 Shellharbour 18 Sussex Inlet 15,
- 1998** 13 to 16 Year played in Merged Competition with Illawarra  
12.1 Warilla 26 St Georges Basin 12, 12.2 Gerringong 26 Warilla 0, 11.1 Nowra Warriors 35 Albion Park Oak Flats 22, 11.2 Warilla 35 Sussex Inlet 22, 10.1 Nowra Warriors 28 Albion Park Oak Flats 4
- 1999** 12.1 Shellharbour 25 Albion Park Oak Flats 0, 11.1 Kiama 14 Sussex Inlet 12, 11.2 Jamberoo 22 Berry Shoalhaven Heads 19, 10.1 St Georges Basin 28 Warilla 10, 10.2 Milton Ulladulla 29 Jamberoo 11
- 2000** 12.1 Sussex Inlet 26 Albion Park Oak Flats 0, 12.2 Kiama 7 Gerringong 5, 11.1 St Georges Basin 20 Sussex Inlet 14, 11.2 Gerringong 26 Milton Ulladulla 0, 10.1 Warilla 50 Milton Ulladulla 0, 10.2 Kiama 17 Bomaderry 10
- 2001** 12.1 St Georges Basin 31 Sussex Inlet 5, 12.2 Shellharbour 12 Bomaderry 9, 11.1 Shellharbour 12 Warilla 0, 11.2 Berry Shoalhaven Heads 20 Sussex Inlet 8, 10.1 Albion Park Oak Flats 10 Culburra 5, 10.2 Nowra Warriors 31 Kiama 12
- 2002** 12.1 Shellharbour 20 Milton Ulladulla 5, 12.2 Gerringong 24 Albion Park Oak Flats 8, 11.1 Albion Park Oak Flats 24 Gerringong 15, 11.2 Bomaderry 18 Kiama 8, 10.1 Culburra 39 Shellharbour 19, 10.2 Crookhaven 15 Albion Park Oak Flats 13
- 2003** 12.1 Gerringong 15 Albion Park Oak Flats 8, 12.2 St Georges Basin 12 Jamberoo 0, 11.1 Culburra 15 Shellharbour 5, 11.2 Kangaroo Valley 19 St Georges Basin 9, 10.1 Albion Park Oak Flats 19 Kiama 8, 10.2 St Georges Basin 18 Bomaderry 12
- 2004** 12.1 Shellharbour 17 Milton Ulladulla 13, 12.2 Bomaderry 12 Berry Shoalhaven Heads 10, 11.1 Milton Ulladulla 23 Shellharbour 0, 11.2 Culburra 23 Gerringong 0, 10.1 Albion Park Oak Flats 18 St Georges Basin 0, 10.2 Gerringong 20 Jamberoo 12.
- 2005** 12.1 Gerringong 15 Albion Park Oak Flats 8, 12.2 St Georges Basin 12 Jamberoo 0, 11.1 Culburra 15 Shellharbour 5, 11.2 Kangaroo Valley 19 St Georges Basin 9, 10.1 Albion Park Oak Flats 19 Kiama 6, 10.2 St Georges Basin 18 Bomaderry 12

- 2006** 12.1 Albion Park Oak Flats 10 Kiama 6, 12.2 Jamberoo 4 Warilla 0, 11.1 Kiama 28 Albion Park Oak Flats 12, 11.2 St Georges Basin 22 Milton Ulladulla 12, 10.1 Stingrays of Shellharbour 12 Batemans Bay 4, 10.2 Warilla 24 Gerringong 22.
- 2007** 12.1 Kiama 20 Albion Park Oak Flats 0, 12.2 Batemans Bay 26 Albion Park Oak Flats 6, 11.1 Stingrays of Shellharbour 18 Batemans Bay 6, 11.2 Nowra Warriors 26 Bomaderry 18, 10.1 Albion Park Oak Flats 18 Batemans Bay 16, 10.2 Berry Shoalhaven Heads 26 St Georges Basin 12
- 2008** 12.1 Albion Park Oak Flats 22 Stingrays of Shellharbour 0, 12.2 Berry Shoalhaven Heads 22 Shellharbour 0, 11.1 Albion Park Oak Flats 24 Kiama 6, 10.1 Albion Park Oak Flats 12 Kiama 10, 10.2 Berry Shoalhaven Heads 26 Kiama 24
- 2009** 12.1 Albion Park Oak Flats 26 Milton Ulladulla 6, 12.2 Culburra 18 Albion Park Oak Flats 12, 11.1 Gerringong 18 Kiama 0, 11.2 Kiama 24 Stingrays of Shellharbour 12, 10.1 Stingrays of Shellharbour 20 Jamberoo 0, 10.2 Berry Shoalhaven Heads 36 Sussex Inlet 12
- 2010** 12.1 Albion Park Oak Flats 18 Gerringong 10, 12.2 St Georges Basin 28 Warilla 6, 11.1 Stingrays of Shellharbour 24 Kiama 12, 11.2 Nowra Warriors 28 Stingrays of Shellharbour 6, 10.1 Albion Park Oak Flats 52 Stingrays of Shellharbour 0, 10.2 Batemans Bay 18 Gerringong 16
- 2011** 12.1 Stingrays of Shellharbour 10 Gerringong 0, 12.2 Warilla 26 Sussex Inlet 4, 11.1 Albion Park Oak Flats 22 Milton Ulladulla 10, 11.2 Milton Ulladulla 32 Kiama 12, 10.1 Kiama 18 Warilla 12, 10.2 Milton Ulladulla 34 Batemans Bay 18
- 2012** 12.1 Albion Park Oak Flats 10 Milton Ulladulla 0, 12.2 St Georges Basin 36 Bomaderry 6, 11.1 Kiama 24 Warilla 6, 11.2 Gerringong 24 Bomaderry 12, 10.1 Albion Park Oak Flats 36 Stingrays of Shellharbour 6, 10.2 Berry Shoalhaven Heads 50 Stingrays of Shellharbour 0
- 2013** 12.1 Warilla 36 Gerringong 6, 12.2 Bomaderry 16 Culburra 6, 11.1 Albion Park Oak Flats 32 Kiama 22, 11.2 Jamberoo 36 Bomaderry 12, 10.1 Stingrays of Shellharbour 38 Milton Ulladulla 18, 10.2 Berry Shoalhaven Heads 24 Bomaderry 6
- 2014** 12.1 Stingrays of Shellharbour 12 Kiama 0, 12.2 Warilla 20 Stingrays of Shellharbour 6, 11.1 Stingrays of Shellharbour 28 Kiama 0, 11.2 St Georges Basin 38 Stingrays of Shellharbour 0, 10.1 Gerringong 18 Milton Ulladulla 10, 10.2 Culburra 36 Stingrays of Shellharbour 10
- 2015** 12.1 Stingrays of Shellharbour 10 Kiama 6, 12.2 Albion Park Oak Flats 14 Bomaderry 12, 11.1 Gerringong 42 Stingrays of Shellharbour 6, 11.2 Albion Park Oak Flats 42 Sussex Inlet 12, 10.1 Gerringong 18 Albion Park Oak Flats 6, 10.2 Milton Ulladulla 42 Berry Shoalhaven Heads 16, Girls Tag 14.1 Stingrays of Shellharbour Green 18 Stingrays of Shellharbour Gold 6, 12.1 Albion Park Oak Flats 14 Stingrays of Shellharbour 10
- 2016** 12.1 Gerringong 22 Stingrays of Shellharbour 10, 12.2 Bomaderry 22 Warilla 16, 11.1 Albion Park Oak Flats 36 Gerringong 24, 11.2 St Georges Basin 30 Nowra Warriors 24, 10.1 Albion Park Oak Flats 18 Kiama 0, 10.2 Milton Ulladulla 30 St Georges Basin 11 Girls Tag 16.1 Kiama 14 Albion Park Oak Flats 8, 14.1 Stingrays of Shellharbour 36 Albion Park Oak Flats 4, 12.1 Stingrays of Shellharbour 42 Albion Park Oak flats 10.
- 2017** 12.1 Gerringong 38 Albion Park Oak Flats 0, 11.1 Albion Oak Flats 22 Kiama 0, 11.2 Nowra Warriors 36 St Georges Basin 6, 10.1 Albion Park Oak Flats 40 Stingrays of Shellharbour 0, 10.2 Culburra 18 Albion Park Oak Flats 14, Girls Tag 16.1 Stingrays of Shellharbour 26 Milton Ulladulla 10, 14.1 Stingrays of Shellharbour Green 30 Stingrays of Shellharbour Gold 0, 12.1 Stingrays of Shellharbour 20 Albion Park Oak Flats 8
- 2018** 12.1 Warilla 6 Albion Park Oak Flats 4, 12.2 Nowra Warriors 20 St Georges Basin 12, 11.1 Kiama 18 Albion Park Oak Flats 6, 11.2 Albion Park Oak Flats 6 Culburra 0, 10.1 Albion Park Oak Flats 18 Stingrays of Shellharbour 10, 10.2 Gerringong 38 Albion Park Oak Flats 10, Girls Tag 16.1 Stingrays of Shellharbour 34 Milton Ulladulla 0, 14.1 Stingrays of Shellharbour Green 22 Stingrays of Shellharbour Gold 10, 12.1 Kiama 14 Stingrays of Shellharbour 12, 10.1 Stingrays of Shellharbour 14 Milton Ulladulla 12.

- 2019** 12.1 Albion Park Oak Flats 24 Stingrays of Shellharbour 8, 12.2 Nowra Warriors 26 Gerringong 16, 11.1 Stingrays of Shellharbour 12 Albion Park Oak Flats 6, 11.2 Gerringong 42 St Georges Basin 30, 10.1 Gerringong 30 Stingrays of Shellharbour 18, 10.2 Berry Shoalhaven Heads 32 Kiama 6 Girls Tag. 16.1 Stingrays of Shellharbour Gold 28 Stingrays of Shellharbour Green 20, 14.1 Stingrays of Shellharbour 30 Sussex Inlet 12, 12.1 Kiama 20 Milton Ulladulla 0, 12.2 Stingrays of Shellharbour 20 Albion Park Oak Flats 12, 10.1 Kiama 12 Stingrays of Shellharbour 10
- 2020** (No Final Series Leading Team Premiers). 10.1.Berry Shoalhaven Heads, 11.1 Stingrays of Shellharbour, 12.1 Stingrays of Shellharbour,, Girls Tag 10 Albion Park Oak Flats, 12 Stingrays of Shellharbour, 14 Kiama, 16 Stingrays of Shellharbour, Girls Tackle 14 Stingrays of Shellharbour, 16 Stingrays of Shellharbour.
- 2021** (No Final Series- Covid)
- 2022** 16BT Stingrays of Shellharbour 30 -Milton Ulladulla 10, 15BT Kiama Red 16-Stingrays of Shellharbour 6, 14BT Albion Park Maroon 18- Stingrays of Shellharbour Green 10, 13BT Stingrays Green- 16 -Kiama 12, 12-1BT Gerringong 26- Stingrays of Shellharbour 4, 12-2BT Warilla 20-Gerringong 8, 10 -1BT Kiama Red 24 -Stingrays of Shellharbour 4, 10.2, 10-2BT Gerringong 28 -Kiama Black 16 12.1 Gerringong 20 APOF 4, 12.2 Nowra 26 Shellharbour 10, 11.1 Gerringong 24 Shellharbour 18, 11.2 St Georges Basin 26 Southern Highlands 18, 10.1 Shellharbour & Kiama 12 (Joint Premiers), 10.2 Milton-Ulladulla 20 Bomaderry 12
- 2023** Premier winners BT Under 16-2's: Berry Shoalhaven Heads Magpies BT Under 16-1's: Milton Ulladulla Bulldogs BT Under 14-2's: Stingrays of Shellharbour BT Under 14-1's: Stingrays of Shellharbour, BT Under 13's: Gerringong Lions , BT Under 12-2's: Shellharbour Sharks BT Under 12-1's: Albion Park Oak Flats Eagles BT Under 11's: Shellharbour Sharks Under 12-2's: Bomaderry Swamprats Under 12-1's: Shellharbour Sharks Under 11-2's: Bomaderry Swamprats Under 11-1's: Shellharbour Sharks
- 2024** Group 7 Junior Rugby League: BT Under 16-1: Kiama Knights 10 def Stingrays 0, BT Under 16-2: Stingrays 22 def Gerringong Lions 10, BT Under 14-1: APOF Eagles 16 def Gerringong Lions 0, BT Under 14-2: Shellharbour Sharks White 8 def Sussex Inlet Panthers 4, BT Under 12-1: Kiama Knights 24 def Shellharbour Sharks 0, BT Under 12-2: Kiama Knights 20 def Shellharbour Sharks 16, Under 12-1: Shellharbour Sharks 6 def Kiama Knights 4, & Under 12-2: APOF Eagles 12 def Shellharbour Sharks Gold 10 (No competitive competition in Under 11s)
- Merged Competition: Under 16-1: Kiama Knights 26 def Western Suburb Devils 6, Under 16-2: Thirroul Butchers 24 def Warilla Gorillas 6, Under 16 GT: Kiama Knights 14 def Corrimal Cougars 10, Under 15-1: Western Suburb Devils 4 def Woonona Bushrangers 2, Under 15-2: St Georges Basin 24 def Milton Ulladulla Bulldogs 10, Under 14-1: Corrimal Cougars 16 def Berry Shoalhaven Magpies 14, Under 14-2: Milton Ulladulla Bulldogs 16 def Southern Highlands Storm 0, Under 14-1 GT: West Devils 16 def Gerringong Lions 10, Under 14-2 GT: St Georges Basin 18 def Milton Ulladulla Bulldogs 16, Under 13-1: Western Suburb Devils 26 def Corrimal Cougars 12 & Under 13-2: Southern Highlands Storm 14 def Warilla Gorillas 10



# HOME GAMES



ROUND 10  
**SAT 10 MAY**  
5:30PM



ROUND 17  
**SAT 28 JUN**  
5:30PM



ROUND 22  
**SAT 02 AUG**  
5:30PM



*DOUBLE HEADER*  
NRL ROUND 27 | NRLW ROUND 10  
**SAT 06 SEP**  
NRLW 12:45 | NRL 3:00PM






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## 2025 SENIOR COMPETITION GROUND MANAGERS GUIDE



### MATCH DURATIONS/MAX MIN PLAYERS

Senior Rugby League Competitions	Game Times	Maximum/Minimum Players on the Field	Time Outs During Games
First Grade	2 X 40 mins	Max 13 – Min 9	As Required
Reserve Grade	2 X 35 mins	Max 13 – Min 9	Last 5 Mins for Injury
Regan Cup	2 X 35 mins	Max 13 – Min 9	Last 5 Mins for Injury
Under 18's	2 X 35 mins	Max 13 – Min 9	Last 5 Mins for Injury
Open Women's Tackle	2 x 30 mins	Max 13 – Min 9	Last 5 Mins for Injury
Ladies League Tag Division 1&2	2 x 25 mins	Max 11 – Min 8	Last 5 Mins for Injury
Regan Cup Ladies League Tag	2 x 25 mins	Max 9 – Min 7	No time outs for injury

### CONCUSSION PROTOCOLS

Firstly, please be reminded as with earlier correspondence and in-line with the 2025 Community Rugby League Policy and Guidelines for the Management of Concussion. In the event of a head injury or concussion, a **Free Interchange** will be given for the player leaving the field.

However, that player will not be permitted to return to the field of play for the remainder of the match with no exceptions and regardless of further review by a Sport Trainer. **If the HIA Free Replacement card is used, it must be marked on the Sign on Sheet and Head Injury/Concussion Protocols will apply.**

Group 7 is implementing an 18th man policy to help clubs deal with failed head injury assessments in **First Grade**. Similar, to the recent changes implemented by the NRL, Group 7 First Grade teams can name an 18th man in their match day squad who can be activated should a player fail an HIA. The 18th man must have played in a Lower Grade game. Group 7 sides can use their fifth bench member after just one player cops a head knock and is unable to pass the assessment.

This initiative from their group administrators will help relieve the pressure off Teams, Coaches and Trainers when players have been removed from the game for possible concussion.

**Any player who is diagnosed with a concussion cannot return within the timeframes outlined below:**

- **Adults (19 years and over): Eleven (11) days.** The earliest a player can be made available for team selection is on the 11th day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

- **Children and Adolescents (18 years and younger): Nineteen (19) days.** The earliest a player can be made available for team selection is on the 19th day after sustaining a concussion and only after all symptoms have resolved and the player has been cleared to play by a medical professional.

All players must complete a 6 stage RTS program prior to returning to contact training or competition games. Children and adolescents must also return to learn/school symptom free.

While players cannot return within these timeframes, the duration of exclusion from contact training and play is based on an individual's recovery and RTS Strategy as managed by a medical practitioner (doctor).

Failure to comply with the Concussion Protocols may result in loss of competition points or financial penalties.

### COMPETITION POINTS

Competition points will be awarded on the following basis:  
Win = 2 competition points / Draw = 1 competition point / Loss = 0 competition points/ Forfeit = 2 competition points

### REPLACEMENT & INTERCHANGE RULES

**First Grade** – Four replacements may be used and interchanged at any time during a match. A maximum of 8 interchanges only may be used during a match and all interchanges must be accompanied by an interchange card reflecting the number of the interchange.

If a player is injured by an act of foul play and the referee takes any 1 of the following actions:

- 1 – Sends the offending player from the field
- 2 – Sin bins the offending player

If a player is fouled by an opponent, who is then dismissed from the field or sinbinned the fouled player is caused to leave the field as a direct result of an injury sustained in that incident, this interchange will not be included for the purposes of calculating the number of interchanges (free), provided that it is made without delay and by the time the referee has acted on the incident.

**Reserve & Under 18** – Six replacements may be used and the 19 players interchanged at any time.

**Third Grade & Open Women** – Seven replacements may be used and the 20 players interchanged at any time.

**LLT Divisions 1 & 2** – Nine replacements may be used and the 20 players interchanged at any time.

### SIGN ON SHEETS

At the end of the game the **GROUND MANAGER** should ensure:

- Sign on Sheets have been completed correctly
- All Team Staff / Match Officials have signed the sheets
- Scores match on both home and away sheets

Any player removed from the field with a **SUSPECTED HEAD INJURY** is noted on the sign on sheet as **HIA**

### GROUND MANAGERS

For match day each club is to appoint a Ground Manager who must be clearly identified by apparel supplied by the League. It is the responsibility of the home club to make every effort to ensure the safety of all referees prior to, during & post games.

### GROUND ARRANGEMENTS

The maximum number of personnel permitted in the designated Team Official area will be 3 Sports Trainers or League Safes, Coach, Manager, Team Liaison Officer (TLO) and the permitted number of dressed replacement players.

### CODE OF CONDUCT REPORTING

All incidents must be formally reported to Group 7 by 4:00 PM on the Tuesday following the match. Use the QR Code below to submit the NSWRL Code of Conduct Report.

### SPORTS TRAINERS: NRL ON-FIELD POLICY

**GROUND MANAGER MUST:**

- Sports Trainers must be able to present Accreditation if requested by **GROUND MANAGER**.
- Check Sports Trainers accreditation using MySideline.
- Ensure Sports Trainer has signed the Sign on Sheet.

**IF THE MINIMUM REQUIREMENTS CANNOT BE MET THEN THE GAME CANNOT START:**

	MINIMUM PERSONELL FOR RUGBY LEAGUE	MINIMUM PERSONELL FOR LEAGUE TAG	MINIMUM ACCREDITATION REQUIRED
Senior Rugby League Competitions	1 First Responder For Each Team	1 First Responder For Each Team	NRL Level 1 Sports Trainer, or NRL Level 2 Sports Trainer

### SIN BIN

Players sent to the Sin Bin must be escorted by a team official to a place designated by the home club or in the change rooms. A player returning to the field from the Sin Bin must advise the nearest touch judge and proceed onto the field in an on-side position.

#### GROUP 7 SENIOR RUGBY LEAGUE RULES & REGULATIONS



#### NSWRL POLICIES & PROCEDURES MANUAL



#### NSWRL ONLINE CODE OF CONDUCT REPORT



#### NRL CONCUSSION POLICY





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# JUNIOR CLUBS



# SENIOR CLUBS

